

**2023 Speedo Junior National Championships**  
**William Woollett Jr. Aquatic Center, Irvine, CA**  
**Friday, August 4, 2023**  
**Finals Time Line**

|   |  |                    |         |
|---|--|--------------------|---------|
| <b>Clear Pool</b>                                 |  |                    | 4:45 PM |
| <b>National Anthem</b>                            |  |                    | 4:48 PM |
| <b>Awards Women's 400 Meter Freestyle Relay</b>   |  |                    | 4:50 PM |
| <b>Awards Men's 400 Meter Freestyle Relay</b>     |  |                    | 4:55 PM |
| Event #31   | Women's 200 Meter Individual Medley    | C Finals           | 5:00 PM |
|   |  | B Finals           | 5:03 PM |
|   |  | Parade A Finalists | 5:06 PM |
| <b>Awards Women's 200 Meter Individual Medley</b> |  |                    | 5:11 PM |
| Event #32   | Men's 200 Meter Individual Medley      | C Finals           | 5:16 PM |
|   |  | B Finals           | 5:19 PM |
|   |  | Parade A Finalists | 5:22 PM |
| <b>Awards Men's 200 Meter Individual Medley</b>   |  |                    | 5:27 PM |
| Event #33   | Women's 1500 Meter Freestyle           | Parade A Finalists | 5:32 PM |
| <b>Awards Women's 1500 Meter Freestyle</b>        |  |                    | 5:51 PM |
| Event #34   | Women's 50 Meter Freestyle             | C Finals           | 5:56 PM |
|   |  | B Finals           | 5:58 PM |
|   |  | Parade A Finalists | 6:00 PM |
| <b>Awards Women's 50 Meter Freestyle</b>          |  |                    | 6:03 PM |
| Event #35   | Men's 50 Meter Freestyle               | C Finals           | 6:08 PM |
|   |  | B Finals           | 6:10 PM |
|   |  | Parade A Finalists | 6:12 PM |
| <b>Awards Men's 50 Meter Freestyle</b>            |  |                    | 6:15 PM |
| Event #36   | Men's 800 Meter Freestyle              | Parade A Finalists | 6:20 PM |
| <b>Awards Men's 800 Meter Freestyle</b>           |  |                    | 6:31 PM |
| Event #37   | Women's 400 Meter Medley Relay         | 2nd Fastest Heat   | 6:36 PM |
|   |  | Fastest Heat       | 6:42 PM |
| Event #38   | Men's 400 Meter Medley Relay           | 2nd Fastest Heat   | 6:48 PM |
|   |  | Fastest Heat       | 6:53 PM |
| Event #37/#38                                     | Women's / Men's 400 Meter Medley Relay | Alternating Heats  | 6:58 PM |
| <b>Awards Women's 400 Meter Medley Relay</b>      |  |                    | 7:50 PM |
| <b>Awards Men's 400 Meter Medley Relay</b>        |  |                    |         |
| <b>Awards Individual Women's High Point</b>       |  |                    |         |
| <b>Awards Individual Men's High Point</b>         |  |                    |         |
| <b>Awards Top 3 Women's Team</b>                  |  |                    |         |
| <b>Awards Top 3 Men's Team</b>                    |  |                    |         |
| <b>Awards Top 3 Combined Team</b>                 |  |                    |         |

**Relay cards due at 6:00 PM**

**Thank you for coming! Please be safe traveling home!**

## 2023 Speedo Junior National Championships - 7/31/2023 to 8/4/2023

## Meet Program - Friday Finals

**Event 31 Women 200 LC Meter IM**

Jr World: 2:06.89 3/30/2023 Summer McIntosh

Meet: 2:12.32 8/3/2015 Ella Eastin

Oly Trials: 2:16.09

| Lane                    | Name            | Age | Team                | Prelims |
|-------------------------|-----------------|-----|---------------------|---------|
| <b>Heat 1 C - Final</b> |                 |     |                     |         |
| 1                       | Lauren Bernardo | 17  | SwimMAC Carolina-NC | 2:20.14 |
| 2                       | Gracyn Kehoe    | 15  | Bellevue Club Sw-PN | 2:20.04 |
| 3                       | Ana Hazlehurst  | 17  | North Baltimore-MD  | 2:19.92 |
| 4                       | Madi Mintenko   | 15  | Pikes Peak Athle-CO | 2:19.79 |
| 5                       | Grace Rabb      | 16  | Aquajets Swim Te-MN | 2:19.81 |
| 6                       | Hannah Bellard  | 18  | Club Wolverine-MI   | 2:20.01 |
| 7                       | Kaitlyn Sallows | 16  | Buckeye Swim Clu-OH | 2:20.05 |
| 8                       | Cornelia Fox    | 17  | Condors Swim Clu-MR | 2:20.14 |

