

2023 3A State NCHSAA Championships - 2/10/2023 to 2/11/2023
Swimming & Diving
Host: Cumberland County Schools
Results

Scores - Women

1. Carrboro	196
2. Central Cabarrus	179
3. Lake Norman Charter	168
4. Orange	154
5. Northwood	133
6. Hickory	120
7. Durham School of the Arts	113
8. St Stephens	110
9. JH Rose	109
10. Northwest Cabarrus	104.5
11. Croatan	81
12. Franklin	77
13. Asheboro	71
14. Concord	65
15. Ledford	59
16. West Brunswick	57.5
17. Fred T Foard	51
18. Eastern Alamance	36
18. Rocky Mount	36
20. Cedar Ridge	33
21. Smithfield-Selma	28
22. Oak Grove	24
23. Eastern Guilford	23
23. South Brunswick	23
23. High Point Central	23
26. Western Alamance	22
26. Central Academy of Technology	22
28. South Central	19
28. Hibriten	19
30. Crest	16
31. First Flight	13
32. Walter M Williams	11
33. Union Pines	8
33. North Buncombe	8
35. Triton	6
36. Tuscola	5
37. Clyda A Erwin	4
37. South Rowan	4
39. Parkwood	3
40. East Rowan	2
41. Scotland	1

Scores - Men

1. Carrboro	231
2. Lake Norman Charter	192
3. Northwest Cabarrus	177
4. Croatan	166
5. West Carteret	137
6. Orange	127
7. Forestview	124
8. Durham School of the Arts	117
9. Rockingham County	81
10. East Lincoln	74
11. Central Cabarrus	67
12. JH Rose	65
13. South Brunswick	60
14. Central Davidson	45
15. West Henderson	40
16. Central Academy of Technology	39
17. South Point	38
18. First Flight	37
19. Cape Fear	36
20. Harnett Central	31
21. Cedar Ridge	28
21. South Central	28
23. Northwood	27
24. St Stephens	25
25. Kings Mountain	24
25. Pisgah	24
27. Crest	23
27. North Lincoln	23
27. Swansboro	23
30. Freedom	22
31. East Rowan	21
32. Atkins	17
33. Franklin	16
34. High Point Central	15
35. Concord	12
36. Hickory	10
37. Hunter Huss	9
38. Jesse Carson	6
39. Tuscola	5
39. Stuart Cramer	5
41. Eastern Alamance	4
42. Union Pines	3
43. Smithfield-Selma	2
43. Oak Grove	2
45. Jacksonville	1

2023 3A State NCHSAA Championships - 2/10/2023 to 2/11/2023

Swimming & Diving

Host: Cumberland County Schools

Results

Event 1 Women 200 Yard Medley Relay

3A State Rec: 1:44.69 # 2021 Charlotte Catholic
State Record: 1:42.07 @ 2023 Myers Park
1:44.21 AA-A 1:46.21 AA-C All American

Team	Relay	Prelim Time	Finals Time	Points
Championship Final				
1 Central Cabarrus		1:54.48	1:53.11	40
1) Cronin, Abbey SO	2) Vine, Bellum JR	3) Johns, Lyla SO	4) Wolff, Audrey SO	
27.68	1:01.13 (33.45) 1:28.41 (27.28)	1:53.11 (24.70)		
2 Orange		1:54.76	1:53.26	34
1) White, Riley JR	2) Rasinske, Ainsley FR	3) White, Piper FR	4) Sikes, Katie Belle JR	
27.78	1:03.30 (35.52) 1:31.46 (28.16)	1:53.26 (21.80)		
3 Durham School of the Arts		1:57.15	1:56.28	32
1) Krzyzaniak, Alexis JR	2) Ramsey, Claire SR	3) Marley, Jordan SR	4) Healey, Megan SR	
28.11	1:02.94 (34.83) 1:29.81 (26.87)	1:56.28 (26.47)		
4 Northwood		1:59.20	1:58.04	30
1) Sipper, Maya JR	2) Emrich, Lauren SR	3) Emrich, Abigail SO	4) Perez, Bianca SR	
31.89	1:04.53 (32.64) 1:32.06 (27.53)	1:58.04 (25.98)		
5 Lake Norman Charter		1:59.56	1:58.16	28
1) Hawkins, Peyton FR	2) Horton, Presley JR	3) Lasarsky, Addison SO	4) Rooney, Kristina JR	
31.83	1:04.90 (33.07) 1:32.43 (27.53)	1:58.16 (25.73)		
6 St Stephens		1:58.01	1:58.23	26
1) Coburn, Zoe	2) Caudle, Riley	3) Gruber, Ava	4) Parmenter, Katelyn	
28.46	1:04.07 (35.61) 1:33.68 (29.61)	1:58.23 (24.55)		
7 Carrboro		2:00.46	1:59.45	24
1) Wesley, Anna FR	2) Conner, Kyla FR	3) Hill, Ellie FR	4) Reed, Frances JR	
31.20	1:05.56 (34.36) 1:32.66 (27.10)	1:59.45 (26.79)		
8 JH Rose		2:00.32	2:01.03	22
1) Smith, Clara Pierce	2) Kulas, Hadleigh	3) Blackmon, Bryn	4) Carson, Carys	
28.35	1:02.46 (34.11) 1:33.54 (31.08)	2:01.03 (27.49)		
Consolation Final				
9 West Brunswick		2:01.98	2:01.30	18
1) Caron, Tess FR	2) Williams, Aley SO	3) Williams, Ava FR	4) Davis, Mary JR	
32.45	1:04.61 (32.16) 1:35.13 (30.52)	2:01.30 (26.17)		
10 Ledford		2:02.71	2:02.43	14
1) Brown, Madelyn	2) Koh, Jenna	3) White, Brea	4) Peele, Lily	
34.37	1:04.82 (30.45) 1:33.65 (28.83)	2:02.43 (28.78)		
11 Concord		2:02.29	2:03.18	12
1) Hermans, Lily FR	2) Keasler, Laurel SR	3) Neri, Isabella SR	4) Irvin, Blakely SO	
31.99	1:04.24 (32.25) 1:32.46 (28.22)	2:03.18 (30.72)		
12 Eastern Alamance		2:03.21	2:03.80	10
1) Carter, Braylee SR	2) Leventhal, Sydney SR	3) Scott, Chloe SR	4) Hupman, Audrey SR	
30.36	1:05.99 (35.63) 1:35.53 (29.54)	2:03.80 (28.27)		
13 Franklin		2:04.36	2:04.44	8
1) Phillips, Kate SO	2) Ballard, Natalie JR	3) Roper, Callie SR	4) Cassada, Ashlynn JR	
33.88	1:06.57 (32.69) 1:38.12 (31.55)	2:04.44 (26.32)		
14 South Brunswick		2:06.87	2:05.68	6
1) Ulevich, Meghan SR	2) Stegman, Keira SO	3) Gordon, Kennedy FR	4) Jackson, AJ FR	
32.67	1:09.11 (36.44) 1:39.81 (30.70)	2:05.68 (25.87)		
15 Western Alamance		2:07.93	2:07.42	4
1) Gasaway, Kensley FR	2) Quinn, Chelsea SR	3) Merlette, Elizabeth FR	4) Heathcote, Lyndsey SR	
31.99	1:07.51 (35.52) 1:39.87 (32.36)	2:07.42 (27.55)		
16 Smithfield-Selma		2:06.89	2:10.93	2
1) Farrell, Teagan	2) Stuckey, Emily	3) DuBois, Brielle	4) Denny, Megan	
32.39	1:10.26 (37.87) 1:40.63 (30.37)	2:10.93 (30.30)		

