

**Unofficial Prelims Time Line  
2023 Speedo Winter Junior Championships  
East - Columbus, OH  
December 6-9, 2023**

<b>Wednesday, December 6, 2023</b>			
1	W 200 Medley Relay	3	6:00 PM
2	M 200 Medley Relay	3	6:07 PM
3	W 800 Free Relay	2	6:14 PM
4	M 800 Free Relay	3	6:30 PM
Finish Time			6:52 PM

<b>Thursday, December 7, 2023</b>			
<b>Women's Pool</b>			
5	W 500 Free	10	9:00 AM
7	W 200 IM	17	9:53 AM
9	W 50 Free	16	10:34 AM
Women's Prelims End			10:47 AM

<b>Thursday, December 7, 2023</b>			
<b>Men's Pool</b>			
6	M 500 Free	13	9:00 AM
8	M 200 IM	18	10:03 AM
10	M 50 Free	19	10:43 AM
Men's Prelims End			10:57 AM

<b>Friday, December 8, 2023</b>			
<b>Women's Pool</b>			
13	W 400 IM	9	9:00 AM
15	W 100 Fly	14	9:43 AM
17	W 200 Free	11	10:01 AM
19	W 100 Breast	11	10:26 AM
21	W 100 Back	14	10:42 AM
Women's Prelims End			11:04 AM

<b>Friday, December 8, 2023</b>			
<b>Men's Pool</b>			
14	M 400 IM	13	9:00 AM
16	M 100 Fly	17	9:56 AM
18	M 200 Free	17	10:17 AM
20	M 100 Breast	15	10:52 AM
22	M 100 Back	16	11:11 AM
Men's Prelims End			11:35 AM

<b>Saturday, December 9, 2023</b>			
<b>Women's Pool</b>			
27	W 200 Back	13	9:00 AM
29	W 100 Free	14	9:34 AM
31	W 200 Breast	11	9:51 AM
33	W 200 Fly	8	10:21 AM
Women's Prelims End			10:41 AM

<b>Saturday, December 9, 2023</b>			
<b>Men's Pool</b>			
28	M 200 Back	13	9:00 AM
30	M 100 Free	17	9:32 AM
32	M 200 Breast	15	9:51 AM
34	M 200 Fly	12	10:28 AM
Men's Prelims End			10:54 AM

<b>Saturday, December 9, 2023</b>			
<b>Women's Pool</b>			
25	W 1650 Free	3	2:58 PM
<b>Women's 1650 End</b>			4:00 PM

<b>Saturday, December 9, 2023</b>			
<b>Men's Pool</b>			
26	M 1650 Free	8	1:41 PM
<b>Men's 1650 End</b>			4:00 PM

