

**2024 Idaho HS Swimming 5A State Championships****November 8-9, 2024****Results - 5A State Championships - Finals****Event 1 Women 200 Yard Medley Relay**5A State: 1:49.96 # 11/5/2022 Skyview High School Skyview  
N Dumitrascu, S Schaffer, B Ruark, C Tindall

Team	Relay	Prelim Time	Finals Time
<b>A - Final</b>			
1 Idaho Falls High School		1:56.30	1:55.76
1) Mahealani Grimes 11	2) Ann Hunsicker 11	3) Abigail Balsmeier 10	4) Katelyn Nichols 12
28.33 32.36 27.99	27.08		
2 Wood River High School		1:59.02	1:58.72
1) Riley Rundell 12	2) Isabella Tognoni 11	3) Mylie Smith 11	4) Rya Nichols 12
32.40 29.50 31.53	25.29		
3 Sandpoint High School		2:01.39	1:59.80
1) Bria Rocke 11	2) Summer Loutzenhiser 10	3) Mia Driggs 11	4) Reina Montecchi 10
32.17 35.01 27.21	25.41		
4 Pocatello High School		2:06.48	2:05.77
1) Alea Doerr 10	2) Quincy Stuart 12	3) Katherine Eberle 11	4) Kennedi Gibbons 09
32.53 34.38 30.67	28.19		
5 Skyline High School		2:06.02	2:05.91
1) Julia Daniel 10	2) Freya Gunderson 12	3) Delila Martin 10	4) Emmalyn Taufer 11
30.53 37.54 30.30	27.54		
6 Moscow High School		2:06.20	2:07.24
1) Claire Bernards 10	2) Addy Quist 10	3) McKenna Sept 10	4) Suzka Martin 11
32.14 35.22 32.49	27.39		
<b>B - Final</b>			
7 Hillcrest High School		2:08.20	2:08.77
1) Rachel Sheets 10	2) Bailey Oram 10	3) Abigail Wilkey 12	4) Adilay Graves
33.49 35.79 31.36	28.13		
8 Twin Falls High School		2:12.37	2:11.12
1) Codie Rivas 10	2) Clara Doetsch 12	3) Emily Wright 12	4) Ava Wilson 12
35.37 35.14 30.18	30.43		
9 Minico High School		2:11.18	2:12.57
1) Darah Thomson 11	2) Ashley Catmull 09	3) Raquelle Young 12	4) Grace Chen 11
31.68 38.46 33.34	29.09		
10 Middleton High School		2:12.14	2:15.09
1) Abigail Roach 11	2) Valerie Mansinne 12	3) Lexie Dawson 12	4) Malarie Clough 11
32.93 36.36 33.93	31.87		
11 Kimberly High School		2:11.81	2:15.43
1) Holly Erickson 11	2) Avery Taylor 12	3) Presly Stanger 12	4) Joslyn Searle 12
41.59 28.40 36.01	29.43		
12 Nampa Christian High School		2:18.14	2:18.53
1) Savannah Shaner 10	2) Phoebe Mitchell 10	3) Lily Edmonds 10	4) Sydney Kinzler 10
45.00 32.19 32.48	28.86		

**Event 2 Men 200 Yard Medley Relay**5A State: 1:37.76 # 11/4/2023 Bishop Kelly High School Bishop Kelly  
S Stratton, J Rubocki, C Schauer, B Rubocki

Team	Relay	Prelim Time	Finals Time
<b>A - Final</b>			
1 Sandpoint High School		1:45.37	1:43.98
1) Maximilian Zuberbuhler 12	2) McCoy Jensen 11	3) Ikaika Leavitt 11	4) Kale Wright 11
28.91 28.41 24.60	22.06		
2 Twin Falls High School		1:46.66	1:44.62
1) Lucas Pulleiro 12	2) Jack Carney 12	3) Alexander Schnitzeler 12	4) Aidan Stallones 12
26.92 29.82 24.36	23.52		

**2024 Idaho HS Swimming 5A State Championships****November 8-9, 2024****Results - 5A State Championships - Finals****A - Final ... (Event 2 Men 200 Yard Medley Relay)**

Team	Relay	Prelim Time	Finals Time
3 Skyline High School		1:48.68	1:48.21
1) Peter McKee 11	2) Zachary Dustin 09	3) Jacob Hart 11	4) Elias Couch 12
29.22 31.82 26.18	20.99		
4 Lewiston High School		1:49.56	1:48.97
1) Kaden Antonich 11	2) Filippo Greggio 11	3) Deegan Everett 12	4) Canyon Von Lindern 09
28.83 28.62 25.52	26.00		
5 Columbia High School		1:52.97	1:49.42
1) Ben Williams 09	2) Zeke Burgi 09	3) Jade Anderson 11	4) Alex Williams 11
30.35 29.34 26.58	23.15		
6 Burley High School		1:53.07	1:52.01
1) Zackary Neal 12	2) Colton Treasure 12	3) Isaac Sheffer 12	4) Tyler Abenroth 10
27.41 33.69 27.85	23.06		

**B - Final**

7 Hillcrest High School		1:54.57	1:54.39
1) Nathaniel Jensen 12	2) Adam Allred 12	3) Sawyer Gilman 11	4) Griffin May 11
34.90 28.67 25.53	25.29		
8 Bonneville High School		1:55.91	1:55.16
1) Bridger Hammer 12	2) Jaxon Jacobsen 12	3) Case Zitzman 10	4) Aedan McDermott 12
28.81 32.75 28.54	25.06		
9 Middleton High School		1:54.87	1:55.67
1) Matthew Smullin 12	2) TJ Keeling 12	3) Malachi Guinotte-Cordero	4) Brennan Toyn 12
32.79 29.70 27.61	25.57		
10 Pocatello High School		1:57.70	1:58.17
1) Asa Northrup 11	2) Jack Mirly 11	3) Gavin Hill 11	4) JW Schwartz 09
31.04 34.61 26.26	26.26		
11 Idaho Falls High School		1:59.78	2:00.15
1) Jax Durtschi 09	2) Nate Nichols 10	3) Deacon Labrum 11	4) Nick Ravsten 10
31.90 34.82 28.05	25.38		
12 Wood River High School		2:00.76	2:00.33
1) Cooper Evans 12	2) Asher Knowles 12	3) Haden Murdock 10	4) Toben Galpin 10
28.13 38.01 29.72	24.47		

