

Colorado Girls 5A High School Swimming and Diving Top 20 Rankings - 2/5/2023

50 Yard Freestyle (25.60)			100 Yard Freestyle (56.40)			200 Yard Freestyle (2:02.50)		
1. Z. Zallen	Sr. Boulder	:22.83	1. Z. Zallen	Sr. Boulder	:49.48	1. M. Inouye	Mountain Range	1:50.10
2. A. Greenhawt	Sr. Cherry Creek	:23.28	2. L. Ficken	Sr. Cherry Creek	:50.78	2. S. Rachjaibun	Sr. Legacy	1:50.10
3. L. Ficken	Sr. Cherry Creek	:23.40	3. E. Gaca-Thiele	Fossil Ridge	:51.19	3. A. Mason	So. Fairview	1:51.43
4. A. Mason	So. Fairview	:23.50	4. M. Inouye	Mountain Range	:51.47	4. M. Macaulay	Sr. Heritage	1:51.46
5. K. O'Hara	Castle View/Doug	:23.54	5. M. Macaulay	Sr. Heritage	:51.71	5. S. Zallen	So. Boulder	1:51.78
6. E. Gaca	Fossil Ridge	:23.63	6. A. Loveridge	So. Cherry Creek	:51.87	6. A. Perry	So. Lewis-Palmer	1:51.87
7. A. Brown	Jr. Grandview	:23.65	7. A. Mason	So. Fairview	:51.88	7. G. Dyer	Jr. Rock Canyon	1:52.46
8. A. Kehmeier	Sr. Legacy	:23.79	8. A. Brown	Jr. Grandview	:52.10	8. L. Louder	Sr. Arapahoe	1:52.49
9. A. Perry	So. Lewis-Palmer	:23.95	9. L. Louder	Sr. Arapahoe	:52.65	9. A. Gardner	Sr. Rock Canyon	1:53.03
10. A. Loveridge	So. Cherry Creek	:24.02	10. R. Horn	Jr. Columbine	:52.69	10. S. Aguirre	Regis	1:53.71
11. R. Horn	Jr. Columbine	:24.15	11. C. Wilson	Jr. Cherry Creek	:52.71	11. Z. Zallen	Sr. Boulder	1:53.74
12. J. Costa	Rock Canyon	:24.15	12. S. Pippert	Mountain Range	:52.84	12. T. Johannsen	Regis	1:54.03
13. R. Johnston	Sr. Arapahoe	:24.17	13. K. Myco	Jr. Heritage	:52.92	13. H. Ross	Sr. Cherry Creek	1:54.33
14. I. Forsman	Jr. Legacy	:24.22	14. R. Ballard	Sr. Columbine	:53.03	14. S. Inman	Sr. Fairview	1:54.82
15. K. Ketter	Jr. Legend	:24.28	15. A. Gardner	Sr. Rock Canyon	:53.19	15. C. Wilson	Jr. Cherry Creek	1:55.72
16. M. Waldron	Sr. Rocky Mountain	:24.41	16. E. Ramsden	So. Heritage	:53.22	16. K. Cohen	Sr. Cherry Creek	1:55.85
17. E. Simecek	Sr. Fairview	:24.42	17. K. Vail	Jr. Grandview	:53.23	17. E. Ziegert	Sr. Fairview	1:56.15
18. E. Forbes	Sr. Columbine	:24.44	18. K. Ketter	Jr. Legend	:53.30	18. A. Yaworski	So. Arapahoe	1:56.21
19. J. Urbanowski	Sr. Fairview	:24.45	19. S. Woren	Jr. Cherokee Trail	:53.33	19. M. Cady	Jr. Fairview	1:56.56
20. M. Macaulay	Sr. Heritage	:24.46	20. S. Aguirre	Regis	:53.33	20. K. Guikema	Sr. Grandview	1:56.66
500 Yard Freestyle (5:35.00)			100 Yard Backstroke (1:02.50)			100 Yard Butterfly (1:02.20)		
1. S. Rachjaibun	Sr. Legacy	5:00.23	1. S. Frei	Regis	:54.34	1. A. Greenhawt	Sr. Cherry Creek	:54.46
2. M. Inouye	Mountain Range	5:01.15	2. C. Wilson	Jr. Cherry Creek	:55.09	2. A. Mason	So. Fairview	:54.76
3. M. Cady	Jr. Fairview	5:04.40	3. E. Simecek	Sr. Fairview	:56.09	3. S. Frei	Regis	:56.09
4. G. Dyer	Jr. Rock Canyon	5:04.65	4. A. Kehmeier	Sr. Legacy	:56.58	4. M. Macaulay	Sr. Heritage	:56.21
5. T. Johannsen	Regis	5:06.10	5. P. Prince	Jr. Arapahoe	:57.01	5. G. Thornton	Fr. Fossil Ridge	:56.59
6. S. Zallen	So. Boulder	5:08.73	6. L. Louder	Sr. Arapahoe	:57.24	6. E. Simecek	Sr. Fairview	:57.06
7. C. Walkup	Fr. Smoky Hill	5:09.20	7. E. Ziegert	Sr. Fairview	:57.32	7. I. Ehm	Sr. Heritage	:57.67
8. M. Kawahata	Sr. Mountain Vista	5:11.78	8. A. Mason	So. Fairview	:57.33	8. T. Steinmetz	Sr. Cherry Creek	:57.81
9. H. Ross	Sr. Cherry Creek	5:13.14	9. S. Zallen	So. Boulder	:57.46	9. M. McDonald	Sr. Cherry Creek	:57.86
