

## 2025 CHSAA 3A State Championships - 2/10/2025 to 2/11/2025

## Results

## Event 1 Girls 200 Yard Medley Relay Varsity

CO State Rec: 1:38.13 # 2/10/2018 Fossil Ridge

Fossi

B Stewart, Z Bartel, C Gillilan, K Alons

3A State Rec: 1:48.32 &amp; 2022 Evergreen

Evergreen

1:44.21 AAA All-American Mid Alt

1:46.21 AAC All-Amer Mid Alt Con

Team	Relay	Prelim Time	Finals Time
<b>A - Final</b>			
1 Discovery Canyon High School	A	1:51.91	1:50.11
1) Anna Clayton 12	2) Reyna Halleen 11	3) Alaia Sloan 09	4) Madison Wagner 12
28.74	1:00.35 (31.61)	1:26.19 (25.84)	1:50.11 (23.92)
2 St Mary's Academy High School	A	1:51.90	1:50.12
1) Sofia Redhead 10	2) Madison Crysel 11	3) Riley Mills 12	4) Ryan Hilgers 10
30.02	1:00.44 (30.42)	1:24.71 (24.27)	1:50.12 (25.41)
3 Liberty Common High School	A	1:53.32	1:50.85
1) Cora Jorgensen 11	2) Josie Stahl 10	3) Addison Jones 12	4) Mireille Gazdaru 09
29.81	59.74 (29.93)	1:26.08 (26.34)	1:50.85 (24.77)
4 Holy Family High School	A	1:53.19	1:53.21
1) Kailyn Tucker 11	2) Erin Chapman 12	3) Lorelai Frauenfelder 11	4) Ashtyn Cooney 12
30.68	1:03.40 (32.72)	1:27.72 (24.32)	1:53.21 (25.49)
5 Kent Denver High School	A	1:54.94	1:53.42
1) Reese Rosenberg 09	2) Emily Lin 11	3) Rachel Prager 12	4) Hadley Carrington 11
28.73	1:00.79 (32.06)	1:29.17 (28.38)	1:53.42 (24.25)
6 Wheat Ridge High School	A	1:55.94	1:55.31
1) Sophia Sakker	2) Claire Tompkins	3) Brooke Gothard	4) Katie Tompkins
30.94	1:03.86 (32.92)	1:29.24 (25.38)	1:55.31 (26.07)
7 D'Evelyn High School	A	1:57.14	1:56.19
1) Sophia Nguyen 11	2) Katie Pierce 12	3) Isabelle Dietzler 11	4) Lily Sharpe 12
30.90	1:03.30 (32.40)	1:31.27 (27.97)	1:56.19 (24.92)
8 Colorado Academy High School	A	1:56.25	1:56.68
1) Mady Iten 09	2) Natalie Krumholz 09	3) Lily Urband 09	4) Kaiyah Hansen 11
30.47	1:02.77 (32.30)	1:31.13 (28.36)	1:56.68 (25.55)
9 Evergreen High School	A	1:58.92	1:57.78
1) Tallaby Riddle 11	2) Evelyn Garin 10	3) Maya Patel 12	4) Madison Harris 10
27.27	1:03.40 (36.13)	1:31.39 (27.99)	1:57.78 (26.39)
10 Green Mountain High School	A	1:56.86	1:57.90
1) Chloe Phair	2) Bianca Theron	3) Kernington Jasko	4) Danika Bennett
30.08	1:03.18 (33.10)	1:31.37 (28.19)	1:57.90 (26.53)
<b>B - Final</b>			
11 Salida High School	A	2:01.11	1:59.87
1) Elyse Witherspoon 09	2) Cedar Lengerich 12	3) Shae Merchant 12	4) Kasey Glaser 12
31.62	1:04.59 (32.97)	1:33.13 (28.54)	1:59.87 (26.74)
12 Gunnison High School	A	2:00.21	2:00.85
1) Kathryn Frey	2) Jemma Petrie 12	3) Audrey Meeuwssen 09	4) Catalina Schwab
31.49	1:04.61 (33.12)	1:34.10 (29.49)	2:00.85 (26.75)
13 Roosevelt High School	A	2:03.20	2:01.05
1) Aayla Deter 12	2) Noora AlOtaibi 09	3) Cora Balch 09	4) Clara Claypool 10
30.06	1:05.51 (35.45)	1:34.60 (29.09)	2:01.05 (26.45)
14 Thompson Valley High School	A	2:01.96	2:01.13
1) Isabelle Marr 11	2) Abby Simpkins 12	3) Tessa Bottke 11	4) Makenna Custer 11
30.82	1:03.78 (32.96)	1:33.01 (29.23)	2:01.13 (28.12)
15 Sargent High School	A	2:02.99	2:04.15
1) Alycia Martinez-Chavez 11	2) Kyra Griffin 11	3) Emma Sewell 12	4) KayLee Gonzales-Moore 12
33.73	1:08.75 (35.02)	1:36.71 (27.96)	2:04.15 (27.44)

## 2025 CHSAA 3A State Championships - 2/10/2025 to 2/11/2025

## Results

## B - Final ... (Event 1 Girls 200 Yard Medley Relay Varsity)

Team	Relay	Prelim Time	Finals Time
16 Glenwood Springs High School	A	2:04.28	2:04.16
1) Isabella Moon 12	2) Maya Valean 09	3) Mazy McEwan 10	4) Vespera Steiner 11
31.81	1:05.18 (33.37)	1:36.20 (31.02)	2:04.16 (27.96)
17 Berthoud High School	A	2:04.49	2:05.00
1) Adalyn Wright 10	2) Corinne Roberts 12	3) Audrey Roth 09	4) Shannon Ramey 10
36.72	1:05.97 (29.25)	1:35.96 (29.99)	2:05.00 (29.04)
18 Aspen High School	A	2:03.99	2:05.36
1) Whitney Mcmanus 10	2) Sara Michelin 11	3) Maya Khan-Farooqi 09	4) Mykenzie Roy 12
29.48	1:07.47 (37.99)	1:36.52 (29.05)	2:05.36 (28.84)
19 Wellington High School	A	2:01.20	2:09.85
1) Izabella Bartling 12	2) Madisyn Espinosa 09	3) Josie Staples 12	4) Indie Layton 11
35.75	1:09.65 (33.90)	1:41.17 (31.52)	2:09.85 (28.68)
20 Manitou Springs High School	A	2:11.93	2:13.25
1) Sarah Fridman 11	2) Leah Aldridge 10	3) Savannah Bartko 11	4) Natalie Traenkle 11
38.78	1:12.35 (33.57)	1:47.54 (35.19)	2:13.25 (25.71)

## Event 1 Girls 200 Yard Medley Relay Varsity

<b>CO State Rec:</b> 1:38.13 # 2/10/2018	<b>Fossil Ridge</b>	<b>Fossi</b>
	<b>B Stewart, Z Bartel, C Gillilan, K Alons</b>	
<b>3A State Rec:</b> 1:48.32 & 2022	<b>Evergreen</b>	<b>Evergreen</b>
1:44.21 AAA All-American	<b>Mid Alt</b>	
1:46.21 AAC All-Amer Mid Alt Con		

Team	Relay	Seed Time	Prelim Time
<b>Preliminaries</b>			
1 St Mary's Academy High School	A	1:50.66	1:51.90
1) Sofia Redhead 10	2) Madison Crysel 11	3) Riley Mills 12	4) Ryan Hilgers 10
30.31	1:01.14 (30.83)	1:25.92 (24.78)	1:51.90 (25.98)
2 Discovery Canyon High School	A	1:52.87	1:51.91
1) Anna Clayton 12	2) Reyna Halleen 11	3) Alaia Sloan 09	4) Madison Wagner 12
29.25	1:01.31 (32.06)	1:27.50 (26.19)	1:51.91 (24.41)
3 Holy Family High School	A	1:55.28	1:53.19
1) Kailyn Tucker 11	2) Erin Chapman 12	3) Lorelai Frauenfelder 11	4) Ashtyn Cooney 12
30.57	1:02.98 (32.41)	1:27.61 (24.63)	1:53.19 (25.58)
4 Liberty Common High School	A	1:53.00	1:53.32
1) Cora Jorgensen 11	2) Josie Stahl 10	3) Addison Jones 12	4) Mireille Gazdaru 09
30.90	1:01.13 (30.23)	1:27.92 (26.79)	1:53.32 (25.40)
5 Kent Denver High School	A	1:54.07	1:54.94
1) Reese Rosenberg 09	2) Emily Lin 11	3) Rachel Prager 12	4) Hadley Carrington 11
29.17	1:01.65 (32.48)	1:30.04 (28.39)	1:54.94 (24.90)
6 Wheat Ridge High School	A	1:55.70	1:55.94
1) Sophia Sakker	2) Claire Tompkins	3) Brooke Gothard	4) Katie Tompkins
30.70	1:03.89 (33.19)	1:29.68 (25.79)	1:55.94 (26.26)
7 Colorado Academy High School	A	1:56.49	1:56.25
1) Mady Iten 09	2) Natalie Krumholz 09	3) Lily Urband 09	4) Kaiyah Hansen 11
30.03	1:02.36 (32.33)	1:30.70 (28.34)	1:56.25 (25.55)
8 Green Mountain High School	A	1:58.50	1:56.86
1) Chloe Phair	2) Bianca Theron	3) Kernington Jasko	4) Arden Erasmus
29.88	1:02.52 (32.64)	1:30.92 (28.40)	1:56.86 (25.94)
9 D'Evelyn High School	A	1:56.46	1:57.14
1) Sophia Nguyen 11	2) Katie Pierce 12	3) Isabelle Dietzler 11	4) Lily Sharpe 12
30.47	1:03.84 (33.37)	1:31.97 (28.13)	1:57.14 (25.17)
10 Evergreen High School	A	1:58.30	1:58.92
1) Tallaby Riddle 11	2) Evelyn Garin 10	3) Maya Patel 12	4) Madison Harris 10
27.52	1:04.17 (36.65)	1:32.17 (28.00)	1:58.92 (26.75)

## 2025 CHSAA 3A State Championships - 2/10/2025 to 2/11/2025

## Results

## Preliminaries ... (Event 1 Girls 200 Yard Medley Relay Varsity)

Team	Relay	Seed Time	Prelim Time
11 Gunnison High School	A	1:58.89	2:00.21
1) Kathryn Frey	2) Jemma Petrie 12	3) Audrey Meeuwsen 09	4) Catalina Schwab
31.32	1:04.17 (32.85) 1:33.40 (29.23)	2:00.21 (26.81)	
12 Salida High School	A	1:58.92	2:01.11
1) Elyse Witherspoon 09	2) Cedar Lengerich 12	3) Shae Merchant 12	4) Kasey Glaser 12
32.41	1:05.92 (33.51) 1:34.40 (28.48)	2:01.11 (26.71)	
13 Wellington High School	A	2:01.49	2:01.20
1) Cody Monajjem 11	2) Madisyn Espinosa 09	3) Josie Staples 12	4) Indie Layton 11
27.28	1:01.77 (34.49) 1:32.98 (31.21)	2:01.20 (28.22)	
14 Thompson Valley High School	A	2:01.26	2:01.96
1) Isabelle Marr 11	2) Abby Simpkins 12	3) Tessa Bottke 11	4) Makenna Custer 11
31.37	1:04.43 (33.06) 1:34.76 (30.33)	2:01.96 (27.20)	
15 Sargent High School	A	2:03.64	2:02.99
1) Alycia Martinez-Chavez 11	2) Kyra Griffin 11	3) Emma Sewell 12	4) KayLee Gonzales-Moore 12
33.05	1:36.38 ( )	2:02.99 (26.61)	
16 Roosevelt High School	A	2:01.67	2:03.20
1) Aayla Deter 12	2) Noora AlOtaibi 09	3) Cora Balch 09	4) Clara Claypool 10
30.14	1:06.42 (36.28) 1:36.43 (30.01)	2:03.20 (26.77)	
17 Aspen High School	A	2:07.70	2:03.99
1) Whitney Mcmanus 10	2) Sara Michelin 11	3) Maya Khan-Farooqi 09	4) Mykenzie Roy 12
28.68	1:06.14 (37.46) 1:22.00 (15.86)	2:03.99 (41.99)	
18 Glenwood Springs High School	A	2:02.04	2:04.28
1) Isabella Moon 12	2) Maya Valean 09	3) Mazy McEwan 10	4) Vespera Steiner 11
31.79	1:05.49 (33.70) 1:36.59 (31.10)	2:04.28 (27.69)	
19 Berthoud High School	A	2:05.64	2:04.49
1) Adalyn Wright 10	2) Corinne Roberts 12	3) Audrey Roth 09	4) Shannon Ramey 10
35.54	1:04.88 (29.34) 1:35.28 (30.40)	2:04.49 (29.21)	
20 Manitou Springs High School	A	2:17.54	2:11.93
1) Sarah Fridman 11	2) Leah Aldridge 10	3) Savannah Bartko 11	4) Natalie Traenkle 11
37.90	1:11.35 (33.45) 1:43.76 (32.41)	2:11.93 (28.17)	
21 La Junta High School	A	2:05.65	2:12.03
1) Delilah Emick 09	2) Rio Tirado-Jensen 09	3) Sol Tirado-Jensen 12	4) Maddie Porto 11
35.65	1:13.11 (37.46) 1:44.36 (31.25)	2:12.03 (27.67)	
22 Fountain Valley High School	A	2:03.87	2:14.28
1) Ainsley Joseph	2) Rain Lynch	3) Ava Lazar	4) CiCi Cao
36.09	1:14.95 (38.86) 1:46.46 (31.51)	2:14.28 (27.82)	
23 Pagosa Springs High School	A	2:16.16	2:15.83
1) Marlowe Hedgecock 11	2) Leah Blackman 11	3) Chloe Gantt 10	4) Asia Gorman 11
35.94	1:14.29 (38.35) 1:45.84 (31.55)	2:15.83 (29.99)	
24 Eaton High School	A	2:16.58	2:15.84
1) Mackinze Hays	2) Karley Riggs	3) Sophie Morgan	4) Dharma Perkins
36.65	1:22.93 (46.28) 1:49.25 (26.32)	2:15.84 (26.59)	
25 Conifer High School	A	2:14.15	2:16.33
1) Isabella Dastur	2) Avrie Bunchman	3) Maya Winters	4) Maggie Richie
34.84	1:14.76 (39.92) 1:47.18 (32.42)	2:16.33 (29.15)	
26 Delta High School	A	2:16.62	2:19.90
1) Jewel Laliberte 11	2) Joella Payne 11	3) Peyton Huntley 10	4) Rachel Urbanski 11
33.80	1:14.41 (40.61) 1:50.73 (36.32)	2:19.90 (29.17)	
27 Woodland Park High School	A	2:18.43	2:35.60
1) Maisy Orellana 11	2) Felicity Domby 09	3) Sonia Kettler 11	4) Anna Bischoff 12
41.53	1:21.11 (39.58) 2:02.24 (41.13)	2:35.60 (33.36)	

## 2025 CHSAA 3A State Championships - 2/10/2025 to 2/11/2025

## Results

## Event 2 Girls 200 Yard Freestyle Varsity

CO State Rec: 1:43.15 # 2/11/2012 Missy Franklin  
 3A State Rec: 1:48.60 & 2/11/2017 Alex Reddington  
 1:50.05 AAA All-American Mid Alt  
 1:51.87 AAC All-Amer Mid Alt Con