**Event 3 Women 200 Yard Freestyle**

5A State: 1:55.48 # 11/8/2024				Julia Hill	Cole Valley	
Name	Yr	School	Prelim Time	Finals Time		
<b>A - Final</b>						
1 Julia Hill	12	Cole Valley Christian	1:55.48	1:56.80		
26.88 29.19 30.19	30.54					
2 Ava de Leeuw	12	Sandpoint High School	2:02.16	2:01.71		
28.93 30.90 31.23	30.65					
3 Josie Fernald	09	Cole Valley Christian	2:02.26	2:03.89		
28.43 30.56 32.31	32.59					
4 Darah Thomson	11	Minico High School	2:05.22	2:04.67		
28.80 31.46 32.74	31.67					
5 Ryann Schraufnagel	10	Lewiston High School	2:06.36	2:05.12		
28.52 31.72 32.95	31.93					
6 Kyran Patterson	11	Century High School	2:06.43	2:06.97		
29.53 32.38 32.65	32.41					
<b>B - Final</b>						
7 Lillian Cook	11	Wood River High School	2:10.24	2:10.99		
30.04 32.71 34.45	33.79					
8 Sophia Carr	10	Lewiston High School	2:11.50	2:12.35		
30.06 33.54 34.63	34.12					

**2024 Idaho HS Swimming 5A State Championships****November 8-9, 2024****Results - 5A State Championships - Finals****B - Final ... (Event 3 Women 200 Yard Freestyle)**

	Name	Yr	School	Prelim Time	Finals Time
9	Gabriella Wangler	12	Skyview High School	2:14.61	2:13.10
	30.48 33.32 34.38		34.92		
10	Corinne Sawyer	12	Lewiston High School	2:15.70	2:13.46
	29.68 33.29 35.38		35.11		
11	Freya Gunderson	12	Skyline High School	2:15.63	2:15.89
	31.79 34.53 34.84		34.73		
12	Hailey Larsen	11	Columbia High School	2:14.40	2:18.04
	30.18 33.91 36.34		37.61		

**Event 4 Men 200 Yard Freestyle****5A State: 1:44.63 # 11/5/2022 Gavin Dustin****Skyline**

	Name	Yr	School	Prelim Time	Finals Time
<b>A - Final</b>					
1	Elias Couch	12	Skyline High School	1:46.67	1:45.76
	24.27 26.99 27.07		27.43		
2	Jackson Balsmeier	12	Idaho Falls High School	1:48.66	1:50.69
	24.53 27.41 28.94		29.81		
3	Kaiden Irwin	11	Pocatello High School	1:54.45	1:53.20
	26.03 28.40 29.33		29.44		
4	Ikaika Leavitt	11	Sandpoint High School	1:56.41	1:55.99
	26.82 29.82 30.19		29.16		
5	Zander Enslinger	09	Pocatello High School	1:57.66	1:56.27
	26.97 29.04 30.55		29.71		
6	Haden Murdock	10	Wood River High School	2:03.76	2:04.74
	29.41 30.63 32.67		32.03		
<b>B - Final</b>					
7	Jax Durtschi	09	Idaho Falls High School	2:04.52	2:02.51
	28.71 30.82 31.60		31.38		
8	Asa Northrup	11	Pocatello High School	2:05.87	2:03.61
	29.08 30.76 31.38		32.39		
9	Marshall Savage	11	Twin Falls High School	2:05.18	2:05.73
	27.18 31.29 33.67		33.59		
10	Aidan Stallones	12	Twin Falls High School	2:04.60	2:07.93
	28.86 31.86 33.06		34.15		
11	Owen Call	12	Lakeland High School	2:10.17	2:09.85
	29.35 32.23 34.02		34.25		
12	Nathan Shumway	12	Middleton High School	2:10.10	2:13.53
	28.36 33.83 36.05		35.29		

**Event 5 Women 200 Yard IM****5A State: 2:07.86 # 11/4/2022 Nicole Dumitrascu****Skyview**

	Name	Yr	School	Prelim Time	Finals Time
<b>A - Final</b>					
1	Sadie Schaffer	12	Skyview High School	2:14.54	2:09.64
	28.17 32.51 37.34		31.62		
2	Isabella Tognoni	11	Wood River High School	2:20.74	2:19.12
	30.20 36.65 38.34		33.93		
3	Abigail Balsmeier	10	Idaho Falls High School	2:21.35	2:22.42
	30.16 37.75 41.70		32.81		
4	Suzka Martin	11	Moscow High School	2:27.30	2:26.37
	32.99 38.83 40.40		34.15		
5	Ann Hunsicker	11	Idaho Falls High School	2:28.73	2:27.54
	32.69 38.60 39.17		37.08		

**2024 Idaho HS Swimming 5A State Championships****November 8-9, 2024****Results - 5A State Championships - Finals****A - Final ... (Event 5 Women 200 Yard IM)**

Name	Yr	School	Prelim Time	Finals Time
6 Julia Daniel	10	Skyline High School	2:27.08	2:27.63
32.65 36.83 45.07 33.08				

**B - Final**

7 Laura Johnson	11	Skyline High School	2:30.43	2:29.45
32.80 37.74 44.79 34.12				
8 Bailey Oram	10	Hillcrest High School	2:31.95	2:29.87
32.90 39.88 44.94 32.15				
9 Avery Taylor	12	Kimberly High School	2:36.20	2:33.74
33.30 41.44 40.72 38.28				
10 Riley Rundell	12	Wood River High School	2:36.47	2:35.67
34.55 37.49 47.14 36.49				
11 Lillian Sawyer	09	Lewiston High School	2:37.55	2:40.37
34.01 38.94 49.47 37.95				
12 McKenna Sept	10	Moscow High School	2:39.42	2:45.60
36.73 42.68 46.64 39.55				