10. C. Wilson	Jr. Cherry Creek	5:13.26	10. A. Greenhawt	Sr. Cherry Creek	:57.48	10. A. Siverts	Sr. Ft. Collins	:57.89
11. S. Inman	Sr. Fairview	5:14.13	11. S. Capp	Sr. Heritage	:57.54	11. S. O'Neil	Sr. Fossil Ridge	:57.98
12. S. Porter	Sr. Columbine	5:16.92	12. A. Sherman	Jr. Heritage	:57.58	12. E. Gaca-Thiele	Fossil Ridge	:58.04
13. M. Doubrava	Sr. Grandview	5:17.31	13. R. Ballard	Sr. Columbine	:57.83	13. P. Rose	Fr. Columbine	:58.05
14. M. Macaulay	Sr. Heritage	5:19.06	14. M. Macaulay	Sr. Heritage	:58.00	14. R. Johnston	Sr. Arapahoe	:58.06
15. A. Gardner	Sr. Rock Canyon	5:19.41	15. A. Herl	So. Chaparral	:58.17	15. L. Ficken	Sr. Cherry Creek	:58.08
16. K. Gibbs	Jr. Legend	5:19.50	16. H. Ross	Sr. Cherry Creek	:59.14	16. E. Forbes	Sr. Columbine	:58.19
17. G. Knight	So. Fossil Ridge	5:20.47	17. F. Leitel	So. Heritage	:59.36	17. S. Aguirre	Regis	:58.19
18. M. Williams	Fr. Cherry Creek	5:20.61	18. A. Crum	Sr. Ft. Collins	:59.40	18. M. Waldron	Sr. Rocky Mountain	:58.22
19. L. Wehr	So. Arapahoe	5:20.63	19. M. Inouye	Mountain Range	:59.55	19. T. Johannsen	Regis	:58.30
20. I. Ehm	Sr. Heritage	5:21.27	20. I. Ehm	Sr. Heritage	:59.58	20. C. Wilson	Jr. Cherry Creek	:58.74
100 Yard Breaststroke (1:12.00)			200 Yard Individual Medley (2:18.00)			1-Meter Diving (355(12.0))		
1. R. Johnston	Sr. Arapahoe	1:02.42	1. M. Macaulay	Sr. Heritage	2:02.10	1. E. Gray	So. Ft. Collins	513.30
2. P. Dailey	Sr. Grandview	1:03.12	2. T. Steinmetz	Sr. Cherry Creek	2:04.69	2. A. Campbell	So. Grandview	488.95
3. T. Steinmetz	Sr. Cherry Creek	1:03.15	3. S. Rachjaibun	Sr. Legacy	2:04.86	3. M. Manley	Sr. Denver East	472.05
4. K. Cohen	Sr. Cherry Creek	1:03.78	4. M. Kawahata	Sr. Mountain Vista	2:05.89	4. S. Zakhem	Fr. Columbine	467.15
5. S. Capp	Sr. Heritage	1:04.38	5. I. Forsman	Jr. Legacy	2:06.60	5. C. Younge	So. Fairview	454.30
6. K. Forbes	So. Columbine	1:04.66	6. C. Burnham	Regis	2:06.85	6. S. Ovesen	So. Fossil Ridge	453.20
7. Z. Zallen	Sr. Boulder	1:05.34	7. P. Prince	Jr. Arapahoe	2:07.89	7. D. Price	So. Cherry Creek	449.00
8. K. Hafer	Jr. Grandview	1:05.70	8. M. Reiner	Jr. Brighton	2:07.90	8. E. Lence	Jr. Chatfield	446.95
9. I. Forsman	Jr. Legacy	1:05.77	9. A. Mason	So. Fairview	2:08.66	9. L. Petz	Fr. Arvada West	433.95
10. C. Burnham	Regis	1:05.84	10. C. Wilson	Jr. Cherry Creek	2:08.66	10. S. Mann	Regis	432.60
11. A. Crum	Sr. Ft. Collins	1:06.09	11. K. Glasgow	Sr. Fossil Ridge	2:08.94	11. A. Overbaugh	Rock Canyon	425.90
12. K. Glasgow	Sr. Fossil Ridge	1:06.42	12. A. Crum	Sr. Ft. Collins	2:09.02	12. A. Hackbarth	Sr. Cherry Creek	424.25
13. J. Wang	Sr. Rock Canyon	1:06.64	13. R. Ballard	Sr. Columbine	2:09.69	13. K. Powell	Sr. Arvada West	421.35
14. C. Wilson	Jr. Cherry Creek	1:06.72	14. S. Capp	Sr. Heritage	2:09.81	14. L. Hodges	Fountain Valley	414.65
15. M. Reiner	Jr. Brighton	1:06.79	15. H. Huilman	Fr. Boulder	2:10.53	15. H. Like	Horizon	412.80
16. T. Kohl	Regis	1:06.83	16. S. Frei	Regis	2:10.69	16. C. Sullivan	Jr. Ft. Collins	408.45
17. A. Barnett	Sr. Heritage	1:07.11	17. C. Walkup	Fr. Smoky Hill	2:10.72	17. R. Spiegel	So. Cherry Creek	408.05
18. E. Forbes	Sr. Columbine	1:07.89	18. T. Johannsen	Regis	2:10.81	18. K. Jewell	Regis	405.20
19. J. Young	Fr. Cherokee Trail	1:08.09	19. E. Gaca-Thiele	Fossil Ridge	2:11.44	19. E. Byrnes	Jr. Lewis-Palmer	402.75
20. C. Walkup	Fr. Smoky Hill	1:08.27	20. S. Zallen	So. Boulder	2:11.45	20. H. Ralfe	Sr. Cherry Creek	396.85