Regis Jesuit  
 St. Mary's Acad

Name	Yr	School	Prelim Time	Finals Time
<b>A - Final</b>				
1 Emma Lindstrom	12	Glenwood Springs High School	1:54.44	1:52.47
25.46	53.47 (28.01)	1:22.29 (28.82)	1:52.47 (30.18)	
2 Elsa Anderson	09	Kent Denver High School	1:54.66	1:53.63
26.01	54.40 (28.39)	1:23.77 (29.37)	1:53.63 (29.86)	
3 Cody Monajjem	11	Wellington High School	1:54.90	1:55.63
25.66	54.06 (28.40)	1:24.33 (30.27)	1:55.63 (31.30)	
4 Tallaby Riddle	11	Evergreen High School	1:58.27	1:57.63
27.18	56.80 (29.62)	1:27.15 (30.35)	1:57.63 (30.48)	
5 Kate Callender	11	St Mary's Academy High School	1:58.85	1:58.66
27.23	56.90 (29.67)	1:27.84 (30.94)	1:58.66 (30.82)	
6 Megan Grenzenbach	09	Holy Family High School	2:00.10	2:00.92
27.92	58.22 (30.30)	1:29.73 (31.51)	2:00.92 (31.19)	
7 Emelie Rice	12	D'Evelyn High School	2:04.80	2:03.14
28.33	59.05 (30.72)	1:31.13 (32.08)	2:03.14 (32.01)	
8 Aayla Deter	12	Roosevelt High School	2:04.79	2:04.81
28.52	59.75 (31.23)	1:31.78 (32.03)	2:04.81 (33.03)	
9 Kaiyah Hansen	11	Colorado Academy High School	2:05.99	2:07.30
27.46	58.92 (31.46)	1:32.85 (33.93)	2:07.30 (34.45)	
10 Kensley Pekron	11	Woodland Park High School	2:04.85	2:09.53
28.55	1:00.24 (31.69)	1:34.11 (33.87)	2:09.53 (35.42)	
<b>B - Final</b>				
11 Sylvia Duchscher	09	Glenwood Springs High School	2:07.88	2:05.54
28.39	1:01.04 (32.65)	1:33.94 (32.90)	2:05.54 (31.60)	
12 Lauren Anderson	12	St Mary's Academy High School	2:06.28	2:06.96
28.28	1:00.09 (31.81)	1:33.56 (33.47)	2:06.96 (33.40)	
13 Addison Howe	10	Discovery Canyon High School	2:10.82	2:08.77
30.39	1:02.85 (32.46)	1:35.68 (32.83)	2:08.77 (33.09)	
14 Sienna Halleen	09	Discovery Canyon High School	2:09.70	2:09.00
30.23	1:02.93 (32.70)	1:36.53 (33.60)	2:09.00 (32.47)	
15 Annika Damon	11	St Mary's Academy High School	2:09.27	2:09.45
29.60	1:02.37 (32.77)	1:36.33 (33.96)	2:09.45 (33.12)	
16 Reyna Halleen	11	Discovery Canyon High School	2:09.71	2:09.93
29.65	1:02.89 (33.24)	1:36.91 (34.02)	2:09.93 (33.02)	
17 Chloe Phair		Green Mountain High School	2:08.50	2:10.25
29.12	1:01.26 (32.14)	1:35.16 (33.90)	2:10.25 (35.09)	
18 Jessa Wehri		Green Mountain High School	2:10.69	2:10.49
29.62	1:02.77 (33.15)	1:37.27 (34.50)	2:10.49 (33.22)	
19 Isabelle Dietzler	11	D'Evelyn High School	2:09.54	2:11.44
29.79	1:01.55 (31.76)	1:36.93 (35.38)	2:11.44 (34.51)	
20 Evie Gruben		Fountain Valley High School	2:10.19	2:11.71
30.28	1:03.39 (33.11)	1:37.37 (33.98)	2:11.71 (34.34)	

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## Results

## Event 2 Girls 200 Yard Freestyle Varsity

CO State Rec: 1:43.15 # 2/11/2012 Missy Franklin  
 3A State Rec: 1:48.60 & 2/11/2017 Alex Reddington  
 1:50.05 AAA All-American Mid Alt  
 1:51.87 AAC All-Amer Mid Alt Con

Regis Jesuit  
 St. Mary's Acad

Name	Yr	School	Seed Time	Prelim Time
<b>Preliminaries</b>				
1 Emma Lindstrom	12	Glenwood Springs High School	1:58.24	1:54.44
26.23	54.67 (28.44)	1:24.01 (29.34)	1:54.44 (30.43)	
2 Elsa Anderson	09	Kent Denver High School	1:54.78	1:54.66
25.98	54.51 (28.53)	1:24.46 (29.95)	1:54.66 (30.20)	
3 Cody Monajjem	11	Wellington High School	1:57.75	1:54.90
26.01	54.49 (28.48)	1:24.39 (29.90)	1:54.90 (30.51)	
4 Tallaby Riddle	11	Evergreen High School	1:54.91	1:58.27
27.63	57.35 (29.72)	1:27.57 (30.22)	1:58.27 (30.70)	
5 Kate Callender	11	St Mary's Academy High School	1:57.38	1:58.85
27.78	57.40 (29.62)	1:27.97 (30.57)	1:58.85 (30.88)	
6 Megan Grenzenbach	09	Holy Family High School	2:00.95	2:00.10
28.16	58.38 (30.22)	1:29.49 (31.11)	2:00.10 (30.61)	
7 Aayla Deter	12	Roosevelt High School	2:06.06	2:04.79
28.30	59.54 (31.24)	1:31.85 (32.31)	2:04.79 (32.94)	
8 Emelie Rice	12	D'Evelyn High School	2:04.47	2:04.80
27.92	59.10 (31.18)	1:32.30 (33.20)	2:04.80 (32.50)	
9 Kensley Pekron	11	Woodland Park High School	2:05.53	2:04.85
29.33	1:00.45 (31.12)	1:32.84 (32.39)	2:04.85 (32.01)	
10 Kaiyah Hansen	11	Colorado Academy High School	2:06.19	2:05.99
27.33	58.54 (31.21)	1:32.26 (33.72)	2:05.99 (33.73)	
11 Lauren Anderson	12	St Mary's Academy High School	2:08.52	2:06.28
28.34	1:00.34 (32.00)	1:33.42 (33.08)	2:06.28 (32.86)	
12 Sylvia Duchscher	09	Glenwood Springs High School	2:06.21	2:07.88
28.29	1:00.51 (32.22)	1:34.40 (33.89)	2:07.88 (33.48)	
13 Chloe Phair		Green Mountain High School	2:07.88	2:08.50
28.91	1:00.80 (31.89)	1:34.11 (33.31)	2:08.50 (34.39)	
14 Annika Damon	11	St Mary's Academy High School	2:12.37	2:09.27
29.66	1:02.34 (32.68)	1:36.47 (34.13)	2:09.27 (32.80)	
15 Isabelle Dietzler	11	D'Evelyn High School	2:09.19	2:09.54
29.82	1:02.61 (32.79)	1:36.07 (33.46)	2:09.54 (33.47)	
16 Sienna Halleen	09	Discovery Canyon High School	2:10.78	2:09.70
30.33	1:03.53 (33.20)	1:37.03 (33.50)	2:09.70 (32.67)	
17 Reyna Halleen	11	Discovery Canyon High School	2:09.77	2:09.71
29.65	1:02.39 (32.74)	1:35.98 (33.59)	2:09.71 (33.73)	
18 Evie Gruben		Fountain Valley High School	2:11.29	2:10.19
29.66	1:02.80 (33.14)	1:37.10 (34.30)	2:10.19 (33.09)	
19 Jessa Wehri		Green Mountain High School	2:10.48	2:10.69
29.08	1:01.86 (32.78)	1:36.34 (34.48)	2:10.69 (34.35)	
20 Addison Howe	10	Discovery Canyon High School	2:10.80	2:10.82
30.29	1:02.89 (32.60)	1:36.59 (33.70)	2:10.82 (34.23)	
21 Addison DeGeldere	12	Roosevelt High School	2:13.50	2:12.10
30.68	1:04.18 (33.50)	1:38.89 (34.71)	2:12.10 (33.21)	
22 Colbie Brown	09	Salida High School	2:12.25	2:12.21
30.12	1:03.56 (33.44)	1:37.99 (34.43)	2:12.21 (34.22)	
23 Emily Opie	10	Holy Family High School	2:12.59	2:12.99
31.54	1:04.79 (33.25)	1:38.38 (33.59)	2:12.99 (34.61)	

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## Results

## Preliminaries ... (Event 2 Girls 200 Yard Freestyle Varsity)

Name	Yr	School	Seed Time	Prelim Time
24 Ashleigh Smith	12	Discovery Canyon High School	2:13.73	2:13.05
30.67	1:04.51 (33.84)	1:38.93 (34.42)	2:13.05 (34.12)	
25 Taylor Anderson	10	Liberty Common High School	2:10.08	2:13.09
29.40	1:03.89 (34.49)	1:39.02 (35.13)	2:13.09 (34.07)	
26 Tierney Williams	12	Colorado Academy High School	2:13.91	2:13.23
29.75	1:03.42 (33.67)	1:39.03 (35.61)	2:13.23 (34.20)	
27 Kathryn Frey		Gunnison High School	2:08.29	2:13.49
29.98	1:03.48 (33.50)	1:38.90 (35.42)	2:13.49 (34.59)	
28 Sophia Bellini	10	D'Evelyn High School	2:12.55	2:15.40
29.57	1:03.83 (34.26)	1:40.14 (36.31)	2:15.40 (35.26)	
29 Riley Holsapple	10	Woodland Park High School	2:16.23	2:15.48
32.43	1:07.35 (34.92)	1:42.60 (35.25)	2:15.48 (32.88)	
30 Ainsley Taucher	10	Glenwood Springs High School	2:14.61	2:15.62
29.98	1:03.78 (33.80)	1:39.61 (35.83)	2:15.62 (36.01)	
31 Sara Michelin	11	Aspen High School	2:14.78	2:15.70
32.10	1:06.58 (34.48)	1:41.65 (35.07)	2:15.70 (34.05)	
32 Phoebe Petrash	10	D'Evelyn High School	2:17.46	2:16.10
30.00	1:04.74 (34.74)	1:40.69 (35.95)	2:16.10 (35.41)	
33 Ella Riley		Wheat Ridge High School	2:15.79	2:16.18
31.11	1:06.03 (34.92)	1:40.91 (34.88)	2:16.18 (35.27)	
34 Lola Bruns	10	St Mary's Academy High School	2:13.40	2:16.37
30.50	1:04.02 (33.52)	1:39.45 (35.43)	2:16.37 (36.92)	
35 Mykenzie Roy	12	Aspen High School	2:16.97	2:17.71
30.55	1:04.76 (34.21)	1:41.09 (36.33)	2:17.71 (36.62)	
36 Elyse Witherspoon	09	Salida High School	2:16.49	2:17.97
31.04	1:05.95 (34.91)	1:42.82 (36.87)	2:17.97 (35.15)	
37 Shea Fine-Durbin		Green Mountain High School	2:15.84	2:18.27
30.49	1:05.62 (35.13)	1:42.53 (36.91)	2:18.27 (35.74)	
38 Claire Naumer	11	Evergreen High School	2:15.02	2:18.37
31.04	1:05.64 (34.60)	1:41.96 (36.32)	2:18.37 (36.41)	
39 Aiden Tomlin	11	Gunnison High School	2:13.60	2:18.83
31.39	1:06.38 (34.99)	1:43.10 (36.72)	2:18.83 (35.73)	
40 Noa Riss	11	Kent Denver High School	2:17.47	2:20.02
30.74	1:05.72 (34.98)	1:42.36 (36.64)	2:20.02 (37.66)	
41 Grace Berkhausen	11	Liberty Common High School	2:17.02	2:24.70
30.65	1:06.43 (35.78)	1:46.49 (40.06)	2:24.70 (38.21)	

## Event 3 Girls 200 Yard IM Varsity

CO State Rec: 1:56.41 # 2/9/2022 Lucy Bell  
 3A State Rec: 2:03.11 & 2/10/2024 Caitlin Crysel  
 2:03.02 AAA All-American Mid Alt  
 2:05.03 AAC All-Amer Mid Alt Con

Fossil Ridge  
 St. Mary's Acad

Name	Yr	School	Prelim Time	Finals Time
<b>A - Final</b>				
1 Madison Wagner	12	Discovery Canyon High School	2:07.59	2:07.00
28.15	59.86 (31.71)	1:37.60 (37.74)	2:07.00 (29.40)	
2 Madison Crysel	11	St Mary's Academy High School	2:09.19	2:07.11
27.01	59.84 (32.83)	1:36.05 (36.21)	2:07.11 (31.06)	
3 Josie Stahl	10	Liberty Common High School	2:08.26	2:07.61
27.59	59.98 (32.39)	1:36.10 (36.12)	2:07.61 (31.51)	
4 Camryn Williams	10	Kent Denver High School	2:08.68	2:08.72
27.96	1:00.78 (32.82)	1:38.14 (37.36)	2:08.72 (30.58)	
5 Corinne Roberts	12	Berthoud High School	2:16.33	2:15.53
28.89	1:03.04 (34.15)	1:40.94 (37.90)	2:15.53 (34.59)	

## 2025 CHSAA 3A State Championships - 2/10/2025 to 2/11/2025

## Results

## A - Final ... (Event 3 Girls 200 Yard IM Varsity)

Name	Yr	School	Prelim Time	Finals Time
6 Kernington Jasko		Green Mountain High School	2:21.38	2:19.19
29.35	1:03.72 (34.37)	1:46.08 (42.36)	2:19.19 (33.11)	
7 Emma Sewell	12	Sargent High School	2:21.77	2:20.07
29.19	1:04.12 (34.93)	1:45.66 (41.54)	2:20.07 (34.41)	
8 Rachel Prager	12	Kent Denver High School	2:21.89	2:20.68
30.30	1:07.96 (37.66)	1:48.51 (40.55)	2:20.68 (32.17)	
9 Natalie Krumholz	09	Colorado Academy High School	2:23.58	2:21.14
30.26	1:05.89 (35.63)	1:46.52 (40.63)	2:21.14 (34.62)	
10 Kylie Olson	11	Discovery Canyon High School	2:21.65	2:22.48
29.26	1:05.34 (36.08)	1:48.67 (43.33)	2:22.48 (33.81)	

## B - Final

11 Katie Tompkins		Wheat Ridge High School	2:25.39	2:24.05
31.26	1:08.02 (36.76)	1:51.24 (43.22)	2:24.05 (32.81)	
12 Cora Jorgensen	11	Liberty Common High School	2:28.60	2:24.31
31.71	1:06.82 (35.11)	1:51.65 (44.83)	2:24.31 (32.66)	
13 Holly Dykema		Conifer High School	2:26.27	2:24.72
31.25	1:08.53 (37.28)	1:50.71 (42.18)	2:24.72 (34.01)	
14 Bianca Theron		Green Mountain High School	2:29.16	2:26.65
31.32	1:10.31 (38.99)	1:51.97 (41.66)	2:26.65 (34.68)	
15 Madisyn Espinosa	09	Wellington High School	2:29.83	2:26.79
31.27	1:09.88 (38.61)	1:53.05 (43.17)	2:26.79 (33.74)	
16 Jemma Petrie	12	Gunnison High School	2:27.46	2:27.10
33.06	1:10.61 (37.55)	1:54.02 (43.41)	2:27.10 (33.08)	
17 Mady Iten	09	Colorado Academy High School	2:29.07	2:29.29
32.15	1:08.67 (36.52)	1:54.25 (45.58)	2:29.29 (35.04)	
18 Noelle Thompson	10	St Mary's Academy High School	2:31.20	2:31.61
31.56	1:07.55 (35.99)	1:55.37 (47.82)	2:31.61 (36.24)	
19 Melissa Lang	11	Salida High School	2:29.25	2:32.28
31.93	1:11.17 (39.24)	1:56.72 (45.55)	2:32.28 (35.56)	
20 Cora Studeny		Wheat Ridge High School	2:30.01	2:32.59
33.06	1:11.60 (38.54)	1:58.22 (46.62)	2:32.59 (34.37)	

## Event 3 Girls 200 Yard IM Varsity

CO State Rec: 1:56.41 # 2/9/2022 Lucy Bell  
 3A State Rec: 2:03.11 & 2/10/2024 Caitlin Crysel  
 2:03.02 AAA All-American Mid Alt  
 2:05.03 AAC All-Amer Mid Alt Con

Fossil Ridge  
 St. Mary's Acad

Name	Yr	School	Seed Time	Prelim Time
<b>Preliminaries</b>				
1 Madison Wagner	12	Discovery Canyon High School	2:11.08	2:07.59
27.87	59.80 (31.93)	1:37.63 (37.83)	2:07.59 (29.96)	
2 Josie Stahl	10	Liberty Common High School	2:08.32	2:08.26
27.90	1:00.54 (32.64)	1:36.57 (36.03)	2:08.26 (31.69)	
3 Camryn Williams	10	Kent Denver High School	2:06.91	2:08.68
28.65	1:02.01 (33.36)	1:38.61 (36.60)	2:08.68 (30.07)	
4 Madison Crysel	11	St Mary's Academy High School	2:07.47	2:09.19
27.89	1:01.61 (33.72)	1:38.12 (36.51)	2:09.19 (31.07)	
5 Corinne Roberts	12	Berthoud High School	2:15.86	2:16.33
29.73	1:03.74 (34.01)	1:41.84 (38.10)	2:16.33 (34.49)	
6 Kernington Jasko		Green Mountain High School	2:20.94	2:21.38
30.01	1:05.22 (35.21)	1:47.15 (41.93)	2:21.38 (34.23)	
7 Kylie Olson	11	Discovery Canyon High School	2:22.09	2:21.65
29.36	1:05.54 (36.18)	1:48.25 (42.71)	2:21.65 (33.40)	

