

## IISA USA National Championship - 1/12/2024 to 1/14/2024

## Results

## #1 Women 20-24 1000 Meter Free

Name	Age	Team	Finals Time
1 Rivard, Vera E	20	USA	17:24.94

## #1 Women 30-34 1000 Meter Free

Name	Age	Team	Finals Time
1 Yamamoto, Lisa J	31	USA	14:54.26

## #1 Women 35-39 1000 Meter Free

Name	Age	Team	Finals Time
1 Zuccolotto, Anna V	39	MEX	17:33.46

## #1 Women 40-44 1000 Meter Free

Name	Age	Team	Finals Time
1 Lanza, JB B	40	USA	19:59.33

## #1 Women 45-49 1000 Meter Free

Name	Age	Team	Finals Time
1 Howley, Elaine K	47	USA	20:18.27

## #1 Women 50-54 1000 Meter Free

Name	Age	Team	Finals Time
1 Almond, Elizabeth A	51	USA	16:39.65

## #1 Women 55-59 1000 Meter Free

Name	Age	Team	Finals Time
1 Brynn, Charlotte J	58	NZ	16:05.29

## #1 Women 60-64 1000 Meter Free

Name	Age	Team	Finals Time
1 Best, Mary Ann P	61	USA	19:27.45

## #2 Men 40-44 1000 Meter Free

Name	Age	Team	Finals Time
1 Zemaitis, Joseph P	44	USA	14:39.91

## #2 Men 45-49 1000 Meter Free

Name	Age	Team	Finals Time
1 Jaskot, Brian R	46	USA	14:57.02

## #2 Men 50-54 1000 Meter Free

Name	Age	Team	Finals Time
1 Franco, Carlos M	50	MEX	20:05.70

## #2 Men 55-59 1000 Meter Free

Name	Age	Team	Finals Time
1 Wallace, Andy S	59	USA	17:25.20

## #2 Men 60-64 1000 Meter Free

Name	Age	Team	Finals Time
1 Hirsch, Ted W	64	USA	17:40.33
2 Heyerdahl, Tom	62	CAN	22:41.11

## #2 Men 65-69 1000 Meter Free

Name	Age	Team	Finals Time
1 George, Jerry E	66	USA	19:06.44

## #3 Women 14-19 100 Meter Free

Name	Age	Team	Finals Time
1 Jones, Ezmee	17	USA	1:09.20
2 Rivard, Margaret A	17	USA	1:28.70

## #3 Women 20-24 100 Meter Free

Name	Age	Team	Finals Time
1 Rivard, Vera E	20	USA	1:28.81

## #3 Women 30-34 100 Meter Free

Name	Age	Team	Finals Time
1 Hatfield, Megan M	34	USA	1:33.03

## #3 Women 35-39 100 Meter Free

Name	Age	Team	Finals Time
1 Zuccolotto, Anna V	39	MEX	1:23.50

## #3 Women 45-49 100 Meter Free

Name	Age	Team	Finals Time
1 Hynes, Jenn K	45	USA	1:21.87
2 Nelson, Andie E	46	USA	1:24.50
3 Jones, Elizabeth E	45	USA	1:38.18
4 Thompson, Becky C	45	USA	1:38.97
5 Kaplan, Lee	48	SA	2:06.52

## #3 Women 50-54 100 Meter Free

Name	Age	Team	Finals Time
1 Pongo, Elizabeth A	50	USA	1:41.91

## #3 Women 55-59 100 Meter Free

Name	Age	Team	Finals Time
1 Brynn, Charlotte J	58	NZ	1:19.80
2 Bunn, Sarah R	57	USA	1:58.49
3 Demeo, Rena M	55	USA	2:38.42

## #3 Women 60-64 100 Meter Free

Name	Age	Team	Finals Time
1 Manning, Janet K	60	USA	1:28.93
2 Best, Mary Ann P	61	USA	1:35.35
3 Wiseman, Kathryn N	60	USA	1:40.66
4 Nolan Loiselle, Susie	60	USA	1:57.08

