

2023 Speedo Winter Junior Championships (West)
Westmont, Ill
Wednesday, December 6, 2023
Finals Time Line

Competition Pool Closes 5:50 PM

National Anthem

Event # 1	Women's 200 Medley Relay	2nd Fastest	6:00 PM
		Fastest	6:02 PM
Event # 2	Men's 200 Medley Relay	2nd Fastest	6:05 PM
		Fastest	6:07 PM

Remaining heats swim fastest to slowest alternating women's/men's

Event # 1	Women's 200 Medley Relay	Heat 3	6:09 PM
Event # 2	Men's 200 Medley Relay	Heat 3	6:12 PM
Event # 1	Women's 200 Medley Relay	Heat 4	6:14 PM
Event # 2	Men's 200 Medley Relay	Heat 4	6:16 PM

15 Minute Relay Break

Event # 3	Women's 800 Free Relay	2nd Fastest	6:34 PM
		Fastest	6:42 PM
Event # 4	Men's 800 Free Relay	2nd Fastest	6:50 PM
		Fastest	6:58 PM
Event # 3	Women's 800 Free Relay	Heat 3	7:05 PM
Event # 4	Men's 800 Free Relay	Heat 3	7:14 PM

End of Session 7:21 PM

** Scratch Box for Thursday's PRELIMS closes at 6:30 PM **
 Tonight's Relay cards due at 5:00 PM
 ** 200 Medley and 800 Freestyle Relays will be awarded before Thursday's Finals **



2023 Speedo Winter Junior Championships - West
Meet Program - Wednesday - Timed Finals

Event 1 / 2 Women / Men 4x50 Medley Relay

W Jrs West: 1:37.65 12/6/2017 Fort Collins Area Swim Team

B Stewart, Z Bartel, C Gillilan, K Alons

W SC Juniors: 1:36.48 12/7/2022 Carmel Swim Club

B Berglund, M Sweeney, A Shackell, M Christman

M Jrs West: 1:27.11 12/7/2016 Scottsdale Aquatic Club

R Hoffer, S Gage, R Van Deusen, J Blake

M SC Juniors: 1:26.52 12/5/2018 Mason Manta Rays

C Foster, J Foster, J McDonald, A Chaney

Lane	Team	Relay	Seed Time
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Heat 1 (Heat 1 Women 4x50 Medley Relay)

1	Bend Swim Club-OR	A	3:45.00
2	The Woodlands Sw-GU	A	3:44.08
3	Academy Bullets-IL	B	3:43.61
4	Aquajets Swim Te-MN	A	3:42.48
5	Lakeside Aquatic-NT	B	3:43.31
6	Palo Alto Stanfo-PC	A	3:43.80
7	Seattle Metro-PN	A	3:44.24
8	Elmbrook Swim Cl-WI	A	3:45.24

Heat 2 (Heat 2 Women 4x50 Medley Relay)

1	Irvine Novaquati-CA	A	3:42.29
2	NASA Wildcat Aqu-IL	A	3:40.57
3	Mission Viejo Na-CA	A	3:39.78
4	Crow Canyon Shar-PC	A	3:37.40
5	Bellevue Club Sw-PN	A	3:38.35
6	Academy Bullets-IL	A	3:40.45
7	Lakeside Aquatic-NT	A	3:42.28
8	Orinda Aquatics-PC	A	3:42.40

Heat 3 (Heat 1 Men 4x50 Medley Relay)

1	Aquajets Swim Te-MN	B	3:20.81
2	Nitro Swimming-ST	A	3:20.03
3	Seattle Metro-PN	A	3:19.59
4	Scottsdale Aquat-AZ	A	3:19.19
5	Swim Neptune-AZ	A	3:19.40
6	Iowa Flyers Swim-IA	A	3:20.03
7	FMC Aquatic-IL	B	3:20.68
8	Lake Oswego Swim-OR	A	3:21.52

Heat 4 (Heat 2 Men 4x50 Medley Relay)