## 2025 CHSAA 3A State Championships - 2/10/2025 to 2/11/2025

## Results

## Preliminaries ... (Event 3 Girls 200 Yard IM Varsity)

Name	Yr	School	Seed Time	Prelim Time
8 Emma Sewell	12	Sargent High School	2:18.63	2:21.77
30.36	1:06.16 (35.80)	1:47.35 (41.19)	2:21.77 (34.42)	
9 Rachel Prager	12	Kent Denver High School	2:28.36	2:21.89
30.36	1:08.03 (37.67)	1:49.36 (41.33)	2:21.89 (32.53)	
10 Natalie Krumholz	09	Colorado Academy High School	2:21.05	2:23.58
29.67	1:05.99 (36.32)	1:47.17 (41.18)	2:23.58 (36.41)	
11 Katie Tompkins		Wheat Ridge High School	2:28.13	2:25.39
31.44	1:07.71 (36.27)	1:52.48 (44.77)	2:25.39 (32.91)	
12 Holly Dykema		Conifer High School	2:26.06	2:26.27
31.03	1:08.70 (37.67)	1:51.22 (42.52)	2:26.27 (35.05)	
13 Jemma Petrie	12	Gunnison High School	2:31.38	2:27.46
32.21	1:10.51 (38.30)	1:52.87 (42.36)	2:27.46 (34.59)	
14 Cora Jorgensen	11	Liberty Common High School	2:28.83	2:28.60
33.28	1:10.44 (37.16)	1:54.99 (44.55)	2:28.60 (33.61)	
15 Mady Iten	09	Colorado Academy High School	2:27.49	2:29.07
32.06	1:09.78 (37.72)	1:53.63 (43.85)	2:29.07 (35.44)	
16 Bianca Theron		Green Mountain High School	2:27.52	2:29.16
32.42	1:10.31 (37.89)	1:51.62 (41.31)	2:29.16 (37.54)	
17 Melissa Lang	11	Salida High School	2:30.91	2:29.25
31.78	1:10.43 (38.65)	1:54.57 (44.14)	2:29.25 (34.68)	
18 Madisyn Espinosa	09	Wellington High School	2:28.44	2:29.83
31.89	1:11.25 (39.36)	1:55.45 (44.20)	2:29.83 (34.38)	
19 Cora Studeny		Wheat Ridge High School	2:33.10	2:30.01
33.07	1:10.75 (37.68)	1:55.56 (44.81)	2:30.01 (34.45)	
20 Noelle Thompson	10	St Mary's Academy High School	2:33.47	2:31.20
31.19	1:08.49 (37.30)	1:55.61 (47.12)	2:31.20 (35.59)	
21 Avery Vick	10	Evergreen High School	2:32.18	2:31.36
32.05	1:08.40 (36.35)	1:58.07 (49.67)	2:31.36 (33.29)	
22 Cora Balch	09	Roosevelt High School	2:29.83	2:31.50
32.60	1:09.43 (36.83)	1:57.40 (47.97)	2:31.50 (34.10)	
23 Reese Blankenship	10	Discovery Canyon High School	2:34.59	2:32.53
32.48	1:12.25 (39.77)	1:56.17 (43.92)	2:32.53 (36.36)	
24 Harper Adams		Green Mountain High School	2:32.65	2:32.83
35.78	1:15.43 (39.65)	1:56.77 (41.34)	2:32.83 (36.06)	
25 Allie Gold	12	Colorado Academy High School	2:34.94	2:34.08
33.54	1:10.94 (37.40)	1:56.64 (45.70)	2:34.08 (37.44)	
26 Mazy McEwan	10	Glenwood Springs High School	2:34.09	2:34.41
33.60	1:09.76 (36.16)	1:57.75 (47.99)	2:34.41 (36.66)	
27 Audrey Meeuwsen	09	Gunnison High School	2:34.01	2:36.52
31.80	1:11.02 (39.22)	1:59.46 (48.44)	2:36.52 (37.06)	
28 Ovella Huddleston	12	Liberty Common High School	2:33.32	2:37.27
33.20	1:13.93 (40.73)	2:00.33 (46.40)	2:37.27 (36.94)	
29 Rio Tirado-Jensen	09	La Junta High School	2:34.70	2:39.23
34.62	1:14.36 (39.74)	2:01.19 (46.83)	2:39.23 (38.04)	



## 2025 CHSAA 3A State Championships - 2/10/2025 to 2/11/2025

## Results

## Event 4 Girls 50 Yard Freestyle Varsity

CO State Rec: 22.22 # 2/12/2021 Anna Shaw  
 3A State Rec: 23.09 & 2/15/2020 Caitlin Cairns  
 23.08 AAA All-American Mid Alt  
 23.54 AAC All-Amer Mid Alt Con

Heritage  
 St. Mary's Acad

Name	Yr	School	Prelim Time	Finals Time
<b>A - Final</b>				
1 Lorelai Frauenfelder	11	Holy Family High School	23.41	23.27
2 Riley Mills	12	St Mary's Academy High School	24.13	23.67
3 Brooke Gothard		Wheat Ridge High School	24.44	24.35
4 Hadley Carrington	11	Kent Denver High School	25.14	24.85
5 Leah Felton		Green Mountain High School	24.93	25.06
6 Mireille Gazdaru	09	Liberty Common High School	25.71	25.07
7 Lily Sharpe	12	D'Evelyn High School	25.22	25.32
8 Shae Merchant	12	Salida High School	25.52	25.36
9 Stella Rhee		Fountain Valley High School	25.91	25.41
10 Addison Jones	12	Liberty Common High School	25.44	25.66
<b>B - Final</b>				
11 Siri Rydland	11	Discovery Canyon High School	25.93	25.53
12 Sylvia Duchscher	09	Glenwood Springs High School	26.11	26.17
13 Mary Jane Osborn	11	St Mary's Academy High School	26.45	26.25
14 Ryan Hilgers	10	St Mary's Academy High School	26.55	26.26
15 Ashtyn Cooney	12	Holy Family High School	26.10	26.32
*16 Emily Lin	11	Kent Denver High School	26.77	26.42
*16 Dharma Perkins		Eaton High School	26.32	26.42
18 Lily Christofferson		Fountain Valley High School	26.80	26.61
19 Kasey Glaser	12	Salida High School	26.67	26.99
20 Lian Applegate	10	Estes Park High School	26.52	27.20

## Event 4 Girls 50 Yard Freestyle Varsity

CO State Rec: 22.22 # 2/12/2021 Anna Shaw  
 3A State Rec: 23.09 & 2/15/2020 Caitlin Cairns  
 23.08 AAA All-American Mid Alt  
 23.54 AAC All-Amer Mid Alt Con

Heritage  
 St. Mary's Acad

Name	Yr	School	Seed Time	Prelim Time
<b>Preliminaries</b>				
1 Lorelai Frauenfelder	11	Holy Family High School	23.76	23.41
2 Riley Mills	12	St Mary's Academy High School	23.83	24.13
3 Brooke Gothard		Wheat Ridge High School	24.67	24.44
4 Leah Felton		Green Mountain High School	24.84	24.93
5 Hadley Carrington	11	Kent Denver High School	24.84	25.14
6 Lily Sharpe	12	D'Evelyn High School	25.46	25.22
7 Addison Jones	12	Liberty Common High School	25.16	25.44
8 Shae Merchant	12	Salida High School	25.08	25.52
9 Mireille Gazdaru	09	Liberty Common High School	25.33	25.71
10 Stella Rhee		Fountain Valley High School	25.71	25.91
11 Siri Rydland	11	Discovery Canyon High School	26.44	25.93
12 Ashtyn Cooney	12	Holy Family High School	26.42	26.10
13 Sylvia Duchscher	09	Glenwood Springs High School	25.81	26.11
14 Dharma Perkins		Eaton High School	26.21	26.32
15 Mary Jane Osborn	11	St Mary's Academy High School	26.31	26.45
16 Lian Applegate	10	Estes Park High School	27.08	26.52
17 Ryan Hilgers	10	St Mary's Academy High School	25.73	26.55

## 2025 CHSAA 3A State Championships - 2/10/2025 to 2/11/2025

## Results

## Preliminaries ... (Event 4 Girls 50 Yard Freestyle Varsity)

Name	Yr	School	Seed Time	Prelim Time
18 Kasey Glaser	12	Salida High School	26.63	26.67
19 Emily Lin	11	Kent Denver High School	26.59	26.77
20 Lily Christofferson		Fountain Valley High School	26.77	26.80
21 Maya Khan-Farooqi	09	Aspen High School	27.54	26.84
22 Leah Aldridge	10	Manitou Springs High School	26.89	26.91
23 Madison Harris	10	Evergreen High School	26.76	26.95
*24 Maya Petrie		Gunnison High School	26.85	26.96
*24 Lizzy Dassow	12	D'Evelyn High School	27.24	26.96
*24 ElliJo Musgrove	12	Holy Family High School	27.17	26.96
27 Macey McKean	11	Colorado Academy High School	27.29	27.03
28 Elena Perrotto	10	Holy Family High School	27.29	27.22
29 Isabella Szniewajs	09	St Mary's Academy High School	27.53	27.25
30 Claire Tompkins		Wheat Ridge High School	27.20	27.32
31 Morgan Kelly	12	Glenwood Springs High School	27.00	27.35
32 Quinn Barr	11	Liberty Common High School	26.70	27.36
33 Julia Clark	09	D'Evelyn High School	27.22	27.38
34 Arden Erasmus		Green Mountain High School	27.47	27.41
35 Danika Bennett		Green Mountain High School	27.12	27.46
36 Zoe Barrett	09	Kent Denver High School	27.69	27.51
37 Cecilia Brougham	09	Holy Family High School	27.01	27.58
*38 Marlowe Laipply		Green Mountain High School	27.63	27.62
*38 Tessa Bottke	11	Thompson Valley High School	27.41	27.62
*40 CiCi Cao		Fountain Valley High School	27.70	27.69
*40 Clara Claypool	10	Roosevelt High School	27.49	27.69
42 Makaila Moosbrugger	12	Holy Family High School	27.27	27.86
43 Vespera Steiner	11	Glenwood Springs High School	27.65	27.94
44 Catalina Schwab		Gunnison High School	26.70	28.00
45 Adelyn Volz	11	D'Evelyn High School	27.67	28.29

## Event 5 Girls 1 mtr Diving Varsity

CO State Rec: 570.25 # 2/1/1997		Sarah Law		Ponderosa	
3A State Rec: 513.25 & 2022		Victoria Sanders		Discovery Canyon	
Name	Yr	School	Semis Score	Finals Score	
<b>Finals</b>					
1 Mia Williams	11	St Mary's Academy High School	347.95	471.75	
2 Kaitlin McArthur	11	Discovery Canyon High School	314.90	445.05	
3 Dea Mielenz	12	Kent Denver High School	311.75	444.85	
4 Ailish Ocasek	12	Evergreen High School	289.30	415.10	
5 Penny Buffham		Conifer High School	298.30	396.60	
6 Isabella Hurley	10	St Mary's Academy High School	285.80	390.90	
7 Addie Chandler	12	Colorado Academy High School	286.80	385.15	
8 Elizabeth Kennealey	09	Kent Denver High School	277.05	384.75	
9 Erin Chapman	12	Holy Family High School	275.90	375.60	
10 Amelia Major	10	Berthoud High School	265.20	370.35	
11 Marabelle Balliet	10	Thompson Valley High School	256.95	368.75	
12 Stella Swanke		Evergreen High School	259.85	366.45	
13 Maddux Chapman		Eaton High School	243.25	366.20	
14 Zia Schwab	12	Gunnison High School	250.10	363.30	
15 Rhys Parratt	10	Manitou Springs High School	255.85	351.90	
16 Ariel Magana	SR	Sierra	251.55	348.75	
17 Brileigh Hale	10	Thompson Valley High School	247.45	341.40	

## 2025 CHSAA 3A State Championships - 2/10/2025 to 2/11/2025

## Results

## Finals ... (Event 5 Girls 1 mtr Diving Varsity)

Name	Yr	School	Semis Score	Finals Score
18 Liviana White	09	Roosevelt High School	260.15	339.15
19 Rylie Krieger	11	Roosevelt High School	259.55	326.30
20 Isabella Dastur		Conifer High School	243.65	300.80

## Event 5 Girls 1 mtr Diving Varsity

CO State Rec: 570.25 # 2/1/1997

Sarah Law

Ponderosa

3A State Rec: 513.25 &amp; 2022

Victoria Sanders

Discovery Canyon

Name	Yr	School	Prelim Score	Semis Score
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## Semi-Finals

1 Mia Williams	11	St Mary's Academy High School	209.60	347.95
2 Kaitlin McArthur	11	Discovery Canyon High School	198.00	314.90
3 Dea Mielenz	12	Kent Denver High School	201.80	311.75
4 Penny Buffham		Conifer High School	188.70	298.30
5 Ailish Ocasek	12	Evergreen High School	188.50	289.30
6 Addie Chandler	12	Colorado Academy High School	180.50	286.80
7 Isabella Hurley	10	St Mary's Academy High School	185.45	285.80
8 Elizabeth Kennealey	09	Kent Denver High School	175.45	277.05
9 Erin Chapman	12	Holy Family High School	176.25	275.90
10 Amelia Major	10	Berthoud High School	172.35	265.20
11 Liviana White	09	Roosevelt High School	168.40	260.15
12 Stella Swanke		Evergreen High School	164.85	259.85
13 Rylie Krieger	11	Roosevelt High School	175.05	259.55
14 Marabelle Balliet	10	Thompson Valley High School	178.95	256.95
15 Rhys Parratt	10	Manitou Springs High School	156.30	255.85
16 Ariel Magana	SR	Sierra	170.25	251.55
17 Zia Schwab	12	Gunnison High School	143.45	250.10
18 Brileigh Hale	10	Thompson Valley High School	144.55	247.45
19 Isabella Dastur		Conifer High School	148.40	243.65
20 Maddux Chapman		Eaton High School	129.10	243.25
21 Chloe Poore	12	St Mary's Academy High School	146.55	240.05
22 Nora Murrin-Rewerts	10	Roosevelt High School	148.80	236.30
23 Arabella Fitch		Eaton High School	131.50	226.10
24 Mabry Terry	12	Roosevelt High School	144.35	207.70

## Event 5 Girls 1 mtr Diving Varsity

CO State Rec: 570.25 # 2/1/1997

Sarah Law

Ponderosa

3A State Rec: 513.25 &amp; 2022

Victoria Sanders

Discovery Canyon

Name	Yr	School	Prelim Score
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## Preliminaries

1 Mia Williams	11	St Mary's Academy High School	NP	209.60
2 Dea Mielenz	12	Kent Denver High School	NP	201.80
3 Kaitlin McArthur	11	Discovery Canyon High School	NP	198.00
4 Penny Buffham		Conifer High School	NP	188.70
5 Ailish Ocasek	12	Evergreen High School	NP	188.50
6 Isabella Hurley	10	St Mary's Academy High School	NP	185.45
7 Addie Chandler	12	Colorado Academy High School	NP	180.50
8 Marabelle Balliet	10	Thompson Valley High School	NP	178.95
9 Erin Chapman	12	Holy Family High School	NP	176.25
10 Elizabeth Kennealey	09	Kent Denver High School	NP	175.45
11 Rylie Krieger	11	Roosevelt High School	NP	175.05
12 Amelia Major	10	Berthoud High School	NP	172.35
13 Ariel Magana	SR	Sierra	NP	170.25

## 2025 CHSAA 3A State Championships - 2/10/2025 to 2/11/2025

## Results

## Preliminaries ... (Event 5 Girls 1 mtr Diving Varsity)

Name	Yr	School		Prelim Score
14 Liviana White	09	Roosevelt High School	NP	168.40
15 Stella Swanke		Evergreen High School	NP	164.85
16 Rhys Parratt	10	Manitou Springs High School	NP	156.30
17 Nora Murrin-Rewerts	10	Roosevelt High School	NP	148.80
18 Isabella Dastur		Conifer High School	NP	148.40
19 Chloe Poore	12	St Mary's Academy High School	NP	146.55
20 Brileigh Hale	10	Thompson Valley High School	NP	144.55
21 Mabry Terry	12	Roosevelt High School	NP	144.35
22 Zia Schwab	12	Gunnison High School	NP	143.45
23 Mia Mayo		Roosevelt High School	NP	141.80
24 Arabella Fitch		Eaton High School	NP	131.50
25 Maddux Chapman		Eaton High School	NP	129.10
26 Eliza Thompson		Evergreen High School	NP	126.90

## Event 6 Girls 100 Yard Butterfly Varsity

CO State Rec:	52.17	# 2/9/2018	Coleen Gillilan	Fossil Ridge
3A State Rec:	54.09	& 2/11/2017	Alex Reddington	St. Mary's Acad
	54.54	AAA All-American	Mid Alt	
	56.62	AAC All-Amer	Mid Alt Con	

Name	Yr	School	Prelim Time	Finals Time
<b>A - Final</b>				
1 Riley Mills	12	St Mary's Academy High School	56.19	55.32
25.88		55.32 (29.44)		
2 Alaia Sloan	09	Discovery Canyon High School	57.58	56.58
26.68		56.58 (29.90)		
3 Elsa Anderson	09	Kent Denver High School	57.79	56.86
26.37		56.86 (30.49)		
4 Stella Rhee		Fountain Valley High School	58.94	59.26
26.99		59.26 (32.27)		
*5 Mireille Gazdaru	09	Liberty Common High School	1:04.01	1:00.61
28.10		1:00.61 (32.51)		
*5 Anna Clayton	12	Discovery Canyon High School	1:00.75	1:00.61
28.58		1:00.61 (32.03)		
7 Maya Patel	12	Evergreen High School	1:01.83	1:01.19
28.34		1:01.19 (32.85)		
8 Isabelle Dietzler	11	D'Evelyn High School	1:01.89	1:01.88
29.60		1:01.88 (32.28)		
9 Abby Simpkins	12	Thompson Valley High School	1:02.79	1:02.67
29.00		1:02.67 (33.67)		
10 Whitney Mcmanus	10	Aspen High School	1:02.78	1:03.30
29.02		1:03.30 (34.28)		
<b>B - Final</b>				
11 Emma Sewell	12	Sargent High School	1:04.77	1:02.87
29.26		1:02.87 (33.61)		
12 Kernington Jasko		Green Mountain High School	1:05.01	1:04.40
29.59		1:04.40 (34.81)		
13 Kailyn Tucker	11	Holy Family High School	1:04.44	1:05.09
30.40		1:05.09 (34.69)		
14 Kylie Olson	11	Discovery Canyon High School	1:04.93	1:05.24
30.41		1:05.24 (34.83)		
15 Lily Urband	09	Colorado Academy High School	1:05.12	1:05.47
30.59		1:05.47 (34.88)		

