

2025 CHSAA 3A State Championships - 2/10/2025 to 2/11/2025

Psych Sheet

Event 1 Girls 200 Yard Medley Relay Varsity

2:20.00 3A 3A Quals

Team	Relay	Seed Time
1 St. Mary's Acade	A	1:50.66
2 Discovery Canyon	A	1:52.87
3 Liberty Common	A	1:53.00
4 Kent Denver	A	1:54.07
5 Holy Family	A	1:55.28
6 Wheat Ridge	A	1:55.70
7 D'Evelyn	A	1:56.46
8 Colorado Academy	A	1:56.49
9 Evergreen	A	1:58.30
10 Green Mountain	A	1:58.50
11 Gunnison	A	1:58.89
12 Salida	A	1:58.92
13 Thompson Valley	A	2:01.26
14 Wellington	A	2:01.49
15 Roosevelt	A	2:01.67
16 Glenwood Springs	A	2:02.04
17 Sargent	A	2:03.64
18 Fountain Valley	A	2:03.87
19 Berthoud	A	2:05.64
20 La Junta	A	2:05.65
21 Aspen	A	2:07.70
22 Conifer	A	2:14.15
23 Pagosa Springs	A	2:16.16
24 Eaton	A	2:16.58
25 Delta	A	2:16.62
26 Manitou Springs	A	2:17.54
27 Woodland Park	A	2:18.43

Event 2 Girls 200 Yard Freestyle Varsity

2:17.50 3A 3A Quals

Name	Yr School	Seed Time
1 Elsa Anderson	09 KENT	1:54.78
2 Tallaby Riddle	11 EVER	1:54.91
3 Kate Callender	11 STMA	1:57.38
4 Cody Monajjem	11 WELL	1:57.75
5 Emma Lindstrom	12 GLEN	1:58.24
6 Megan Grenzenbach	09 HLFA	2:00.95
7 Emelie Rice	12 DEVE	2:04.47
8 Kensley Pekron	11 WOOD	2:05.53
9 Aayla Deter	12 ROOS	2:06.06
10 Kaiyah Hansen	11 CACD	2:06.19
11 Sylvia Duchscher	09 GLEN	2:06.21
12 Chloe Phair	GREN	2:07.88
13 Kathryn Frey	GUNN	2:08.29
14 Lauren Anderson	12 STMA	2:08.52
15 Isabelle Dietzler	11 DEVE	2:09.19
16 Reyna Halleen	11 DISC	2:09.77
17 Taylor Anderson	10 LBCO	2:10.08
18 Jessa Wehri	GREN	2:10.48
19 Sienna Halleen	09 DISC	2:10.78
20 Addison Howe	10 DISC	2:10.80
21 Evie Gruben	FTNV	2:11.29
22 Colbie Brown	09 SALD	2:12.25
23 Annika Damon	11 STMA	2:12.37

24 Sophia Bellini	10 DEVE	2:12.55
25 Emily Opie	10 HLFA	2:12.59
26 Lola Bruns	10 STMA	2:13.40
27 Addison DeGeldere	12 ROOS	2:13.50
28 Aiden Tomlin	11 GUNN	2:13.60
29 Ashleigh Smith	12 DISC	2:13.73
30 Tierney Williams	12 CACD	2:13.91
31 Ainsley Taucher	10 GLEN	2:14.61
32 Sara Michelin	11 ASPE	2:14.78
33 Claire Naumer	11 EVER	2:15.02
34 Ella Riley	WHEA	2:15.79
35 Shea Fine-Durbin	GREN	2:15.84
36 Riley Holsapple	10 WOOD	2:16.23
37 Elyse Witherspoon	09 SALD	2:16.49
38 Mykenzie Roy	12 ASPE	2:16.97
39 Grace Berkhausen	11 LBCO	2:17.02
40 Phoebe Petrash	10 DEVE	2:17.46
41 Noa Riss	11 KENT	2:17.47