200 Yard Medley Relay (2:03.00)			200 Yard Freestyle Relay (1:50.00)			400 Yard Freestyle Relay (4:00.00)		
1. Cherry Creek		1:43.10	1. Cherry Creek		1:33.78	1. Cherry Creek		3:28.63
2. Regis Jesuit		1:44.93	2. Fossil Ridge		1:36.34	2. Boulder		3:31.50
3. Legacy		1:46.20	3. Legacy		1:37.15	3. Fairview		3:31.57
4. Heritage		1:46.29	4. Heritage		1:37.73	4. Legacy		3:32.80
5. Arapahoe		1:46.77	5. Mountain Range		1:38.45	5. Fossil Ridge		3:32.88
6. Fairview		1:47.40	6. Cherokee Trail		1:39.19	6. Heritage		3:33.95
7. Columbine		1:47.55	7. Grandview		1:39.37	7. Grandview		3:33.99
8. Grandview		1:48.03	8. Columbine		1:39.44	8. Regis Jesuit		3:34.75
9. Fort Collins		1:48.26	9. Fort Collins		1:39.62	9. Arapahoe		3:36.50
10. Fossil Ridge		1:49.15	10. Rock Canyon		1:39.96	10. Columbine		3:36.85
11. Brighton		1:49.37	11. Fairview		1:40.09	11. Cherokee Trail		3:37.78
12. Rock Canyon		1:50.27	12. Boulder		1:40.56	12. Rock Canyon		3:38.55
13. Cherokee Trail		1:50.33	13. Regis Jesuit		1:40.68	13. Fort Collins		3:38.65
14. Mountain Range		1:50.44	14. Arapahoe		1:41.06	14. Brighton		3:40.46
15. Rocky Mountain		1:50.54	15. Brighton		1:41.26	15. Legend		3:40.58
16. Boulder		1:52.44	16. Legend		1:41.64	16. Rocky Mountain		3:42.81
17. Smoky Hill		1:52.60	17. Mountain Vista		1:41.76	17. Mountain Vista		3:45.43
18. Chaparral		1:52.80	18. Chaparral		1:41.99	18. Denver East		3:45.84
19. Valor Christian		1:53.41	19. ThunderRidge		1:43.25	19. Chaparral		3:46.28
20. Mountain Vista		1:53.81	20. Douglas County		1:44.31	20. Valor Christian		3:49.17

5A Team Rankings

1. Cherry Creek	450
2. Heritage	282
3. Fairview	267
4. Regis	248
5. Legacy	232
6. Columbine	227
7. Fossil Ridge	225
8. Grandview	224
9. Arapahoe	192
10. Boulder	170
11. Rock Canyon	163
12. Ft. Collins	146
13. Mountain Range	114
14. Cherokee Trail	98
15. Brighton	85
16. Mountain Vista	53
17. Legend	50
18. Rocky Mountain	37
19. Smoky Hill	35
20. Lewis-Palmer	34

Colorado Girls 4A High School Swimming and Diving Top 20 Rankings - 2/5/2023

50 Yard Freestyle (26.50)			100 Yard Freestyle (58.20)			200 Yard Freestyle (2:09.00)		
1. E. Lennox	So. Monarch	:23.76	1. M. Mintenko	So. Pine Creek	:51.06	1. M. Mintenko	So. Pine Creek	1:50.04
2. J. Bindseil	Jr. Longmont	:23.89	2. J. Bindseil	Jr. Longmont	:52.08	2. S. Hawbaker	So. Windsor	1:53.87
3. J. Legh	Sr. Niwot	:23.99	3. S. Hawbaker	So. Windsor	:52.11	3. M. Wherry	Fr. Broomfield	1:56.00
4. R. Burton	Jr. Highlands Ranch	:24.03	4. J. Legh	Sr. Niwot	:52.40	4. R. Hagerman	Fr. Broomfield	1:56.02
5. M. Mintenko	So. Pine Creek	:24.07	5. R. Burton	Jr. Highlands Ranch	:53.15	5. A. Tucker	Fr. Ponderosa	1:56.23
6. M. Prater	Sr. Monarch	:24.27	6. C. Bricker	Sr. Cheyenne Mtn.	:53.33	6. C. Bricker	Sr. Cheyenne Mtn.	1:56.61
7. M. Leget	Sr. Broomfield	:24.29	7. A. Tucker	Fr. Ponderosa	:53.34	7. J. Bindseil	Jr. Longmont	1:57.35
8. N. Rutar	Golden	:24.44	8. E. Lennox	So. Monarch	:53.43	8. I. Flenard	Sr. Highlands Ranch	1:57.71
9. A. Tucker	Fr. Ponderosa	:24.53	9. C. Heuer	Jr. Niwot	:54.00	9. C. Heuer	Jr. Niwot	1:57.98
10. J. Erickson	Jr. Pine Creek	:24.89	10. M. Leget	Sr. Broomfield	:54.05	10. K. Smith	Greeley West	1:58.54
11. A. Lillie	Sr. Erie	:24.98	11. M. Wherry	Fr. Broomfield	:54.10	11. P. Reilly	Jr. G. Washington	1:58.86