## 2025 CHSAA 3A State Championships - 2/10/2025 to 2/11/2025

## Results

**B - Final ... (Event 6 Girls 100 Yard Butterfly Varsity)**

Name	Yr	School	Prelim Time	Finals Time
16 Quinn Barr	11	Liberty Common High School	1:04.75	1:05.75
30.17				1:05.75 (35.58)
17 Sophie Gremillion	11	Holy Family High School	1:06.38	1:06.71
30.85				1:06.71 (35.86)
18 Madhuvanti Kulkarni	10	Discovery Canyon High School	1:06.00	1:06.82
31.03				1:06.82 (35.79)
19 Sydney Davis	10	La Junta High School	1:06.15	1:07.24
30.91				1:07.24 (36.33)
20 Macey McKean	11	Colorado Academy High School	1:06.23	1:08.33
30.99				1:08.33 (37.34)

**Event 6 Girls 100 Yard Butterfly Varsity**

CO State Rec: 52.17 # 2/9/2018 Coleen Gillilan  
 3A State Rec: 54.09 & 2/11/2017 Alex Reddington  
 54.54 AAA All-American Mid Alt  
 56.62 AAC All-Amer Mid Alt Con

Fossil Ridge  
 St. Mary's Acad

Name	Yr	School	Seed Time	Prelim Time
<b>Preliminaries</b>				
1 Riley Mills	12	St Mary's Academy High School	55.99	56.19
26.21				56.19 (29.98)
2 Alaia Sloan	09	Discovery Canyon High School	58.43	57.58
27.08				57.58 (30.50)
3 Elsa Anderson	09	Kent Denver High School	58.01	57.79
27.18				57.79 (30.61)
4 Stella Rhee		Fountain Valley High School	58.21	58.94
27.54				58.94 (31.40)
5 Anna Clayton	12	Discovery Canyon High School	1:01.30	1:00.75
27.88				1:00.75 (32.87)
6 Maya Patel	12	Evergreen High School	1:01.29	1:01.83
28.86				1:01.83 (32.97)
7 Isabelle Dietzler	11	D'Evelyn High School	1:03.55	1:01.89
29.77				1:01.89 (32.12)
8 Whitney Mcmanus	10	Aspen High School	1:04.62	1:02.78
28.87				1:02.78 (33.91)
9 Abby Simpkins	12	Thompson Valley High School	1:04.61	1:02.79
30.15				1:02.79 (32.64)
10 Mireille Gazdaru	09	Liberty Common High School	1:02.90	1:04.01
30.78				1:04.01 (33.23)
11 Kailyn Tucker	11	Holy Family High School	1:04.28	1:04.44
29.71				1:04.44 (34.73)
12 Quinn Barr	11	Liberty Common High School	1:04.43	1:04.75
29.64				1:04.75 (35.11)
13 Emma Sewell	12	Sargent High School	1:02.91	1:04.77
29.70				1:04.77 (35.07)
14 Kylie Olson	11	Discovery Canyon High School	1:05.44	1:04.93
29.63				1:04.93 (35.30)
15 Kernington Jasko		Green Mountain High School	1:05.44	1:05.01
30.45				1:05.01 (34.56)
16 Lily Urband	09	Colorado Academy High School	1:07.79	1:05.12
30.60				1:05.12 (34.52)
17 Madhuvanti Kulkarni	10	Discovery Canyon High School	1:09.08	1:06.00
30.73				1:06.00 (35.27)

## 2025 CHSAA 3A State Championships - 2/10/2025 to 2/11/2025

## Results

## Preliminaries ... (Event 6 Girls 100 Yard Butterfly Varsity)

Name	Yr	School	Seed Time	Prelim Time
18 Sydney Davis	10	La Junta High School	1:06.29	1:06.15
30.68				1:06.15 (35.47)
19 Macey McKean	11	Colorado Academy High School	1:08.28	1:06.23
30.63				1:06.23 (35.60)
20 Sophie Gremillion	11	Holy Family High School	1:07.13	1:06.38
30.94				1:06.38 (35.44)
21 Noelle Thompson	10	St Mary's Academy High School	1:07.25	1:06.43
22 Sophia Nguyen	11	D'Evelyn High School	1:05.56	1:06.44
29.83				1:06.44 (36.61)
23 Malika Haro	11	St Mary's Academy High School	1:07.38	1:06.55
24 Jessa Wehri		Green Mountain High School	1:06.06	1:07.70
30.89				1:07.70 (36.81)
25 Jemma Petrie	12	Gunnison High School	1:06.15	1:08.17
30.36				1:08.17 (37.81)
26 Dharma Perkins		Eaton High School	1:08.96	1:08.31
30.63				1:08.31 (37.68)
27 Addison DeGeldere	12	Roosevelt High School	1:09.86	1:08.88
32.15				1:08.88 (36.73)
28 Audrey Meeuwsen	09	Gunnison High School	1:10.04	1:09.09
32.84				1:09.09 (36.25)
29 Katie Tompkins		Wheat Ridge High School	1:08.89	1:09.81
32.58				1:09.81 (37.23)
30 Claire Naumer	11	Evergreen High School	1:08.07	1:10.94
32.41				1:10.94 (38.53)
31 Maya Shover	09	Liberty Common High School	1:10.33	1:11.50
33.13				1:11.50 (38.37)

## Event 7 Girls 100 Yard Freestyle Varsity

CO State Rec: 48.24 # 2/10/2021 Anna Shaw  
 3A State Rec: 50.33 & 2/11/2017 Kennedy Quist  
 50.30 AAA All-American Mid Alt  
 51.17 AAC All-Amer Mid Alt Con

Heritage  
 Aspen

Name	Yr	School	Prelim Time	Finals Time
<b>A - Final</b>				
1 Lorelai Frauenfelder	11	Holy Family High School	51.96	51.15
24.88				51.15 (26.27)
2 Emma Lindstrom	12	Glenwood Springs High School	53.15	51.61
24.99				51.61 (26.62)
3 Leah Felton		Green Mountain High School	54.43	54.19
25.90				54.19 (28.29)
4 Emelie Rice	12	D'Evelyn High School	57.40	56.31
27.15				56.31 (29.16)
5 Reese Rosenberg	09	Kent Denver High School	56.60	56.45
26.55				56.45 (29.90)
6 Lily Sharpe	12	D'Evelyn High School	56.71	56.60
26.91				56.60 (29.69)
7 Kaiyah Hansen	11	Colorado Academy High School	56.18	56.82
26.74				56.82 (30.08)
8 Lauren Anderson	12	St Mary's Academy High School	57.47	57.17
27.37				57.17 (29.80)
9 Ashtyn Cooney	12	Holy Family High School	56.87	57.35
27.18				57.35 (30.17)

## 2025 CHSAA 3A State Championships - 2/10/2025 to 2/11/2025

## Results

## A - Final ... (Event 7 Girls 100 Yard Freestyle Varsity)

Name	Yr	School	Prelim Time	Finals Time
10 Larriana Taggart	10	La Junta High School	57.63	58.03
27.92	58.03	(30.11)		

## B - Final

11 Siri Rydland	11	Discovery Canyon High School	58.62	57.64
27.84	57.64	(29.80)		
12 Holly Dykema		Conifer High School	59.54	58.46
28.10	58.46	(30.36)		
13 Shae Merchant	12	Salida High School	57.77	58.59
27.89	58.59	(30.70)		
14 Bella Day	09	Discovery Canyon High School	58.93	58.74
28.27	58.74	(30.47)		
15 Cora Balch	09	Roosevelt High School	59.09	58.81
28.39	58.81	(30.42)		
16 Avery Vick	10	Evergreen High School	58.11	58.89
28.03	58.89	(30.86)		
*17 Sofia Redhead	10	St Mary's Academy High School	58.68	59.65
28.37	59.65	(31.28)		
*17 Arden Erasmus		Green Mountain High School	59.43	59.65
28.53	59.65	(31.12)		
19 Lizzy Dassow	12	D'Evelyn High School	59.31	59.91
27.68	59.91	(32.23)		
20 KayLee Gonzales-Moore	12	Sargent High School	59.29	1:00.21
28.38	1:00.21	(31.83)		

## Event 7 Girls 100 Yard Freestyle Varsity

CO State Rec:	48.24	# 2/10/2021	Anna Shaw	Heritage
3A State Rec:	50.33	& 2/11/2017	Kennidy Quist	Aspen
	50.30	AAA All-American	Mid Alt	
	51.17	AAC All-Amer	Mid Alt Con	

Name	Yr	School	Seed Time	Prelim Time
<b>Preliminaries</b>				
1 Lorelai Frauenfelder	11	Holy Family High School	52.01	51.96
25.31	51.96	(26.65)		
2 Emma Lindstrom	12	Glenwood Springs High School	51.76	53.15
25.75	53.15	(27.40)		
3 Leah Felton		Green Mountain High School	53.67	54.43
26.07	54.43	(28.36)		
4 Kaiyah Hansen	11	Colorado Academy High School	57.08	56.18
26.78	56.18	(29.40)		
5 Reese Rosenberg	09	Kent Denver High School	57.98	56.60
26.60	56.60	(30.00)		
6 Lily Sharpe	12	D'Evelyn High School	56.74	56.71
26.84	56.71	(29.87)		
7 Ashtyn Cooney	12	Holy Family High School	1:00.75	56.87
27.16	56.87	(29.71)		
8 Emelie Rice	12	D'Evelyn High School	56.27	57.40
27.68	57.40	(29.72)		
9 Lauren Anderson	12	St Mary's Academy High School	57.97	57.47
27.74	57.47	(29.73)		
10 Larriana Taggart	10	La Junta High School	59.37	57.63
27.81	57.63	(29.82)		
11 Shae Merchant	12	Salida High School	56.11	57.77
27.51	57.77	(30.26)		

## 2025 CHSAA 3A State Championships - 2/10/2025 to 2/11/2025

## Results

## Preliminaries ... (Event 7 Girls 100 Yard Freestyle Varsity)

Name	Yr	School	Seed Time	Prelim Time
12 Avery Vick	10	Evergreen High School	58.19	58.11
27.85		58.11 (30.26)		
13 Siri Rydland	11	Discovery Canyon High School	58.11	58.62
27.87		58.62 (30.75)		
14 Sofia Redhead	10	St Mary's Academy High School	58.98	58.68
28.31		58.68 (30.37)		
15 Bella Day	09	Discovery Canyon High School	1:00.95	58.93
28.24		58.93 (30.69)		
16 Cora Balch	09	Roosevelt High School	58.47	59.09
28.51		59.09 (30.58)		
17 KayLee Gonzales-Moore	12	Sargent High School	59.72	59.29
27.96		59.29 (31.33)		
18 Lizzy Dassow	12	D'Evelyn High School	1:00.46	59.31
27.66		59.31 (31.65)		
19 Arden Erasmus		Green Mountain High School	59.86	59.43
28.52		59.43 (30.91)		
20 Holly Dykema		Conifer High School	1:00.87	59.54
28.67		59.54 (30.87)		
21 Lian Applegate	10	Estes Park High School	1:00.15	59.79
28.45		59.79 (31.34)		
22 Ryan Hilgers	10	St Mary's Academy High School	59.03	1:00.13
28.42		1:00.13 (31.71)		
*23 Addison Howe	10	Discovery Canyon High School	59.93	1:00.14
29.50		1:00.14 (30.64)		
*23 Colbie Brown	09	Salida High School	59.29	1:00.14
28.78		1:00.14 (31.36)		
25 ElliJo Musgrove	12	Holy Family High School	1:00.37	1:00.25
28.15		1:00.25 (32.10)		
26 Julia Clark	09	D'Evelyn High School	59.88	1:00.33
29.06		1:00.33 (31.27)		
27 Mary Jane Osborn	11	St Mary's Academy High School	59.67	1:00.35
28.62		1:00.35 (31.73)		
28 Morgan Kelly	12	Glenwood Springs High School	59.40	1:00.40
28.59		1:00.40 (31.81)		
29 Reese Blankenship	10	Discovery Canyon High School	59.91	1:00.63
29.10		1:00.63 (31.53)		
30 Tessa Bottke	11	Thompson Valley High School	59.66	1:00.70
29.13		1:00.70 (31.57)		
31 Isabelle Marr	11	Thompson Valley High School	1:00.73	1:00.76
29.53		1:00.76 (31.23)		
32 Melissa Lang	11	Salida High School	1:01.14	1:01.25
29.41		1:01.25 (31.84)		
33 Lily Christofferson		Fountain Valley High School	1:01.48	1:01.96
30.09		1:01.96 (31.87)		
34 Maya Petrie		Gunnison High School	1:00.48	1:02.00
29.10		1:02.00 (32.90)		
35 Peyton Huntley	10	Delta High School	1:01.03	1:02.40
30.15		1:02.40 (32.25)		
36 Aiden Tomlin	11	Gunnison High School	1:01.01	1:02.67
29.89		1:02.67 (32.78)		
37 Lily Urband	09	Colorado Academy High School	59.12	1:03.24
29.77		1:03.24 (33.47)		



## 2025 CHSAA 3A State Championships - 2/10/2025 to 2/11/2025

## Results

## Preliminaries ... (Event 7 Girls 100 Yard Freestyle Varsity)

Name	Yr	School	Seed Time	Prelim Time
38 Mykenzie Roy	12	Aspen High School	1:01.45	1:03.52
				30.22 1:03.52 (33.30)
39 Josie Malzahn	12	Wellington High School	1:01.43	1:04.12
				30.08 1:04.12 (34.04)

## Event 8 Girls 500 Yard Freestyle Varsity

CO State Rec: 4:39.89 # 2/6/2025 Madison Mintenko Pine Creek  
 3A State Rec: 5:00.91 & 2/10/2024 Tallaby Riddle Evergreen  
 4:57.78 AAA All-American Mid Alt  
 5:02.53 AAC All-Amer Mid Alt Con

Name	Yr	School	Prelim Time	Finals Time
<b>A - Final</b>				
1 Tallaby Riddle	11	Evergreen High School	5:02.53	5:04.43
				27.63 57.33 (29.70) 1:27.58 (30.25) 1:57.99 (30.41)
				2:28.98 (30.99) 2:59.93 (30.95) 3:31.35 (31.42) 4:02.86 (31.51)
				4:34.01 (31.15) 5:04.43 (30.42)
2 Camryn Williams	10	Kent Denver High School	5:03.98	5:05.43
				28.16 58.79 (30.63) 1:29.64 (30.85) 2:00.47 (30.83)
				2:31.50 (31.03) 3:02.74 (31.24) 3:33.93 (31.19) 4:04.86 (30.93)
				4:35.71 (30.85) 5:05.43 (29.72)
3 Madison Wagner	12	Discovery Canyon High School	5:09.31	5:05.61
				27.45 58.11 (30.66) 1:28.93 (30.82) 2:00.09 (31.16)
				2:31.20 (31.11) 3:02.59 (31.39) 3:34.05 (31.46) 4:05.81 (31.76)
				4:36.46 (30.65) 5:05.61 (29.15)
4 Kate Callender	11	St Mary's Academy High School	5:17.72	5:20.36
				28.75 1:00.17 (31.42) 1:32.05 (31.88) 2:04.29 (32.24)
				2:36.73 (32.44) 3:09.11 (32.38) 3:41.83 (32.72) 4:14.88 (33.05)
				4:48.08 (33.20) 5:20.36 (32.28)
5 Megan Grenzenbach	09	Holy Family High School	5:23.38	5:23.75
				29.26 1:00.74 (31.48) 1:32.84 (32.10) 2:05.49 (32.65)
				2:38.60 (33.11) 3:11.92 (33.32) 3:45.12 (33.20) 4:18.60 (33.48)
				4:51.56 (32.96) 5:23.75 (32.19)
6 Addison Jones	12	Liberty Common High School	5:28.06	5:24.91
				28.97 1:00.34 (31.37) 1:32.36 (32.02) 2:04.66 (32.30)
				2:37.21 (32.55) 3:10.47 (33.26) 3:43.83 (33.36) 4:17.90 (34.07)
				4:51.95 (34.05) 5:24.91 (32.96)
7 Maya Khan-Farooqi	09	Aspen High School	5:28.59	5:24.93
				29.47 1:01.52 (32.05) 1:34.30 (32.78) 2:06.90 (32.60)
				2:39.92 (33.02) 3:13.16 (33.24) 3:46.25 (33.09) 4:19.36 (33.11)
				4:52.62 (33.26) 5:24.93 (32.31)
8 Katie Pierce	12	D'Evelyn High School	5:37.19	5:41.05
				29.84 1:02.81 (32.97) 1:36.76 (33.95) 2:11.36 (34.60)
				2:46.00 (34.64) 3:20.35 (34.35) 3:55.52 (35.17) 4:31.22 (35.70)
				5:06.17 (34.95) 5:41.05 (34.88)
9 Sienna Halleen	09	Discovery Canyon High School	5:41.43	5:43.25
				30.66 1:03.77 (33.11) 1:37.75 (33.98) 2:12.30 (34.55)
				2:47.40 (35.10) 3:23.16 (35.76) 3:58.47 (35.31) 4:34.12 (35.65)
				5:09.64 (35.52) 5:43.25 (33.61)
10 Kensley Pekron	11	Woodland Park High School	5:42.66	5:43.64
				30.70 1:03.96 (33.26) 1:38.00 (34.04) 2:12.72 (34.72)
				2:47.82 (35.10) 3:22.83 (35.01) 3:58.18 (35.35) 4:33.73 (35.55)
				5:09.26 (35.53) 5:43.64 (34.38)