Event 3 Girls 200 Yard IM Varsity

2:36.00 3A 3A Quals

Name	Yr School	Seed Time
1 Camryn Williams	10 KENT	2:06.91
2 Madison Crysel	11 STMA	2:07.47
3 Josie Stahl	10 LBCO	2:08.32
4 Madison Wagner	12 DISC	2:11.08
5 Corinne Roberts	12 BERT	2:15.86
6 Emma Sewell	12 SARG	2:18.63
7 Kernington Jasko	GREN	2:20.94
8 Natalie Krumholz	09 CACD	2:21.05
9 Kylie Olson	11 DISC	2:22.09
10 Holly Dykema	CONI	2:26.06
11 Mady Iten	09 CACD	2:27.49
12 Bianca Theron	GREN	2:27.52
13 Katie Tompkins	WHEA	2:28.13
14 Rachel Prager	12 KENT	2:28.36
15 Madisyn Espinosa	09 WELL	2:28.44
16 Cora Jorgensen	11 LBCO	2:28.83
17 Cora Balch	09 ROOS	2:29.83
18 Melissa Lang	11 SALD	2:30.91
19 Jemma Petrie	12 GUNN	2:31.38
20 Avery Vick	10 EVER	2:32.18
21 Harper Adams	GREN	2:32.65
22 Cora Studeny	WHEA	2:33.10
23 Ovella Huddleston	12 LBCO	2:33.32
24 Noelle Thompson	10 STMA	2:33.47
25 Audrey Meeuwssen	09 GUNN	2:34.01
26 Mazy McEwan	10 GLEN	2:34.09
27 Reese Blankenship	10 DISC	2:34.59
28 Rio Tirado-Jensen	09 LAJU	2:34.70
29 Allie Gold	12 CACD	2:34.94

Event 4 Girls 50 Yard Freestyle Varsity

27.70 3A 3A Quals

Name	Yr School	Seed Time
1 Lorelai Frauenfelder	11 HLFA	23.76
2 Riley Mills	12 STMA	23.83
3 Brooke Gothard	WHEA	24.67

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Event 4 ... (Girls 50 Yard Freestyle Varsity)

Name	Yr	School	Seed Time
4 Hadley Carrington	11	KENT	24.84
5 Leah Felton		GREN	24.84
6 Shae Merchant	12	SALD	25.08
7 Addison Jones	12	LBCO	25.16
8 Mireille Gazdaru	09	LBCO	25.33
9 Lily Sharpe	12	DEVE	25.46
10 Stella Rhee		FTNV	25.71
11 Ryan Hilgers	10	STMA	25.73
12 Sylvia Duchscher	09	GLEN	25.81
13 Dharma Perkins		EATO	26.21
14 Mary Jane Osborn	11	STMA	26.31
15 Ashtyn Cooney	12	HLFA	26.42
16 Siri Rydland	11	DISC	26.44
17 Emily Lin	11	KENT	26.59
18 Kasey Glaser	12	SALD	26.63
19 Catalina Schwab		GUNN	26.70
20 Quinn Barr	11	LBCO	26.70
21 Madison Harris	10	EVER	26.76
22 Lily Christofferson		FTNV	26.77
23 Maya Petrie		GUNN	26.85
24 Leah Aldridge	10	MANI	26.89
25 Morgan Kelly	12	GLEN	27.00
26 Cecilia Brougham	09	HLFA	27.01
27 Lian Applegate	10	ESTS	27.08
28 Danika Bennett		GREN	27.12
29 ElliJo Musgrove	12	HLFA	27.17
30 Claire Tompkins		WHEA	27.20
31 Julia Clark	09	DEVE	27.22
32 Lizzy Dassow	12	DEVE	27.24
33 Makaila Moosbrugger	12	HLFA	27.27
34 Macey McKean	11	CACD	27.29
35 Elena Perrotto	10	HLFA	27.29
36 Tessa Bottke	11	THOM	27.41
37 Arden Erasmus		GREN	27.47
38 Clara Claypool	10	ROOS	27.49
39 Isabella Sznawajs	09	STMA	27.53
40 Maya Khan-Farooqi	09	ASPE	27.54
41 Marlowe Laipply		GREN	27.63
42 Vespera Steiner	11	GLEN	27.65
43 Adelyn Volz	11	DEVE	27.67
44 Zoe Barrett	09	KENT	27.69
45 CiCi Cao		FTNV	27.70