**Heat 2 B - Final**

|   |                      |    |                     |         |
|---|----------------------|----|---------------------|---------|
| 1 | Hayden Penny         | 17 | Y-Spartaquatics-SC  | 2:19.68 |
| 2 | Piper Enge           | 17 | Bellevue Club Sw-PN | 2:19.40 |
| 3 | Molly Sweeney        | 15 | Carmel Swim Club-IN | 2:19.21 |
| 4 | Eunice Lee           | 16 | Santa Clara Swim-PC | 2:18.87 |
| 5 | Sofia Plaza          | 17 | SwimMAC Carolina-NC | 2:19.15 |
| 6 | Sophie Segerson      | 16 | Bellevue Club Sw-PN | 2:19.33 |
| 7 | Addie Robillard      | 16 | Mason Manta Rays-OH | 2:19.66 |
| 8 | Stephanie Iannaccone | 18 | Walnut Creek Aqu-PC | 2:19.72 |

**Heat 3 A - Final**

|   |                  |    |                     |         |
|---|------------------|----|---------------------|---------|
| 1 | Alexa McDevitt   | 16 | Bellevue Club Sw-PN | 2:18.19 |
| 2 | Audrey Derivaux  | 13 | Jersey Wahoos-MA    | 2:17.50 |
| 3 | Caroline Bricker | 18 | Pikes Peak Athle-CO | 2:17.41 |
| 4 | Teagan O'Dell    | 16 | Mission Viejo Na-CA | 2:15.32 |
| 5 | Elle Scott       | 16 | NOVA of Virginia-VA | 2:17.16 |
| 6 | Camden Doane     | 17 | King Aquatic Clu-PN | 2:17.41 |
| 7 | Avery Klamfoth   | 15 | SwimMAC Carolina-NC | 2:17.63 |
| 8 | Ava Chavez       | 18 | Sierra Marlins S-SN | 2:18.36 |

**Alternates**

|   |                |    |                     |         |
|---|----------------|----|---------------------|---------|
| 1 | Samantha Banos | 18 | Unattached-CA       | 2:20.53 |
| 2 | Sydney Sanders | 18 | SwimMAC Carolina-NC | 2:20.55 |

**Event 32 Men 200 LC Meter IM**

Jr World: 1:56.99 5/19/2021 Hubert Kos

Meet: 2:00.07 8/14/2009 Kyle Whitaker

Oly Trials: 2:03.49

| Lane                    | Name             | Age | Team                | Prelims |
|-------------------------|------------------|-----|---------------------|---------|
| <b>Heat 1 C - Final</b> |                  |     |                     |         |
| 1                       | John Watson      | 18  | sharksGreater Om-MW | 2:05.98 |
| 2                       | Adriano Arioti   | 17  | Rockville Montgo-PV | 2:05.81 |
| 3                       | Logan Noguchi    | 17  | Rose Bowl Aquati-CA | 2:05.52 |
| 4                       | Luke Stibrich    | 17  | Blue Tide Aquati-GU | 2:05.19 |
| 5                       | Spencer Nicholas | 17  | Nashville Aquati-SE | 2:05.28 |
| 6                       | Angus Macdonald  | 18  | Birmingham 'Y' B-MI | 2:05.79 |
| 7                       | Jeremy Kelly     | 17  | Nitro Swimming-ST   | 2:05.95 |
| 8                       | Harry Belcher    | 17  | NOVA of Virginia-VA | 2:06.02 |

**Heat 2 B - Final**

|   |                 |    |                     |         |
|---|-----------------|----|---------------------|---------|
| 1 | Noah Cakir      | 16 | Team Suffolk-MR     | 2:05.11 |
| 2 | Caleb Maldari   | 18 | SwimMAC Carolina-NC | 2:04.92 |
| 3 | Colin Geer      | 18 | Golden West Swim-CA | 2:04.03 |
| 4 | Noah Sech       | 18 | Mission Viejo Na-CA | 2:03.88 |
| 5 | Joe Polyak      | 17 | Iowa Flyers Swim-IA | 2:03.91 |
| 6 | Tony Laurito    | 17 | South Shore Sail-GU | 2:04.09 |
| 7 | Humberto Najera | 18 | Evolution Racing-CA | 2:04.99 |
| 8 | Campbell McKean | 16 | Bend Swim Club-OR   | 2:05.12 |