12. V. Walsh	So. Centaurus	:25.08	12. N. Rutar	Golden	:54.19	12. I. Ladrow	Fr. Cheyenne Mtn.	1:58.91
13. I. Burton	Jr. Pine Creek	:25.09	13. M. Prater	Sr. Monarch	:54.27	13. L. Kemmerer	Fr. Pine Creek	1:59.06
14. M. MacMillan	Golden	:25.11	14. V. Walsh	So. Centaurus	:54.42	14. V. Walsh	So. Centaurus	1:59.07
15. I. Ladrow	Fr. Cheyenne Mtn.	:25.13	15. A. Lillie	Sr. Erie	:54.65	15. K. Tarran	So. Dakota Ridge	2:00.11
16. S. Mow	Sr. Niwot	:25.17	16. I. Ladrow	Fr. Cheyenne Mtn.	:54.66	16. H. Larson	So. Longmont	2:00.11
17. J. Erickson	Jr. Pine Creek	:25.19	17. P. Reilly	Jr. G. Washington	:54.67	17. H. Flis	Sr. Cheyenne Mtn.	2:01.80
18. C. Bricker	Sr. Cheyenne Mtn.	:25.21	18. I. Burton	Jr. Pine Creek	:55.13	18. E. Morris	So. Pine Creek	2:01.99
19. S. Hawbaker	So. Windsor	:25.31	19. I. Flenard	Sr. Highlands Ranch	:55.17	19. A. Shambo	Fr. Monarch	2:02.18
20. E. Poe	Fr. Cheyenne Mtn.	:25.32	20. A. Lombardi	So. Cheyenne Mtn.	:55.27	20. B. Patik	Fr. Centaurus	2:02.70
500 Yard Freestyle (5:50.00)			100 Yard Backstroke (1:06.50)			100 Yard Butterfly (1:07.00)		
1. M. Mintenko	So. Pine Creek	5:00.49	1. C. Bricker	Sr. Cheyenne Mtn.	:56.63	1. J. Legh	Sr. Niwot	:55.87
2. R. Hagerman	Fr. Broomfield	5:06.47	2. J. Legh	Sr. Niwot	:57.06	2. C. Bricker	Sr. Cheyenne Mtn.	:56.07
3. A. Tucker	Fr. Ponderosa	5:11.19	3. I. Burton	Jr. Pine Creek	:57.59	3. M. Mintenko	So. Pine Creek	:57.04
4. M. Wherry	Fr. Broomfield	5:12.26	4. K. Smith	Greeley West	:58.82	4. V. Walsh	So. Centaurus	:58.90
5. E. Foulke	Fr. Broomfield	5:15.49	5. M. Mintenko	So. Pine Creek	:59.31	5. I. Flenard	Sr. Highlands Ranch	:59.60
6. C. Bricker	Sr. Cheyenne Mtn.	5:17.33	6. V. Walsh	So. Centaurus	:59.70	6. C. Heuer	Jr. Niwot	:59.73
7. I. Flenard	Sr. Highlands Ranch	5:18.64	7. Z. Afman	Sr. Dakota Ridge	:59.76	7. J. Bindseil	Jr. Longmont	1:00.00
8. A. Hawkins	Jr. Littleton	5:21.55	8. H. Flis	Sr. Cheyenne Mtn.	1:00.56	8. L. Kemmerer	Fr. Pine Creek	1:00.11
9. P. Reilly	Jr. G. Washington	5:22.71	9. R. Burton	Jr. Highlands Ranch	1:00.71	9. T. Schultz	Sr. Pine Creek	1:00.24
10. K. Tarran	So. Dakota Ridge	5:23.09	10. A. Musslewhite	Fr. Loveland	1:01.01	10. K. Swanson	Jr. Pine Creek	1:00.39
11. K. Swanson	Jr. Pine Creek	5:25.90	11. A. Cryderman	Liberty	1:01.42	11. I. Burton	Jr. Pine Creek	1:00.79
12. E. Sagunsky	Liberty	5:26.56	12. E. Morris	So. Pine Creek	1:01.65	12. S. Hawbaker	So. Windsor	1:01.08
13. H. Larson	So. Longmont	5:26.69	13. M. Burton	Sr. Pine Creek	1:01.72	13. H. Flis	Sr. Cheyenne Mtn.	1:01.11
14. A. Trinidad	So. Cheyenne Mtn.	5:26.89	14. S. Mow	Sr. Niwot	1:01.76	14. B. Miller	Fr. Loveland	1:01.33
15. B. Slivka	Sr. Cheyenne Mtn.	5:29.18	15. S. Ruskin	Fr. Pine Creek	1:02.05	15. E. Evans	Sr. Windsor	1:01.33
16. S. Mongillo	Jr. Pine Creek	5:29.41	16. B. Patik	Fr. Centaurus	1:02.12	16. E. Claeys	So. Standley Lake	1:01.49
17. I. Ladrow	Fr. Cheyenne Mtn.	5:31.40	17. E. Foulke	Fr. Broomfield	1:02.50	17. L. Martin	Sr. Silver Creek	1:01.63
18. I. Burton	Jr. Pine Creek	5:31.52	18. E. Reimer	Jr. G. Washington	1:02.74	18. M. Burton	Sr. Pine Creek	1:01.66
19. L. Kemmerer	Fr. Pine Creek	5:34.38	19. M. Prater	Sr. Monarch	1:02.79	19. I. Anderson	Golden	1:01.88
20. K. Berg	Jr. Centaurus	5:35.11	20. G. Christensen	So. Monarch	1:02.95	20. M. Steel	Sr. Palmer	1:02.04
100 Yard Breaststroke (1:15.80)			200 Yard Individual Medley (2:26.00)			1-Meter Diving (320(11.0))		