Event 5 Girls 1 mtr Diving Varsity

290.00 3A 3A Quals			
Name	Yr	School	
1 Amelia Major	10	BERT	NP
2 Zia Schwab	12	GUNN	NP
3 Addie Chandler	12	CACD	NP
4 Kaitlin McArthur	11	DISC	NP
5 Rylie Krieger	11	ROOS	NP
6 Liviana White	09	ROOS	NP
7 Mabry Terry	12	ROOS	NP
8 Mia Mayo		ROOS	NP
9 Nora Murrin-Rewerts	10	ROOS	NP
10 Rhys Parratt	10	MANI	NP

11 Isabella Dastur		CONI	NP
12 Penny Buffham		CONI	NP
13 Arabella Fitch		EATO	NP
14 Maddux Chapman		EATO	NP
15 Dea Mielenz	12	KENT	NP
16 Elizabeth Kennealey	09	KENT	NP
17 Isabella Hurley	10	STMA	NP
18 Mia Williams	11	STMA	NP
19 Chloe Poore	12	STMA	NP
20 Marabelle Balliet	10	THOM	NP
21 Brileigh Hale	10	THOM	NP
22 Erin Chapman	12	HLFA	NP
23 Ailish Ocasek	12	EVER	NP
24 Eliza Thompson		EVER	NP
25 Stella Swanke		EVER	NP

Event 6 Girls 100 Yard Butterfly Varsity

1:10.50 3A 3A Quals			
Name	Yr	School	Seed Time
1 Riley Mills	12	STMA	55.99
2 Elsa Anderson	09	KENT	58.01
3 Stella Rhee		FTNV	58.21
4 Alaia Sloan	09	DISC	58.43
5 Maya Patel	12	EVER	1:01.29
6 Anna Clayton	12	DISC	1:01.30
7 Mireille Gazdaru	09	LBCO	1:02.90
8 Emma Sewell	12	SARG	1:02.91
9 Isabelle Dietzler	11	DEVE	1:03.55
10 Kailyn Tucker	11	HLFA	1:04.28
11 Quinn Barr	11	LBCO	1:04.43
12 Abby Simpkins	12	THOM	1:04.61
13 Whitney Mcmanus	10	ASPE	1:04.62
14 Kylie Olson	11	DISC	1:05.44
15 Kernington Jasko		GREN	1:05.44
16 Sophia Nguyen	11	DEVE	1:05.56
17 Jessa Wehri		GREN	1:06.06
18 Jemma Petrie	12	GUNN	1:06.15
19 Sydney Davis	10	LAJU	1:06.29
20 Sophie Gremillion	11	HLFA	1:07.13
21 Noelle Thompson	10	STMA	1:07.25
22 Malika Haro	11	STMA	1:07.38
23 Lily Urband	09	CACD	1:07.79
24 Claire Naumer	11	EVER	1:08.07
25 Macey McKean	11	CACD	1:08.28
26 Katie Tompkins		WHEA	1:08.89
27 Dharma Perkins		EATO	1:08.96
28 Madhuvanti Kulkarni	10	DISC	1:09.08
29 Addison DeGeldere	12	ROOS	1:09.86
30 Audrey Meeuwesen	09	GUNN	1:10.04
31 Maya Shover	09	LBCO	1:10.33