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Swimming & Diving

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Results

Event 1 Women 200 Yard Medley Relay

Team	Relay	Seed Time	Prelim Time
Preliminaries			
1 Central Cabarrus		1:54.48	1:54.48
1) Cronin, Abbey SO	2) Vine, Bellum JR	3) Johns, Lyla SO	4) Wolff, Audrey SO
27.52	1:00.92 (33.40) 1:28.49 (27.57)	1:54.48 (25.99)	
2 Orange		1:56.53	1:54.76
1) White, Riley JR	2) Rasinske, Ainsley FR	3) White, Piper FR	4) Sikes, Katie Belle JR
28.48	1:04.03 (35.55) 1:32.27 (28.24)	1:54.76 (22.49)	
3 Durham School of the Arts		1:56.41	1:57.15
1) Krzyzaniak, Alexis JR	2) Ramsey, Claire SR	3) Marley, Jordan SR	4) Healey, Megan SR
28.73	1:03.68 (34.95) 1:30.43 (26.75)	1:57.15 (26.72)	
4 St Stephens		1:57.68	1:58.01
1) Coburn, Zoe	2) Caudle, Riley	3) Gruber, Ava	4) Parmenter, Katelyn
28.75	1:03.37 (34.62) 1:33.27 (29.90)	1:58.01 (24.74)	
5 Northwood		1:59.82	1:59.20
1) Sipper, Maya JR	2) Emrich, Lauren SR	3) Emrich, Abigail SO	4) Perez, Bianca SR
31.58	1:05.30 (33.72) 1:33.31 (28.01)	1:59.20 (25.89)	
6 Lake Norman Charter		1:58.00	1:59.56
1) Hawkins, Peyton FR	2) Horton, Presley JR	3) Lasarsky, Addison SO	4) Rooney, Kristina JR
32.39	1:05.63 (33.24) 1:33.76 (28.13)	1:59.56 (25.80)	
7 JH Rose		1:59.16	2:00.32
1) Smith, Clara Pierce	2) Kulas, Hadleigh	3) Blackmon, Bryn	4) Carson, Carys
28.63	1:02.43 (33.80) 1:33.11 (30.68)	2:00.32 (27.21)	
8 Carrboro		2:04.10	2:00.46
1) Wesley, Anna FR	2) Conner, Kyla FR	3) Hill, Ellie FR	4) Reed, Frances JR
30.94	1:06.02 (35.08) 1:33.24 (27.22)	2:00.46 (27.22)	
9 West Brunswick		2:01.31	2:01.98
1) Caron, Tess FR	2) Williams, Aley SO	3) Williams, Ava FR	4) Davis, Mary JR
32.26	1:04.93 (32.67) 1:35.84 (30.91)	2:01.98 (26.14)	
10 Concord		2:01.26	2:02.29
1) Hermans, Lily FR	2) Keasler, Laurel SR	3) Neri, Isabella SR	4) Irvin, Blakely SO
31.04	1:03.42 (32.38) 1:31.60 (28.18)	2:02.29 (30.69)	
11 Ledford		2:03.76	2:02.71
1) Brown, Madelyn	2) Koh, Jenna	3) White, Brea	4) Peele, Lily
47.09	1:13.17 (26.08) 2:02.71 (49.54)		
12 Eastern Alamance		2:03.83	2:03.21
1) Carter, Braylee SR	2) Leventhal, Sydney SR	3) Scott, Chloe SR	4) Hupman, Audrey SR
29.51	1:04.70 (35.19) 1:34.66 (29.96)	2:03.21 (28.55)	
13 Franklin		2:04.57	2:04.36
1) Phillips, Kate SO	2) Ballard, Natalie JR	3) Roper, Callie SR	4) Cassada, Ashlynn JR
34.44	1:07.30 (32.86) 1:38.72 (31.42)	2:04.36 (25.64)	
14 South Brunswick		2:07.02	2:06.87
1) Ulevich, Meghan SR	2) Stegman, Keira SO	3) Gordon, Kennedy FR	4) Jackson, AJ FR
32.76	1:09.37 (36.61) 1:40.33 (30.96)	2:06.87 (26.54)	
15 Smithfield-Selma		2:07.97	2:06.89
1) DiGiovanni, Francesca	2) Stuckey, Emily	3) Farrell, Teagan	4) Denny, Megan
30.07	1:06.84 (36.77) 1:37.19 (30.35)	2:06.89 (29.70)	
16 Western Alamance		2:06.35	2:07.93
1) Gasaway, Kensley FR	2) Quinn, Chelsea SR	3) Merlette, Elizabeth FR	4) Heathcote, Lyndsey SR
32.36	1:08.03 (35.67) 1:39.50 (31.47)	2:07.93 (28.43)	

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Event 1 Women 200 Yard Medley Relay

Team	Relay	Seed Time	Prelim Time
17 Forestview		2:07.79	2:07.99
1) Riley, Lilly	2) Taylor, Emma	3) Peyton, Alex	4) Townsend, Addison
32.94	1:08.20 (35.26) 1:39.99 (31.79)	2:07.99 (28.00)	
18 East Lincoln		2:07.48	2:09.00
1) Pridmore, Stella	2) Morris, Talyn	3) Lachapelle, Eva	4) Garrett, Makenna
32.21	1:09.52 (37.31) 1:39.42 (29.90)	2:09.00 (29.58)	
19 First Flight		2:07.97	2:09.26
1) Dexter, Laney SR	2) Curry, Langley SO	3) Walters, Kira	4) Wienert, Chloe
31.72	1:08.37 (36.65) 1:39.67 (31.30)	2:09.26 (29.59)	
20 Northwest Cabarrus		2:06.91	2:09.50
1) Moro, Kylie SO	2) Moro, Sofia SO	3) Pauls, Yasmin FR	4) Smith, Connelly SO
32.40	1:10.90 (38.50) 1:42.13 (31.23)	2:09.50 (27.37)	
21 Union Pines		2:04.80	2:10.03
1) Threet, Zaina SO	2) Weld, Claire SO	3) Milkowich, Ava FR	4) Post, Emma SO
37.28	1:10.45 (33.17) 1:39.17 (28.72)	2:10.03 (30.86)	
22 West Henderson		2:09.73	2:11.87
1) Mickey, Taylor JR	2) Dotti, Maggie SR	3) Alvarez, Andrea SR	4) Hogan, Emory SR
33.94	1:08.63 (34.69) 1:44.75 (36.12)	2:11.87 (27.12)	
23 South Point		2:08.75	2:14.60
1) Lynch, Kirsten JR	2) Huffstickler, Anna SR	3) Lester, Avery SR	4) Pallozzi, Arden JR
32.00	1:12.50 (40.50) 1:46.28 (33.78)	2:14.60 (28.32)	
24 Cape Fear		2:11.64	2:17.57
1) Fitch, Casey JR	2) Brinker, Lily SR	3) Sherbert, Grace SO	4) Williams, Lainey FR
34.37	1:15.37 (41.00) 1:50.10 (34.73)	2:17.57 (27.47)	