**Heat 3 A - Final**

|   |                  |    |                     |         |
|---|------------------|----|---------------------|---------|
| 1 | Gregg Enoch      | 17 | Carmel Swim Club-IN | 2:03.76 |
| 2 | Baylor Stanton   | 15 | Gwinnett Aquatic-GA | 2:03.32 |
| 3 | Simon Bermudez   | 17 | Arlington Aquati-PV | 2:03.22 |
| 4 | Michael Hochwalt | 17 | Spokane Waves Aq-IE | 2:02.28 |
| 5 | Diego Nosack     | 18 | Tualatin Hills S-OR | 2:02.91 |
| 6 | Cooper Lucas     | 18 | Lakeside Aquatic-NT | 2:03.26 |
| 7 | Jacob Turner     | 17 | Metroplex Aquati-NT | 2:03.75 |
| 8 | Carter Lancaster | 17 | Bolles School Sh-FL | 2:03.87 |

**Alternates**

|   |             |    |                     |         |
|---|-------------|----|---------------------|---------|
| 1 | Xavier Ruiz | 17 | Ridgefield Aquat-CT | 2:06.10 |
| 2 | Will Heck   | 18 | Bolles School Sh-FL | 2:06.13 |

**Event 33 Women 1500 LC Meter Freestyle**

Jr World: 15:28.36 8/24/2014 Katie Ledecky

Meet: 16:14.67 8/17/2012 Gillian Ryan

Oly Trials: 16:45.69

| Lane                      | Name            | Age | Team                | Seed Time |
|---------------------------|-----------------|-----|---------------------|-----------|
| <b>Heat 4 of 4 Finals</b> |                 |     |                     |           |
| 1                         | Kathleen Turano | 15  | Scarlet Aquatics-NJ | 16:54.30  |
| 2                         | Paige Downey    | 15  | Gold Medal Swim-AZ  | 16:50.21  |
| 3                         | Chloe Kim       | 16  | Scarlet Aquatics-NJ | 16:28.77  |
| 4                         | Kayla Han       | 15  | La Mirada Armada-CA | 16:26.92  |
| 5                         | Kate Hurst      | 17  | Scarlet Aquatics-NJ | 16:28.51  |
| 6                         | Ava Topolewski  | 18  | Mansfield Aquati-NT | 16:47.93  |
| 7                         | Katie McCarthy  | 18  | Edina Swim Club-MN  | 16:53.62  |
| 8                         | Caroline Riggs  | 18  | Club Mountaineer-WV | 16:54.80  |

**Event 34 Women 50 LC Meter Freestyle**

Jr World: 24.17 5/14/2021 Claire Curzan

Meet: 25.07 8/3/2015 Marta Ciesla

Oly Trials: 25.69

| Lane                    | Name               | Age | Team                | Prelims |
|-------------------------|--------------------|-----|---------------------|---------|
| <b>Heat 1 C - Final</b> |                    |     |                     |         |
| 1                       | Aliana Marakovic   | 16  | Nitro Swimming-ST   | 26.31   |
| 2                       | Sarah Bennetts     | 18  | DART Swimming-SN    | 26.19   |
| 3                       | Kate Meyers-Labenz | 17  | Bolles School Sh-FL | 26.15   |
| 4                       | Cavan Gormsen      | 18  | Long Island Aqua-MR | 26.07   |
| 5                       | Helena Jones       | 18  | Lake Oswego Swim-OR | 26.14   |
| 6                       | Carrie Furbee      | 16  | Central Ohio Aqu-OH | 26.16   |
| 7                       | Sophia Sunwoo      | 16  | Bellevue Club Sw-PN | 26.28   |
| 8                       | Madeleine Hebert   | 18  | Team Rebel Aquat-CA | 26.32   |