## 2025 CHSAA 3A State Championships - 2/10/2025 to 2/11/2025

## Results

## B - Final ... (Event 8 Girls 500 Yard Freestyle Varsity)

Name	Yr	School	Prelim Time	Finals Time
<b>B - Final</b>				
11 Chloe Phair		Green Mountain High School	5:52.52	5:46.33
30.18	1:04.19 (34.01)	1:39.54 (35.35)	2:14.71 (35.17)	
2:49.96 (35.25)	3:25.46 (35.50)	4:01.10 (35.64)	4:36.74 (35.64)	
5:11.96 (35.22)	5:46.33 (34.37)			
12 Evie Gruben		Fountain Valley High School	5:45.50	5:50.74
30.38	1:04.83 (34.45)	1:40.53 (35.70)	2:15.99 (35.46)	
2:51.87 (35.88)	3:27.45 (35.58)	4:05.09 (37.64)	4:40.27 (35.18)	
5:16.06 (35.79)	5:50.74 (34.68)			
13 Samantha Jones	12	Gunnison High School	5:46.84	5:53.05
30.16	1:04.65 (34.49)	1:40.24 (35.59)	2:16.07 (35.83)	
2:52.19 (36.12)	3:28.59 (36.40)	4:05.30 (36.71)	4:41.93 (36.63)	
5:18.48 (36.55)	5:53.05 (34.57)			
14 Annika Damon	11	St Mary's Academy High School	5:54.20	5:53.10
30.96	1:05.60 (34.64)	1:40.89 (35.29)	2:17.27 (36.38)	
2:54.07 (36.80)	3:30.98 (36.91)	4:07.35 (36.37)	4:43.99 (36.64)	
5:20.02 (36.03)	5:53.10 (33.08)			
15 Ashleigh Smith	12	Discovery Canyon High School	5:51.04	5:53.41
30.91	1:04.85 (33.94)	1:40.00 (35.15)	2:15.44 (35.44)	
2:51.12 (35.68)	3:27.61 (36.49)	4:04.44 (36.83)	4:41.46 (37.02)	
5:18.92 (37.46)	5:53.41 (34.49)			
16 Cedar Lengerich	12	Salida High School	5:58.56	5:54.35
31.75	1:06.63 (34.88)	1:42.70 (36.07)	2:19.10 (36.40)	
2:55.01 (35.91)	3:31.09 (36.08)	4:07.18 (36.09)	4:43.42 (36.24)	
5:19.73 (36.31)	5:54.35 (34.62)			
17 Madison Harris	10	Evergreen High School	6:03.14	5:57.68
29.82	1:03.05 (33.23)	1:37.76 (34.71)	2:14.23 (36.47)	
2:51.57 (37.34)	3:29.27 (37.70)	4:07.02 (37.75)	4:44.76 (37.74)	
5:21.28 (36.52)	5:57.68 (36.40)			
18 Maya Valean	09	Glenwood Springs High School	6:02.99	5:58.93
30.56	1:04.59 (34.03)	1:40.35 (35.76)	2:16.49 (36.14)	
2:53.28 (36.79)	3:30.31 (37.03)	4:07.29 (36.98)	4:43.84 (36.55)	
5:22.01 (38.17)	5:58.93 (36.92)			
19 Tierney Williams	12	Colorado Academy High School	5:56.73	6:05.58
31.01	1:06.58 (35.57)	1:43.83 (37.25)	2:21.09 (37.26)	
2:58.49 (37.40)	3:36.54 (38.05)	4:14.13 (37.59)	4:52.01 (37.88)	
5:29.60 (37.59)	6:05.58 (35.98)			
20 Sydney Davis	10	La Junta High School	6:02.87	6:12.31
31.55	1:06.76 (35.21)	1:43.39 (36.63)	2:21.57 (38.18)	
2:59.70 (38.13)	3:37.99 (38.29)	4:16.79 (38.80)	4:55.85 (39.06)	
5:34.63 (38.78)	6:12.31 (37.68)			

## Event 8 Girls 500 Yard Freestyle Varsity

CO State Rec: 4:39.89 # 2/6/2025 Madison Mintenko Pine Creek  
 3A State Rec: 5:00.91 & 2/10/2024 Tallaby Riddle Evergreen  
 4:57.78 AAA All-American Mid Alt  
 5:02.53 AAC All-Amer Mid Alt Con

Name	Yr	School	Seed Time	Prelim Time
<b>Preliminaries</b>				
1 Tallaby Riddle	11	Evergreen High School	5:04.82	5:02.53
27.62	57.29 (29.67)	1:27.22 (29.93)	1:57.36 (30.14)	
2:28.07 (30.71)	2:59.16 (31.09)	3:30.25 (31.09)	4:01.08 (30.83)	
4:32.17 (31.09)	5:02.53 (30.36)			

## 2025 CHSAA 3A State Championships - 2/10/2025 to 2/11/2025

## Results

## Preliminaries ... (Event 8 Girls 500 Yard Freestyle Varsity)

Name	Yr	School	Seed Time	Prelim Time
2 Camryn Williams	10	Kent Denver High School	5:07.62	5:03.98
27.72	57.91 (30.19)	1:28.57 (30.66)	1:59.61 (31.04)	
2:30.61 (31.00)	3:01.42 (30.81)	3:32.45 (31.03)	4:03.36 (30.91)	
4:33.79 (30.43)	5:03.98 (30.19)			
3 Madison Wagner	12	Discovery Canyon High School	5:28.22	5:09.31
27.32	57.90 (30.58)	1:29.28 (31.38)	2:00.80 (31.52)	
2:32.06 (31.26)	3:03.77 (31.71)	3:35.31 (31.54)	4:07.22 (31.91)	
4:38.54 (31.32)	5:09.31 (30.77)			
4 Kate Callender	11	St Mary's Academy High School	5:21.44	5:17.72
29.22	1:00.85 (31.63)	1:32.46 (31.61)	2:04.05 (31.59)	
2:36.05 (32.00)	3:08.44 (32.39)	3:40.61 (32.17)	4:13.21 (32.60)	
4:45.60 (32.39)	5:17.72 (32.12)			
5 Megan Grenzenbach	09	Holy Family High School	5:22.09	5:23.38
29.50	1:01.33 (31.83)	1:33.53 (32.20)	2:06.27 (32.74)	
2:39.44 (33.17)	3:12.36 (32.92)	3:45.69 (33.33)	4:19.00 (33.31)	
4:51.88 (32.88)	5:23.38 (31.50)			
6 Addison Jones	12	Liberty Common High School	5:29.35	5:28.06
28.85	1:00.48 (31.63)	1:33.31 (32.83)	2:06.57 (33.26)	
2:40.09 (33.52)	3:13.88 (33.79)	3:47.98 (34.10)	4:21.92 (33.94)	
4:55.24 (33.32)	5:28.06 (32.82)			
7 Maya Khan-Farooqi	09	Aspen High School	5:29.05	5:28.59
29.31	1:01.29 (31.98)	1:33.61 (32.32)	2:06.44 (32.83)	
2:39.70 (33.26)	3:13.32 (33.62)	3:46.95 (33.63)	4:20.87 (33.92)	
4:55.01 (34.14)	5:28.59 (33.58)			
8 Katie Pierce	12	D'Evelyn High School	5:36.56	5:37.19
29.89	1:02.64 (32.75)	1:36.45 (33.81)	2:10.54 (34.09)	
2:45.20 (34.66)	3:19.21 (34.01)	3:53.16 (33.95)	4:27.74 (34.58)	
5:03.18 (35.44)	5:37.19 (34.01)			
9 Sienna Halleen	09	Discovery Canyon High School	5:47.78	5:41.43
31.38	1:04.75 (33.37)	1:39.07 (34.32)	2:13.68 (34.61)	
2:48.80 (35.12)	3:23.96 (35.16)	3:59.01 (35.05)	4:34.76 (35.75)	
5:09.33 (34.57)	5:41.43 (32.10)			
10 Kensley Pekron	11	Woodland Park High School	5:44.17	5:42.66
31.21	1:04.35 (33.14)	1:38.61 (34.26)	2:13.14 (34.53)	
2:48.04 (34.90)	3:23.31 (35.27)	3:58.42 (35.11)	4:33.73 (35.31)	
5:08.36 (34.63)	5:42.66 (34.30)			
11 Evie Gruben		Fountain Valley High School	5:45.13	5:45.50
31.19	1:04.76 (33.57)	1:39.49 (34.73)	2:15.09 (35.60)	
2:50.17 (35.08)	3:26.01 (35.84)	4:01.50 (35.49)	4:36.35 (34.85)	
5:11.70 (35.35)	5:45.50 (33.80)			
12 Samantha Jones	12	Gunnison High School	5:48.17	5:46.84
29.92	1:03.41 (33.49)	1:37.71 (34.30)	2:12.36 (34.65)	
2:47.77 (35.41)	3:23.67 (35.90)	3:59.39 (35.72)	4:35.81 (36.42)	
5:12.00 (36.19)	5:46.84 (34.84)			
13 Ashleigh Smith	12	Discovery Canyon High School	5:59.75	5:51.04
30.72	1:04.33 (33.61)	1:39.54 (35.21)	2:15.26 (35.72)	
2:51.15 (35.89)	3:27.60 (36.45)	4:04.01 (36.41)	4:40.46 (36.45)	
5:16.59 (36.13)	5:51.04 (34.45)			
14 Chloe Phair		Green Mountain High School	5:52.42	5:52.52
30.62	1:05.16 (34.54)	1:40.85 (35.69)	2:16.58 (35.73)	
2:52.67 (36.09)	3:29.08 (36.41)	4:05.27 (36.19)	4:41.15 (35.88)	
5:17.82 (36.67)	5:52.52 (34.70)			

## 2025 CHSAA 3A State Championships - 2/10/2025 to 2/11/2025

## Results

## Preliminaries ... (Event 8 Girls 500 Yard Freestyle Varsity)

Name	Yr	School	Seed Time	Prelim Time
15 Annika Damon	11	St Mary's Academy High School	6:10.20	5:54.20
31.97	1:07.68 (35.71)	1:42.95 (35.27)	2:18.98 (36.03)	
2:54.64 (35.66)	3:31.37 (36.73)	4:07.19 (35.82)	4:44.19 (37.00)	
5:19.71 (35.52)	5:54.20 (34.49)			
16 Tierney Williams	12	Colorado Academy High School	6:01.18	5:56.73
31.15	1:05.87 (34.72)	1:42.11 (36.24)	2:18.30 (36.19)	
2:54.41 (36.11)	3:31.52 (37.11)	4:09.02 (37.50)	4:45.53 (36.51)	
5:21.76 (36.23)	5:56.73 (34.97)			
17 Cedar Lengerich	12	Salida High School	5:55.25	5:58.56
30.92	1:04.81 (33.89)	1:40.07 (35.26)	2:16.22 (36.15)	
2:52.99 (36.77)	3:29.82 (36.83)	4:06.77 (36.95)	4:44.11 (37.34)	
5:21.72 (37.61)	5:58.56 (36.84)			
18 Sydney Davis	10	La Junta High School	6:08.24	6:02.87
31.65	1:06.28 (34.63)	1:42.04 (35.76)	2:19.25 (37.21)	
2:56.63 (37.38)	3:34.22 (37.59)	4:12.08 (37.86)	4:49.72 (37.64)	
5:27.06 (37.34)	6:02.87 (35.81)			
19 Maya Valean	09	Glenwood Springs High School	5:51.30	6:02.99
30.44	1:04.32 (33.88)	1:40.65 (36.33)	2:17.45 (36.80)	
2:55.25 (37.80)	3:33.86 (38.61)	4:12.32 (38.46)	4:49.78 (37.46)	
5:27.63 (37.85)	6:02.99 (35.36)			
20 Madison Harris	10	Evergreen High School	5:52.32	6:03.14
30.06	1:03.92 (33.86)	1:40.09 (36.17)	2:17.75 (37.66)	
2:55.67 (37.92)	3:32.82 (37.15)	4:10.81 (37.99)	4:48.62 (37.81)	
5:25.80 (37.18)	6:03.14 (37.34)			
21 Kasey Glaser	12	Salida High School	6:02.98	6:04.17
31.48	1:06.95 (35.47)	1:43.85 (36.90)	2:21.01 (37.16)	
2:58.70 (37.69)	3:36.51 (37.81)	4:14.35 (37.84)	4:52.55 (38.20)	
5:29.88 (37.33)	6:04.17 (34.29)			
22 Riley Holsapple	10	Woodland Park High School	6:07.08	6:06.36
33.40	1:09.33 (35.93)	1:46.62 (37.29)	2:24.06 (37.44)	
3:01.21 (37.15)	3:39.44 (38.23)	4:16.95 (37.51)	4:54.39 (37.44)	
5:30.71 (36.32)	6:06.36 (35.65)			
23 Rori Adair		Green Mountain High School	6:17.00	6:07.49
30.42	1:05.24 (34.82)	1:42.36 (37.12)	2:19.65 (37.29)	
2:57.55 (37.90)	3:36.19 (38.64)	4:14.45 (38.26)	4:53.02 (38.57)	
5:31.95 (38.93)	6:07.49 (35.54)			
24 Adilyn Foust	09	Liberty Common High School	6:06.00	6:08.19
32.43	1:07.23 (34.80)	1:43.34 (36.11)	2:20.60 (37.26)	
2:57.82 (37.22)	3:35.15 (37.33)	4:13.40 (38.25)	4:52.00 (38.60)	
5:30.21 (38.21)	6:08.19 (37.98)			
25 Abby Dawson	11	Colorado Academy High School	6:16.55	6:09.00
31.85	1:07.42 (35.57)	1:44.80 (37.38)	2:22.50 (37.70)	
3:00.74 (38.24)	3:39.41 (38.67)	4:17.81 (38.40)	4:55.86 (38.05)	
5:33.61 (37.75)	6:09.00 (35.39)			
26 Elora Jones	09	Gunnison High School	6:13.66	6:11.52
31.97	1:08.02 (36.05)	1:45.25 (37.23)	2:21.96 (36.71)	
3:00.27 (38.31)	3:38.33 (38.06)	4:17.23 (38.90)	4:55.52 (38.29)	
5:34.27 (38.75)	6:11.52 (37.25)			
27 Evelyn Garin	10	Evergreen High School	6:12.72	6:12.36
32.77	1:08.99 (36.22)	1:46.22 (37.23)	2:24.27 (38.05)	
3:01.87 (37.60)	3:39.64 (37.77)	4:18.65 (39.01)	4:56.96 (38.31)	
5:35.61 (38.65)	6:12.36 (36.75)			

2025 CHSAA 3A State Championships - 2/10/2025 to 2/11/2025

Results

Preliminaries ... (Event 8 Girls 500 Yard Freestyle Varsity)

Name	Yr	School	Seed Time	Prelim Time
28 Shea Fine-Durbin		Green Mountain High School	6:15.81	6:13.51
32.29	1:08.79 (36.50)	1:45.77 (36.98)	2:23.46 (37.69)	
3:02.20 (38.74)	3:41.18 (38.98)	4:20.08 (38.90)	4:58.90 (38.82)	
5:38.17 (39.27)	6:13.51 (35.34)			
29 Clara Claypool	10	Roosevelt High School	6:14.24	6:13.56
32.57	1:09.08 (36.51)	1:46.58 (37.50)	2:24.72 (38.14)	
3:03.30 (38.58)	3:42.18 (38.88)	4:20.80 (38.62)	4:59.12 (38.32)	
5:37.43 (38.31)	6:13.56 (36.13)			
30 Ellie Geissler	11	Woodland Park High School	6:15.51	6:14.97
32.79	1:10.14 (37.35)	1:48.58 (38.44)	2:26.67 (38.09)	
3:04.80 (38.13)	3:42.97 (38.17)	4:20.70 (37.73)	4:59.94 (39.24)	
5:38.40 (38.46)	6:14.97 (36.57)			
31 Maya Shover	09	Liberty Common High School	6:15.36	6:17.04
34.04	1:11.24 (37.20)	1:48.89 (37.65)	2:27.06 (38.17)	
3:05.28 (38.22)	3:43.48 (38.20)	4:21.42 (37.94)	5:00.41 (38.99)	
5:39.15 (38.74)	6:17.04 (37.89)			
32 Sara Michelin	11	Aspen High School	6:10.90	6:22.60
33.68	1:10.42 (36.74)	1:48.45 (38.03)	2:26.91 (38.46)	
3:05.67 (38.76)	3:44.94 (39.27)	4:24.45 (39.51)	5:04.13 (39.68)	
5:43.64 (39.51)	6:22.60 (38.96)			
33 Aurora Allen	10	Salida High School	6:14.95	6:23.21
33.07	1:10.09 (37.02)	1:49.17 (39.08)	2:28.83 (39.66)	
3:08.65 (39.82)	3:49.39 (40.74)	4:29.46 (40.07)	5:08.85 (39.39)	
5:46.91 (38.06)	6:23.21 (36.30)			
34 Lola Bruns	10	St Mary's Academy High School	6:12.75	6:23.92
32.93	1:09.30 (36.37)	1:46.15 (36.85)	2:24.37 (38.22)	
3:03.76 (39.39)	3:43.41 (39.65)	4:23.71 (40.30)	5:04.43 (40.72)	
5:44.97 (40.54)	6:23.92 (38.95)			