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Results

Event 2 Men 200 Yard Medley Relay

3A State Rec: 1:34.79 # 2018 Northern Guilford
State Record: 1:32.20 @ 2023 Marvin Ridge
1:33.21 AA-A 1:34.74 AA-C All American

Team	Relay	Prelim Time	Finals Time	Points
Championship Final				
1 Northwest Cabarrus		1:39.76	1:36.75	40
1) Ranier, Harrison SR	2) Gould, Justin SO	3) Bradshaw, Lane SR	4) Rinker, Jacob SR	
23.33	50.77 (27.44)	1:13.63 (22.86)	1:36.75 (23.12)	
2 West Carteret		1:42.47	1:40.76	34
1) Johnson, Cameron	2) Ellis, Colton SR	3) Law, Cooper SR	4) Johnson, Sam	
25.94	54.26 (28.32)	1:18.78 (24.52)	1:40.76 (21.98)	
3 Croatan		1:42.71	1:41.44	32
1) Feimster, Rylan SO	2) Pesko, Gavin	3) Padgett, Paul	4) Michalowicz, Nathan SO	
26.60	56.32 (29.72)	1:19.59 (23.27)	1:41.44 (21.85)	
4 Forestview		1:43.96	1:42.59	30
1) Kines, Graham	2) Taylor, Andrew	3) Peyton, Tristan	4) Tabor, Beckett	
26.90	55.61 (28.71)	1:20.18 (24.57)	1:42.59 (22.41)	
5 Durham School of the Arts		1:45.96	1:44.53	28
1) Gray, William JR	2) Ginsberg, Dreizin SR	3) Battaglini, Lucca JR	4) Sheehan, Carson JR	
23.98	56.97 (32.99)	1:17.65 (20.68)	1:44.53 (26.88)	
6 Lake Norman Charter		1:46.02	1:44.60	26
1) Hawkins, Kyle SR	2) Licata, Ethan SO	3) Scott, Channing SO	4) Rodgers, Jack SO	
26.66	55.51 (28.85)	1:21.07 (25.56)	1:44.60 (23.53)	
7 Orange		1:46.94	1:45.27	24
1) Weeks, Andrew SR	2) Phillips, Evan SR	3) Andre, Alexander SO	4) Roman, Luke SO	
	56.92 ()	1:21.97 (25.05)	1:45.27 (23.30)	
8 Carrboro		1:47.18	1:45.75	22
1) DeWalt, Grey FR	2) Brynda, Jan JR	3) Strada, Matt JR	4) Normand, Oliver JR	
28.16	59.69 (31.53)	1:23.94 (24.25)	1:45.75 (21.81)	
Consolation Final				
9 East Lincoln		1:47.56	1:48.06	18
1) Pridmore, Owen	2) Clendenning, Zachary	3) Warner, Rider	4) Miller, Ayden	
28.07	57.88 (29.81)	1:22.75 (24.87)	1:48.06 (25.31)	
10 Swansboro		1:52.89	1:51.90	14
1) Terrazas, Johnny SR	2) Priechenfried, Nathan SR	3) Hucal, Trevor FR	4) Kinlan, Logan SR	
32.63	1:01.67 (29.04)	1:27.81 (26.14)	1:51.90 (24.09)	
11 West Henderson		1:52.27	1:52.78	12
1) Dotti, John SO	2) Holmes, Benjamin SO	3) Kain, Keller SR	4) Greene, Roscoe FR	
29.46	1:01.71 (32.25)	1:27.52 (25.81)	1:52.78 (25.26)	
12 St Stephens		1:52.03	1:52.82	10
1) Broos, Jackson	2) Broos, Cameron	3) Castellanos-Morales, Sebastian	4) Smith, Gunner	
29.12	1:00.64 (31.52)	1:28.20 (27.56)	1:52.82 (24.62)	
13 Cape Fear		1:50.90	1:53.37	8
1) Shook, Nicholas SR	2) Bridges, Alexander SO	3) Anderson, Hunter SR	4) Fick, Zackary JR	
25.40	57.87 (32.47)	1:25.70 (27.83)	1:53.37 (27.67)	
14 Jesse Carson		1:54.52	1:54.11	6
1) Pell, Shaun SR	2) Miller, Camden SR	3) Joyner, Cohen SR	4) Epley, Daniel SR	
30.87	1:01.20 (30.33)	1:28.36 (27.16)	1:54.11 (25.75)	
--- First Flight		1:53.26	DQ	
1) Brown, Jack SR	2) Hallac, Dylan	3) Thiessen, Logan SR	4) Shumaker, Merrick	
32.18	1:04.17 (31.99)	1:30.05 (25.88)	DQ (23.36)	
--- Concord		1:50.94	DQ	
1) Bell, Barron FR	2) DeCubellis, Jonah SO	3) Leder, Bennett SR	4) Stephens, Parker JR	
28.41	59.51 (31.10)	1:25.42 (25.91)	DQ (24.60)	