1. C. Bricker	Sr. Cheyenne Mtn.	1:03.97	1. C. Bricker	Sr. Cheyenne Mtn.	2:00.87	1. A. Van	Liberty	506.10
2. A. Shambo	Fr. Monarch	1:04.71	2. J. Legh	Sr. Niwot	2:07.03	2. L. Broz	Jr. Silver Creek	454.00
3. R. Burton	Jr. Highlands Ranch	1:06.69	3. A. Shambo	Fr. Monarch	2:07.20	3. S. Wolf	Jr. Silver Creek	453.45
4. S. Hawbaker	So. Windsor	1:07.20	4. M. Mintenko	So. Pine Creek	2:08.79	4. E. Fay	So. Niwot	450.85
5. C. Heuer	Jr. Niwot	1:07.98	5. I. Burton	Jr. Pine Creek	2:10.77	5. J. Banister	Bear Creek	439.05
6. R. Lavigne	Sr. Niwot	1:08.19	6. E. Foulke	Fr. Broomfield	2:10.96	6. V. Noel	Jr. Montrose	412.94
7. E. Effland	Sr. Broomfield	1:08.29	7. S. Hawbaker	So. Windsor	2:11.14	7. L. Grace Guthrie	Fr. Broomfield	411.05
8. E. Smith	Jr. Highlands Ranch	1:08.31	8. E. Effland	Sr. Broomfield	2:11.47	8. T. Grudle	Jr. Standley Lake	410.45
9. J. Legh	Sr. Niwot	1:09.11	9. Z. Afman	Sr. Dakota Ridge	2:11.53	9. P. Tupea	Sr. Cheyenne Mtn.	408.15
10. Z. Afman	Sr. Dakota Ridge	1:09.31	10. I. Flenard	Sr. Highlands Ranch	2:12.99	10. J. Dodd	So. Dakota Ridge	404.90
11. S. Kersey	So. Pine Creek	1:09.38	11. E. Evans	Sr. Windsor	2:13.71	11. H. Lindberg	So. Silver Creek	401.95
12. A. Hawkins	Jr. Littleton	1:09.56	12. E. Gray	Fr. Pine Creek	2:16.13	12. H. Compton	Sr. Ponderosa	391.55
13. E. Gray	Fr. Pine Creek	1:10.14	13. A. Musslewhite	Fr. Loveland	2:16.16	13. J. Shipp	Bear Creek	390.40
14. J. Strobe	Sr. Niwot	1:10.87	14. A. Hawkins	Jr. Littleton	2:16.49	14. P. Henry	Sr. Coronado	386.15
15. K. Berg	Jr. Centaurus	1:11.07	15. E. Sagunsky	Liberty	2:16.60	15. M. MacMillan	Golden	375.55
16. A. Sesselmann	So. Silver Creek	1:11.61	16. R. Burton	Jr. Highlands Ranch	2:16.77	16. A. Mixon	Sr. Loveland	374.50
17. S. Kaufman	So. Ponderosa	1:11.71	17. K. Swanson	Jr. Pine Creek	2:17.01	17. K. Pfeifer	Sr. Pueblo West	373.60
18. E. Peterson	Fr. Littleton	1:11.73	18. E. Claeys	So. Standley Lake	2:17.01	18. M. Macias	Sr. Monarch	373.50
19. L. Kemmerer	Fr. Pine Creek	1:11.78	19. A. Trinidad	So. Cheyenne Mtn.	2:17.27	19. R. Annable	Fr. Windsor	372.45
20. A. Slater	Sr. Denver South	1:12.15	20. N. Rutar	Golden	2:17.39	20. K. White	Fr. Standley Lake	370.70
200 Yard Medley Relay (2:08.00)			200 Yard Freestyle Relay (1:52.00)			400 Yard Freestyle Relay (4:10.00)		
1. Monarch		1:47.88	1. Niwot		1:39.22	1. Pine Creek		3:36.13
2. Broomfield		1:49.80	2. Cheyenne Mountain		1:40.49	2. Broomfield		3:38.15
3. Highlands Ranch		1:49.91	3. Golden		1:41.19	3. Niwot		3:39.54
4. Niwot		1:50.04	4. Centaurus		1:42.09	4. Cheyenne Mountain		3:40.69
5. Cheyenne Mountain		1:51.03	5. Pine Creek		1:42.11	5. Monarch		3:41.39
6. Pine Creek		1:51.83	6. Broomfield		1:42.61	6. Centaurus		3:44.46
7. Windsor		1:54.15	7. Monarch		1:42.75	7. Golden		3:45.46
8. Centaurus		1:55.46	8. Greeley West		1:42.95	8. Highlands Ranch		3:47.76
9. Golden		1:56.66	9. Highlands Ranch		1:43.73	9. Greeley West		3:48.01
10. Silver Creek		1:57.23	10. Erie		1:44.58	10. Windsor		3:48.77
11. Dakota Ridge		1:57.31	11. Silver Creek		1:45.12	11. George Washington		3:49.66
12. Littleton		1:57.42	12. George Washington		1:45.39	12. Silver Creek		3:49.77
13. Loveland		1:58.42	13. Littleton		1:45.48	13. Littleton		3:51.70
14. Liberty		1:58.51	14. Loveland		1:46.12	14. Dakota Ridge		3:51.73
15. Denver South		1:58.93	15. Windsor		1:47.66	15. Loveland		3:51.92