## #3 Women 75&amp;O 100 Meter Free

Name	Age	Team	Finals Time
1 Armstrong, Penelope	78	USA	2:11.01

## #4 Men 40-44 100 Meter Free

Name	Age	Team	Finals Time
1 Zemaitis, Joseph P	44	USA	1:11.98

## #4 Men 45-49 100 Meter Free

Name	Age	Team	Finals Time
1 Jaskot, Brian R	46	USA	1:12.11
2 Spollen, Larry P	47	USA	1:15.56

## #4 Men 50-54 100 Meter Free

Name	Age	Team	Finals Time
1 Ballard, Chris A	51	USA	1:19.26
2 Franco, Carlos M	50	MEX	1:28.74

## #4 Men 55-59 100 Meter Free

Name	Age	Team	Finals Time
1 Wallace, Andy S	59	USA	1:18.04
2 Davies, Martin	56	USA	1:26.81

## #4 Men 60-64 100 Meter Free

Name	Age	Team	Finals Time
1 Gabriels, Ed B	63	USA	1:17.23
2 Heyerdahl, Tom	62	CAN	2:00.20

## #4 Men 65-69 100 Meter Free

Name	Age	Team	Finals Time
1 George, Jerry E	66	USA	1:30.28

## #5 Women 14-19 50 Meter Back

Name	Age	Team	Finals Time
1 Jones, Ezmee	17	USA	35.06
2 Rivard, Margaret A	17	USA	45.86

## #5 Women 20-24 50 Meter Back

Name	Age	Team	Finals Time
1 Rivard, Vera E	20	USA	46.02

## #5 Women 30-34 50 Meter Back

Name	Age	Team	Finals Time
1 Li, Qing	34	USA	36.67

## #5 Women 60-64 50 Meter Back

Name	Age	Team	Finals Time
1 Best, Mary Ann P	61	USA	49.12

## #6 Men 40-44 50 Meter Back

Name	Age	Team	Finals Time
1 Zemaitis, John	41	USA	35.87
2 Lengyel, Bulchu I	44	HUN	36.43

## #6 Men 55-59 50 Meter Back

Name	Age	Team	Finals Time
1 Davies, Martin	56	USA	39.54

## #6 Men 60-64 50 Meter Back

Name	Age	Team	Finals Time
1 Gabriels, Ed B	63	USA	40.67
2 Hirsch, Ted W	64	USA	47.23
3 Heyerdahl, Tom	62	CAN	1:17.63

## #7 Women 14-19 100 Meter Fly

Name	Age	Team	Finals Time
1 Jones, Ezmee	17	USA	1:17.97
2 Rivard, Margaret A	17	USA	1:57.54

## #7 Women 20-24 100 Meter Fly

Name	Age	Team	Finals Time
1 Rivard, Vera E	20	USA	1:49.06

## #7 Women 30-34 100 Meter Fly

Name	Age	Team	Finals Time
1 Li, Qing	34	USA	1:29.70
2 Hatfield, Megan M	34	USA	1:52.08

## #7 Women 50-54 100 Meter Fly

Name	Age	Team	Finals Time
1 Almond, Elizabeth A	51	USA	1:42.59

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## #8 Men 40-44 100 Meter Fly

Name	Age	Team	Finals Time
1 Rouch, Stephen T	44	USA	1:19.57

## #8 Men 45-49 100 Meter Fly

Name	Age	Team	Finals Time
1 Jaskot, Brian R	46	USA	1:25.03

## #9 Women 16-19 500 Meter Free

Name	Age	Team	Finals Time
1 Rivard, Margaret A	17	USA	8:22.21

## #9 Women 20-24 500 Meter Free

Name	Age	Team	Finals Time
1 Rivard, Vera E	20	USA	8:05.47

## #9 Women 30-34 500 Meter Free

Name	Age	Team	Finals Time
1 Yamamoto, Lisa J	31	USA	7:10.44

## #9 Women 35-39 500 Meter Free

Name	Age	Team	Finals Time
1 Zuccolotto, Anna V	39	MEX	8:13.41

## #9 Women 45-49 500 Meter Free

Name	Age	Team	Finals Time
1 Hynes, Jenn K	45	USA	7:54.74
2 Nelson, Andie E	46	USA	8:14.55
3 Thompson, Becky C	45	USA	9:30.44
4 Howley, Elaine K	47	USA	10:26.56
5 Kaplan, Lee	48	SA	11:43.63