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Results

Event 2 Men 200 Yard Medley Relay

Team	Relay	Seed Time	Prelim Time
Preliminaries			
1 Northwest Cabarrus		1:39.59	1:39.76
1) Powers, Graham SR	2) Gould, Justin SO	3) Ranier, Harrison SR	4) Bradshaw, Lane SR
26.92	55.69 (28.77) 1:18.04 (22.35)	1:39.76 (21.72)	
2 West Carteret		1:42.49	1:42.47
1) Johnson, Cameron	2) Ellis, Colton SR	3) Law, Cooper SR	4) Johnson, Sam
26.93	55.69 (28.76) 1:20.14 (24.45)	1:42.47 (22.33)	
3 Croatan		1:41.13	1:42.71
1) Feimster, Rylan SO	2) Pesko, Gavin	3) Padgett, Paul	4) Michalowicz, Nathan SO
26.57	57.00 (30.43) 1:19.77 (22.77)	1:42.71 (22.94)	
4 Forestview		1:42.81	1:43.96
1) Kines, Graham	2) Taylor, Andrew	3) Peyton, Tristan	4) Tabor, Beckett
27.32	56.67 (29.35) 1:21.20 (24.53)	1:43.96 (22.76)	
5 Durham School of the Arts		1:46.07	1:45.96
1) Gray, William JR	2) Ginsberg, Dreizin SR	3) Battaglini, Lucca JR	4) Sheehan, Carson JR
24.36	57.93 (33.57) 1:18.67 (20.74)	1:45.96 (27.29)	
6 Lake Norman Charter		1:47.34	1:46.02
1) Hawkins, Kyle SR	2) Licata, Ethan SO	3) Scott, Channing SO	4) Rodgers, Jack SO
27.22	56.41 (29.19) 1:22.34 (25.93)	1:46.02 (23.68)	
7 Orange		1:46.96	1:46.94
1) Weeks, Andrew SR	2) Phillips, Evan SR	3) Andre, Alexander SO	4) Roman, Luke SO
	58.12 () 1:23.45 (25.33)	1:46.94 (23.49)	
8 Carrboro		1:48.63	1:47.18
1) DeWalt, Grey FR	2) Brynda, Jan JR	3) Strada, Matt JR	4) Normand, Oliver JR
28.44	1:00.06 (31.62) 1:24.56 (24.50)	1:47.18 (22.62)	
9 East Lincoln		1:46.79	1:47.56
1) Pridmore, Owen	2) Clendenning, Zachary	3) Warner, Rider	4) Miller, Ayden
28.08	57.67 (29.59) 1:22.58 (24.91)	1:47.56 (24.98)	
10 Cape Fear		1:49.91	1:50.90
1) Shook, Nicholas SR	2) Bridges, Alexander SO	3) Anderson, Hunter SR	4) Fick, Zackary JR
25.76	56.78 (31.02) 1:24.49 (27.71)	1:50.90 (26.41)	
11 Concord		1:48.95	1:50.94
1) Bell, Barron FR	2) DeCubellis, Jonah SO	3) Leder, Bennett SR	4) Stephens, Parker JR
30.91	59.75 (28.84) 1:25.98 (26.23)	1:50.94 (24.96)	
12 St Stephens		1:50.87	1:52.03
1) Broos, Jackson	2) Broos, Cameron	3) Castellanos-Morales, Sebastian	4) Smith, Gunner
28.24	59.37 (31.13) 1:27.03 (27.66)	1:52.03 (25.00)	
13 West Henderson		1:52.63	1:52.27
1) Dotti, John SO	2) Holmes, Benjamin SO	3) Kain, Keller SR	4) Greene, Roscoe FR
29.50	1:01.69 (32.19) 1:26.74 (25.05)	1:52.27 (25.53)	
14 Swansboro		1:50.77	1:52.89
1) Terrazas, Johnny SR	2) Priechenfried, Nathan SR	3) Hucal, Trevor FR	4) Kinlan, Logan SR
38.88	1:01.97 (23.09) 1:28.20 (26.23)	1:52.89 (24.69)	
15 First Flight		1:54.07	1:53.26
1) Brown, Jack SR	2) Hallac, Dylan	3) Thiessen, Logan SR	4) Shumaker, Merrick
32.28	1:03.67 (31.39) 1:29.79 (26.12)	1:53.26 (23.47)	
16 Jesse Carson		1:55.66	1:54.52
1) Pell, Shaun SR	2) Miller, Camden SR	3) Joyner, Cohen SR	4) Epley, Daniel SR
31.01	1:01.46 (30.45) 1:28.69 (27.23)	1:54.52 (25.83)	

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Swimming & Diving

Host: Cumberland County Schools

Results

Event 2 Men 200 Yard Medley Relay

	Team	Relay	Seed Time	Prelim Time
17	North Davidson		1:53.20	1:55.09
	1) Berrier, Cooper SO	2) Byrd, Grayson SR	3) Cooke, Lane SR	4) Meuser, Jacob
	28.71	1:03.72 (35.01)	1:30.70 (26.98)	1:55.09 (24.39)
18	Northwood		1:54.30	1:55.81
	1) Sikes, William SR	2) Garrett, Jacob SR	3) Turner, Morgan JR	4) Sikes, Jesse SO
	26.86	1:03.76 (36.90)	1:31.97 (28.21)	1:55.81 (23.84)
19	Atkins		1:56.25	1:55.82
	1) Causby, Shepherd JR	2) Reyes, Aaron SR	3) Padgett, Everett SO	4) Danelson, Connor SR
	34.91	1:02.95 (28.04)	1:31.64 (28.69)	1:55.82 (24.18)
20	Central Davidson		1:56.15	1:57.10
	1) Collins, Dalton JR	2) McCulloch, Myers SR	3) Cayer, Connor SR	4) Jackson, Rance FR
	34.08	1:07.25 (33.17)	1:32.29 (25.04)	1:57.10 (24.81)
21	Ledford		1:56.54	1:57.32
	1) Sheffield, Chase	2) Conte, Adan	3) Queen, Tucker	4) Thoma, Logan
	28.75	1:03.59 (34.84)	1:31.63 (28.04)	1:57.32 (25.69)
22	Franklin		1:56.66	1:57.59
	1) Rinker, Gavin SO	2) Guynn, Clayton SR	3) Gomez, Jose JR	4) Brant, Jonah 9
		1:07.27 ()	1:57.59 (50.32)	
23	Currituck County		1:56.91	1:59.59
	1) Lenz, Camden SO	2) Waugh, Nolan JR	3) Kennemore, Logan SO	4) Brumsey, William JR
	31.15	1:07.56 (36.41)	1:33.81 (26.25)	1:59.59 (25.78)
---	Union Pines		1:53.19	DQ
	1) Tranel, Tay FR	2) Cox, Cullen FR	3) Park, Daniel SR	4) Tranel, Brody SR
	30.97	1:03.63 (32.66)	1:30.28 (26.65)	DQ (23.63)

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Event 3 Women 200 Yard Freestyle

3A State Rec: 1:47.98 # 2013 Lauren Rhodes (Char. Catholic)

State Record: 1:46.47 @ 2015 Erika Brown (Hough, W.A.)

1:48.74 AA-A 1:50.57 AA-C All American

Name	Yr	School	Prelim Time	Finals Time	Points
Championship Final					
1 Emrich, Abigail	SO	Northwood	1:54.61	1:51.97	20
2 Bowen, Madison	SO	Croatan	1:54.66	1:52.23	17
3 Parmenter, Katelyn	X	St Stephens	1:54.32	1:54.67	16
4 Becker, Megan	X	Asheboro	1:56.81	1:56.40	15
5 Shuping, Avery	SO	Carrboro	1:58.17	1:56.54	14
6 Burroughs, Hayden	JR	Northwest Cabarrus	1:57.67	1:58.21	13
7 Miller, Lorelai	SO	South Central	1:58.34	1:59.51	12
8 DiGiovanni, Francesca	X	Smithfield-Selma	1:58.40	2:00.98	11
Consolation Final					
9 Hitchcock, Ella Brett	SO	Hickory	2:00.20	1:58.73	9
10 Perez, Bianca	SR	Northwood	2:02.79	2:02.00	7
11 Stinnett, Sophia	SO	Cedar Ridge	2:03.60	2:02.35	6
12 Buskirk, Emmalyn	X	Fred T Foard	2:04.09	2:03.48	5
13 Thesing, Holly	SO	Northwood	2:05.30	2:04.28	4
14 Peterson, Maya	SR	Carrboro	2:09.62	2:08.15	3
15 Milkowich, Ava	FR	Union Pines	2:10.94	2:09.49	2
16 Trivette, Maura	X	First Flight	2:10.70	2:12.19	1