**Event 6 Men 200 Yard IM****5A State: 1:54.63 # 11/4/2023 Shae Stratton****Bishop Kelly**

Name	Yr	School	Prelim Time	Finals Time
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**A - Final**

1 Thomas Clark	12	Minico High School	2:04.68	2:04.59
26.17 31.30 37.55 29.57				
2 Deacon Major	09	Century High School	2:05.31	2:04.73
27.41 30.66 36.94 29.72				
3 Vaughn Geffros	12	Riverstone International High	2:10.73	2:08.02
27.96 34.61 34.85 30.60				
4 Lucas Pulleiro	12	Twin Falls High School	2:10.63	2:08.39
26.74 33.03 38.12 30.50				
5 Malachi Guinotte-Cordero	09	Middleton High School	2:11.05	2:12.61
29.28 34.53 37.48 31.32				
6 Jacob Hart	11	Skyline High School	2:13.24	2:14.09
28.10 34.92 39.48 31.59				

**B - Final**

7 Kaden Antonich	11	Lewiston High School	2:15.51	2:15.36
28.60 34.91 40.04 31.81				
8 Gavin Hill	11	Pocatello High School	2:18.11	2:17.01
28.93 35.25 40.28 32.55				
9 Hiro Quan	09	Idaho Falls High School	2:18.68	2:19.19
30.85 34.74 41.28 32.32				
10 Aedan McDermott	12	Bonneville High School	2:24.09	2:20.77
29.32 36.68 41.52 33.25				
11 Maximus Brown	09	Sandpoint High School	2:20.50	2:21.93
30.03 36.88 41.48 33.54				
12 Ian Anderson	11	Cole Valley Christian	2:23.13	2:24.83
30.19 36.74 42.48 35.42				

**Event 7 Women 50 Yard Freestyle****5A State: 24.36 # 11/8/2019 Kaitlyn Shelley****Century**

Name	Yr	School	Prelim Time	Finals Time
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**A - Final**

1 Rylan Holcomb	10	Parma High School	25.39	24.96
2 Mia Driggs	11	Sandpoint High School	25.80	25.63
3 Reina Montecchi	10	Sandpoint High School	25.90	25.81

**2024 Idaho HS Swimming 5A State Championships****November 8-9, 2024****Results - 5A State Championships - Finals****A - Final ... (Event 7 Women 50 Yard Freestyle)**

Name	Yr	School	Prelim Time	Finals Time
4 Ryleigh Bamer	12	Sandpoint High School	26.30	26.00
5 Norah Bledsoe	12	Cole Valley Christian	26.29	26.17
6 Megan Kester	09	Vallivue High School	26.59	26.39

**B - Final**

7 Faith Powell	10	Cascade High School	26.89	27.15
8 Abigail Roach	11	Middleton High School	27.59	27.26
9 Aubrey Davis	11	Century High School	27.21	27.46
10 Camille Barrus	10	Jerome High School	27.43	27.55
11 Scarlet Pringle	11	Wood River High School	27.25	27.64
12 Delila Martin	10	Skyline High School	27.60	27.65

**Event 8 Men 50 Yard Freestyle**

5A State: 21.65 # 11/9/2024 Rangi Grimes

Idaho Falls

Name	Yr	School	Prelim Time	Finals Time
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**A - Final**

1 Rangi Grimes	09	Idaho Falls High School	22.26	21.65 #
2 Zeke Burgi	09	Columbia High School	23.12	22.31
3 Kale Wright	11	Sandpoint High School	22.86	22.47
4 Kyler Brown	09	Kimberly High School	23.16	22.89
5 Kaden Bliss	12	Minico High School	23.08	23.13
6 McCoy Jensen	11	Sandpoint High School	23.10	23.17

**B - Final**

7 Alexander Schnitzeler	12	Twin Falls High School	23.55	23.27
8 Alex Williams	11	Columbia High School	23.52	23.55
9 Deegan Everett	12	Lewiston High School	24.05	24.09
10 Jade Anderson	11	Columbia High School	24.30	24.20
11 TJ Keeling	12	Middleton High School	23.98	24.21
12 Archie Hinds	12	Pocatello High School	24.09	25.01

**Event 9 Women 100 Yard Butterfly**

5A State: 55.81 # 11/4/2022 Brianna Ruark

Skyview

Name	Yr	School	Prelim Time	Finals Time
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**A - Final**

1 Mahealani Grimes	11	Idaho Falls High School	1:00.97	1:00.52
27.67 32.85				
2 Laura Inwards	12	Cascade High School	1:03.02	1:01.73
29.46 32.27				
3 Ryleigh Bamer	12	Sandpoint High School	1:02.48	1:02.03
28.44 33.59				
4 Maya McCray	12	Mountain Home High School	1:06.25	1:03.12
29.21 33.91				
5 Kyran Patterson	11	Century High School	1:06.00	1:05.78
30.44 35.34				
6 Claire Bernards	10	Moscow High School	1:07.88	1:07.90
31.90 36.00				

**B - Final**

7 Megan Kester	09	Vallivue High School	1:09.14	1:08.60
31.62 36.98				
8 Lillian Cook	11	Wood River High School	1:08.50	1:09.28
31.97 37.31				
9 Lily Edmonds	10	Nampa Christian High School	1:10.31	1:10.65
32.96 37.69				

**2024 Idaho HS Swimming 5A State Championships****November 8-9, 2024****Results - 5A State Championships - Finals****B - Final ... (Event 9 Women 100 Yard Butterfly)**

	Name	Yr	School	Prelim Time	Finals Time
10	Delila Martin 33.09 38.51	10	Skyline High School	1:11.69	1:11.60
11	Ali Hemsley 33.46 39.04	11	Burley High School	1:12.40	1:12.50
12	Alexis Abenroth 33.84 39.30	12	Declo High School	1:12.73	1:13.14