## #9 Women 50-54 500 Meter Free

Name	Age	Team	Finals Time
1 Almond, Elizabeth A	51	USA	8:11.17

## #9 Women 55-59 500 Meter Free

Name	Age	Team	Finals Time
1 Brynn, Charlotte J	58	NZ	7:18.32

## #9 Women 60-64 500 Meter Free

Name	Age	Team	Finals Time
1 Wiseman, Kathryn N	60	USA	9:01.38
2 Best, Mary Ann P	61	USA	9:19.89

## #10 Men 40-44 500 Meter Free

Name	Age	Team	Finals Time
1 Rouch, Stephen T	44	USA	6:28.46
2 Zemaitis, Joseph P	44	USA	7:07.60
3 Zemaitis, John	41	USA	7:17.71
4 Lengyel, Bulchu I	44	HUN	7:34.18

## #10 Men 45-49 500 Meter Free

Name	Age	Team	Finals Time
1 Spollen, Larry P	47	USA	5:11.67
2 Jaskot, Brian R	46	USA	7:28.17

## #10 Men 50-54 500 Meter Free

Name	Age	Team	Finals Time
1 Franco, Carlos M	50	MEX	8:41.52

## #10 Men 55-59 500 Meter Free

Name	Age	Team	Finals Time
1 Wallace, Andy S	59	USA	8:15.71

## #10 Men 60-64 500 Meter Free

Name	Age	Team	Finals Time
1 Gabriels, Ed B	63	USA	6:09.10
2 Hirsch, Ted W	64	USA	9:27.22
3 Heyerdahl, Tom	62	CAN	11:32.59

## #10 Men 65-69 500 Meter Free

Name	Age	Team	Finals Time
1 George, Jerry E	66	USA	8:28.56

## #11 Women 14-19 50 Meter Breast

Name	Age	Team	Finals Time
1 Rivard, Margaret A	17	USA	54.40
2 Tsenguun, Munkhtur	14	MON	1:05.47

## #11 Women 20-24 50 Meter Breast

Name	Age	Team	Finals Time
1 Rivard, Vera E	20	USA	54.38

## #11 Women 30-34 50 Meter Breast

Name	Age	Team	Finals Time
1 Li, Qing	34	USA	45.02
2 Hatfield, Megan M	34	USA	56.54

## #11 Women 45-49 50 Meter Breast

Name	Age	Team	Finals Time
1 Nelson, Andie E	46	USA	56.64

## #11 Women 50-54 50 Meter Breast

Name	Age	Team	Finals Time
1 Almond, Elizabeth A	51	USA	49.96
2 Pongo, Elizabeth A	50	USA	51.92

## #11 Women 60-64 50 Meter Breast

Name	Age	Team	Finals Time
1 Nolan Loisselle, Susie	60	USA	1:04.80

## #11 Women 75&amp;O 50 Meter Breast

Name	Age	Team	Finals Time
1 Armstrong, Penelope	78	USA	1:22.17

## #12 Men 40-44 50 Meter Breast

Name	Age	Team	Finals Time
1 Lengyel, Bulchu I	44	HUN	39.78
2 Zemaitis, Joseph P	44	USA	45.15
3 Zemaitis, John	41	USA	45.58

## #12 Men 50-54 50 Meter Breast

Name	Age	Team	Finals Time
1 Shagdarsuren, Davaa	53	MON	44.82

## #12 Men 55-59 50 Meter Breast

Name	Age	Team	Finals Time
1 Wallace, Andy S	59	USA	45.90
2 Davies, Martin	56	USA	50.48

## #15 Women 14-19 250 Meter Free

Name	Age	Team	Finals Time
1 Jones, Ezmee	17	USA	3:08.70
2 Rivard, Margaret A	17	USA	3:57.36