1	Aquawolves Swimm-CO	A	3:18.55
2	Evolution Racing-CA	A	3:17.23
3	FMC Aquatic-IL	A	3:14.23
4	Aquajets Swim Te-MN	A	3:13.50
5	Rose Bowl Aquati-CA	A	3:13.86
6	Lakeside Aquatic-NT	A	3:14.32
7	Lakeside Aquatic-NT	B	3:18.46
8	Rose Bowl Aquati-CA	B	3:18.79

Heat 5 (Heat 3 Women 4x50 Medley Relay)

1	Bellevue Club Sw-PN	B	3:46.44
2	Scottsdale Aquat-AZ	A	3:45.96
3	Gold Medal Swim-AZ	A	3:45.53
4	Crow Canyon Shar-PC	B	3:45.39
5	Nitro Swimming-ST	A	3:45.47
6	Rose Bowl Aquati-CA	A	3:45.81
7	Mission Viejo Na-CA	B	3:46.22
8	Lake Oswego Swim-OR	A	3:47.34

Heat 6 (Heat 3 Men 4x50 Medley Relay)

1	Alamo Area Aquat-ST	A	3:23.04
2	Olympus Aquatics-UT	A	3:22.81
3	DART Swimming-SN	A	3:22.20
4	Parkway Swim Clu-OZ	A	3:21.53
5	Irvine Novaquati-CA	A	3:21.55
6	Palo Alto Stanfo-PC	A	3:22.62
7	Katy Aquatic Tea-GU	A	3:22.90
8			

Heat 7 (Heat 4 Women 4x50 Medley Relay)

1			
2			
3	Seattle Metro-PN	B	3:47.50
4	Santa Clara Swim-PC	A	3:47.39
5	Palo Alto Stanfo-PC	B	3:47.40
6			
7			
8			

Heat 8 (Heat 4 Men 4x50 Medley Relay)

1			
2			
3	South Metro Stor-MN	A	3:23.32
4	Crow Canyon Shar-PC	A	3:23.08
5	Irvine Novaquati-CA	B	3:23.31
6			
7			
8			

Event 3 / 4 Women / Men 4x200 Free Relay

W Jrs West: 6:52.66 12/7/2022 Sandpipers of Nevada

A Sims, K Grimes, M Hodges, C Weinstein

W SC Juniors: 6:52.66 12/7/2022 Sandpipers of Nevada

A Sims, K Grimes, M Hodges, C Weinstein

M Jrs West: 6:22.78 12/7/2022 Lakeside Aquatic Club

M Williamson, C Lucas, M Hatcher, R Paulk

M SC Juniors: 6:22.78 12/7/2022 Lakeside Aquatic Club

M Williamson, C Lucas, M Hatcher, R Paulk

Lane	Team	Relay	Seed Time
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Heat 1 (Heat 1 Women 4x200 Free Relay)

1	Seattle Metro-PN	A	7:28.05
2	Elmbrook Swim Cl-WI	A	7:26.61
3	Bellevue Club Sw-PN	B	7:25.16
4	The Woodlands Sw-GU	A	7:23.45
5	Riverside Aquati-CA	A	7:24.92
6	Lakeside Aquatic-NT	B	7:26.34
7	Crow Canyon Shar-PC	B	7:27.59
8	Nitro Swimming-ST	A	7:28.96

Heat 2 (Heat 2 Women 4x200 Free Relay)

1	Palo Alto Stanfo-PC	A	7:22.33
2	Irvine Novaquati-CA	A	7:21.52
3	Mission Viejo Na-CA	A	7:17.57
4	Bellevue Club Sw-PN	A	7:15.14
5	Crow Canyon Shar-PC	A	7:15.26
6	Lakeside Aquatic-NT	A	7:18.43
7	Rose Bowl Aquati-CA	A	7:21.61
8	Scottsdale Aquat-AZ	A	7:23.37

**2023 Speedo Winter Junior Championships - West
Meet Program - Wednesday - Timed Finals****Heat 3 (Heat 1 Men 4x200 Free Relay) (#3 / 4)**