Event 9 Girls 200 Yard Freestyle Relay Varsity

CO State Rec:	1:30.81	#	2/9/2023	Cherry Creek	Cherr
				A Greenhawt, L Ficken, A Loveridge, C Wilson	
3A State Rec:	1:39.40	&	2/11/2025	Kent Denver High School	Kent Denver
				C Williams, H Carrington, E Lin, E Anderson	
	1:35.36			AAA All-American Mid Alt	
	1:36.94			AAC All-Amer Mid Alt Con	

Team	Relay	Prelim Time	Finals Time
<b>A - Final</b>			
1 Kent Denver High School	A	1:40.32	1:39.40 &
1) Camryn Williams 10	2) Hadley Carrington 11	3) Emily Lin 11	4) Elsa Anderson 09
25.21	50.00 (24.79)	1:15.78 (25.78)	1:39.40 (23.62)
2 Liberty Common High School	A	1:43.56	1:42.04
1) Josie Stahl 10	2) Quinn Barr 11	3) Mireille Gazdaru 09	4) Addison Jones 12
25.45	51.97 (26.52)	1:17.02 (25.05)	1:42.04 (25.02)
3 Glenwood Springs High School	A	1:44.38	1:42.76
1) Emma Lindstrom 12	2) Mazy McEwan 10	3) Morgan Kelly 12	4) Sylvia Duchscher 09
24.23	51.03 (26.80)	1:17.36 (26.33)	1:42.76 (25.40)
4 St Mary's Academy High School	A	1:43.64	1:42.87
1) Ryan Hilgers 10	2) Lauren Anderson 12	3) Mary Jane Osborn 11	4) Kate Callender 11
26.30	52.20 (25.90)	1:17.98 (25.78)	1:42.87 (24.89)
5 Wheat Ridge High School	A	1:45.11	1:44.46
1) Katie Tompkins	2) Claire Tompkins	3) Ella Riley	4) Brooke Gothard
26.37	53.25 (26.88)	1:20.51 (27.26)	1:44.46 (23.95)

## 2025 CHSAA 3A State Championships - 2/10/2025 to 2/11/2025

## Results

## A - Final ... (Event 9 Girls 200 Yard Freestyle Relay Varsity)

Team	Relay	Prelim Time	Finals Time
6 Green Mountain High School	A	1:46.56	1:45.18
1) Jessa Wehri	2) Bianca Theron	3) Arden Erasmus	4) Leah Felton
26.80	53.44 (26.64)	1:20.57 (27.13)	1:45.18 (24.61)
7 Discovery Canyon High School	A	1:45.79	1:45.30
1) Siri Rydland 11	2) Kylie Olson 11	3) Reese Blankenship 10	4) Anna Clayton 12
25.88	52.68 (26.80)	1:19.76 (27.08)	1:45.30 (25.54)
8 Salida High School	A	1:47.20	1:46.05
1) Kasey Glaser 12	2) Cedar Lengerich 12	3) Colbie Brown 09	4) Shae Merchant 12
26.82	54.32 (27.50)	1:20.72 (26.40)	1:46.05 (25.33)
9 Colorado Academy High School	A	1:47.02	1:46.65
1) Macey McKean 11	2) Lily Urband 09	3) Natalie Krumholz 09	4) Kaiyah Hansen 11
27.00	53.68 (26.68)	1:20.46 (26.78)	1:46.65 (26.19)
10 D'Evelyn High School	A	1:47.02	1:46.78
1) Emelie Rice 12	2) Sophia Nguyen 11	3) Julia Clark 09	4) Lizzy Dassow 12
26.36	53.27 (26.91)	1:20.04 (26.77)	1:46.78 (26.74)

## B - Final

11 Holy Family High School	A	1:47.92	1:45.77
1) Megan Grenzenbach 09	2) Emily Opie 10	3) Erin Chapman 12	4) ElliJo Musgrove 12
27.06	53.46 (26.40)	1:19.97 (26.51)	1:45.77 (25.80)
12 Fountain Valley High School	A	1:48.92	1:47.89
1) Lily Christofferson	2) Axelle Mengin	3) CiCi Cao	4) Stella Rhee
26.92	55.04 (28.12)	1:22.32 (27.28)	1:47.89 (25.57)
13 Roosevelt High School	A	1:48.88	1:47.96
1) Noora AlOtaibi 09	2) Clara Claypool 10	3) Cora Balch 09	4) Aayla Deter 12
27.57	54.95 (27.38)	1:22.16 (27.21)	1:47.96 (25.80)
14 Gunnison High School	A	1:47.62	1:48.05
1) Jemma Petrie 12	2) Maya Petrie	3) Samantha Jones 12	4) Catalina Schwab
27.66	54.82 (27.16)	1:21.25 (26.43)	1:48.05 (26.80)
15 Thompson Valley High School	A	1:52.02	1:50.73
1) Keri Augustine 10	2) Ava Rogich 10	3) Isabelle Marr 11	4) Abby Simpkins 12
28.97	57.36 (28.39)	1:25.09 (27.73)	1:50.73 (25.64)
16 La Junta High School	A	1:50.73	1:50.75
1) Larriana Taggart 10	2) Madalyn Tafoya 10	3) Maddie Porto 11	4) Sydney Davis 10
29.81	55.66 (25.85)	1:22.59 (26.93)	1:50.75 (28.16)
17 Sargent High School	A	1:52.33	1:51.86
1) Emma Sewell 12	2) Alycia Martinez-Chavez 11	3) Bella Anderson	4) KayLee Gonzales-Moore 12
27.37	55.82 (28.45)	1:24.72 (28.90)	1:51.86 (27.14)
18 Evergreen High School	A	1:53.68	1:53.25
1) Evelyn Garin 10	2) Cat Whitney 10	3) Claire Naumer 11	4) Avery Vick 10
28.48	57.83 (29.35)	1:26.00 (28.17)	1:53.25 (27.25)
19 Conifer High School	A	1:54.15	1:53.60
1) Holly Dykema	2) Maya Winters	3) Sara Charvat	4) Rowan Parks
26.99	55.93 (28.94)	1:25.17 (29.24)	1:53.60 (28.43)
20 Woodland Park High School	A	1:55.92	1:55.97
1) Kensley Pekron 11	2) Ellie Geissler 11	3) Riley Holsapple 10	4) Felicity Domby 09
26.84	55.31 (28.47)	1:24.00 (28.69)	1:55.97 (31.97)

## 2025 CHSAA 3A State Championships - 2/10/2025 to 2/11/2025

## Results

## Event 9 Girls 200 Yard Freestyle Relay Varsity

CO State Rec: 1:30.81 # 2/9/2023 Cherry Creek Cherr

A Greenhawt, L Ficken, A Loveridge, C Wilson

3A State Rec: 1:39.40 &amp; 2/11/2025 Kent Denver High School Kent Denver

C Williams, H Carrington, E Lin, E Anderson

1:35.36 AAA All-American Mid Alt

1:36.94 AAC All-Amer Mid Alt Con

Team	Relay	Seed Time	Prelim Time
<b>Preliminaries</b>			
1 Kent Denver High School	A	1:39.83	1:40.32
1) Elsa Anderson 09	2) Camryn Williams 10	3) Emily Lin 11	4) Hadley Carrington 11
24.55	49.69 (25.14)	1:15.59 (25.90)	1:40.32 (24.73)
2 Liberty Common High School	A	1:43.19	1:43.56
1) Josie Stahl 10	2) Quinn Barr 11	3) Mireille Gazdaru 09	4) Addison Jones 12
25.81	52.31 (26.50)	1:18.36 (26.05)	1:43.56 (25.20)
3 St Mary's Academy High School	A	1:41.67	1:43.64
1) Ryan Hilgers 10	2) Lauren Anderson 12	3) Mary Jane Osborn 11	4) Kate Callender 11
26.60	52.55 (25.95)	1:18.57 (26.02)	1:43.64 (25.07)
4 Glenwood Springs High School	A	1:43.54	1:44.38
1) Emma Lindstrom 12	2) Mazy McEwan 10	3) Morgan Kelly 12	4) Sylvia Duchscher 09
24.90	51.86 (26.96)	1:18.86 (27.00)	1:44.38 (25.52)
5 Wheat Ridge High School	A	1:45.05	1:45.11
1) Claire Tompkins	2) Katie Tompkins	3) Ella Riley	4) Brooke Gothard
26.65	53.51 (26.86)	1:20.87 (27.36)	1:45.11 (24.24)
6 Discovery Canyon High School	A	1:40.72	1:45.79
1) Siri Rydland 11	2) Kylie Olson 11	3) Reese Blankenship 10	4) Anna Clayton 12
26.48	53.36 (26.88)	1:20.20 (26.84)	1:45.79 (25.59)
7 Green Mountain High School	A	1:46.06	1:46.56
1) Jessa Wehri	2) Bianca Theron	3) Arden Erasmus	4) Leah Felton
27.69	54.24 (26.55)	1:21.60 (27.36)	1:46.56 (24.96)
*8 Colorado Academy High School	A	1:46.63	1:47.02
1) Macey McKean 11	2) Natalie Krumholz 09	3) Lily Urband 09	4) Kaiyah Hansen 11
27.07	54.27 (27.20)	1:21.02 (26.75)	1:47.02 (26.00)
*8 D'Evelyn High School	A	1:45.32	1:47.02
1) Emelie Rice 12	2) Sophia Nguyen 11	3) Julia Clark 09	4) Lizzy Dassow 12
26.31	53.41 (27.10)	1:20.18 (26.77)	1:47.02 (26.84)
10 Salida High School	A	1:46.58	1:47.20
1) Kasey Glaser 12	2) Cedar Lengerich 12	3) Colbie Brown 09	4) Shae Merchant 12
27.26	54.50 (27.24)	1:21.45 (26.95)	1:47.20 (25.75)
11 Gunnison High School	A	1:48.94	1:47.62
1) Jemma Petrie 12	2) Maya Petrie	3) Samantha Jones 12	4) Catalina Schwab
27.11	54.30 (27.19)	1:21.05 (26.75)	1:47.62 (26.57)
12 Holy Family High School	A	1:43.42	1:47.92
1) Megan Grenzenbach 09	2) Cecilia Brougham 09	3) Erin Chapman 12	4) ElliJo Musgrove 12
27.04	55.28 (28.24)	1:21.73 (26.45)	1:47.92 (26.19)
13 Roosevelt High School	A	1:48.76	1:48.88
1) Noora AlOtaibi 09	2) Clara Claypool 10	3) Cora Balch 09	4) Aayla Deter 12
27.89	55.37 (27.48)	1:22.70 (27.33)	1:48.88 (26.18)
14 Fountain Valley High School	A	1:50.09	1:48.92
1) Lily Christofferson	2) Axelle Mengin	3) CiCi Cao	4) Stella Rhee
27.78	55.80 (28.02)	1:23.14 (27.34)	1:48.92 (25.78)
15 La Junta High School	A	1:52.16	1:50.73
1) Larriana Taggart 10	2) Madalyn Tafoya 10	3) Maddie Porto 11	4) Sydney Davis 10
27.37	55.24 (27.87)	1:22.67 (27.43)	1:50.73 (28.06)

## 2025 CHSAA 3A State Championships - 2/10/2025 to 2/11/2025

## Results

## Preliminaries ... (Event 9 Girls 200 Yard Freestyle Relay Varsity)

Team	Relay			Seed Time	Prelim Time
16 Thompson Valley High School	A			1:51.05	1:52.02
1) Keri Augustine 10	2) Ava Rogich 10	3) Isabelle Marr 11	4) Abby Simpkins 12		
28.46	57.89 (29.43)	1:26.01 (28.12)	1:52.02 (26.01)		
17 Sargent High School	A			1:51.10	1:52.33
1) Emma Sewell 12	2) Alycia Martinez-Chavez 11	3) Bella Anderson	4) KayLee Gonzales-Moore 12		
27.47	56.24 (28.77)	1:25.15 (28.91)	1:52.33 (27.18)		
18 Evergreen High School	A			1:54.80	1:53.68
1) Finley Collins 10	2) Cat Whitney 10	3) Claire Naumer 11	4) Avery Vick 10		
29.15	57.97 (28.82)	1:26.38 (28.41)	1:53.68 (27.30)		
19 Conifer High School	A			1:51.46	1:54.15
1) Holly Dykema	2) Maya Winters	3) Sara Charvat	4) Rowan Parks		
27.45	56.43 (28.98)	1:25.62 (29.19)	1:54.15 (28.53)		
20 Woodland Park High School	A			2:00.85	1:55.92
1) Kensley Pekron 11	2) Ellie Geissler 11	3) Riley Holsapple 10	4) Felicity Domby 09		
26.62	55.00 (28.38)	1:27.52 (32.52)	1:55.92 (28.40)		
21 Berthoud High School	A			1:55.98	1:57.15
1) Audrey Roth 09	2) Alea James 09	3) Adalyn Wright 10	4) Corinne Roberts 12		
29.48	1:01.06 (31.58)	1:31.94 (30.88)	1:57.15 (25.21)		
22 Estes Park High School	A			2:00.73	1:57.99
1) Geraldine Gelvez 12	2) Emmeline Anderson 09	3) Eva Carosello 10	4) Lian Applegate 10		
30.51	59.91 (29.40)	1:31.01 (31.10)	1:57.99 (26.98)		
23 Wellington High School	A			1:58.44	1:58.07
1) Izabella Bartling 12	2) Sarah Hughes 11	3) Brynleigh Firks 11	4) Indie Layton 11		
29.57	59.59 (30.02)	1:29.23 (29.64)	1:58.07 (28.84)		
24 Eaton High School	A			1:59.55	1:58.10
1) Sophie Morgan	2) Railey McGarry	3) Mackinze Hays	4) Dharma Perkins		
28.50	1:01.40 (32.90)	1:31.63 (30.23)	1:58.10 (26.47)		
25 Manitou Springs High School	A			1:56.65	1:58.29
1) Cali Martinez 10	2) Sarah Fridman 11	3) Savannah Bartko 11	4) Natalie Traenkle 11		
31.85	1:01.05 (29.20)	1:30.22 (29.17)	1:58.29 (28.07)		
26 Aspen High School	A			1:54.14	1:58.38
1) Sara Michelin 11	2) Edyn Roy 10	3) Graceann Viola 12	4) Mykenzie Roy 12		
30.19	58.93 (28.74)	1:29.53 (30.60)	1:58.38 (28.85)		
27 Delta High School	A			1:58.16	2:00.70
1) Peyton Huntley 10	2) Jewel Laliberte 11	3) Joella Payne 11	4) Rachel Urbanski 11		
29.39	59.21 (29.82)	1:32.28 (33.07)	2:00.70 (28.42)		
28 Pagosa Springs High School	A			2:00.41	2:00.78
1) Asia Gorman 11	2) Grace Cram 10	3) Marlowe Hedgecock 11	4) Chloe Gantt 10		
30.78	1:03.42 (32.64)	1:32.71 (29.29)	2:00.78 (28.07)		

## Event 10 Girls 100 Yard Backstroke Varsity

CO State Rec: 52.30 # 2/12/2011 Missy Franklin  
 3A State Rec: 54.10 & 2/11/2023 Finley Anderson  
 54.92 AAA All-American Mid Alt  
 56.05 AAC All-Amer Mid Alt Con

Regis Jesuit  
 Evergreen

Name	Yr	School	Prelim Time	Finals Time
<b>A - Final</b>				
1 Cody Monajjem	11	Wellington High School	57.69	56.98
27.35		56.98 (29.63)		
2 Alaia Sloan	09	Discovery Canyon High School	59.58	57.89
28.15		57.89 (29.74)		
3 Whitney Mcmanus	10	Aspen High School	1:00.39	1:00.22
29.07		1:00.22 (31.15)		



## 2025 CHSAA 3A State Championships - 2/10/2025 to 2/11/2025

## Results

## A - Final ... (Event 10 Girls 100 Yard Backstroke Varsity)

Name	Yr	School	Prelim Time	Finals Time
4 Maya Patel	12	Evergreen High School	1:01.76	1:00.99
29.69		1:00.99 (31.30)		
5 Anna Clayton	12	Discovery Canyon High School	1:02.38	1:01.46
29.86		1:01.46 (31.60)		
6 Reese Rosenberg	09	Kent Denver High School	1:02.20	1:02.33
29.97		1:02.33 (32.36)		
7 Aayla Deter	12	Roosevelt High School	1:03.20	1:02.65
30.25		1:02.65 (32.40)		
8 Danika Bennett		Green Mountain High School	1:02.98	1:03.74
30.77		1:03.74 (32.97)		
9 Mady Iten	09	Colorado Academy High School	1:03.89	1:04.22
30.87		1:04.22 (33.35)		
10 Bella Day	09	Discovery Canyon High School	1:04.03	1:04.84
31.61		1:04.84 (33.23)		