## #15 Women 20-24 250 Meter Free

Name	Age	Team	Finals Time
1 Rivard, Vera E	20	USA	4:00.91

## #15 Women 30-34 250 Meter Free

Name	Age	Team	Finals Time
1 Yamamoto, Lisa J	31	USA	3:23.47

## #15 Women 35-39 250 Meter Free

Name	Age	Team	Finals Time
1 Zuccolotto, Anna V	39	MEX	3:58.18

## #15 Women 45-49 250 Meter Free

Name	Age	Team	Finals Time
1 Hynes, Jenn K	45	USA	3:54.49
2 Nelson, Andie E	46	USA	3:57.07
3 Thompson, Becky C	45	USA	4:28.44
4 Howley, Elaine K	47	USA	5:16.88
5 Kaplan, Lee	48	SA	5:47.62

## #15 Women 50-54 250 Meter Free

Name	Age	Team	Finals Time
1 Almond, Elizabeth A	51	USA	3:54.44

## #15 Women 55-59 250 Meter Free

Name	Age	Team	Finals Time
1 Brynn, Charlotte J	58	NZ	3:36.54
2 Demeo, Rena M	55	USA	7:11.35

## #15 Women 60-64 250 Meter Free

Name	Age	Team	Finals Time
1 Manning, Janet K	60	USA	4:28.51
2 Best, Mary Ann P	61	USA	4:33.89

## #15 Women 75&amp;O 250 Meter Free

Name	Age	Team	Finals Time
1 Armstrong, Penelope	78	USA	6:01.12

## #16 Men 40-44 250 Meter Free

Name	Age	Team	Finals Time
1 Rouch, Stephen T	44	USA	3:11.99
2 Zemaitis, John	41	USA	3:20.59

## #16 Men 45-49 250 Meter Free

Name	Age	Team	Finals Time
1 Jaskot, Brian R	46	USA	3:26.80

## #16 Men 50-54 250 Meter Free

Name	Age	Team	Finals Time
1 Franco, Carlos M	50	MEX	3:57.52

## #16 Men 55-59 250 Meter Free

Name	Age	Team	Finals Time
1 Wallace, Andy S	59	USA	3:52.76

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## #16 Men 60-64 250 Meter Free

Name	Age	Team	Finals Time
1 Gabriels, Ed B	63	USA	3:47.13
2 Hirsch, Ted W	64	USA	3:56.53
3 Heyerdahl, Tom	62	CAN	5:39.90

## #16 Men 65-69 250 Meter Free

Name	Age	Team	Finals Time
1 George, Jerry E	66	USA	4:09.60

## #17 Women 14-19 50 Meter Fly

Name	Age	Team	Finals Time
1 Rivard, Margaret A	17	USA	48.84

## #17 Women 20-24 50 Meter Fly

Name	Age	Team	Finals Time
1 Rivard, Vera E	20	USA	47.42

## #17 Women 30-34 50 Meter Fly

Name	Age	Team	Finals Time
1 Li, Qing	34	USA	35.18
2 Yamamoto, Lisa J	31	USA	38.11
3 Hatfield, Megan M	34	USA	50.72

## #17 Women 45-49 50 Meter Fly

Name	Age	Team	Finals Time
1 Hynes, Jenn K	45	USA	47.08
2 Nelson, Andie E	46	USA	50.11
3 Howley, Elaine K	47	USA	1:08.29

## #17 Women 50-54 50 Meter Fly

Name	Age	Team	Finals Time
1 Almond, Elizabeth A	51	USA	46.07

## #17 Women 60-64 50 Meter Fly

Name	Age	Team	Finals Time
1 Wiseman, Kathryn N	60	USA	50.92

## #18 Men 14-19 50 Meter Fly

Name	Age	Team	Finals Time
1 Damico-Lassman, Tol	16	USA	29.96

## #18 Men 40-44 50 Meter Fly

Name	Age	Team	Finals Time
1 Lengyel, Bulchu I	44	HUN	33.31
2 Zemaitis, Joseph P	44	USA	39.28