1	Crow Canyon Shar-PC	A	6:47.72
2	Scottsdale Aquat-AZ	A	6:45.26
3	Alto Swim Club-PC	A	6:43.46
4	Irvine Novaquati-CA	B	6:42.92
5	Lake Oswego Swim-OR	A	6:43.12
6	Swim Neptune-AZ	A	6:44.66
7	Rose Bowl Aquati-CA	B	6:46.78
8	DART Swimming-SN	A	6:48.20

Heat 4 (Heat 2 Men 4x200 Free Relay)

1	FMC Aquatic-IL	A	6:40.46
2	Aquajets Swim Te-MN	A	6:36.08
3	Rose Bowl Aquati-CA	A	6:33.25
4	Lakeside Aquatic-NT	A	6:22.78
5	Nitro Swimming-ST	A	6:32.99
6	Irvine Novaquati-CA	A	6:35.14
7	Lakeside Aquatic-NT	B	6:36.67
8	Sierra Marlins S-SN	A	6:40.90

Heat 5 (Heat 3 Women 4x200 Free Relay)

1			
2			
3	Mission Viejo Na-CA	B	7:32.33
4	Orinda Aquatics-PC	A	7:28.97
5	Gold Medal Swim-AZ	A	7:31.43
6	Lake Oswego Swim-OR	A	7:32.79
7			
8			

Heat 6 (Heat 3 Men 4x200 Free Relay)

1			
2	Bend Swim Club-OR	A	6:48.63
3	Alamo Area Aquat-ST	A	6:48.61
4	Palo Alto Stanfo-PC	A	6:48.36
5	Scottsdale Aquat-AZ	B	6:48.50
6	Evolution Racing-CA	A	6:48.61
7	TSM Aquatics-CA	A	6:48.77
8			

Pre-Scratch Estimated Time Line for Prelim Sessions
2023 Speedo Winter Junior Championships (West)
Westmont, Ill
December 6 - 9, 2023

Event	Heats	Start Time	Event	Heats	Start Time
WOMEN'S POOL			MEN'S POOL		
<u>Thursday, December 7, 2023</u>			<u>Thursday, December 7, 2023</u>		
5 W 500 Free	9	9:00 AM	6 M 500 Free	15	9:00 AM
5 Min Break			5 Min Break		
7 W 200 IM	17	9:51 AM	8 M 200 IM	19	10:17 AM
10 Min Break			10 Min Break		
9 W 50 Free	18	10:42 AM	10 M 50 Free	20	11:08 AM
End of Session		10:55 AM	End of Session		11:22 AM
<u>Friday, December 8, 2023</u>			<u>Friday, December 8, 2023</u>		
13 W 400 IM	9	9:00 AM	14 M 400 IM	13	9:00 AM
15 W 100 Fly	16	9:44 AM	16 M 100 Fly	18	9:59 AM
10 Min Break			10 Min Break		
17 W 200 Free	13	10:14 AM	18 M 200 Free	17	10:34 AM
19 W 100 Breast	13	10:45 AM	20 M 100 Breast	17	11:07 AM
10 Min Break			10 Min Break		
21 W 100 Back	14	11:13 AM	22 M 100 Back	14	11:43 AM
End of Session		11:34 AM	End of Session		12:03 PM
<u>Saturday, December 9, 2023</u>			<u>Saturday, December 9, 2023</u>		
27 W 200 Back	11	9:00 AM	28 M 200 Back	11	9:00 AM
5 Min Break			5 Min Break		
29 W 100 Free	20	9:33 AM	30 M 100 Free	18	9:31 AM
15 Min Break			15 Min Break		
31 W 200 Breast	12	10:11 AM	32 M 200 Breast	16	10:05 AM
5 Min Break			5 Min Break		
33 W 200 Fly	8	10:48 AM	34 M 200 Fly	14	10:48 AM
End of Session		11:07 AM	End of Session		11:18 AM
DISTANCE			DISTANCE		
<u>Saturday, December 9, 2023</u>			<u>Saturday, December 9, 2023</u>		
26 M 1650 Free	3	2:10 PM	26 M 1650 Free	6	2:10 PM
25 W 1650 Free	4	2:58 PM	End of Session		4:00 PM
End of Session		4:00 PM			

** The slowest heats of the Men's 1650 will swim first in the Women's Pool **