## 2023 Speedo Junior National Championships - 7/31/2023 to 8/4/2023

## Meet Program - Friday Finals

## Heat 2 B - Final (#34 Women 50 LC Meter Freestyle)

|   |                    |    |                     |       |
|---|--------------------|----|---------------------|-------|
| 1 | Francesca Smith    | 18 | U. of Missouri-MV   | 26.01 |
| 2 | Liberty Clark      | 15 | Crow Canyon Shar-PC | 25.92 |
| 3 | Rebecca Diaconescu | 17 | Team Rebel Aquat-CA | 25.84 |
| 4 | Avery Karl         | 17 | Empire KC Swim C-MV | 25.80 |
| 5 | Lily King          | 16 | Mount Pleasant A-AM | 25.83 |
| 6 | Teia Salvino       | 17 | Mission Viejo Na-CA | 25.86 |
| 7 | Tess Howley        | 18 | Long Island Aqua-MR | 25.98 |
| 8 | Katie Belle Sikes  | 17 | East Carolina Aq-NC | 26.04 |

## Heat 3 A - Final

|   |                    |    |                     |       |
|---|--------------------|----|---------------------|-------|
| 1 | Sarah Paisley Owen | 14 | Metro Atlanta Aq-GA | 25.79 |
| 2 | Julie Mishler      | 16 | Fishers Area Swi-IN | 25.69 |
| 3 | Hailey Tierney     | 18 | Lake Country Swi-WI | 25.48 |
| 4 | Alex Shackell      | 16 | Carmel Swim Club-IN | 25.26 |
| 5 | Caroline Larsen    | 17 | Foxjets Swim Tea-MN | 25.41 |
| 6 | Lucy Mehraban      | 18 | Club Wolverine-MI   | 25.56 |
| 7 | Maggie Petty       | 18 | Nashville Aquati-SE | 25.77 |
| 8 | Trinity Hoang      | 18 | Nitro Swimming-ST   | 25.79 |

## Alternates

|   |              |    |                     |       |
|---|--------------|----|---------------------|-------|
| 1 | Audrey Chung | 17 | Palo Alto Stanfo-PC | 26.33 |
| 2 | Katie Kuehn  | 17 | Palatine Park Di-IL | 26.37 |

## Event 35 Men 50 LC Meter Freestyle

|                    |              |                  |                         |
|--------------------|--------------|------------------|-------------------------|
| <b>Jr World:</b>   | <b>21.75</b> | <b>8/25/2017</b> | <b>Michael Andrew</b>   |
| <b>Meet:</b>       | <b>22.13</b> | <b>8/13/2010</b> | <b>Vladimir Morozov</b> |
| <b>Oly Trials:</b> | <b>22.79</b> |                  |                         |

| Lane | Name | Age | Team | Prelims |
|------|------|-----|------|---------|
|------|------|-----|------|---------|

## Heat 1 C - Final

|   |                 |    |                     |       |
|---|-----------------|----|---------------------|-------|
| 1 | Al Terry        | 18 | Madison Aquatic-WI  | 23.49 |
| 2 | Aiden Bond      | 18 | York Swim Club-PV   | 23.44 |
| 3 | Rob Alexy       | 18 | California Aquat-PC | 23.35 |
| 4 | Max Plumley     | 18 | Mason Manta Rays-OH | 23.31 |
| 5 | Quin Seider     | 17 | Ojai Heat Waves-CA  | 23.34 |
| 6 | Dar Lavrenko    | 16 | Los Altos & Moun-PC | 23.41 |
| 7 | Tylor Kim       | 18 | Lake Oswego Swim-OR | 23.48 |
| 8 | Nolan Patterson | 18 | Gwinnett Aquatic-GA | 23.50 |

## Heat 2 B - Final

|   |                |    |                     |       |
|---|----------------|----|---------------------|-------|
| 1 | Aaron Shackell | 18 | Carmel Swim Club-IN | 23.28 |
| 2 | Evan Croley    | 17 | Streamline Aquat-ST | 23.24 |
| 3 | Matthew Klinge | 17 | Boilermaker Aqua-IN | 23.21 |
| 4 | August Vetsch  | 17 | Swim Neptune-AZ     | 23.16 |
| 5 | Daniel Li      | 18 | Longhorn Aquatic-ST | 23.18 |
| 6 | Albert Smelzer | 15 | Swim GSA-NC         | 23.22 |
| 7 | Sammy Empey    | 17 | Lake Oswego Swim-OR | 23.28 |
| 8 | Ian Pickles    | 18 | Swim Neptune-AZ     | 23.28 |