## #18 Men 50-54 50 Meter Fly

Name	Age	Team	Finals Time
1 Shagdarsuren, Davaa	53	MON	39.31

## #19 Women 14-19 100 Meter Breast

Name	Age	Team	Finals Time
1 Rivard, Margaret A	17	USA	1:59.92

## #19 Women 20-24 100 Meter Breast

Name	Age	Team	Finals Time
1 Rivard, Vera E	20	USA	2:07.24

## #19 Women 30-34 100 Meter Breast

Name	Age	Team	Finals Time
1 Hatfield, Megan M	34	USA	2:02.08

## #19 Women 45-49 100 Meter Breast

Name	Age	Team	Finals Time
1 Nelson, Andie E	46	USA	2:02.55

## #19 Women 50-54 100 Meter Breast

Name	Age	Team	Finals Time
1 Almond, Elizabeth A	51	USA	1:49.74
2 Pongo, Elizabeth A	50	USA	1:58.20

## #19 Women 60-64 100 Meter Breast

Name	Age	Team	Finals Time
1 Manning, Janet K	60	USA	1:53.84
2 Nolan Loisselle, Susie	60	USA	2:21.94

## #19 Women 75&amp;O 100 Meter Breast

Name	Age	Team	Finals Time
1 Armstrong, Penelope	78	USA	3:16.82

## #20 Men 40-44 100 Meter Breast

Name	Age	Team	Finals Time
1 Zemaitis, Joseph P	44	USA	1:40.09

## #20 Men 55-59 100 Meter Breast

Name	Age	Team	Finals Time
1 Wallace, Andy S	59	USA	1:40.06

## #21 Women 14-19 100 Meter Back

Name	Age	Team	Finals Time
1 Jones, Ezmee	17	USA	1:17.11
2 Rivard, Margaret A	17	USA	1:42.96

## #21 Women 20-24 100 Meter Back

Name	Age	Team	Finals Time
1 Rivard, Vera E	20	USA	1:42.23

## #21 Women 30-34 100 Meter Back

Name	Age	Team	Finals Time
1 Li, Qing	34	USA	1:25.49

## #22 Men 40-44 100 Meter Back

Name	Age	Team	Finals Time
1 Zemaitis, Joseph P	44	USA	1:28.66

## #22 Men 60-64 100 Meter Back

Name	Age	Team	Finals Time
1 Gabriels, Ed B	63	USA	1:30.89
2 Hirsch, Ted W	64	USA	1:39.37

## #23 Women 14-19 100 Meter IM

Name	Age	Team	Finals Time
1 Jones, Ezmee	17	USA	1:17.96
2 Rivard, Margaret A	17	USA	1:43.26

## #23 Women 20-24 100 Meter IM

Name	Age	Team	Finals Time
1 Rivard, Vera E	20	USA	1:42.29

## #23 Women 30-34 100 Meter IM

Name	Age	Team	Finals Time
1 Li, Qing	34	USA	1:22.49
2 Hatfield, Megan M	34	USA	1:52.72

## #23 Women 50-54 100 Meter IM

Name	Age	Team	Finals Time
1 Almond, Elizabeth A	51	USA	1:38.78

## #23 Women 60-64 100 Meter IM

Name	Age	Team	Finals Time
1 Manning, Janet K	60	USA	1:44.30
2 Wiseman, Kathryn N	60	USA	1:57.33

## #24 Men 40-44 100 Meter IM

Name	Age	Team	Finals Time
1 Lengyel, Bulchu I	44	HUN	1:18.67
2 Rouch, Stephen T	44	USA	1:19.03
3 Zemaitis, John	41	USA	1:22.22
4 Zemaitis, Joseph P	44	USA	1:28.77