## B - Final

11 Cora Jorgensen	11	Liberty Common High School	1:05.93	1:03.38
30.69		1:03.38 (32.69)		
12 Larriana Taggart	10	La Junta High School	1:05.23	1:05.09
31.78		1:05.09 (33.31)		
13 Taylor Anderson	10	Liberty Common High School	1:05.76	1:05.37
31.14		1:05.37 (34.23)		
14 Sofia Redhead	10	St Mary's Academy High School	1:05.33	1:06.24
31.71		1:06.24 (34.53)		
15 Sophia Sakker		Wheat Ridge High School	1:05.44	1:06.62
32.16		1:06.62 (34.46)		
16 Kathryn Frey		Gunnison High School	1:08.14	1:07.17
32.27		1:07.17 (34.90)		
17 Sophie Gremillion	11	Holy Family High School	1:07.34	1:07.40
32.62		1:07.40 (34.78)		
18 Isabella Sznawajs	09	St Mary's Academy High School	1:06.66	1:07.51
32.83		1:07.51 (34.68)		
19 Kailyn Tucker	11	Holy Family High School	1:06.94	1:07.89
32.88		1:07.89 (35.01)		
20 Emily Opie	10	Holy Family High School	1:06.51	1:07.90
32.05		1:07.90 (35.85)		

## Event 10 Girls 100 Yard Backstroke Varsity

CO State Rec:	52.30	#	2/12/2011	Missy Franklin	Regis Jesuit
3A State Rec:	54.10	&	2/11/2023	Finley Anderson	Evergreen
	54.92			AAA All-American Mid Alt	
	56.05			AAC All-Amer Mid Alt Con	

Name	Yr	School	Seed Time	Prelim Time
<b>Preliminaries</b>				
1 Cody Monajjem	11	Wellington High School	58.37	57.69
27.90		57.69 (29.79)		
2 Alaia Sloan	09	Discovery Canyon High School	58.99	59.58
28.88		59.58 (30.70)		
3 Whitney Mcmanus	10	Aspen High School	59.99	1:00.39
29.47		1:00.39 (30.92)		
4 Maya Patel	12	Evergreen High School	1:02.03	1:01.76
30.14		1:01.76 (31.62)		
5 Reese Rosenberg	09	Kent Denver High School	1:02.82	1:02.20
29.99		1:02.20 (32.21)		

## 2025 CHSAA 3A State Championships - 2/10/2025 to 2/11/2025

## Results

## Preliminaries ... (Event 10 Girls 100 Yard Backstroke Varsity)

Name	Yr	School	Seed Time	Prelim Time
6 Anna Clayton	12	Discovery Canyon High School	1:02.49	1:02.38
30.21				1:02.38 (32.17)
7 Danika Bennett		Green Mountain High School	1:04.53	1:02.98
30.19				1:02.98 (32.79)
8 Aayla Deter	12	Roosevelt High School	1:03.02	1:03.20
31.08				1:03.20 (32.12)
9 Mady Iten	09	Colorado Academy High School	1:04.21	1:03.89
31.06				1:03.89 (32.83)
10 Bella Day	09	Discovery Canyon High School	1:07.73	1:04.03
30.92				1:04.03 (33.11)
11 Larriana Taggart	10	La Junta High School	1:05.97	1:05.23
31.36				1:05.23 (33.87)
12 Sofia Redhead	10	St Mary's Academy High School	1:06.75	1:05.33
31.71				1:05.33 (33.62)
13 Sophia Sakker		Wheat Ridge High School	1:05.32	1:05.44
31.46				1:05.44 (33.98)
14 Taylor Anderson	10	Liberty Common High School	1:04.40	1:05.76
31.36				1:05.76 (34.40)
15 Cora Jorgensen	11	Liberty Common High School	1:05.08	1:05.93
31.24				1:05.93 (34.69)
16 Emily Opie	10	Holy Family High School	1:06.00	1:06.51
31.50				1:06.51 (35.01)
17 Isabella Sznewajs	09	St Mary's Academy High School	1:09.16	1:06.66
32.42				1:06.66 (34.24)
18 Kailyn Tucker	11	Holy Family High School	1:06.04	1:06.94
32.31				1:06.94 (34.63)
19 Sophie Gremillion	11	Holy Family High School	1:07.32	1:07.34
32.49				1:07.34 (34.85)
20 Kathryn Frey		Gunnison High School	1:06.39	1:08.14
32.66				1:08.14 (35.48)
21 Josie Staples	12	Wellington High School	1:09.17	1:08.20
33.47				1:08.20 (34.73)
22 Elyse Witherspoon	09	Salida High School	1:08.81	1:08.30
32.77				1:08.30 (35.53)
23 Isabella Moon	12	Glenwood Springs High School	1:08.77	1:08.56
33.17				1:08.56 (35.39)
24 Ellie Geissler	11	Woodland Park High School	1:07.93	1:09.36
33.83				1:09.36 (35.53)
25 Finley Collins	10	Evergreen High School	1:09.39	1:09.57
34.24				1:09.57 (35.33)
26 Sophia Nguyen	11	D'Evelyn High School	1:06.39	1:09.65
33.30				1:09.65 (36.35)
27 Catalina Schwab		Gunnison High School	1:06.25	1:10.12
33.93				1:10.12 (36.19)
28 Mazy McEwan	10	Glenwood Springs High School	1:09.24	1:10.36
33.87				1:10.36 (36.49)
29 Elora Jones	09	Gunnison High School	1:09.32	1:10.49
34.29				1:10.49 (36.20)

## 2025 CHSAA 3A State Championships - 2/10/2025 to 2/11/2025

## Results

## Event 11 Girls 100 Yard Breaststroke Varsity

CO State Rec: 59.93 # 3/11/2021 Emma Weber  
 3A State Rec: 1:05.09 & 2/11/2025 Brooke Gothard  
 1:02.72 AAA All-American Mid Alt  
 1:03.95 AAC All-Amer Mid Alt Con

Regis Jesuit  
 Wheat Ridge

Name	Yr	School	Prelim Time	Finals Time
<b>A - Final</b>				
1 Brooke Gothard		Wheat Ridge High School	1:05.64	1:05.09 &
30.95		1:05.09 (34.14)		
2 Madison Crysel	11	St Mary's Academy High School	1:06.30	1:05.41
30.92		1:05.41 (34.49)		
3 Josie Stahl	10	Liberty Common High School	1:05.24	1:05.58
31.06		1:05.58 (34.52)		
4 Corinne Roberts	12	Berthoud High School	1:06.59	1:06.14
30.38		1:06.14 (35.76)		
5 Samantha Jones	12	Gunnison High School	1:09.75	1:10.71
33.52		1:10.71 (37.19)		
6 Emily Lin	11	Kent Denver High School	1:10.55	1:10.82
32.91		1:10.82 (37.91)		
7 Katie Pierce	12	D'Evelyn High School	1:11.54	1:10.86
33.53		1:10.86 (37.33)		
8 Reyna Halleen	11	Discovery Canyon High School	1:10.26	1:11.09
33.04		1:11.09 (38.05)		
9 Rachel Prager	12	Kent Denver High School	1:10.74	1:11.15
33.77		1:11.15 (37.38)		
10 Abby Simpkins	12	Thompson Valley High School	1:12.87	1:12.48
33.79		1:12.48 (38.69)		
<b>B - Final</b>				
11 Bianca Theron		Green Mountain High School	1:12.91	1:12.27
34.59		1:12.27 (37.68)		
12 Cedar Lengerich	12	Salida High School	1:13.26	1:12.95
33.92		1:12.95 (39.03)		
13 Natalie Krumholz	09	Colorado Academy High School	1:13.17	1:13.65
34.34		1:13.65 (39.31)		
14 Erin Chapman	12	Holy Family High School	1:13.55	1:13.93
34.58		1:13.93 (39.35)		
15 Leah Aldridge	10	Manitou Springs High School	1:14.30	1:14.26
34.93		1:14.26 (39.33)		
16 Madisyn Espinosa	09	Wellington High School	1:15.08	1:14.52
35.46		1:14.52 (39.06)		
17 Claire Tompkins		Wheat Ridge High School	1:15.99	1:14.92
34.95		1:14.92 (39.97)		
18 Malika Haro	11	St Mary's Academy High School	1:15.68	1:14.95
35.62		1:14.95 (39.33)		
19 Harper Adams		Green Mountain High School	1:15.47	1:14.97
35.34		1:14.97 (39.63)		
20 Kira Prehm	12	Discovery Canyon High School	1:16.31	1:16.07
35.90		1:16.07 (40.17)		

## 2025 CHSAA 3A State Championships - 2/10/2025 to 2/11/2025

## Results

## Event 11 Girls 100 Yard Breaststroke Varsity

CO State Rec: 59.93 # 3/11/2021 Emma Weber  
 3A State Rec: 1:05.09 & 2/11/2025 Brooke Gothard  
 1:02.72 AAA All-American Mid Alt  
 1:03.95 AAC All-Amer Mid Alt Con

Regis Jesuit  
 Wheat Ridge

Name	Yr	School	Seed Time	Prelim Time
<b>Preliminaries</b>				
1 Josie Stahl	10	Liberty Common High School	1:05.25	1:05.24
	31.03	1:05.24 (34.21)		
2 Brooke Gothard		Wheat Ridge High School	1:06.14	1:05.64
	31.07	1:05.64 (34.57)		
3 Madison Crysel	11	St Mary's Academy High School	1:05.57	1:06.30
	31.43	1:06.30 (34.87)		
4 Corinne Roberts	12	Berthoud High School	1:06.69	1:06.59
	31.42	1:06.59 (35.17)		
5 Samantha Jones	12	Gunnison High School	1:09.53	1:09.75
	33.01	1:09.75 (36.74)		
6 Reyna Halleen	11	Discovery Canyon High School	1:11.85	1:10.26
	32.78	1:10.26 (37.48)		
7 Emily Lin	11	Kent Denver High School	1:11.70	1:10.55
	33.23	1:10.55 (37.32)		
8 Rachel Prager	12	Kent Denver High School	1:12.78	1:10.74
	33.82	1:10.74 (36.92)		
9 Katie Pierce	12	D'Evelyn High School	1:09.14	1:11.54
	33.93	1:11.54 (37.61)		
10 Abby Simpkins	12	Thompson Valley High School	1:11.86	1:12.87
	34.53	1:12.87 (38.34)		
11 Bianca Theron		Green Mountain High School	1:12.47	1:12.91
	34.81	1:12.91 (38.10)		
12 Natalie Krumholz	09	Colorado Academy High School	1:11.83	1:13.17
	34.30	1:13.17 (38.87)		
13 Cedar Lengerich	12	Salida High School	1:11.98	1:13.26
	33.89	1:13.26 (39.37)		
14 Erin Chapman	12	Holy Family High School	1:13.27	1:13.55
	34.52	1:13.55 (39.03)		
15 Leah Aldridge	10	Manitou Springs High School	1:13.04	1:14.30
	35.23	1:14.30 (39.07)		
16 Madisyn Espinosa	09	Wellington High School	1:17.30	1:15.08
	35.35	1:15.08 (39.73)		
17 Harper Adams		Green Mountain High School	1:14.45	1:15.47
	36.44	1:15.47 (39.03)		
18 Malika Haro	11	St Mary's Academy High School	1:17.24	1:15.68
19 Claire Tompkins		Wheat Ridge High School	1:14.16	1:15.99
	35.26	1:15.99 (40.73)		
20 Kira Prehm	12	Discovery Canyon High School	1:16.36	1:16.31
	36.38	1:16.31 (39.93)		
21 Maya Valean	09	Glenwood Springs High School	1:16.30	1:18.23
	36.87	1:18.23 (41.36)		
22 Isla Friel	09	Glenwood Springs High School	1:17.68	1:18.26
	36.05	1:18.26 (42.21)		
23 Adilyn Foust	09	Liberty Common High School	1:16.76	1:19.00
	37.93	1:19.00 (41.07)		
24 Evelyn Garin	10	Evergreen High School	1:18.48	1:19.61
	38.12	1:19.61 (41.49)		

## 2025 CHSAA 3A State Championships - 2/10/2025 to 2/11/2025

## Results

## Preliminaries ... (Event 11 Girls 100 Yard Breaststroke Varsity)

Name	Yr	School	Seed Time	Prelim Time
25 Madhuvanti Kulkarni	10	Discovery Canyon High School	1:19.14	1:19.88
38.04		1:19.88 (41.84)		
26 Gabby Stein-Plog	11	St Mary's Academy High School	1:19.38	1:20.46
37.84		1:20.46 (42.62)		
27 Rio Tirado-Jensen	09	La Junta High School	1:18.84	1:20.66
38.89		1:20.66 (41.77)		
28 Cecilia Brougham	09	Holy Family High School	1:18.14	1:21.03
38.69		1:21.03 (42.34)		

## Event 12 Girls 400 Yard Freestyle Relay Varsity

<b>CO State Rec:</b>	<b>3:21.61</b>	<b># 2/7/2025</b>	<b>Cherry Creek High School</b>	<b>Cherr</b>
			<b>A Loveridge, J Fernstrom, M Williams, K McKinnon</b>	
<b>3A State Rec:</b>	<b>3:34.04</b>	<b>&amp; 2/10/2024</b>	<b>St. Mary's Academy</b>	<b>St. Mary's Acad</b>
			<b>R Mills, B Franciscus, K Callender, C Crysel</b>	
	<b>3:28.08</b>	<b>AAA All-American Mid Alt</b>		
	<b>3:31.50</b>	<b>AAC All-Amer Mid Alt Con</b>		

Team	Relay	Prelim Time	Finals Time
<b>A - Final</b>			
1 St Mary's Academy High School	A	3:39.94	3:37.03
1) Kate Callender 11	2) Madison Crysel 11	3) Lauren Anderson 12	4) Riley Mills 12
26.65	56.31 (56.31)	1:21.53 (25.22)	1:48.92 (52.61)
2:15.68 (26.76)	2:45.64 (56.72)	3:09.56 (23.92)	3:37.03 (51.39)
2 Kent Denver High School	A	3:41.44	3:38.37
1) Camryn Williams 10	2) Hadley Carrington 11	3) Reese Rosenberg 09	4) Elsa Anderson 09
26.37	54.37 (54.37)	1:20.68 (26.31)	1:49.25 (54.88)
2:15.84 (26.59)	2:45.99 (56.74)	3:10.66 (24.67)	3:38.37 (52.38)
3 Discovery Canyon High School	A	3:45.25	3:41.53
1) Alaia Sloan 09	2) Siri Rydland 11	3) Reyna Halleen 11	4) Madison Wagner 12
25.19	52.53 (52.53)	1:19.82 (27.29)	1:49.48 (56.95)
2:17.09 (27.61)	2:47.35 (57.87)	3:12.92 (25.57)	3:41.53 (54.18)
4 Holy Family High School	A	3:48.54	3:44.44
1) Megan Grenzenbach 09	2) Ellijo Musgrove 12	3) Ashtyn Cooney 12	4) Lorelai Frauenfelder 11
27.28	57.37 (57.37)	1:24.85 (27.48)	1:56.87 (59.50)
2:23.48 (26.61)	2:53.58 (56.71)	3:17.73 (24.15)	3:44.44 (50.86)
5 Green Mountain High School	A	3:47.45	3:45.13
1) Jessa Wehri	2) Chloe Phair	3) Kernington Jasko	4) Leah Felton
27.48	57.84 (57.84)	1:24.84 (27.00)	1:54.80 (56.96)
2:21.21 (26.41)	2:52.17 (57.37)	3:17.16 (24.99)	3:45.13 (52.96)
6 Glenwood Springs High School	A	3:53.10	3:46.89
1) Emma Lindstrom 12	2) Ainsley Taucher 10	3) Morgan Kelly 12	4) Sylvia Duchscher 09
24.97	51.73 (51.73)	1:19.94 (28.21)	1:51.96 (1:00.23)
2:19.54 (27.58)	2:50.76 (58.80)	3:17.22 (26.46)	3:46.89 (56.13)
7 D'Evelyn High School	A	3:50.28	3:49.78
1) Emelie Rice 12	2) Isabelle Dietzler 11	3) Lily Sharpe 12	4) Katie Pierce 12
27.54	57.53 (57.53)	1:25.48 (27.95)	1:56.16 (58.63)
2:22.31 (26.15)	2:52.18 (56.02)	3:19.38 (27.20)	3:49.78 (57.60)
8 Evergreen High School	A	3:59.10	3:57.18
1) Tallaby Riddle 11	2) Avery Vick 10	3) Claire Naumer 11	4) Maya Patel 12
26.82	56.42 (56.42)	1:24.61 (28.19)	1:56.67 (1:00.25)
2:25.56 (28.89)	2:58.75 (1:02.08)	3:26.33 (27.58)	3:57.18 (58.43)
9 Wellington High School	A	4:02.71	4:00.85
1) Josie Staples 12	2) Josie Malzahn 12	3) Madisyn Espinosa 09	4) Cody Monajjem 11
30.29	1:03.67 (1:03.67)	1:32.80 (29.13)	2:07.05 (1:03.38)
2:35.23 (28.18)	3:06.40 (59.35)	3:31.94 (25.54)	4:00.85 (54.45)