## Heat 3 A - Final

|   |                    |    |                     |       |
|---|--------------------|----|---------------------|-------|
| 1 | Andy Kravchenko    | 16 | Bolles School Sh-FL | 23.10 |
| 2 | Maximus Williamson | 16 | Lakeside Aquatic-NT | 23.03 |
| 3 | Devin Dilger       | 17 | Utica Shelby Swi-MI | 22.89 |
| 4 | Jack Madoch        | 18 | Verona Area Swim-WI | 22.83 |
| 5 | Jonathan Gim       | 18 | Rose Bowl Aquati-CA | 22.87 |
| 6 | Milo Shue          | 18 | Boise YMCA Swim-SR  | 22.99 |
| 7 | Henry McFadden     | 17 | Jersey Wahoos-MA    | 23.06 |
| 8 | Josh Howat         | 16 | Nation's Capital-PV | 23.15 |

## Alternates

|   |                |    |                     |       |
|---|----------------|----|---------------------|-------|
| 1 | Ian Everett    | 17 | Tsunami Swim Tea-MV | 23.56 |
| 2 | Travis Gullede | 17 | Texas Ford Aquat-NT | 23.57 |

## Event 36 Men 800 LC Meter Freestyle

|                    |                |                  |                         |
|--------------------|----------------|------------------|-------------------------|
| <b>Jr World:</b>   | <b>7:43.37</b> | <b>8/13/2022</b> | <b>Lorenzo Galossi</b>  |
| <b>Meet:</b>       | <b>8:01.63</b> | <b>8/12/2017</b> | <b>Johannes Calloni</b> |
| <b>Oly Trials:</b> | <b>8:09.69</b> |                  |                         |

| Lane | Name | Age | Team | Seed Time |
|------|------|-----|------|-----------|
|------|------|-----|------|-----------|

## Heat 8 of 8 Finals

|   |                |    |                     |         |
|---|----------------|----|---------------------|---------|
| 1 | Isaac Fleig    | 18 | The Swim Team-CA    | 8:11.10 |
| 2 | Bobby DiNunzio | 18 | Tide Swimming-VA    | 8:06.90 |
| 3 | Sean Green     | 16 | Long Island Aqua-MR | 8:05.34 |
| 4 | Norvin Clontz  | 16 | SwimMAC Carolina-NC | 8:01.64 |
| 5 | Luka Mijatovic | 14 | Pleasanton Seaha-PC | 8:02.44 |
| 6 | Nathan Szobota | 16 | NOVA of Virginia-VA | 8:05.78 |
| 7 | Aiden Hammer   | 15 | King Aquatic Clu-PN | 8:09.33 |
| 8 | Jacob Pins     | 17 | Des Moines Swimm-IA | 8:12.54 |

## Event 37 / 38 Women / Men 4x100 Medley Relay

**W Jr World:** 3:58.38 8/28/2017 Canada

**J Hannah, F Knelson, P Oleksiak, T Ruck**

**W Meet:** 4:06.87 8/5/2022 Elmbrook Swim Club

**M Wanezek, L Thomas, C Stoll, A Wanezek**

**M Jr World:** 3:33.19 8/25/2019 Russia

**T Cecon, N Martinenghi, F Burdisso, D Nardini**

**M Meet:** 3:42.85 8/5/2022 Coronado Swim Association Team

**J Wenger, N Mahabir, L Noguchi, S Quarles**

| Lane | Team | Relay | Seed Time |
|------|------|-------|-----------|
|------|------|-------|-----------|

## Heat 1 (Heat 1 Women 4x100 Medley Relay)

|   |                     |   |         |
|---|---------------------|---|---------|
| 1 | Pikes Peak Athle-CO |   | 4:16.37 |
| 2 | Carmel Swim Club-IN | B | 4:16.12 |
| 3 | SwimMAC Carolina-NC |   | 4:15.70 |
| 4 | Aquajets Swim Te-MN |   | 4:14.13 |
| 5 | Univ of Denver H-CO |   | 4:15.40 |
| 6 | Nitro Swimming-ST   |   | 4:15.96 |
| 7 | North Baltimore-MD  |   | 4:16.25 |
| 8 | SwimMAC Carolina-NC | B | 4:16.39 |