## #24 Men 45-49 100 Meter IM

Name	Age	Team	Finals Time
1 Jaskot, Brian R	46	USA	1:33.23

## #24 Men 55-59 100 Meter IM

Name	Age	Team	Finals Time
1 Wallace, Andy S	59	USA	1:30.70

## #24 Men 60-64 100 Meter IM

Name	Age	Team	Finals Time
1 Hirsch, Ted W	64	USA	1:52.67

## #25 Women 14-19 50 Meter Free

Name	Age	Team	Finals Time
1 Rivard, Margaret A	17	USA	39.65

## #25 Women 20-24 50 Meter Free

Name	Age	Team	Finals Time
1 Rivard, Vera E	20	USA	41.61

## #25 Women 30-34 50 Meter Free

Name	Age	Team	Finals Time
1 Hatfield, Megan M	34	USA	41.73

## #25 Women 45-49 50 Meter Free

Name	Age	Team	Finals Time
1 Nelson, Andie E	46	USA	36.84
2 Gadzic, Margaret K	46	USA	39.88
3 Thompson, Becky C	45	USA	44.20
4 Jones, Elizabeth E	45	USA	44.42

## #25 Women 50-54 50 Meter Free

Name	Age	Team	Finals Time
1 Pongo, Elizabeth A	50	USA	44.06

## #25 Women 55-59 50 Meter Free

Name	Age	Team	Finals Time
1 Hatfield, Eileen M	59	USA	48.95
2 Henrichs, Lara J	55	USA	49.04

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**(#25 Women 55-59 50 Meter Free)**

3	Demeo, Rena M	55	USA	1:12.21
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**#25 Women 60-64 50 Meter Free**

	Name	Age	Team	Finals Time
1	Manning, Janet K	60	USA	38.64
2	Nolan Loiselle, Susie	60	USA	56.44

**#25 Women 70-74 50 Meter Free**

	Name	Age	Team	Finals Time
1	McManus, Diane P	74	USA	1:21.36

**#25 Women 75&O 50 Meter Free**

	Name	Age	Team	Finals Time
1	Armstrong, Penelope	78	USA	59.91

**#26 Men 14-19 50 Meter Free**

	Name	Age	Team	Finals Time
1	Damico-Lassman, Tol	16	USA	29.89

**#26 Men 40-44 50 Meter Free**

	Name	Age	Team	Finals Time
1	Zemaitis, John	41	USA	32.02
2	Zemaitis, Joseph P	44	USA	33.32

**#26 Men 50-54 50 Meter Free**

	Name	Age	Team	Finals Time
1	Shagdarsuren, Davaa	53	MON	32.88
2	Ballard, Chris A	51	USA	33.86
3	Franco, Carlos M	50	MEX	36.27

**#26 Men 55-59 50 Meter Free**

	Name	Age	Team	Finals Time
1	Wallace, Andy S	59	USA	36.57

**#26 Men 60-64 50 Meter Free**

	Name	Age	Team	Finals Time
1	Heyerdahl, Tom	62	CAN	56.28

**#26 Men 65-69 50 Meter Free**

	Name	Age	Team	Finals Time
1	George, Jerry E	66	USA	40.40

**#27 Mixed 14-19 200 Meter Free Relay**

	Team	Relay	Finals Time
1	IH	A	2:16.55
	Jaskot, Brian R M46	Yamamoto, Lisa J W31	
	Nelson, Andie E W46	Rouch, Stephen T M44	
2	AC	A	2:22.04
	Zemaitis, John M41	Zemaitis, Joseph P M44	
	Hatfield, Megan M W34	Jones, Ezmee W17	
3	LMT	A	2:39.80
	Franco, Carlos M M50	Henrichs, Lara J W55	
	Wallace, Andy S M59	Hirsch, Ted W M64	
4	FB	A	2:47.42
	Best, Mary Ann P W61	Nolan Loiselle, Susie W	
	Zuccolotto, Anna V W3	Gabriels, Ed B M63	
5	NT	A	2:59.57
	Rivard, Vera E W20	Rivard, Margaret A W1	
	Gadzic, Margaret K W4	Heyerdahl, Tom M62	

6	NN	A	3:04.26
	Kaplan, Lee W48	George, Jerry E M66	
	Thompson, Becky C W	Li, Qing W34	