16. George Washington		1:59.46	16. Denver South		1:48.10	16. Erie		3:56.28
17. Ponderosa		2:00.49	17. Durango		1:48.40	17. Liberty		3:57.56
18. Air Academy		2:01.29	18. Ponderosa		1:48.64	18. Longmont		3:58.14
19. Longmont		2:01.48	19. Air Academy		1:48.69	19. Standley Lake		4:01.84
20. Greeley West		2:01.69	20. Grand Junction		1:48.82	20. Air Academy		4:02.59

Colorado Girls 4A High School Swimming and Diving Top 20 Rankings - 2/5/2023

4A Team Rankings

1. Pine Creek	406
2. Broomfield	329
3. Cheyenne Mountain	294
4. Niwot	287
5. Monarch	253
6. Highlands Ranch	194
7. Centaurus	175
8. Golden	162
9. Windsor	146
10. Silver Creek	138
11. Loveland	113
12. Dakota Ridge	112
13. Greeley West	104
14. Liberty	100
15. George Washington	88
16. Littleton	87
17. Longmont	74
18. Ponderosa	69
19. Erie	65
20. Denver South	49

Colorado Girls 3A High School Swimming and Diving Top 20 Rankings - 2/5/2023

50 Yard Freestyle (27:50)			100 Yard Freestyle (1:01.50)			200 Yard Freestyle (2:17.50)		
1. J. Thomas	Sr. Disc. Canyon	:24.30	1. C. Crysel	Jr. St. Mary's Acad.	:53.12	1. M. Wagner	So. Disc. Canyon	1:55.12
2. C. Crysel	Jr. St. Mary's Acad.	:24.35	2. J. Thomas	Sr. Disc. Canyon	:53.13	2. C. Monajjem	Fr. Wellington	1:55.74
3. M. Jagger	Sr. Pueblo County	:24.64	3. T. Siegel	Sr. Denver North	:53.92	3. T. Siegel	Sr. Denver North	1:56.64
4. R. Mills	So. St. Mary's Acad.	:24.93	4. M. Wagner	So. Disc. Canyon	:54.13	4. T. Riddle	Fr. Evergreen	1:57.31
5. T. Siegel	Sr. Denver North	:24.96	5. L. Frauenfelder	Fr. Holy Family	:54.19	5. S. Ancona	So. St. Mary's	2:01.70
6. C. Rojas	Sr. Thompson Vall.	:25.25	6. F. Anderson	Jr. Evergreen	:54.40	6. L. Frauenfelder	Fr. Holy Family	2:01.91
7. A. Anderson	D'Evelyn	:25.27	7. C. Monajjem	Fr. Wellington	:54.55	7. E. Lindstrom	So. Glenwood Spr.	2:01.96
8. T. Martin	Holyoke	:25.49	8. M. Jagger	Sr. Pueblo County	:54.58	8. A. Ogilby	Jr. Glenwood Spr.	2:03.01
9. C. Monajjem	Fr. Wellington	:25.50	9. L. Felton	So. Green Mountain	:55.31	9. L. Felton	So. Green Mountain	2:03.51
10. F. Anderson	Jr. Evergreen	:25.54	10. R. Mills	So. St. Mary's Acad.	:55.35	10. M. Sherick	Sr. Liberty Common	2:03.53
11. M. Sherick	Sr. Liberty Common	:25.62	11. A. Anderson	D'Evelyn	:55.49	11. K. Callender	Fr. St. Mary's Acad.	2:03.66
12. L. Frauenfelder	Fr. Holy Family	:25.64	12. B. Jones	Sr. Glenwood Spr.	:55.59	12. Z. Suhajda	Sr. Disc. Canyon	2:04.47
13. M. Crysel	Fr. St. Mary's Acad.	:25.66	13. A. Cook	Sr. Evergreen	:55.67	13. C. Roberts	So. Berthoud	2:04.50
14. S. Merchant	So. Salida	:25.74	14. E. Lindstrom	So. Glenwood Spr.	:55.69	14. B. Franciscus	Jr. St. Mary's Acad.	2:04.77
15. E. Lindstrom	So. Glenwood Spr.	:25.94	15. B. Franciscus	Jr. St. Mary's Acad.	:56.04	15. E. Yearsley	Sr. St. Mary's Acad.	2:05.51
16. M. Wagner	So. Disc. Canyon	:26.01	16. T. Riddle	Fr. Evergreen	:56.57	16. A. Cook	Sr. Evergreen	2:06.03
17. A. Daharsh	Jr. Liberty Common	:26.07	17. A. Daharsh	Jr. Liberty Common	:56.60	17. M. Stice	So. Gunnison	2:06.17
18. K. Ackerman	Jr. Evergreen	:26.13	18. C. Rojas	Sr. Thompson Vall.	:56.68	18. M. Jagger	Sr. Pueblo County	2:06.20
19. A. Hughes	Jr. Berthoud	:26.20	19. G. Kobak	Sr. Northfield	:56.69	19. I. Wood	Jr. Holy Family	2:06.57
20. H. Carrington	Kent Denver	:26.20	20. H. Carrington	Kent Denver	:56.98	20. T. Halleen	Sr. Disc. Canyon	2:06.68
500 Yard Freestyle (6:18.00)			100 Yard Backstroke (1:10.00)			100 Yard Butterfly (1:10.50)		