**Event 10 Men 100 Yard Butterfly**

5A State: 51.64 # 11/9/2024 Noah Crossler			Moscow		
	Name	Yr	School	Prelim Time	Finals Time
<b>A - Final</b>					
1	Noah Crossler 24.08 27.56	11	Moscow High School	54.82	51.64 #
2	Alexander Schnitzeler 25.25 29.67	12	Twin Falls High School	56.86	54.92
3	Zeke Burgi 25.26 30.20	09	Columbia High School	56.43	55.46
4	Zackary Neal 25.58 30.92	12	Burley High School	57.07	56.50
5	Sawyer Gilman 26.83 30.84	11	Hillcrest High School	58.01	57.67
6	Ikaika Leavitt 26.19 31.59	11	Sandpoint High School	57.83	57.78
<b>B - Final</b>					
7	Bridger Hammer 28.02 31.81	12	Bonneville High School	59.88	59.83
8	Jacob Hart 28.42 31.79	11	Skyline High School	59.94	1:00.21
9	Gavin Hill 27.89 33.06	11	Pocatello High School	1:00.79	1:00.95
10	Deegan Everett 27.93 33.08	12	Lewiston High School	1:00.45	1:01.01
11	Jasper Jones 29.32 34.22	12	Filer High School	1:03.11	1:03.54
12	Isaac Sheffer 28.93 35.66	12	Burley High School	1:03.34	1:04.59

**Event 11 Women 100 Yard Freestyle**

5A State: 52.81 # 11/9/2024 Sadie Schaffer			Skyview		
	Name	Yr	School	Prelim Time	Finals Time
<b>A - Final</b>					
1	Sadie Schaffer 25.47 27.34	12	Skyview High School	54.62	52.81 #
2	Josie Fernald 27.36 29.03	09	Cole Valley Christian	57.43	56.39
3	Rylan Holcomb 26.72 29.86	10	Parma High School	56.53	56.58
4	Reina Montecchi 27.55 29.29	10	Sandpoint High School	56.85	56.84
5	Mia Driggs 27.41 29.61	11	Sandpoint High School	56.45	57.02
6	Laura Johnson 28.90 31.02	11	Skyline High School	58.17	59.92

**2024 Idaho HS Swimming 5A State Championships****November 8-9, 2024****Results - 5A State Championships - Finals****B - Final ... (Event 11 Women 100 Yard Freestyle)**

Name	Yr	School	Prelim Time	Finals Time
<b>B - Final</b>				
7 Abigail Balsmeier 27.38 30.01	10	Idaho Falls High School	58.36	57.39
8 Corinne Sawyer 28.58 30.17	12	Lewiston High School	59.50	58.75
9 Sarah Toribau 28.59 32.29	11	Oakley High School	59.80	1:00.88
10 Faith Powell 28.61 33.21	10	Cascade High School	1:00.60	1:01.82
11 Scarlet Pringle	11	Wood River High School	1:02.19	1:02.80

**Event 12 Men 100 Yard Freestyle**

5A State: 47.87 # 11/9/2024 Rangi Grimes		Idaho Falls		
Name	Yr	School	Prelim Time	Finals Time
<b>A - Final</b>				
1 Rangi Grimes 23.36 24.51	09	Idaho Falls High School	48.46	47.87 #
2 Adam Allred 23.21 25.45	12	Hillcrest High School	48.70	48.66
3 Kale Wright 23.86 25.39	11	Sandpoint High School	49.39	49.25
4 McCoy Jensen 24.32 26.21	11	Sandpoint High School	50.76	50.53
5 Kaden Bliss 25.02 26.89	12	Minico High School	52.86	51.91
6 TJ Keeling 25.93 29.49	12	Middleton High School	53.71	55.42
<b>B - Final</b>				
7 Jade Anderson 24.83 28.45	11	Columbia High School	54.66	53.28
8 Cooper Evans 25.51 27.79	12	Wood River High School	54.42	53.30
9 Eli Sturgill 25.39 28.61	12	Kimberly High School	54.66	54.00
10 Marshall Savage 25.74 28.47	11	Twin Falls High School	54.37	54.21
11 Dallen Jacobsn 25.60 28.78	12	Skyview High School	55.27	54.38
12 Hudson Prigge 26.83 31.18	12	Skyline High School	55.80	58.01

**Event 13 Women 500 Yard Freestyle**

5A State: 5:07.60 # 11/4/2023 Makena Mamola		Lakeland		
Name	Yr	School	Prelim Time	Finals Time
<b>A - Final</b>				
1 Julia Hill 28.52 30.79 31.79 32.86 31.28	12	Cole Valley Christian	5:12.13 33.12	5:17.75
2 Ava de Leeuw 30.25 31.94 32.53 33.09 31.74	12	Sandpoint High School	5:27.11 33.28	5:23.81

**2024 Idaho HS Swimming 5A State Championships****November 8-9, 2024****Results - 5A State Championships - Finals****A - Final ... (Event 13 Women 500 Yard Freestyle)**

Name		Yr	School	Prelim Time				Finals Time
3	Ryann Schraufnagel	10	Lewiston High School	5:31.57				5:30.65
	30.05 32.65 33.24 33.39 33.87 33.95 33.74 34.23							
	33.71 31.82							
4	Darah Thomson	11	Minico High School	5:29.98				5:32.99
	28.89 31.60 32.81 33.50 34.31 35.10 34.76 35.01							
	34.92 32.09							
5	Rya Nichols	12	Wood River High School	5:52.29				5:51.94
	31.11 34.86 36.22 35.98 36.30 36.22 35.81 35.63							
	35.48 34.33							
6	Valerie Mansinne	12	Middleton High School	5:58.77				5:58.61
	31.21 34.15 35.63 36.27 36.55 36.73 36.92 37.21							
	37.52 36.42							

**B - Final**

7	Sophia Carr	10	Lewiston High School	6:00.41				5:57.95
	31.32 35.11 35.97 35.70 36.10 36.35 37.25 37.30							
	37.00 35.85							
8	Lily Wang	09	Cole Valley Christian	6:07.67				6:02.25
	32.43 35.57 36.59 37.25 37.21 37.25 37.38 37.60							
	37.05 33.92							
9	Bria Rocke	11	Sandpoint High School	6:05.48				6:09.38
	31.82 36.23 37.50 37.51 37.68 37.72 38.42 37.91							
	38.55 36.04							
10	Katherine Eberle	11	Pocatello High School	6:01.54				6:11.20
	31.38 35.62 37.05 37.20 38.05 38.30 38.66 40.00							
	38.10 36.84							
11	Freya Gunderson	12	Skyline High School	6:12.54				6:15.74
	33.64 36.53 38.13 38.59 38.94 39.01 38.21 38.44							
	38.44 35.81							
12	Marizta Johnson	12	Jerome High School	6:08.38				6:19.90
	30.34 33.53 36.92 38.58 39.58 40.16 40.85 41.27							
	40.32 38.35							