*The top heats of Event 25 & 26 will swim in Saturday's final session.*

## 2023 Speedo East Winter Junior Champs - 12/6/2023 to 12/9/2023

## Meet Program - Wednesday Relays

**Event 1 / 2 Women / Men 200 Medley Relay**

W SC Juniors: 1:36.48 12/7/2022 Carmel Swim Club

B Berglund, M Sweeney, A Shackell, M Christman

M SC Juniors: 1:26.52 12/5/2018 Mason Manta Rays

C Foster, J Foster, J McDonald, A Chaney

Lane	Team	Relay	Seed Time
<b>Heat 1 (Heat 1 Women 200 Medley Relay)</b>			
1	Chelsea Piers Aq-CT	A	3:44.58
2	Mecklenburg Swim-NC	A	3:44.52
3	Suburban Seahawk-MA	A	3:43.93
4	SwimMAC Carolina-NC	B	3:43.54
5	Laker Swim-FL	A	3:43.82
6	Mason Manta Rays-OH	A	3:44.06
7	Bolles School Sh-FL	B	3:44.55
8	Scarlet Aquatics-NJ	A	3:46.40
<b>Heat 2 (Heat 2 Women 200 Medley Relay)</b>			
1	SwimAtlanta-GA	A	3:42.41
2	Bolles School Sh-FL	A	3:40.61
3	Tac Titans-NC	A	3:38.67
4	Lakeside Swim Te-KY	A	3:37.18
5	SwimMAC Carolina-NC	A	3:38.09
6	Carmel Swim Club-IN	A	3:40.49
7	Michigan Lakesho-MI	A	3:41.16
8	Fanwood-Scotch P-NJ	A	3:42.95
<b>Heat 3 (Heat 1 Men 200 Medley Relay)</b>			
1	New Wave Swim Te-NC	A	3:22.72
2	SwimMAC Carolina-NC	B	3:21.82
3	Carmel Swim Club-IN	A	3:21.30
4	Scarlet Aquatics-NJ	A	3:20.55
5	Mason Manta Rays-OH	A	3:20.66
6	SwimAtlanta-GA	A	3:21.56
7	Dynamo Swim Club-GA	A	3:22.43
8	Marlins Of Raleigh-NC	A	3:22.88
<b>Heat 4 (Heat 2 Men 200 Medley Relay)</b>			
1	Nashville Aquati-SE	A	3:19.47
2	SwimMAC Carolina-NC	A	3:16.75
3	Bolles School Sh-FL	B	3:15.73
4	CA - Y-VA	A	3:12.88
5	Bolles School Sh-FL	A	3:13.95
6	Lakeside Swim Te-KY	A	3:16.54
7	Suburban Seahawk-MA	A	3:18.83
8	Huntsville Swim-SE	A	3:20.53
<b>Heat 5 (Heat 3 Women 200 Medley Relay)</b>			
2	Lakeside Swim Te-KY	B	3:47.73
3	Blazing Barracud-LE	A	3:47.48
4	Club Wolverine-MI	A	3:46.90
5	Greater Phila-MA	A	3:47.39
6	Carmel Swim Club-IN	B	3:47.67
<b>Heat 6 (Heat 3 Men 200 Medley Relay)</b>			
3	Naval Academy Aq-MD	A	3:23.38
4	Nova of Virginia-VA	A	3:22.97
5	Jersey Wahoos-MA	A	3:23.34

**Event 3 / 4 Women / Men 800 Free Relay**

W SC Juniors: 6:52.66 12/7/2022 Sandpipers of Nevada

A Sims, K Grimes, M Hodges, C Weinstein

M SC Juniors: 6:22.78 12/7/2022 Lakeside Aquatic Club

M Williamson, C Lucas, M Hatcher, R Paulk

Lane	Team	Relay	Seed Time
<b>Heat 1 (Heat 1 Women 800 Free Relay)</b>			
2	Chelsea Piers Aq-CT	A	7:29.98
3	Crimson Aquatics-NE	A	7:27.80
4	Dublin Community-OH	A	7:26.02
5	SwimAtlanta-GA	A	7:27.36
6	Mason Manta Rays-OH	A	7:28.31
7	SwimMAC Carolina-NC	B	7:30.53
<b>Heat 2 (Heat 2 Women 800 Free Relay)</b>			
1	Michigan Lakesho-MI	A	7:23.35
2	Carmel Swim Club-IN	B	7:19.95
3	Scarlet Aquatics-NJ	A	7:16.77
4	Lakeside Swim Te-KY	A	7:15.86
5	Carmel Swim Club-IN	A	7:16.18
6	SwimMAC Carolina-NC	A	7:19.20
7	Nova of Virginia-VA	A	7:19.99
8	Bolles School Sh-FL	A	7:23.86
<b>Heat 3 (Heat 1 Men 800 Free Relay)</b>			
1	SwimMAC Carolina-NC	A	6:44.66
2	Naval Academy Aq-MD	A	6:43.13
3	Huntsville Swim-SE	A	6:41.77
4	Suburban Seahawk-MA	A	6:41.08
5	Scarlet Aquatics-NJ	A	6:41.13
6	Mecklenburg Swim-NC	A	6:41.99
7	Bolles School Sh-FL	B	6:43.44
8	SwimMAC Carolina-NC	B	6:45.06
<b>Heat 4 (Heat 2 Men 800 Free Relay)</b>			
1	Nova of Virginia-VA	A	6:38.31
2	Area Tallahassee-FL	A	6:37.12
3	Bolles School Sh-FL	A	6:34.60
4	CA - Y-VA	A	6:34.39
5	Dynamo Swim Club-GA	A	6:34.60
6	Lakeside Swim Te-KY	A	6:35.12
7	New Wave Swim Te-NC	A	6:37.44
8	Carmel Swim Club-IN	A	6:39.91
<b>Heat 5 (Heat 3 Men 800 Free Relay)</b>			
3	Mason Manta Rays-OH	A	6:46.55
4	Scarlet Aquatics-NJ	B	6:45.74
5	Marlins Of Raleigh-NC	A	6:46.10
6	North Carolina A-NC	A	6:46.92