Event 3 Women 200 Yard Freestyle

Name	Yr	School	Seed Time	Prelim Time
Preliminaries				
1 Parmenter, Katelyn	X	St Stephens	1:55.26	1:54.32
2 Emrich, Abigail	SO	Northwood	1:56.58	1:54.61
3 Bowen, Madison	SO	Croatan	1:55.04	1:54.66
4 Becker, Megan	X	Asheboro	1:57.67	1:56.81
5 Burroughs, Hayden	JR	Northwest Cabarrus	1:57.31	1:57.67
6 Shuping, Avery	SO	Carrboro	2:01.26	1:58.17
7 Miller, Lorelai	SO	South Central	1:59.31	1:58.34
8 DiGiovanni, Francesca	X	Smithfield-Selma	1:56.15	1:58.40
9 Hitchcock, Ella Brett	SO	Hickory	1:59.97	2:00.20
10 Perez, Bianca	SR	Northwood	2:03.01	2:02.79
11 Stinnett, Sophia	SO	Cedar Ridge	2:02.84	2:03.60
12 Buskirk, Emmalyn	X	Fred T Foard	2:04.68	2:04.09
13 Thesing, Holly	SO	Northwood	2:08.49	2:05.30
14 Peterson, Maya	SR	Carrboro	2:09.34	2:09.62
15 Trivette, Maura	X	First Flight	2:09.03	2:10.70
16 Milkowich, Ava	FR	Union Pines	2:11.17	2:10.94
17 Jackson, AJ	FR	South Brunswick	2:06.08	2:12.17
18 Lee, Jovie	X	St Stephens	2:11.60	2:12.34
19 Pridmore, Stella	X	East Lincoln	2:12.31	2:13.34
20 Parker, Brooke	JR	Rockingham County	2:11.85	2:14.75
21 Yampolsky, Lily	JR	Lake Norman Charter	2:12.52	2:15.18
22 Sechriest, Addyson	X	East Rowan	2:10.89	2:15.41
23 Todd, Kelly	SO	Central Academy of Technology	2:12.16	2:16.55
--- McCabe, Falon	SO	Croatan	2:11.69	DQ

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Event 4 Men 200 Yard Freestyle

3A State Rec: 1:35.57 # 2020 Sam Hoover (Chapel Hill)
State Record: 1:35.01 @ 2022 Michael Cotter (Green Hope)
1:38.40 AA-A 1:40.13 AA-C All American

Name	Yr	School	Prelim Time	Finals Time	Points
Championship Final					
1 Commins, Andrew	JR	Carrboro	1:39.29	1:38.24	AA-A 20
2 Lin, Owen	X	JH Rose	1:43.66	1:41.60	17
3 Gould, Justin	SO	Northwest Cabarrus	1:49.53	1:46.29	16
4 Roman, Luke	SO	Orange	1:47.89	1:46.48	15
5 Agans, Nikhil	JR	Cedar Ridge	1:48.11	1:46.53	14
6 Andre, Alexander	SO	Orange	1:47.67	1:46.87	13
7 Wesson, Luke	SR	Crest	1:48.45	1:49.35	12
8 Johnson, Cameron	X	West Carteret	1:47.93	1:49.42	11
Consolation Final					
9 Tart, Ethan	SR	South Central	1:49.77	1:48.77	9
10 Kain, Keller	SR	West Henderson	1:50.80	1:49.91	7
11 Kines, Graham	X	Forestview	1:50.66	1:49.94	6
12 Warner, Rider	X	East Lincoln	1:49.90	1:51.21	5
13 Willis, Grant	SO	Central Cabarrus	1:51.62	1:52.09	4
14 Kimmel, Ben	X	Hunter Huss	1:53.55	1:52.48	3
15 Major, Austin	SO	Stuart Cramer	1:53.97	1:53.40	2
16 Tabor, Beckett	X	Forestview	1:50.70	1:54.91	1

Event 4 Men 200 Yard Freestyle

Name	Yr	School	Seed Time	Prelim Time
Preliminaries				
1 Commins, Andrew	JR	Carrboro	1:44.00	1:39.29 AA-C
2 Lin, Owen	X	JH Rose	1:42.56	1:43.66
3 Andre, Alexander	SO	Orange	1:51.54	1:47.67
4 Roman, Luke	SO	Orange	1:47.43	1:47.89
5 Johnson, Cameron	X	West Carteret	1:48.06	1:47.93
6 Agans, Nikhil	JR	Cedar Ridge	1:47.77	1:48.11
7 Wesson, Luke	SR	Crest	1:49.32	1:48.45
8 Gould, Justin	SO	Northwest Cabarrus	1:47.57	1:49.53
9 Tart, Ethan	SR	South Central	1:48.95	1:49.77
10 Warner, Rider	X	East Lincoln	1:51.77	1:49.90
11 Kines, Graham	X	Forestview	1:48.61	1:50.66
12 Tabor, Beckett	X	Forestview	1:51.45	1:50.70
13 Kain, Keller	SR	West Henderson	1:48.58	1:50.80
14 Willis, Grant	SO	Central Cabarrus	1:51.24	1:51.62
15 Kimmel, Ben	X	Hunter Huss	1:51.66	1:53.55
16 Major, Austin	SO	Stuart Cramer	1:53.97	1:53.97
17 Broos, Cameron	X	St Stephens	1:53.99	1:54.33
18 Kazel, Max	SR	Jacksonville	1:53.53	1:54.48
19 Lunsik, Dylan	SR	Tuscola	1:55.12	1:54.64
20 Needham, Cade	JR	South Brunswick	1:48.67	1:55.22
21 Seymour, Alex	SO	Lake Norman Charter	1:54.35	1:55.44
22 Vogl, Joshua	X	Oak Grove	1:57.45	1:58.56
23 Schmitz, Samuel	FR	Union Pines	1:57.15	1:59.87
24 Pesko, Aiden	JR	Croatan	1:56.96	2:00.00

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Results

Event 5 Women 200 Yard IM

3A State Rec: 1:58.85 # 2016 Caroline Hauder (Marvin Ridge)

State Record: 1:55.79 @ 2022 Kiley Wilhelm (Myers Park)