**Event 14 Men 500 Yard Freestyle**

5A State: 4:38.05 # 11/3/2018 Gabe Machado		BK						
Name		Yr	School	Prelim Time				Finals Time
A - Final								
1	Elias Couch	12	Skyline High School	5:03.33				4:56.88
	26.28 29.45 30.73 30.84 30.48 29.77 29.72 30.29							
	30.57 28.75							
2	Jackson Balsmeier	12	Idaho Falls High School	4:58.53				4:57.81
	26.18 29.34 30.16 29.64 30.21 30.99 30.79 30.50							
	30.37 29.63							
3	Kaiden Irwin	11	Pocatello High School	5:09.59				5:08.80
	27.17 29.91 30.39 31.07 31.11 31.60 31.81 32.26							
	32.30 31.18							
4	Lou Foust	09	Sandpoint High School	5:09.97				5:11.62
	26.91 29.58 31.01 31.31 32.00 31.90 32.59 32.54							
	33.11 30.67							
5	Zander Enslinger	09	Pocatello High School	5:26.27				5:24.28
	28.44 30.82 32.26 33.07 33.34 33.69 33.59 34.17							
	33.26 31.64							



**2024 Idaho HS Swimming 5A State Championships**

**November 8-9, 2024**

**Results - 5A State Championships - Finals**

**A - Final ... (Event 14 Men 500 Yard Freestyle)**

Name	Yr	School	Prelim Time	Finals Time
6 Jax Durtschi	09	Idaho Falls High School	5:33.22	5:27.67
29.44 31.97 32.74	33.35 33.52 33.57	33.48	33.73	
33.62 32.25				

**B - Final**

7 Deacon Labrum	11	Idaho Falls High School	5:34.28	5:34.47
29.60 32.66 34.06	34.06 34.44 34.50	35.40	34.18	
33.48 32.09				
8 Peter McKee	11	Skyline High School	5:40.29	5:34.82
29.91 32.77 33.93				
1:04.99				
9 Bodi Demmons	09	Sandpoint High School	5:38.83	5:36.38
29.47 32.65 33.90	34.21 34.65 34.28	34.86	35.26	
33.91 33.19				
10 Sam Harrell	09	Lakeland High School	5:52.83	5:46.21
28.84 32.00 33.81	36.12 36.25 36.78	37.08	36.69	
36.27 32.37				
11 Haden Murdock	10	Wood River High School	5:40.92	5:47.64
31.40 34.38 36.15	35.86 36.30 35.74	35.64	35.30	
34.78 32.09				
12 Nathan Shumway	12	Middleton High School	5:51.43	5:49.78
30.45 34.27 35.05	35.36 36.00 35.45	36.03	35.97	
35.97 35.23				

**Event 15 Women 200 Yard Freestyle Relay**

5A State: 1:43.78 # 11/5/2022 Bishop Kelly High School Bishop Kelly  
G Stanton, K Giffen, A Crawford, L Penna

Team	Relay	Prelim Time	Finals Time
<b>A - Final</b>			
1 Sandpoint High School		1:46.06	1:46.28
1) Ryleigh Bamer 12	2) Halle Wyman 10	3) Mia Driggs 11	4) Ava de Leeuw 12
26.66 28.27 25.33	26.02		
2 Cole Valley Christian		1:48.69	1:46.65
1) Julia Hill 12	2) Josie Fernald 09	3) Luca Pitale 11	4) Norah Bledsoe 12
26.24 26.57 27.97	25.87		
3 Idaho Falls High School		1:50.27	1:48.62
1) Mahealani Grimes 11	2) Aida Peters-Greno 12	3) Stella Briggs 09	4) Abigail Balsmeier 10
27.06 28.65 27.20	25.71		
4 Wood River High School		1:52.34	1:52.08
1) Riley Rundell 12	2) Mylie Smith 11	3) Lillian Cook 11	4) Scarlet Pringle 11
27.78 28.99 27.92	27.39		
5 Skyline High School		1:50.93	1:52.23
1) Emmalyn Taufer 11	2) Charlotte Dustin 12	3) Julia Daniel 10	4) Laura Johnson 11
28.40 30.43 26.25	27.15		
6 Hillcrest High School		1:52.83	1:52.74
1) Adilay Graves	2) Abigail Wilkey 12	3) Rachel Sheets 10	4) Bailey Oram 10
29.17 27.50 29.51	26.56		
<b>B - Final</b>			
7 Lewiston High School		1:56.89	1:53.13
1) Corinne Sawyer 12	2) Sophia Carr 10	3) Addy Wimer 10	4) Ryann Schraufnagel 10
27.73 29.10 29.01	27.29		
8 Century High School		1:54.37	1:54.31
1) Aubrey Davis 11	2) Reese Yakovac 10	3) Sienna Swan 09	4) Kyran Patterson 11
28.22 29.38 29.81	26.90		

**2024 Idaho HS Swimming 5A State Championships****November 8-9, 2024****Results - 5A State Championships - Finals****B - Final ... (Event 15 Women 200 Yard Freestyle Relay)**

Team	Relay	Prelim Time	Finals Time
9 Middleton High School		1:56.81	1:56.21
1) Valerie Mansinne 12	2) Malarie Clough 11	3) Lexie Dawson 12	4) Abigail Roach 11
28.72 32.02 28.82	26.65		
10 Jerome High School		1:56.13	1:56.72
1) Marizta Johnson 12	2) Sydnee Bickford-Thorpe 11	3) Hannah Hyde 11	4) Camille Barrus 10
29.59 29.20 29.66	28.27		
11 Kimberly High School		1:57.93	1:58.12
1) Avery Taylor 12	2) Presly Stanger 12	3) Paige Crain 12	4) Joslyn Searle 12
27.79 30.01 31.20	29.12		
12 Moscow High School		1:55.20	2:05.26
1) Addy Quist 10	2) McKenna Sept 10	3) Isabella Allison 09	4) Nelly Stellmon 12
29.69 32.75 31.63	31.19		