## 2023 Speedo Junior National Championships - 7/31/2023 to 8/4/2023

## Meet Program - Friday Finals

**Heat 2 (Heat 2 Women 4x100 Medley Relay) (#37 / 38)**

|   |                     |         |
|---|---------------------|---------|
| 1 | Long Island Aqua-MR | 4:13.55 |
| 2 | Carmel Swim Club-IN | 4:12.16 |
| 3 | Bellevue Club Sw-PN | 4:10.72 |
| 4 | Crow Canyon Shar-PC | 4:08.64 |
| 5 | Mission Viejo Na-CA | 4:09.00 |
| 6 | Irvine Novaquati-CA | 4:11.82 |
| 7 | Club Wolverine-MI   | 4:12.62 |
| 8 | Fishers Area Swi-IN | 4:13.58 |

**Heat 3 (Heat 1 Men 4x100 Medley Relay)**

|   |                     |         |
|---|---------------------|---------|
| 1 | Lakeside Aquatic-NT | 3:50.31 |
| 2 | Nation's Capital-PV | 3:50.11 |
| 3 | Arlington Aquati-PV | 3:49.47 |
| 4 | Swim Neptune-AZ     | 3:49.33 |
| 5 | Scottsdale Aquat-AZ | 3:49.45 |
| 6 | Carmel Swim Club-IN | 3:49.71 |
| 7 | SwimMAC Carolina-NC | 3:50.13 |
| 8 | Schroeder YMCA S-WI | 3:50.36 |

**Heat 4 (Heat 2 Men 4x100 Medley Relay)**

|   |                     |         |
|---|---------------------|---------|
| 1 | Foothills Swim T-CO | 3:47.75 |
| 2 | Longhorn Aquatic-ST | 3:47.48 |
| 3 | SwimMAC Carolina-NC | 3:45.17 |
| 4 | Rose Bowl Aquati-CA | 3:43.66 |
| 5 | Aquajets Swim Te-MN | 3:43.77 |
| 6 | Nitro Swimming-ST   | 3:46.51 |
| 7 | Bolles School Sh-FL | 3:47.51 |
| 8 | Texas Ford Aquat-NT | 3:49.26 |

**Heat 5 (Heat 3 Women 4x100 Medley Relay)**

|   |                     |         |
|---|---------------------|---------|
| 1 | Bolles School Sh-FL | 4:17.80 |
| 2 | NOVA of Virginia-VA | 4:16.97 |
| 3 | Scarlet Aquatics-NJ | 4:16.61 |
| 4 | Mission Viejo Na-CA | 4:16.45 |
| 5 | Santa Clara Swim-PC | 4:16.51 |
| 6 | Palo Alto Stanfo-PC | 4:16.93 |
| 7 | Edina Swim Club-MN  | 4:17.00 |
| 8 | Rose Bowl Aquati-CA | 4:17.82 |

**Heat 6 (Heat 3 Men 4x100 Medley Relay)**

|   |                     |         |
|---|---------------------|---------|
| 1 | Rockville Montgo-PV | 3:52.51 |
| 2 | Scarlet Aquatics-NJ | 3:51.78 |
| 3 | FMC Aquatic-IL      | 3:50.97 |
| 4 | Bolles School Sh-FL | 3:50.88 |
| 5 | Mason Manta Rays-OH | 3:50.92 |
| 6 | Evolution Racing-CA | 3:51.31 |
| 7 | NOVA of Virginia-VA | 3:52.24 |
| 8 | Waterloo Swimmin-ST | 3:52.56 |

**Heat 7 (Heat 4 Women 4x100 Medley Relay)**

|   |                     |         |
|---|---------------------|---------|
| 1 | Crimson Aquatics-NE | 4:19.39 |
| 2 | Memphis Thunder-SE  | 4:19.04 |
| 3 | Schroeder YMCA S-WI | 4:18.42 |
| 4 | Crow Canyon Shar-PC | 4:17.83 |
| 5 | Longhorn Aquatic-ST | 4:18.14 |
| 6 | Scottsdale Aquat-AZ | 4:18.56 |
| 7 | Lakeside Aquatic-NT | 4:19.20 |
| 8 | Nitro Swimming-ST   | 4:19.41 |

**Heat 8 (Heat 4 Men 4x100 Medley Relay)**

|   |                     |         |
|---|---------------------|---------|
| 1 | Nitro Swimming-ST   | 3:53.18 |
| 2 | Long Island Aqua-MR | 3:53.08 |
| 3 | Hinsdale Swim Cl-IL | 3:53.01 |
| 4 | Rose Bowl Aquati-CA | 3:52.60 |
| 5 | DART Swimming-SN    | 3:52.89 |
| 6 | Cavalier Aq-VA      | 3:53.07 |
| 7 | Mission Viejo Na-CA | 3:53.15 |
| 8 | lubSeattle Metro-PN | 3:53.28 |