2:01.51 AA-A 2:03.64 AA-C All American

Name	Yr	School	Prelim Time	Finals Time	Points
Championship Final					
1 Lambert, Maya	JR	Carrboro	2:05.59	2:04.16	20
2 Eggers, Kaylee	JR	Rocky Mount	2:10.10	2:07.32	17
3 Pitts, Emma	JR	Hickory	2:11.29	2:10.60	16
4 Cinson, Kathryn	X	Fred T Foard	2:15.26	2:13.68	15
5 Carter, Braylee	SR	Eastern Alamance	2:14.50	2:16.17	14
6 Horton, Presley	JR	Lake Norman Charter	2:18.97	2:18.81	13
7 Keasler, Laurel	SR	Concord	2:20.95	2:20.70	12
8 Kohler, Madison	FR	Central Academy of Technology	2:21.20	2:23.64	11
Consolation Final					
9 Lasarsky, Addison	SO	Lake Norman Charter	2:22.97	2:20.26	9
*10 Thompson, Isabella	SR	Northwest Cabarrus	2:23.84	2:23.74	6.50
*10 Davis, Mary	JR	West Brunswick	2:23.13	2:23.74	6.50
12 Brown, Avery	SO	Carrboro	2:27.91	2:24.17	5
13 McCrimmon, Quinn	SO	Cedar Ridge	2:27.09	2:24.19	4
14 Girouard, Maddie	SO	Rocky Mount	2:27.13	2:27.07	3
15 Moro, Kylie	SO	Northwest Cabarrus	2:30.01	2:27.44	2
16 Johnson, Taylor	X	Scotland	2:29.59	2:28.07	1

Event 5 Women 200 Yard IM

Name	Yr	School	Seed Time	Prelim Time
Preliminaries				
1 Lambert, Maya	JR	Carrboro	2:09.75	2:05.59
2 Eggers, Kaylee	JR	Rocky Mount	2:10.25	2:10.10
3 Pitts, Emma	JR	Hickory	2:12.25	2:11.29
4 Carter, Braylee	SR	Eastern Alamance	2:16.22	2:14.50
5 Cinson, Kathryn	X	Fred T Foard	2:13.49	2:15.26
6 Horton, Presley	JR	Lake Norman Charter	2:17.77	2:18.97
7 Keasler, Laurel	SR	Concord	2:18.32	2:20.95
8 Kohler, Madison	FR	Central Academy of Technology	2:23.39	2:21.20
9 Lasarsky, Addison	SO	Lake Norman Charter	2:21.53	2:22.97
10 Davis, Mary	JR	West Brunswick	2:22.71	2:23.13
11 Thompson, Isabella	SR	Northwest Cabarrus	2:26.82	2:23.84
12 McCrimmon, Quinn	SO	Cedar Ridge	2:23.61	2:27.09
13 Girouard, Maddie	SO	Rocky Mount	2:26.83	2:27.13
14 Brown, Avery	SO	Carrboro	2:27.69	2:27.91
15 Johnson, Taylor	X	Scotland	2:29.27	2:29.59
16 Moro, Kylie	SO	Northwest Cabarrus	2:27.15	2:30.01
17 Guaman, Sofia	SO	Carrboro	2:32.63	2:31.01
18 Kulas, Hadleigh	X	JH Rose	2:26.99	2:31.77
19 Emrich, Lauren	SR	Northwood	2:33.39	2:33.06
20 Cassiano, Bergan	FR	Swansboro	2:31.19	2:33.16
21 Farrell, Teagan	X	Smithfield-Selma	2:33.49	2:33.90
22 Jarvis, Kaylee	FR	West Brunswick	2:30.56	2:35.82
23 Dexter, Laney	SR	First Flight	2:32.93	2:36.19
24 Walker, Zoi	SO	Franklin	2:33.22	2:37.86

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Event 6 Men 200 Yard IM

3A State Rec: 1:48.88 # 2021 Peter Bretzmann (Chapel Hill)
State Record: 1:43.56 @ 2022 Baylor Nelson(Comm. Davidson)
1:49.57 AA-A 1:51.57 AA-C All American

Name	Yr	School	Prelim Time	Finals Time	Points
Championship Final					
1	Ranier, Harrison	SR Northwest Cabarrus	1:54.10	1:51.66	20
2	Bradshaw, Lane	SR Northwest Cabarrus	1:55.81	1:53.11	17
3	Peyton, Tristan	X Forestview	2:00.77	1:58.27	16
4	Sikes, William	SR Northwood	2:00.30	1:59.15	15
5	Deluca, Aiden	FR North Lincoln	1:59.52	1:59.23	14
6	Strada, Matt	JR Carrboro	2:02.43	2:00.78	13
7	Phillips, Evan	SR Orange	2:04.40	2:03.12	12
8	Hill, Ethan	SR Lake Norman Charter	2:03.26	2:03.30	11
Consolation Final					
9	Everitt, Jeremy	SR Rockingham County	2:06.17	2:03.01	9
10	Licata, Ethan	SO Lake Norman Charter	2:07.74	2:06.49	7
11	Enohmbi, Junior	SO Central Academy of Technology	2:09.80	2:09.98	6
12	Bria, Joseph	FR Central Academy of Technology	2:12.18	2:10.92	5
13	Delgadillo, Alex	FR Carrboro	2:11.88	2:10.94	4
14	Williams, Benjamin	SO Central Cabarrus	2:14.74	2:13.11	3
15	Fields, Charles	JR Hickory	2:13.41	2:14.13	2
16	Taylor, Kai	X West Carteret	2:15.12	2:14.64	1

Event 6 Men 200 Yard IM

Name	Yr	School	Seed Time	Prelim Time
Preliminaries				
1	Ranier, Harrison	SR Northwest Cabarrus	1:54.67	1:54.10
2	Bradshaw, Lane	SR Northwest Cabarrus	1:58.34	1:55.81
3	Deluca, Aiden	FR North Lincoln	2:04.91	1:59.52
4	Sikes, William	SR Northwood	2:01.23	2:00.30
5	Peyton, Tristan	X Forestview	2:00.76	2:00.77
6	Strada, Matt	JR Carrboro	2:07.95	2:02.43
7	Hill, Ethan	SR Lake Norman Charter	2:08.46	2:03.26
8	Phillips, Evan	SR Orange	2:07.25	2:04.40
9	Everitt, Jeremy	SR Rockingham County	2:10.48	2:06.17
10	Licata, Ethan	SO Lake Norman Charter	2:10.38	2:07.74
11	Enohmbi, Junior	SO Central Academy of Technology	2:08.54	2:09.80
12	Delgadillo, Alex	FR Carrboro	2:13.04	2:11.88
13	Bria, Joseph	FR Central Academy of Technology	2:15.25	2:12.18
14	Fields, Charles	JR Hickory	2:13.21	2:13.41
15	Williams, Benjamin	SO Central Cabarrus	2:16.49	2:14.74
16	Taylor, Kai	X West Carteret	2:14.32	2:15.12
17	Brynda, Jan	JR Carrboro	2:16.51	2:16.52
18	Mason, Chance	SR South Brunswick	2:14.71	2:16.56
19	Pesko, Gavin	X Croatan	2:14.33	2:17.77
20	Pridmore, Owen	X East Lincoln	2:15.91	2:17.83
21	Kinlan, Logan	SR Swansboro	2:26.40	2:21.97
22	Michalowicz, Jason	FR Croatan	2:26.97	2:26.15
23	Lord, Owen	JR Rocky Mount	2:28.15	2:28.98
---	Cridlebaugh, Rowan	X High Point Central	2:03.17	DFS