## 2025 CHSAA 3A State Championships - 2/10/2025 to 2/11/2025

## Results

## A - Final ... (Event 12 Girls 400 Yard Freestyle Relay Varsity)

Team	Relay			Prelim Time	Finals Time
10 Fountain Valley High School	A			4:02.22	4:01.29
1) Lily Christofferson	2) Axelle Mengin	3) Evie Gruben	4) Stella Rhee		
28.91	1:00.27 (1:00.27)	1:29.95 (29.68)	2:02.18 (1:01.91)		
2:31.46 (29.28)	3:05.47 (1:03.29)	3:32.17 (26.70)	4:01.29 (55.82)		
<b>B - Final</b>					
11 Liberty Common High School	A			4:04.03	3:59.69
1) Taylor Anderson 10	2) Cora Jorgensen 11	3) Adilyn Foust 09	4) Quinn Barr 11		
29.53	1:01.50 (1:01.50)	1:30.20 (28.70)	2:02.11 (1:00.61)		
2:30.53 (28.42)	3:01.28 (59.17)	3:28.74 (27.46)	3:59.69 (58.41)		
12 Gunnison High School	A			4:14.33	4:02.80
1) Maya Petrie	2) Audrey Meeuwssen 09	3) Samantha Jones 12	4) Kathryn Frey		
28.27	1:00.07 (1:00.07)	1:28.88 (28.81)	2:01.51 (1:01.44)		
2:30.48 (28.97)	3:04.70 (1:03.19)	3:31.04 (26.34)	4:02.80 (58.10)		
13 Salida High School	A			4:07.60	4:06.28
1) Melissa Lang 11	2) Elyse Witherspoon 09	3) Brenna Chariton 11	4) Colbie Brown 09		
29.19	1:01.47 (1:01.47)	1:31.11 (29.64)	2:03.14 (1:01.67)		
2:33.87 (30.73)	3:08.74 (1:05.60)	3:36.24 (27.50)	4:06.28 (57.54)		
14 La Junta High School	A			4:06.06	4:06.81
1) Priya Mayjoy 09	2) Sydney Davis 10	3) Madalyn Tafoya 10	4) Larriana Taggart 10		
29.58	1:03.41 (1:03.41)	1:32.67 (29.26)	2:06.43 (1:03.02)		
2:34.98 (28.55)	3:10.22 (1:03.79)	3:36.56 (26.34)	4:06.81 (56.59)		
15 Aspen High School	A			4:08.26	4:08.45
1) Maya Khan-Farooqi 09	2) Edyn Roy 10	3) Graceann Viola 12	4) Whitney Mcmanus 10		
28.78	58.80 (58.80)	1:29.25 (30.45)	2:02.61 (1:03.81)		
2:34.92 (32.31)	3:38.42 (1:35.81)	4:08.45 (30.03)			
16 Wheat Ridge High School	A			4:10.37	4:09.96
1) Ella Riley	2) Cora Studeny	3) Roma Inscoe	4) Sophia Sakker		
29.50	1:01.87 (1:01.87)	1:32.09 (30.22)	2:05.56 (1:03.69)		
2:34.96 (29.40)	3:08.03 (1:02.47)	3:36.49 (28.46)	4:09.96 (1:01.93)		
17 Thompson Valley High School	A			4:14.64	4:14.18
1) Lilah Aschenbrenner 11	2) Madi Davis 12	3) Makenna Custer 11	4) Tessa Bottke 11		
30.45	1:03.38 (1:03.38)	1:36.07 (32.69)	2:12.68 (1:09.30)		
2:41.68 (29.00)	3:14.70 (1:02.02)	3:42.53 (27.83)	4:14.18 (59.48)		
18 Conifer High School	A			4:16.55	4:15.93
1) Rowan Parks	2) Sara Charvat	3) Maya Winters	4) Holly Dykema		
31.10	1:04.74 (1:04.74)	1:35.62 (30.88)	2:10.04 (1:05.30)		
2:40.49 (30.45)	3:15.12 (1:05.08)	3:43.72 (28.60)	4:15.93 (1:00.81)		
19 Manitou Springs High School	A			4:22.30	4:19.32
1) Acacia Gilmore 09	2) Savannah Bartko 11	3) Natalie Traenkle 11	4) Leah Aldridge 10		
33.10	1:11.15 (1:11.15)	1:40.13 (28.98)	2:15.10 (1:03.95)		
2:45.27 (30.17)	3:19.56 (1:04.46)	3:47.89 (28.33)	4:19.32 (59.76)		
--- Sargent High School	A			4:20.29	DQ
1) Bella Anderson	2) Rachel Polkowske 12	3) Jade Canales 10	4) Alycia Martinez-Chavez 11		
31.38	1:06.20 (1:06.20)	1:36.05 (29.85)	2:12.02 (1:05.82)		
2:41.65 (29.63)	3:15.81 (1:03.79)	3:45.49 (29.68)	DQ (1:04.50)		

## 2025 CHSAA 3A State Championships - 2/10/2025 to 2/11/2025

## Results

## Event 12 Girls 400 Yard Freestyle Relay Varsity

CO State Rec: 3:21.61 # 2/7/2025 Cherry Creek High School Cherr

A Loveridge, J Fernstrom, M Williams, K McKinnon

3A State Rec: 3:34.04 &amp; 2/10/2024 St. Mary's Academy St. Mary's Acad

R Mills, B Franciscus, K Callender, C Crysel

3:28.08 AAA All-American Mid Alt

3:31.50 AAC All-Amer Mid Alt Con

Team	Relay	Seed Time	Prelim Time
<b>Preliminaries</b>			
1 St Mary's Academy High School	A	3:42.85	3:39.94
1) Kate Callender 11	2) Madison Crysel 11	3) Lauren Anderson 12	4) Riley Mills 12
27.11	56.45 (56.45)	1:21.99 (25.54)	1:49.95 (53.50)
2:16.98 (27.03)	2:46.87 (56.92)	3:11.74 (24.87)	3:39.94 (53.07)
2 Kent Denver High School	A	3:40.56	3:41.44
1) Elsa Anderson 09	2) Hadley Carrington 11	3) Reese Rosenberg 09	4) Camryn Williams 10
25.46	53.65 (53.65)	1:20.51 (26.86)	1:49.40 (55.75)
2:16.82 (27.42)	2:47.59 (58.19)	3:13.56 (25.97)	3:41.44 (53.85)
3 Discovery Canyon High School	A	3:44.77	3:45.25
1) Alaia Sloan 09	2) Siri Rydland 11	3) Reyna Halleen 11	4) Madison Wagner 12
25.71	53.13 (53.13)	1:20.49 (27.36)	1:51.23 (58.10)
2:19.79 (28.56)	2:51.14 (59.91)	3:16.72 (25.58)	3:45.25 (54.11)
4 Green Mountain High School	A	3:47.24	3:47.45
1) Jessa Wehri	2) Chloe Phair	3) Kernington Jasko	4) Leah Felton
27.53	58.29 (58.29)	1:25.67 (27.38)	1:55.66 (57.37)
2:22.52 (26.86)	2:53.66 (58.00)	3:19.02 (25.36)	3:47.45 (53.79)
5 Holy Family High School	A	3:50.50	3:48.54
1) Megan Grenzenbach 09	2) ElliJo Musgrove 12	3) Ashtyn Cooney 12	4) Lorelai Frauenfelder 11
28.05	57.72 (57.72)	1:25.93 (28.21)	1:58.02 (1:00.30)
2:25.03 (27.01)	2:56.10 (58.08)	3:20.78 (24.68)	3:48.54 (52.44)
6 D'Evelyn High School	A	3:54.35	3:50.28
1) Emelie Rice 12	2) Isabelle Dietzler 11	3) Lily Sharpe 12	4) Katie Pierce 12
27.20	57.03 (57.03)	1:24.95 (27.92)	1:56.19 (59.16)
2:22.44 (26.25)	2:52.02 (55.83)	3:20.02 (28.00)	3:50.28 (58.26)
7 Glenwood Springs High School	A	3:47.29	3:53.10
1) Emma Lindstrom 12	2) Ainsley Taucher 10	3) Morgan Kelly 12	4) Sylvia Duchscher 09
26.09	53.99 (53.99)	1:22.29 (28.30)	1:54.24 (1:00.25)
2:22.55 (28.31)	2:55.14 (1:00.90)	3:22.38 (27.24)	3:53.10 (57.96)
8 Evergreen High School	A	3:56.44	3:59.10
1) Tallaby Riddle 11	2) Madison Harris 10	3) Maya Patel 12	4) Avery Vick 10
26.48	55.36 (55.36)	1:24.43 (29.07)	1:58.02 (1:02.66)
2:26.23 (28.21)	2:57.86 (59.84)	3:26.22 (28.36)	3:59.10 (1:01.24)
9 Fountain Valley High School	A	4:02.98	4:02.22
1) Lily Christofferson	2) Axelle Mengin	3) Evie Gruben	4) Stella Rhee
29.11	1:01.43 (1:01.43)	1:31.12 (29.69)	2:02.84 (1:01.41)
2:31.96 (29.12)	3:05.53 (1:02.69)	3:32.60 (27.07)	4:02.22 (56.69)
10 Wellington High School	A	4:03.01	4:02.71
1) Josie Staples 12	2) Josie Malzahn 12	3) Madisyn Espinosa 09	4) Cody Monajjem 11
31.00	1:06.24 (1:06.24)	1:35.61 (29.37)	2:09.44 (1:03.20)
2:37.73 (28.29)	3:08.19 (58.75)	3:33.75 (25.56)	4:02.71 (54.52)
11 Liberty Common High School	A	3:54.57	4:04.03
1) Taylor Anderson 10	2) Cora Jorgensen 11	3) Adilyn Foust 09	4) Quinn Barr 11
30.30	1:03.64 (1:03.64)	1:32.61 (28.97)	2:05.14 (1:01.50)
2:34.31 (29.17)	3:05.80 (1:00.66)	3:33.12 (27.32)	4:04.03 (58.23)

## 2025 CHSAA 3A State Championships - 2/10/2025 to 2/11/2025

## Results

## Preliminaries ... (Event 12 Girls 400 Yard Freestyle Relay Varsity)

Team	Relay	Seed Time	Prelim Time
12 La Junta High School	A	4:09.51	4:06.06
1) Priya Mayjoy 09	2) Sydney Davis 10	3) Madalyn Tafoya 10	4) Larriana Taggart 10
30.72	1:03.81 (1:03.81)	1:32.73 (28.92)	2:06.78 (1:02.97)
2:33.92 (27.14)	3:20.54 (1:13.76)	4:06.06 (45.52)	
13 Salida High School	A	4:11.95	4:07.60
1) Melissa Lang 11	2) Elyse Witherspoon 09	3) Brenna Chariton 11	4) Colbie Brown 09
28.80	1:00.43 (1:00.43)	1:31.47 (31.04)	2:05.03 (1:04.60)
2:34.74 (29.71)	3:08.26 (1:03.23)	3:36.23 (27.97)	4:07.60 (59.34)
14 Aspen High School	A	4:16.85	4:08.26
1) Maya Khan-Farooqi 09	2) Edyn Roy 10	3) Graceann Viola 12	4) Whitney Mcmanus 10
28.43	58.70 (58.70)	1:29.03 (30.33)	2:02.29 (1:03.59)
2:34.34 (32.05)	3:10.46 (1:08.17)	3:37.64 (27.18)	4:08.26 (57.80)
15 Wheat Ridge High School	A	4:10.47	4:10.37
1) Ella Riley	2) Cora Studeny	3) Sophia Sakker	4) Roma Inscoe
29.29	1:01.64 (1:01.64)	1:32.07 (30.43)	2:05.56 (1:03.92)
2:34.79 (29.23)	3:07.44 (1:01.88)	3:36.92 (29.48)	4:10.37 (1:02.93)
16 Gunnison High School	A	4:03.82	4:14.33
1) Maya Petrie	2) Aiden Tomlin 11	3) Samantha Jones 12	4) Kathryn Frey
29.48	1:02.17 (1:02.17)	1:32.79 (30.62)	2:06.63 (1:04.46)
2:41.93 (35.30)	3:14.07 (1:07.44)	3:42.77 (28.70)	4:14.33 (1:00.26)
17 Thompson Valley High School	A	4:18.64	4:14.64
1) Lilah Aschenbrenner 11	2) Madi Davis 12	3) Makenna Custer 11	4) Tessa Bottke 11
30.42	1:02.89 (1:02.89)	1:34.82 (31.93)	2:11.16 (1:08.27)
2:41.12 (29.96)	3:14.66 (1:03.50)	3:43.04 (28.38)	4:14.64 (59.98)
18 Conifer High School	A	4:11.29	4:16.55
1) Rowan Parks	2) Sara Charvat	3) Maya Winters	4) Holly Dykema
30.62	1:04.30 (1:04.30)	1:34.80 (30.50)	2:08.38 (1:04.08)
2:39.25 (30.87)	3:14.22 (1:05.84)	3:43.39 (29.17)	4:16.55 (1:02.33)
19 Sargent High School	A	4:20.13	4:20.29
1) Bella Anderson	2) Rachel Polkowske 12	3) Jade Canales 10	4) Alycia Martinez-Chavez 11
31.21	1:05.75 (1:05.75)	1:35.89 (30.14)	2:11.07 (1:05.32)
2:42.47 (31.40)	3:16.65 (1:05.58)	3:45.37 (28.72)	4:20.29 (1:03.64)
20 Manitou Springs High School	A	4:23.98	4:22.30
1) Acacia Gilmore 09	2) Savannah Bartko 11	3) Natalie Traenkle 11	4) Leah Aldridge 10
32.46	1:08.61 (1:08.61)	1:39.32 (30.71)	2:13.99 (1:05.38)
2:44.79 (30.80)	3:20.05 (1:06.06)	3:49.26 (29.21)	4:22.30 (1:02.25)
21 Woodland Park High School	A	4:18.89	4:22.99
1) Kensley Pekron 11	2) Riley Holsapple 10	3) Eleanor Geissler	4) Sonia Kettler 11
28.49	58.98 (58.98)	1:29.72 (30.74)	2:02.55 (1:03.57)
2:33.57 (31.02)	3:08.26 (1:05.71)	3:41.47 (33.21)	4:22.99 (1:14.73)
22 Roosevelt High School	A	4:13.29	4:26.06
1) Rylee Foerster 11	2) Rose Raskey 10	3) Karmin Anderson 12	4) Addison DeGeldere 12
32.07	1:17.46 (1:17.46)	1:41.41 (23.95)	2:16.08 (58.62)
2:47.93 (31.85)	3:24.54 (1:08.46)	3:54.18 (29.64)	4:26.06 (1:01.52)
23 Berthoud High School	A	4:23.02	4:31.33
1) Audrey Roth 09	2) Alea James 09	3) Dylan Kuber 09	4) Adalyn Wright 10
30.80	1:04.85 (1:04.85)	1:37.60 (32.75)	2:14.70 (1:09.85)
2:47.63 (32.93)	3:26.95 (1:12.25)	3:57.52 (30.57)	4:31.33 (1:04.38)
--- Colorado Academy High School	A	4:08.01	DQ
1) Macey McKean 11	2) Tierney Williams 12	3) Abby Dawson 11	4) Mady Iten 09
28.35	1:00.31 (1:00.31)	1:29.10 (28.79)	2:02.20 (1:01.89)
2:31.58 (29.38)	3:04.61 (1:02.41)	3:33.11 (28.50)	DQ (1:00.51)



## 2025 CHSAA 3A State Championships - 2/10/2025 to 2/11/2025

## Results

## Event 13 Girls 50 Yard Freestyle Varsity

CO State Rec: 22.22 # 2/12/2021 Anna Shaw  
 23.08 AAA All-American Mid Alt  
 23.54 AAC All-Amer Mid Alt Con

Heritage

Name	Yr	School	Seed Time	Finals Time
1 Brooklyn Votaw	SR	Thompson Valley High School	NT	42.31
2 Claire Hardaker	FR	Glenwood Springs High School	NT	1:00.20
3 Tashtyn Mendoza-Werner	SR	La Junta High School	NT	1:01.27
4 Elle Termain	SR	Discovery Canyon High School	NT	1:13.96
5 Harper Morris	SO	Glenwood Springs High School	NT	1:37.88

## Scores - Women

## Women - Varsity - Team Rankings - Through Event 13

1. Discovery Canyon High School	386.5	2. St Mary's Academy High School	367.5
3. Kent Denver High School	346.5	4. Liberty Common High School	247.5
5. Holy Family High School	244	6. Green Mountain High School	220.5
7. D'Evelyn High School	208	8. Evergreen High School	181
9. Glenwood Springs High School	155	10. Colorado Academy High School	154
11. Wheat Ridge High School	147	12. Salida High School	116
13. Gunnison High School	102	14. Fountain Valley High School	96
15. Wellington High School	87	16. Roosevelt High School	78
17. Thompson Valley High School	77	18. Aspen High School	67
19. Berthoud High School	58	20. La Junta High School	51
21. Sargent High School	49	21. Conifer High School	49
23. Woodland Park High School	28	24. Manitou Springs High School	18
25. Eaton High School	13.5	26. Sierra	5
27. Estes Park High School	1		