Event 7 Girls 100 Yard Freestyle Varsity

1:01.50 3A 3A Quals			
Name	Yr	School	Seed Time
1 Emma Lindstrom	12	GLEN	51.76
2 Lorelai Frauenfelder	11	HLFA	52.01
3 Leah Felton		GREN	53.67
4 Shae Merchant	12	SALD	56.11

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Event 7 ... (Girls 100 Yard Freestyle Varsity)

Name	Yr	School	Seed Time
5 Emelie Rice	12	DEVE	56.27
6 Lily Sharpe	12	DEVE	56.74
7 Kaiyah Hansen	11	CACD	57.08
8 Lauren Anderson	12	STMA	57.97
9 Reese Rosenberg	09	KENT	57.98
10 Siri Rydland	11	DISC	58.11
11 Avery Vick	10	EVER	58.19
12 Cora Balch	09	ROOS	58.47
13 Sofia Redhead	10	STMA	58.98
14 Ryan Hilgers	10	STMA	59.03
15 Lily Urband	09	CACD	59.12
16 Colbie Brown	09	SALD	59.29
17 Larriana Taggart	10	LAJU	59.37
18 Morgan Kelly	12	GLEN	59.40
19 Tessa Bottke	11	THOM	59.66
20 Mary Jane Osborn	11	STMA	59.67
21 KayLee Gonzales-Moore	12	SARG	59.72
22 Arden Erasmus		GREN	59.86
23 Julia Clark	09	DEVE	59.88
24 Reese Blankenship	10	DISC	59.91
25 Addison Howe	10	DISC	59.93
26 Lian Applegate	10	ESTS	1:00.15
27 Ellijo Musgrove	12	HLFA	1:00.37
28 Lizzy Dassow	12	DEVE	1:00.46
29 Maya Petrie		GUNN	1:00.48
30 Isabelle Marr	11	THOM	1:00.73
31 Ashtyn Cooney	12	HLFA	1:00.75
32 Holly Dykema		CONI	1:00.87
33 Bella Day	09	DISC	1:00.95
34 Aiden Tomlin	11	GUNN	1:01.01
35 Peyton Huntley	10	DELT	1:01.03
36 Melissa Lang	11	SALD	1:01.14
37 Josie Malzahn	12	WELL	1:01.43
38 Mykenzie Roy	12	ASPE	1:01.45
39 Lily Christofferson		FTNV	1:01.48

Event 8 Girls 500 Yard Freestyle Varsity

6:18.00 3A 3A Quals			
Name	Yr	School	Seed Time
1 Tallaby Riddle	11	EVER	5:04.82
2 Camryn Williams	10	KENT	5:07.62
3 Kate Callender	11	STMA	5:21.44
4 Megan Grenzenbach	09	HLFA	5:22.09
5 Madison Wagner	12	DISC	5:28.22
6 Maya Khan-Farooqi	09	ASPE	5:29.05
7 Addison Jones	12	LBCO	5:29.35
8 Katie Pierce	12	DEVE	5:36.56
9 Kensley Pekron	11	WOOD	5:44.17
10 Evie Gruben		FTNV	5:45.13
11 Sienna Halleen	09	DISC	5:47.78
12 Samantha Jones	12	GUNN	5:48.17
13 Maya Valean	09	GLEN	5:51.30
14 Madison Harris	10	EVER	5:52.32
15 Chloe Phair		GREN	5:52.42
16 Cedar Lengerich	12	SALD	5:55.25
17 Ashleigh Smith	12	DISC	5:59.75

18 Tierney Williams	12	CACD	6:01.18
19 Kasey Glaser	12	SALD	6:02.98
20 Adilyn Foust	09	LBCO	6:06.00
21 Riley Holsapple	10	WOOD	6:07.08
22 Sydney Davis	10	LAJU	6:08.24
23 Annika Damon	11	STMA	6:10.20
24 Sara Michelin	11	ASPE	6:10.90
25 Evelyn Garin	10	EVER	6:12.72
26 Lola Bruns	10	STMA	6:12.75
27 Elora Jones	09	GUNN	6:13.66
28 Clara Claypool	10	ROOS	6:14.24
29 Aurora Allen	10	SALD	6:14.95
30 Maya Shover	09	LBCO	6:15.36
31 Ellie Geissler	11	WOOD	6:15.51
32 Shea Fine-Durbin		GREN	6:15.81
33 Noora AlOtaibi	09	ROOS	6:16.21
34 Abby Dawson	11	CACD	6:16.55
35 Rori Adair		GREN	6:17.00