**Event 16 Men 200 Yard Freestyle Relay**

5A State: 1:31.08 # 11/4/2023 Bishop Kelly High School Bishop Kelly

J Rubocki, J Kartel, B Rubocki, A Hanson

Team	Relay	Prelim Time	Finals Time
<b>A - Final</b>			
1 Sandpoint High School		1:32.06	1:31.19
1) Ikaika Leavitt 11	2) Lou Foust 09	3) McCoy Jensen 11	4) Kale Wright 11
23.22 23.71 22.41	21.85		
2 Idaho Falls High School		1:35.20	1:34.30
1) Hiro Quan 09	2) Deacon Labrum 11	3) Jackson Balsmeier 12	4) Rangri Grimes 09
24.89 25.37 21.86	22.18		
3 Hillcrest High School		1:37.63	1:35.77
1) Sawyer Gilman 11	2) Griffin May 11	3) Miguel Martinez H. 11	4) Adam Allred 12
23.92 25.28 24.39	22.18		
4 Pocatello High School		1:37.23	1:37.30
1) Archie Hinds 12	2) Asa Northrup 11	3) Zander Enslinger 09	4) Kaiden Irwin 11
24.56 25.70 23.60	23.44		
5 Minico High School		1:37.01	1:37.34
1) Thomas Clark 12	2) Conn Harman 10	3) Parker Wilkins 11	4) Kaden Bliss 12
23.46 25.51 25.33	23.04		
6 Skyline High School		1:38.33	1:38.65
1) Hudson Prigge 12	2) Tim Kress-Weitenhagen 10	3) Zayne Backstrom 12	4) Elias Couch 12
25.76 25.75 25.53	21.61		
<b>B - Final</b>			
7 Burley High School		1:40.01	1:39.59
1) Tyler Abenroth 10	2) Colton Treasure 12	3) Kaleb Dial 12	4) Zackary Neal 12
25.00 25.86 25.19	23.54		
8 Lewiston High School		1:39.53	1:40.53
1) Deegan Everett 12	2) Kaden Antonich 11	3) Canyon Von Lindern 09	4) Filippo Greggio 11
24.51 25.02 26.46	24.54		
9 Century High School		1:42.89	1:41.66
1) Deacon Major 09	2) Parker Jensen 11	3) Webb Lackey 12	4) Asher Farrell 11
24.59 26.74 25.79	24.54		
10 Kimberly High School		1:42.12	1:41.98
1) Eli Sturgill 12	2) Wyatt Miller 11	3) Evan Allen 11	4) Kyler Brown 09
24.85 26.21 26.35	24.57		
11 Cole Valley Christian		1:52.86	1:52.81
1) Aidan Cleveland 12	2) Ian Anderson 11	3) Jackson Nussbacher 09	4) Bradley Hazen 11
24.97	28.74		

**2024 Idaho HS Swimming 5A State Championships****November 8-9, 2024****Results - 5A State Championships - Finals****Event 17 Women 100 Yard Backstroke**

5A State: 57.66 # 11/4/2022 Nicole Dumitrascu		Skyview	
Name	Yr School	Prelim Time	Finals Time
<b>A - Final</b>			
1 Mahealani Grimes 28.92 30.23	11 Idaho Falls High School	59.98	59.15
2 Laura Inwards 32.00 32.43	12 Cascade High School	1:05.77	1:04.43
3 Julia Daniel 31.43 33.69	10 Skyline High School	1:05.60	1:05.12
4 Claire Bernards 33.00 34.40	10 Moscow High School	1:08.27	1:07.40
5 Katherine Eberle 32.21 35.47	11 Pocatello High School	1:08.29	1:07.68
6 Sarah Toribau 33.17 35.05	11 Oakley High School	1:08.68	1:08.22
<b>B - Final</b>			
7 Tavianne McShane 33.62 35.69	11 Columbia High School	1:10.95	1:09.31
8 Bria Rocke 33.20 36.21	11 Sandpoint High School	1:09.52	1:09.41
9 Riley Rundell 33.85 35.83	12 Wood River High School	1:09.49	1:09.68
10 Maggie Johnson 34.92 37.62	10 Idaho Falls High School	1:13.20	1:12.54
11 Rachel Sheets 34.86 37.75	10 Hillcrest High School	1:11.96	1:12.61
12 Lillian Sawyer 37.16 37.28	09 Lewiston High School	1:11.28	1:14.44

**Event 18 Men 100 Yard Backstroke**

5A State: 49.90 # 11/4/2023 Shae Stratton		Bishop Kelly	
Name	Yr School	Prelim Time	Finals Time
<b>A - Final</b>			
1 Noah Crossler 26.22 28.76	11 Moscow High School	56.46	54.98
2 Thomas Clark 27.48 28.68	12 Minico High School	56.31	56.16
3 Deacon Major 27.28 28.97	09 Century High School	56.94	56.25
4 Lucas Pulleiro 27.98 30.84	12 Twin Falls High School	58.66	58.82
5 Lou Foust 29.65 31.00	09 Sandpoint High School	1:00.95	1:00.65
6 Bridger Hammer 30.74 30.46	12 Bonneville High School	59.97	1:01.20
<b>B - Final</b>			
7 Alex Williams 29.49 31.10	11 Columbia High School	1:01.24	1:00.59
8 Archie Hinds 30.18 31.18	12 Pocatello High School	1:02.17	1:01.36
9 Bodi Demmons 30.18 31.96	09 Sandpoint High School	1:02.30	1:02.14

**2024 Idaho HS Swimming 5A State Championships****November 8-9, 2024****Results - 5A State Championships - Finals****B - Final ... (Event 18 Men 100 Yard Backstroke)**