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Event 7 Women 50 Yard Freestyle

3A State Rec: 22.83 # 2023 Katie Belle Sikes (Orange)

State Record: 22.46 @ 2021 Teresa Ivan (Ardrey Kell)

23.20 AA-A 23.54 AA-C All American

Name	Yr	School	Prelim Time	Finals Time	Points
Championship Final					
1 Sikes, Katie Belle	JR	Orange	22.83	22.17 @AA-A	20
2 Johns, Lyla	SO	Central Cabarrus	25.19	24.99	17
3 Rinker, Caroline	SR	Northwest Cabarrus	24.93	25.08	16
4 Smith, Clara Pierce	X	JH Rose	25.48	25.34	15
5 White, Kaley	SR	Eastern Guilford	25.42	25.36	14
6 Ballard, Natalie	JR	Franklin	25.29	25.41	13
7 Grubb, Cassidy	SR	Oak Grove	25.56	25.47	12
8 Doyle, Eva	X	High Point Central	25.77	25.96	11
Consolation Final					
9 Wolff, Audrey	SO	Central Cabarrus	25.79	25.15	9
10 White, Piper	FR	Orange	25.85	25.78	7
11 Rooney, Kristina	JR	Lake Norman Charter	25.85	25.87	6
12 Robinson, Abi	JR	Walter M Williams	25.97	26.03	5
13 Cassada, Ashlynn	JR	Franklin	25.87	26.09	4
14 Hermans, Lily	FR	Concord	25.93	26.13	3
15 White, Brea	X	Ledford	26.66	26.21	2
16 Monica, Sophia	JR	Croatan	26.63	27.22	1

Event 7 Women 50 Yard Freestyle

Name	Yr	School	Seed Time	Prelim Time
Preliminaries				
1 Sikes, Katie Belle	JR	Orange	22.88	22.83 # AA-A
2 Rinker, Caroline	SR	Northwest Cabarrus	24.88	24.93
3 Johns, Lyla	SO	Central Cabarrus	24.81	25.19
4 Ballard, Natalie	JR	Franklin	25.03	25.29
5 White, Kaley	SR	Eastern Guilford	25.68	25.42
6 Smith, Clara Pierce	X	JH Rose	25.48	25.48
7 Grubb, Cassidy	SR	Oak Grove	25.10	25.56
8 Doyle, Eva	X	High Point Central	25.67	25.77
9 Wolff, Audrey	SO	Central Cabarrus	25.83	25.79
*10 Rooney, Kristina	JR	Lake Norman Charter	25.89	25.85
*10 White, Piper	FR	Orange	26.11	25.85
12 Cassada, Ashlynn	JR	Franklin	25.83	25.87
13 Hermans, Lily	FR	Concord	25.78	25.93
14 Robinson, Abi	JR	Walter M Williams	26.15	25.97
15 Monica, Sophia	JR	Croatan	26.90	26.63
16 White, Brea	X	Ledford	25.98	26.66
17 Lewis, Ashlyn	X	West Carteret	26.45	26.75
18 Klue, Izzy	X	JH Rose	26.52	26.90
19 Little, Aubrey	SO	Parkwood	26.67	26.96
*20 Johnson, Lanie	X	Hunt	26.66	27.17
*20 Williams, Aley	SO	West Brunswick	27.06	27.17
22 Wahlen, Aubry	X	JH Rose	26.96	27.20
23 Smith, Connelly	SO	Northwest Cabarrus	26.89	27.42

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Event 8 Men 50 Yard Freestyle

3A State Rec: 19.76 # 2023 Lucca Battaglini (Durham Art)

State Record: 19.76 @ 2023 Lucca Battaglini (Durham Art)

20.54 AA-A

20.91 AA-C

All American

Name	Yr	School	Prelim Time	Finals Time	Points
Championship Final					
1	Battaglini, Lucca	JR Durham School of the Arts	19.76	19.47 # AA-A	20
2	Cayer, Connor	SR Central Davidson	22.34	21.35	17
3	Adcock, Davis	SR South Point	21.72	21.42	16
4	Gonzales, Luke	JR Pisgah	21.72	21.53	15
5	Simcic, Ryan	X Croatan	21.83	21.72	14
6	Zapler, Ezra	X JH Rose	22.24	22.25	13
7	Miller, Emerson	JR Freedom	22.54	22.71	12
8	Walker, Nolan	X Harnett Central	22.77	22.76	11
Consolation Final					
9	Normand, Oliver	JR Carrboro	22.94	22.69	9
10	McMichael, Lawson	SR Rockingham County	23.29	22.99	7
11	Johnson, Sam	X West Carteret	22.91	23.03	6
12	Burroughs, James	JR Lake Norman Charter	22.89	23.07	5
13	McIntire, Raeder	SR Central Cabarrus	23.53	23.55	4
14	Ritchie, Cameron	X East Rowan	23.08	23.59	3
15	Law, Cooper	SR West Carteret	23.47	23.61	2
16	Ferguson, Miles	SO South Point	23.50	23.62	1

Event 8 Men 50 Yard Freestyle

Name	Yr	School	Seed Time	Prelim Time
Preliminaries				
1	Battaglini, Lucca	JR Durham School of the Arts	20.26	19.76 # AA-A
*2	Adcock, Davis	SR South Point	21.58	21.72
*2	Gonzales, Luke	JR Pisgah	21.85	21.72
4	Simcic, Ryan	X Croatan	21.74	21.83
5	Zapler, Ezra	X JH Rose	22.11	22.24
6	Cayer, Connor	SR Central Davidson	21.86	22.34
7	Miller, Emerson	JR Freedom	23.01	22.54
8	Walker, Nolan	X Harnett Central	22.85	22.77
9	Burroughs, James	JR Lake Norman Charter	22.61	22.89
10	Johnson, Sam	X West Carteret	22.62	22.91
11	Normand, Oliver	JR Carrboro	23.87	22.94
12	Ritchie, Cameron	X East Rowan	23.10	23.08
13	McMichael, Lawson	SR Rockingham County	22.61	23.29
14	Law, Cooper	SR West Carteret	23.50	23.47
15	Ferguson, Miles	SO South Point	23.88	23.50
16	McIntire, Raeder	SR Central Cabarrus	23.33	23.53
17	Gynn, Clayton	SR Franklin	23.47	23.58
18	Roth, Matej	X Croatan	23.99	23.67
19	Wilson, Wyatt	JR Rockingham County	23.67	23.86
20	Danelson, Connor	SR Atkins	24.05	24.06
21	Smith, Tyler	JR Asheboro	23.89	24.08
22	Tranel, Brody	SR Union Pines	23.94	24.21
23	Radom, Nick	X Franklinton	24.07	24.59
---	Gronowski, Jake	X Terry Sanford	23.45	DQ