Event 9 Girls 200 Yard Freestyle Relay Varsity

2:02.00 3A 3A Quals			
Team	Relay	Seed Time	
1 Kent Denver	A	1:39.83	
2 Discovery Canyon	A	1:40.72	
3 St. Mary's Acade	A	1:41.67	
4 Liberty Common	A	1:43.19	
5 Holy Family	A	1:43.42	
6 Glenwood Springs	A	1:43.54	
7 Wheat Ridge	A	1:45.05	
8 D'Evelyn	A	1:45.32	
9 Green Mountain	A	1:46.06	
10 Salida	A	1:46.58	
11 Colorado Academy	A	1:46.63	
12 Roosevelt	A	1:48.76	
13 Gunnison	A	1:48.94	
14 Fountain Valley	A	1:50.09	
15 Thompson Valley	A	1:51.05	
16 Sargent	A	1:51.10	
17 Conifer	A	1:51.46	
18 La Junta	A	1:52.16	
19 Aspen	A	1:54.14	
20 Evergreen	A	1:54.80	
21 Berthoud	A	1:55.98	
22 Manitou Springs	A	1:56.65	
23 Delta	A	1:58.16	
24 Wellington	A	1:58.44	
25 Eaton	A	1:59.55	
26 Pagosa Springs	A	2:00.41	
27 Estes Park	A	2:00.73	
28 Woodland Park	A	2:00.85	

Event 10 Girls 100 Yard Backstroke Varsity

1:10.00 3A 3A Quals			
Name	Yr	School	Seed Time
1 Cody Monajjem	11	WELL	58.37
2 Alaia Sloan	09	DISC	58.99
3 Whitney Mcmanus	10	ASPE	59.99
4 Maya Patel	12	EVER	1:02.03

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Event 10 ... (Girls 100 Yard Backstroke Varsity)

Name	Yr	School	Seed Time	
5 Anna Clayton	12	DISC	1:02.49	___
6 Reese Rosenberg	09	KENT	1:02.82	___
7 Aayla Deter	12	ROOS	1:03.02	___
8 Mady Iten	09	CACD	1:04.21	___
9 Taylor Anderson	10	LBCO	1:04.40	___
10 Danika Bennett		GREN	1:04.53	___
11 Cora Jorgensen	11	LBCO	1:05.08	___
12 Sophia Sakker		WHEA	1:05.32	___
13 Larriana Taggart	10	LAJU	1:05.97	___
14 Emily Opie	10	HLFA	1:06.00	___
15 Kailyn Tucker	11	HLFA	1:06.04	___
16 Catalina Schwab		GUNN	1:06.25	___
17 Kathryn Frey		GUNN	1:06.39	___
18 Sophia Nguyen	11	DEVE	1:06.39	___
19 Sofia Redhead	10	STMA	1:06.75	___
20 Sophie Gremillion	11	HLFA	1:07.32	___
21 Bella Day	09	DISC	1:07.73	___
22 Ellie Geissler	11	WOOD	1:07.93	___
23 Isabella Moon	12	GLEN	1:08.77	___
24 Elyse Witherspoon	09	SALD	1:08.81	___
25 Isabella Sznawajs	09	STMA	1:09.16	___
26 Josie Staples	12	WELL	1:09.17	___
27 Mazy McEwan	10	GLEN	1:09.24	___
28 Elora Jones	09	GUNN	1:09.32	___
29 Finley Collins	10	EVER	1:09.39	___