	Name	Yr	School	Prelim Time	Finals Time
10	Peter McKee 30.74 31.70	11	Skyline High School	1:02.64	1:02.44
11	Sawyer Gilman 30.83 31.92	11	Hillcrest High School	1:02.38	1:02.75
12	Hiro Quan 31.28 32.47	09	Idaho Falls High School	1:02.77	1:03.75

**Event 19 Women 100 Yard Breaststroke****5A State: 1:05.41 # 11/5/2022 Isabella Tognoni****Wood River**

	Name	Yr	School	Prelim Time	Finals Time
<b>A - Final</b>					
1	Isabella Tognoni 31.12 35.59	11	Wood River High School	1:07.25	1:06.71
2	Avery Taylor 33.18 37.56	12	Kimberly High School	1:10.85	1:10.74
3	Ann Hunsicker 33.37 37.70	11	Idaho Falls High School	1:10.65	1:11.07
4	Suzka Martin 33.96 38.45	11	Moscow High School	1:12.71	1:12.41
5	Rya Nichols 34.48 40.63	12	Wood River High School	1:16.41	1:15.11
6	Addy Quist 35.93 41.04	10	Moscow High School	1:16.16	1:16.97
<b>B - Final</b>					
7	Bailey Oram 37.06 40.14	10	Hillcrest High School	1:18.43	1:17.20
8	McKenna Sept 36.30 41.22	10	Moscow High School	1:16.97	1:17.52
9	Clara Doetsch 38.53 40.29	12	Twin Falls High School	1:20.31	1:18.82
10	Jade Kelly 37.28 42.44	12	Shelley High School	1:20.06	1:19.72
11	Tabea Kernen 37.32 42.60	11	Idaho Falls High School	1:19.89	1:19.92

**Event 20 Men 100 Yard Breaststroke****5A State: 58.72 # 11/8/2019 Nathan R Moore****Middleton**

	Name	Yr	School	Prelim Time	Finals Time
<b>A - Final</b>					
1	Vaughn Geffros 29.43 32.80	12	Riverstone International High	1:03.17	1:02.23
2	Adam Allred 30.09 33.66	12	Hillcrest High School	1:04.24	1:03.75
3	Malachi Guinotte-Cordero 30.66 33.84	09	Middleton High School	1:05.73	1:04.50
4	Kyler Brown 30.42 34.23	09	Kimberly High School	1:05.72	1:04.65
5	Filippo Greggio 30.33 35.46	11	Lewiston High School	1:05.90	1:05.79
6	Ethan Anderson 31.82 37.01	12	Gooding High School	1:08.71	1:08.83

**2024 Idaho HS Swimming 5A State Championships****November 8-9, 2024****Results - 5A State Championships - Finals****B - Final ... (Event 20 Men 100 Yard Breaststroke)**

Name	Yr	School	Prelim Time	Finals Time
<b>B - Final</b>				
7 Jack Carney 31.95 36.46	12	Twin Falls High School	1:09.10	1:08.41
8 Deacon Labrum 32.17 36.49	11	Idaho Falls High School	1:09.77	1:08.66
9 Dallen Jacobsn 32.12 36.59	12	Skyview High School	1:10.37	1:08.71
10 Zachary Dustin 33.40 37.91	09	Skyline High School	1:11.39	1:11.31
11 Thayer Sabatke 33.06 38.38	12	Lakeland High School	1:09.76	1:11.44
12 Maximus Brown 34.11 38.73	09	Sandpoint High School	1:12.67	1:12.84

**Event 21 Women 400 Yard Freestyle Relay**

5A State: 3:43.30 # 11/5/2022 Skyview High School Skyview  
C Tindall, G Huskey, N Dumitrascu, B Ruark

Team	Relay	Prelim Time	Finals Time
<b>A - Final</b>			
1 Sandpoint High School 1) Ryleigh Bamer 12 2) Bria Rocke 11 3) Reina Montecchi 10 4) Ava de Leeuw 12 27.04 56.77 29.75 1:02.81 26.43 55.62 26.93 55.80		3:52.87	3:51.00
2 Cole Valley Christian 1) Norah Bledsoe 12 2) Josie Fernald 09 3) Luca Pitale 11 4) Julia Hill 12 27.81 1:09.65 16.34 46.54 30.51 1:03.04 26.14 54.58		3:58.78	3:53.81
3 Wood River High School 1) Lillian Cook 11 2) Scarlet Pringle 11 3) Isabella Tognoni 11 4) Rya Nichols 12 28.64 1:00.86 28.65 1:02.11 28.10 59.31 26.86 56.86		4:00.43	3:59.14
4 Lewiston High School 1) Corinne Sawyer 12 2) Sophia Carr 10 3) Lillian Sawyer 09 4) Ryann Schraufnagel 10 28.14 58.13 29.03 1:01.62 29.63 1:01.68 28.84 1:00.15		4:03.22	4:01.58
5 Skyline High School 1) Delila Martin 10 2) Grace Craw 10 3) Freya Gunderson 12 4) Laura Johnson 11 28.83 59.13 31.53 1:07.24 30.47 1:03.81 28.16 59.03		4:07.29	4:09.21
6 Minico High School 1) Grace Chen 11 2) Ashley Catmull 09 3) Raquelle Young 12 4) Darah Thomson 11 30.63 1:02.86 28.20 59.04		4:15.23	4:19.78
<b>B - Final</b>			
7 Pocatello High School 1) Olivia Ashby 10 2) Kennedi Gibbons 09 3) Quincy Stuart 12 4) Katherine Eberle 11 32.05 1:08.17 30.56 1:03.19 28.72 1:01.70 28.30 59.87		4:17.38	4:12.93
8 Idaho Falls High School 1) Stella Briggs 09 2) Aida Peters-Greno 12 3) Katelyn Nichols 12 4) Ann Hunsicker 11 29.61 1:02.63 30.68 1:03.92 29.81 1:03.46 30.49 1:05.46		4:17.16	4:15.47
9 Jerome High School 1) Camille Barrus 10 2) Sadie Dimond 11 3) Zada Larsen 10 4) Marizta Johnson 12 31.13 1:05.54 30.32 1:03.69 32.03 1:07.55 29.57 1:03.08		4:22.79	4:19.86
10 Nampa Christian High Schoo 1) Sydney Kinzler 10 2) Savannah Shaner 10 3) Phoebe Mitchell 10 4) Lily Edmonds 10 31.95 1:07.31 33.43 1:16.76 25.41		4:30.82	4:24.51
11 Declo High School 1) Haedyn Hansen 12 2) Carolina Anthon 10 3) Zenna Stapelman 11 4) Alexis Abenroth 12 31.36 1:07.04 32.75 1:07.98 31.83 1:07.25 30.40 1:02.76		4:24.13	4:25.03