**Heat 9 (Heat 5 Women 4x100 Medley Relay)**

|   |                     |         |
|---|---------------------|---------|
| 1 | BGC-N. Westchest-MR | 4:19.97 |
| 2 | Gold Medal Swim-AZ  | 4:19.93 |
| 3 | The Woodlands Sw-GU | 4:19.61 |
| 4 | Mansfield Aquati-NT | 4:19.56 |
| 5 | Clovis Swim Club-CC | 4:19.58 |
| 6 | Metro Area Life-NJ  | 4:19.78 |
| 7 | Sierra Marlins S-SN | 4:19.95 |
| 8 | Palatine Park Di-IL | 4:20.01 |

**Heat 10 (Heat 5 Men 4x100 Medley Relay)**

|   |                     |         |
|---|---------------------|---------|
| 1 | BGC-N. Westchest-MR | 3:54.16 |
| 2 | Riptide-MN          | 3:54.10 |
| 3 | Madison Aquatic-WI  | 3:53.96 |
| 4 | Lakeside Aquatic-NT | 3:53.59 |
| 5 | Lake Oswego Swim-OR | 3:53.72 |
| 6 | Irvine Novaquati-CA | 3:54.10 |
| 7 | Santa Clara Swim-PC | 3:54.13 |
| 8 | Iowa Flyers Swim-IA | 3:54.20 |

**Heat 11 (Heat 6 Women 4x100 Medley Relay)**

|   |                     |         |
|---|---------------------|---------|
| 1 | Bellevue Club Sw-PN | 4:21.05 |
| 2 | South Metro Stor-MN | 4:20.55 |
| 3 | lubSeattle Metro-PN | 4:20.27 |
| 4 | Bend Swim Club-OR   | 4:20.08 |
| 5 | North Bay Aquati-PC | 4:20.20 |
| 6 | Orinda Aquatics-PC  | 4:20.31 |
| 7 | Phoenix Swimming-NE | 4:20.71 |
| 8 |                     |         |



## 2023 Speedo Junior National Championships - 7/31/2023 to 8/4/2023

## Meet Program - Friday Finals

**Heat 12 (Heat 6 Men 4x100 Medley Relay) (#37 / 38 )**

|   |                     |         |         |
|---|---------------------|---------|---------|
| 1 | Dallas Mustangs-NT  | 3:55.55 |         |
| 2 | Raleigh Swimming-NC | 3:55.29 |         |
| 3 | New Wave Swim Te-NC | 3:55.19 |         |
| 4 | Orinda Aquatics-PC  | 3:54.66 |         |
| 5 | Golden West Swim-CA | 3:55.03 |         |
| 6 | Patriot Aquatic-IL  | 3:55.26 |         |
| 7 | Alto Swim Club-PC   | 3:55.39 |         |
| 8 | Scottsdale Aquat-AZ | B       | 3:55.58 |

**Heat 13 (Heat 7 Men 4x100 Medley Relay)**

|   |                     |         |         |
|---|---------------------|---------|---------|
| 1 | Irvine Novaquati-CA | B       | 3:56.20 |
| 2 | Alamo Area Aquat-ST | 3:55.99 |         |
| 3 | Razorback Aqua-AR   | 3:55.91 |         |
| 4 | sharksGreater Om-MW | 3:55.80 |         |
| 5 | Crow Canyon Shar-PC | 3:55.80 |         |
| 6 | Club Wolverine-MI   | 3:55.96 |         |
| 7 | King Aquatic Clu-PN | 3:56.11 |         |
| 8 |                     |         |         |

**Heat 14 (Heat 8 Men 4x100 Medley Relay)**

|   |                     |         |  |
|---|---------------------|---------|--|
| 1 |                     |         |  |
| 2 |                     |         |  |
| 3 | Rancho San Diegu-SI | 3:56.29 |  |
| 4 | Fox Valley Swim-IL  | 3:56.23 |  |
| 5 | Sierra Marlins S-SN | 3:56.28 |  |
| 6 |                     |         |  |
| 7 |                     |         |  |
| 8 |                     |         |  |