Event 11 Girls 100 Yard Breaststroke Varsity

1:19.50 3A 3A Quals				
Name	Yr	School	Seed Time	
1 Josie Stahl	10	LBCO	1:05.25	___
2 Madison Crysel	11	STMA	1:05.57	___
3 Brooke Gothard		WHEA	1:06.14	___
4 Corinne Roberts	12	BERT	1:06.69	___
5 Katie Pierce	12	DEVE	1:09.14	___
6 Samantha Jones	12	GUNN	1:09.53	___
7 Jemma Petrie	12	GUNN	1:10.33	___
8 Emily Lin	11	KENT	1:11.70	___
9 Natalie Krumholz	09	CACD	1:11.83	___
10 Reyna Halleen	11	DISC	1:11.85	___
11 Abby Simpkins	12	THOM	1:11.86	___
12 Cedar Lengerich	12	SALD	1:11.98	___
13 Bianca Theron		GREN	1:12.47	___
14 Rachel Prager	12	KENT	1:12.78	___
15 KayLee Gonzales-Moore	12	SARG	1:12.90	___
16 Leah Aldridge	10	MANI	1:13.04	___
17 Erin Chapman	12	HLFA	1:13.27	___
18 Claire Tompkins		WHEA	1:14.16	___
19 Harper Adams		GREN	1:14.45	___
20 Maya Valean	09	GLEN	1:16.30	___
21 Kira Prehm	12	DISC	1:16.36	___
22 Adilyn Foust	09	LBCO	1:16.76	___
23 Malika Haro	11	STMA	1:17.24	___
24 Madisyn Espinosa	09	WELL	1:17.30	___
25 Isla Friel	09	GLEN	1:17.68	___
26 Cecilia Brougham	09	HLFA	1:18.14	___
27 Evelyn Garin	10	EVER	1:18.48	___

28 Rio Tirado-Jensen	09	LAJU	1:18.84	___
29 Madhuvanti Kulkarni	10	DISC	1:19.14	___
30 Gabby Stein-Plog	11	STMA	1:19.38	___

Event 12 Girls 400 Yard Freestyle Relay Varsity

4:26.00 3A 3A Quals				
Team	Relay	Seed Time		
1 Kent Denver	A	3:40.56	___	
2 St. Mary's Acade	A	3:42.85	___	
3 Discovery Canyon	A	3:44.77	___	
4 Green Mountain	A	3:47.24	___	
5 Glenwood Springs	A	3:47.29	___	
6 Holy Family	A	3:50.50	___	
7 D'Evelyn	A	3:54.35	___	
8 Liberty Common	A	3:54.57	___	
9 Evergreen	A	3:56.44	___	
10 Fountain Valley	A	4:02.98	___	
11 Wellington	A	4:03.01	___	
12 Gunnison	A	4:03.82	___	
13 Colorado Academy	A	4:08.01	___	
14 La Junta	A	4:09.51	___	
15 Wheat Ridge	A	4:10.47	___	
16 Conifer	A	4:11.29	___	
17 Salida	A	4:11.95	___	
18 Roosevelt	A	4:13.29	___	
19 Aspen	A	4:16.85	___	
20 Thompson Valley	A	4:18.64	___	
21 Woodland Park	A	4:18.89	___	
22 Sargent	A	4:20.13	___	
23 Berthoud	A	4:23.02	___	
24 Manitou Springs	A	4:23.98	___	

Event 13 Girls 50 Yard Freestyle Varsity

27.70 3A 3A Quals				
Name	Yr	School	Seed Time	
1 Tashtyn Mendoza-Werner	SR	LAJU	NT	___
2 Claire Hardaker	FR	GLEN	NT	___
3 Harper Morris	SO	GLEN	NT	___
4 Brooklyn Votaw	SR	THOM	NT	___
5 Elle Termain	SR	DISC	NT	___
6 Jade Hanna	FR	GUNN	NT	___