**2024 Idaho HS Swimming 5A State Championships****November 8-9, 2024****Results - 5A State Championships - Finals****B - Final ... (Event 21 Women 400 Yard Freestyle Relay)**

Team	Relay	Prelim Time	Finals Time
12 Twin Falls High School		4:29.72	4:26.48
1) Clara Doetsch 12	2) Ava Wilson 12	3) Bailey King 11	4) Emily Wright 12
31.98 1:06.99 31.67	1:08.00 31.79 1:08.04	29.64 1:03.45	

**Event 22 Men 400 Yard Freestyle Relay**

5A State: 3:13.74 # 11/4/2023 Bishop Kelly High School

Bishop Kelly

J Rubocki, C Schauer, B Rubocki, S Stratton

Team	Relay	Prelim Time	Finals Time
<b>A - Final</b>			
1 Idaho Falls High School		3:33.75	3:28.56
1) Jax Durtschi 09	2) Jackson Balsmeier 12	3) Hiro Quan 09	4) Rangi Grimes 09
27.59 57.25 23.17	49.68 25.56 53.93	22.71 47.70	
2 Pocatello High School		3:31.97	3:29.72
1) Archie Hinds 12	2) Gavin Hill 11	3) Zander Enslinger 09	4) Kaiden Irwin 11
25.65 53.43 25.52	54.38 25.05 51.59	23.60 50.32	
3 Twin Falls High School		3:30.45	3:29.86
1) Lucas Pulleiro 12	2) Marshall Savage 11	3) Aidan Stallones 12	4) Alexander Schnitzeler 12
24.71 51.67 25.75	54.26 25.65 53.68	23.50 50.25	
4 Minico High School		3:36.33	3:34.55
1) Thomas Clark 12	2) Conn Harman 10	3) Parker Wilkins 11	4) Kaden Bliss 12
24.70 51.08 26.48	55.94 26.34 55.79	24.51 51.74	
5 Columbia High School		3:35.06	3:35.36
1) Alex Williams 11	2) Ben Williams 09	3) Jade Anderson 11	4) Zeke Burgi 09
24.87 52.29 26.53	57.47 25.75 55.62	23.59 49.98	
6 Sandpoint High School		3:47.84	3:48.84
1) Maximus Brown 09	2) Bodi Demmons 09	3) Maximilian Zuberbuhler 12	4) Lou Foust 09
27.72 1:05.65 21.67	52.53 27.02 56.77	25.70 53.89	

**B - Final**

7 Skyline High School		3:48.07	3:44.85
1) Jacob Hart 11	2) Tim Kress-Weitenhagen 10	3) Zayne Backstrom 12	4) Hudson Prigge 12
26.00 54.00 27.35	57.82 26.76 58.00	25.59 55.03	
8 Kimberly High School		3:50.94	3:51.02
1) Eli Sturgill 12	2) Wyatt Miller 11	3) Evan Allen 11	4) Kyler Brown 09
26.04 54.19 28.52	59.97 28.27 1:01.18	26.29 55.68	
9 Century High School		3:56.68	3:53.03
1) Asher Farrell 11	2) Webb Lackey 12	3) Parker Jensen 11	4) Deacon Major 09
26.70 56.54 29.19	1:00.39 29.01 1:02.88	18.32 53.22	
10 Bonneville High School		4:10.45	3:57.42
1) Aedan McDermott 12	2) Jaxon Jacobsen 12	3) James Bird 11	4) Case Zitzman 10
27.39 56.43 28.54	1:00.36 29.47 1:02.78	27.42 57.85	
11 Moscow High School		4:50.59	4:54.07
1) Bryce Whitehall 11	2) Benton Brown 09	3) Trenten Howard 09	4) Blaise Underwood 11
30.45 1:12.36 26.38	1:04.44 39.53 1:23.67	1:13.60	

**Scores - Women****Women - Team Rankings - Through Event 22**

1. Sandpoint High School	192	2. Wood River High School	144
2. Idaho Falls High School	144	4. Cole Valley Christian	124
5. Skyline High School	105	6. Lewiston High School	81
7. Moscow High School	75	8. Pocatello High School	49
9. Minico High School	48	10. Hillcrest High School	46

**2024 Idaho HS Swimming 5A State Championships****November 8-9, 2024****Results - 5A State Championships - Finals****(Scores - Women)**

11. Cascade High School	36	11. Skyview High School	36
13. Century High School	33	14. Parma High School	28
15. Middleton High School	22	16. Kimberly High School	17
17. Vallivue High School	16	18. Twin Falls High School	14
19. Oakley High School	13	20. Jerome High School	12
21. Mountain Home High School	11	22. Columbia High School	8
23. Nampa Christian High School	4	24. Shelley High School	3
25. Burley High School	2	26. Declo High School	1

**Scores - Men**Men - Team Rankings - Through Event 22

1. Sandpoint High School	178	2. Idaho Falls High School	149
3. Skyline High School	114	4. Pocatello High School	112
5. Twin Falls High School	109	6. Minico High School	91
7. Columbia High School	87	8. Hillcrest High School	76
9. Lewiston High School	56	10. Burley High School	44
11. Middleton High School	43	12. Century High School	41
13. Kimberly High School	36	14. Moscow High School	32
15. Bonneville High School	29	16. Riverstone International High	28
17. Wood River High School	16	18. Gooding High School	9
19. Lakeland High School	7	20. Skyview High School	6
21. Filer High School	2	22. Cole Valley Christian	1