1. T. Riddle	Fr. Evergreen	5:13.66	1. F. Anderson	Jr. Evergreen	:53.68	1. F. Anderson	Jr. Evergreen	:55.67
2. A. Ogilby	Jr. Glenwood Spr.	5:18.22	2. C. Monajjem	Fr. Wellington	:58.69	2. J. Thomas	Sr. Disc. Canyon	:57.24
3. T. Siegel	Sr. Denver North	5:19.27	3. M. Wagner	So. Disc. Canyon	:59.45	3. R. Mills	So. St. Mary's Acad.	:58.28
4. M. Wagner	So. Disc. Canyon	5:24.69	4. S. Ancona	So. St. Mary's	:59.54	4. L. Frauenfelder	Fr. Holy Family	:59.06
5. B. Jones	Sr. Glenwood Spr.	5:26.24	5. R. Mills	So. St. Mary's Acad.	1:00.20	5. R. Rains	So. Evergreen	:59.56
6. T. Halleen	Sr. Disc. Canyon	5:29.59	6. H. Winn	Jr. Windsor	1:00.47	6. C. Monajjem	Fr. Wellington	1:00.15
7. A. Fisher	Jr. Evergreen	5:30.60	7. C. Chapman	Jr. Holy Family	1:00.72	7. H. Winn	Jr. Windsor	1:00.52
8. Z. Suhajda	Sr. Disc. Canyon	5:31.10	8. T. Siegel	Sr. Denver North	1:00.80	8. A. Clayton	So. Disc. Canyon	1:00.90
9. R. Mills	So. St. Mary's Acad.	5:33.87	9. A. Clayton	So. Disc. Canyon	1:00.95	9. M. Patel	So. Evergreen	1:02.05
10. E. Lindstrom	So. Glenwood Spr.	5:35.05	10. J. Thomas	Sr. Disc. Canyon	1:01.10	10. S. Reiber	Jr. Thompson Vall.	1:02.07
11. L. Frauenfelder	Fr. Holy Family	5:35.39	11. B. Franciscus	Jr. St. Mary's Acad.	1:01.30	11. C. Chapman	Jr. Holy Family	1:02.19
12. K. Callender	Fr. St. Mary's Acad.	5:38.13	12. M. Patel	So. Evergreen	1:01.55	12. S. Ancona	So. St. Mary's	1:02.31
13. K. Pierce	D'Evelyn	5:38.74	13. S. Reiber	Jr. Thompson Vall.	1:01.84	13. B. Jones	Sr. Glenwood Spr.	1:02.56
14. C. Roberts	So. Berthoud	5:39.93	14. M. Jagger	Sr. Pueblo County	1:02.00	14. T. Martin	Holyoke	1:02.59
15. A. Cook	Sr. Evergreen	5:41.00	15. A. Deter	So. Roosevelt	1:02.52	15. A. Anderson	D'Evelyn	1:02.68
16. A. Jones	So. Liberty Common	5:44.35	16. K. Ackerman	Jr. Evergreen	1:02.65	16. M. Wagner	So. Disc. Canyon	1:02.75
17. A. Anderson	D'Evelyn	5:46.49	17. G. Gardner	Jr. La Junta	1:03.31	17. A. Hughes	Jr. Berthoud	1:03.11
18. Z. Anfang	Moffat County	5:47.56	18. L. Frauenfelder	Fr. Holy Family	1:03.53	18. E. Lindstrom	So. Glenwood Spr.	1:03.95
19. G. Cairns	Sr. St. Mary's	5:47.80	19. L. Huggard	Sr. Aspen	1:03.94	19. A. Jones	So. Liberty Common	1:04.00
20. S. Price	Jr. Glenwood Spr.	5:48.53	20. M. Sherick	Sr. Liberty Common	1:04.52	20. T. Lanham	Fr. Pueblo County	1:04.03
100 Yard Breaststroke (1:19.50)			200 Yard Individual Medley (2:36.00)			1-Meter Diving (290(10.8))		
1. R. Rains	So. Evergreen	1:06.82	1. M. Wagner	So. Disc. Canyon	2:10.04	1. L. Zupancic	Sr. Liberty Common	438.30
2. C. Crysel	Jr. St. Mary's Acad.	1:06.92	2. C. Crysel	Jr. St. Mary's Acad.	2:10.15	2. L. Cornett	Sr. Fountain Valley	437.15
3. C. Roberts	So. Berthoud	1:08.17	3. T. Siegel	Sr. Denver North	2:10.27	3. K. Johnson	Sr. Holy Family	422.35
4. M. Wagner	So. Disc. Canyon	1:08.72	4. L. Frauenfelder	Fr. Holy Family	2:10.47	4. S. Morgan	Sr. Estes Park	422.20
5. A. Cook	Sr. Evergreen	1:08.87	5. F. Anderson	Jr. Evergreen	2:11.84	5. K. Japuntich	Gunnison	399.30
6. T. Lanham	Fr. Pueblo County	1:09.09	6. B. Jones	Sr. Glenwood Spr.	2:13.06	6. D. Mielenz	Kent Denver	395.60
7. E. Hill	Sr. Salida	1:09.77	7. C. Roberts	So. Berthoud	2:13.73	7. K. Sinkler	Sr. Eaton	392.80
8. T. Siegel	Sr. Denver North	1:10.74	8. J. Thomas	Sr. Disc. Canyon	2:14.78	8. A. Johnson	Fr. Denver North	385.45
9. L. De	Sr. Evergreen	1:11.07	9. S. Ancona	So. St. Mary's	2:15.39	9. M. Fraley	So. Estes Park	383.80
10. A. Ogilby	Jr. Glenwood Spr.	1:11.35	10. C. Monajjem	Fr. Wellington	2:16.89	10. S. Swanke	Fr. Evergreen	360.35
11. G. Kobak	Sr. Northfield	1:11.68	11. C. Chapman	Jr. Holy Family	2:16.91	11. A. Chandler	So. Colorado Acad.	358.95
12. K. Pierce	D'Evelyn	1:12.02	12. A. Fisher	Jr. Evergreen	2:17.75	12. M. Chapman	So. Eaton	357.55
13. H. Winn	Jr. Windsor	1:12.59	13. S. Rhee	Fr. Fountain Valley	2:17.87	13. O. Pierce	So. Northfield	357.20
14. M. Crysel	Fr. St. Mary's Acad.	1:12.77	14. E. Lindstrom	So. Glenwood Spr.	2:18.02	14. J. Swanke	Sr. Evergreen	348.85
15. C. Monajjem	Fr. Wellington	1:12.79	15. T. Lanham	Fr. Pueblo County	2:18.83	15. D. Pateson	Kent Denver	343.60
16. C. Lengerich	So. Salida	1:13.11	16. K. Pierce	D'Evelyn	2:20.25	16. A. Zumpf	Fr. Pueblo Centr.	338.70
17. C. Morgan	Sr. Eaton	1:13.34	17. A. Ogilby	Jr. Glenwood Spr.	2:20.62	17. B. Capo	So. Estes Park	337.90
18. J. Petrie	So. Gunnison	1:13.44	18. R. Rains	So. Evergreen	2:21.09	18. S. Isom	Fr. Denver North	332.80
19. B. Jones	Sr. Glenwood Spr.	1:13.47	19. M. Crysel	Fr. St. Mary's Acad.	2:21.87	19. N. AhYo	Pueblo Cent.	327.45
20. A. Newton	Jr. Glenwood Spr.	1:14.15	20. E. Angus	Sr. Disc. Canyon	2:22.09	20. A. Ocasek	So. Evergreen	327.10
200 Yard Medley Relay (2:12.00)			200 Yard Freestyle Relay (1:56.00)			400 Yard Freestyle Relay (4:20.00)		
1. Evergreen		1:50.12	1. St. Mary's Academy		1:42.16	1. St. Mary's Academy		3:42.26
2. St. Mary's Academy		1:54.34	2. Evergreen		1:43.81	2. Evergreen		3:43.93
3. Discovery Canyon		1:54.43	3. Liberty Common		1:44.09	3. Discovery Canyon		3:44.15
4. Holy Family		1:54.89	4. Pueblo County		1:44.85	4. Holy Family		3:46.61
5. Pueblo County		1:57.16	5. Berthoud		1:46.21	5. D'Evelyn		3:51.47
6. D'Evelyn		1:57.48	6. Green Mountain		1:47.09	6. Liberty Common		3:51.71
7. Northfield		1:58.24	7. Colorado Academy		1:47.44	7. Glenwood Springs		3:56.14
8. Glenwood Springs		1:58.30	8. Discovery Canyon		1:47.50	8. Kent Denver		3:57.98
9. Green Mountain		1:58.32	9. Holy Family		1:48.16	9. Berthoud		4:00.77
10. Salida		1:59.94	10. Thompson Valley		1:48.30	10. Thompson Valley		4:01.02
11. Colorado Academy		2:00.35	11. Northfield		1:48.46	11. Salida		4:01.39
12. Kent Denver		2:00.50	12. Salida		1:49.15	12. Holyoke		4:04.16
13. Thompson Valley		2:01.40	13. Glenwood Springs		1:49.28	13. Pueblo County		4:04.29
14. Berthoud		2:01.45	14. Eaton		1:49.47	14. Gunnison		4:05.29
15. Sargent		2:01.96	15. Kent Denver		1:49.52	15. Woodland Park		4:08.66
16. Manitou Springs		2:02.68	16. Manitou Springs		1:50.14	16. Conifer		4:09.45
17. Gunnison		2:03.30	17. Sargent		1:50.99	17. Green Mountain		4:10.84
18. Eaton		2:03.50	18. D'Evelyn		1:51.16	18. Wellington		4:12.65
19. Denver North		2:03.67	19. Denver North		1:51.46	19. Summit		4:12.81
20. St. Mary's		2:04.65	20. Gunnison		1:51.49	20. Colorado Academy		4:13.15

3A Team Rankings

1. Evergreen	448
2. St. Mary's Academy	329
3. Disc. Canyon	314
4. Holy Family	217
5. Glenwood Springs	208
6. Liberty Common	175
7. Pueblo County	170
8. D'Evelyn	167
9. Berthoud	137
10. Salida	135
11. Thompson Valley	130
12. Green Mountain	108
13. Kent Denver	101
14. Northfield	91
15. Colorado Academy	74
16. Denver North	70
17. Gunnison	69
18. Eaton	69
19. St. Mary's	53
20. Woodland Park	49