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Event 9 Women 1 mtr Diving

3A State Rec: 511.60 # 2015 Nikki Canale (Marvin Ridge)
State Record: 511.60 @ 2015 Nikki Canale (Marvin Ridge)
375.00 AA-C All American

	Name	Yr	School		Finals Score		Points
1	Varnum, Madi	JR	Lake Norman Charter	419.45	450.40	AA-C	20
2	Vandersea, Rachel	SR	Carrboro	365.45	407.15	AA-C	17
3	Russell, Camryn	FR	Crest	352.60	357.90		16
4	Shapard, Kate	SO	Lake Norman Charter	276.65	285.45		15

Event 10 Men 1 mtr Diving

3A State Rec: 554.20 # 2023 Hayden Schroeder (Lake Norman)
State Record: 637.30 @ 2008 Nick McCroy(East Chapel Hill)
375.00 AA-C All American Con

	Name	Yr	School		Finals Score		Points
1	Schroeder, Hayden	JR	Lake Norman Charter	531.25	554.20 #	AA-C	20
2	Miller, Gray	JR	First Flight	403.95	440.65	AA-C	17
3	Brant, Jonah	FR	Franklin	227.55	274.55		16
4	Freistuhler, Jarren	JR	Kings Mountain	203.10	248.65		15
5	Morris, Braxton	X	West Carteret	177.85	229.55		14
6	Ellis, Colton	SR	West Carteret	144.65	194.95		13

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Results

Event 11 Women 100 Yard Butterfly

3A State Rec: 53.84 # 2018 Julia Menkhaus (Char Catholic)

State Record: 49.24 @ 2022 Claire Curzan (Cardinal Gibb)

54.42 AA-A 55.49 AA-C All American

Name	Yr	School	Prelim Time	Finals Time	Points
Championship Final					
1 Lambert, Maya	JR	Carrboro	56.78	55.88	20
2 Hitchcock, Ella Brett	SO	Hickory	58.93	58.02	17
3 Burroughs, Hayden	JR	Northwest Cabarrus	59.54	59.09	16
4 Dalcerci, Elettra	X	Hibriten	59.57	59.29	15
5 White, Riley	JR	Orange	59.90	59.55	14
6 Marley, Jordan	SR	Durham School of the Arts	59.44	59.57	13
7 Cronin, Abbey	SO	Central Cabarrus	59.69	59.68	12
8 Emrich, Abigail	SO	Northwood	59.78	1:00.43	11
Consolation Final					
9 White, Kaley	SR	Eastern Guilford	1:01.61	1:00.21	9
10 Miller, Lorelai	SO	South Central	1:00.03	1:00.61	7
11 Coburn, Zoe	X	St Stephens	1:01.52	1:00.85	6
12 Lasarsky, Addison	SO	Lake Norman Charter	1:03.05	1:01.93	5
13 McCrimmon, Quinn	SO	Cedar Ridge	1:03.86	1:03.94	4
14 Brown, Avery	SO	Carrboro	1:05.09	1:04.23	3
15 Milkowich, Ava	FR	Union Pines	1:03.77	1:05.31	2
16 Caudle, Riley	X	St Stephens	1:04.76	1:05.47	1

Event 11 Women 100 Yard Butterfly

Name	Yr	School	Seed Time	Prelim Time
Preliminaries				
1 Lambert, Maya	JR	Carrboro	58.16	56.78
2 Hitchcock, Ella Brett	SO	Hickory	59.01	58.93
3 Marley, Jordan	SR	Durham School of the Arts	59.72	59.44
4 Burroughs, Hayden	JR	Northwest Cabarrus	1:00.44	59.54
5 Dalcerci, Elettra	X	Hibriten	1:00.40	59.57
6 Cronin, Abbey	SO	Central Cabarrus	59.53	59.69
7 Emrich, Abigail	SO	Northwood	1:01.13	59.78
8 White, Riley	JR	Orange	59.71	59.90
9 Miller, Lorelai	SO	South Central	59.39	1:00.03
10 Coburn, Zoe	X	St Stephens	1:01.86	1:01.52
11 White, Kaley	SR	Eastern Guilford	1:03.89	1:01.61
12 Lasarsky, Addison	SO	Lake Norman Charter	1:01.65	1:03.05
13 Milkowich, Ava	FR	Union Pines	1:04.28	1:03.77
14 McCrimmon, Quinn	SO	Cedar Ridge	1:03.31	1:03.86
15 Caudle, Riley	X	St Stephens	1:03.96	1:04.76
16 Brown, Avery	SO	Carrboro	1:06.03	1:05.09
17 Gruber, Ava	X	St Stephens	1:04.52	1:05.27
18 Moro, Kylie	SO	Northwest Cabarrus	1:05.38	1:05.28
19 Neri, Isabella	SR	Concord	1:05.18	1:05.33
20 Girouard, Maddie	SO	Rocky Mount	1:05.20	1:05.84
21 Gordon, Kennedy	FR	South Brunswick	1:08.67	1:09.21
22 Blackmon, Bryn	X	JH Rose	1:10.10	1:09.69
23 DuBois, Brielle	X	Smithfield-Selma	1:10.51	1:10.43
24 Perry, Elizabeth	X	JH Rose	1:08.81	1:11.60

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Event 12 Men 100 Yard Butterfly

3A State Rec: 47.30 # 2019 Noah Henderson (W. Alamance)

State Record: 47.01 @ 2019 Max Edwards (Reagan)

48.92 AA-A 49.95 AA-C All American

Name	Yr	School	Prelim Time	Finals Time	Points
Championship Final					
1 Battaglini, Lucca	JR	Durham School of the Arts	47.74	46.94 @AA-A	20
2 Ranier, Harrison	SR	Northwest Cabarrus	50.26	48.28 AA-A	17
3 Lin, Owen	X	JH Rose	52.37	51.15	16
4 Clendenning, Zachary	X	East Lincoln	52.12	52.95	15
5 Padgett, Paul	X	Croatan	53.34	53.43	14
6 Shook, Nicholas	SR	Cape Fear	53.31	54.06	13
7 Sikes, William	SR	Northwood	54.64	54.14	12
8 Wesson, Luke	SR	Crest	53.70	54.95	11
Consolation Final					
9 Gonzales, Luke	JR	Pisgah	54.79	54.17	9
10 Mogray, Joseph	JR	Hickory	56.24	55.95	7
11 Demetro, Mason	X	Kings Mountain	56.70	56.31	6
12 Lunsik, Dylan	SR	Tuscola	57.83	56.67	5
13 Sawyer, Owen	SR	Eastern Alamance	56.32	56.86	4
14 Messenger, Dalton	X	Kings Mountain	57.13	57.42	3
15 Sevast, Evan	FR	South Brunswick	57.69	57.87	2
16 Scott, Channing	SO	Lake Norman Charter	56.99	58.18	1

Event 12 Men 100 Yard Butterfly

Name	Yr	School	Seed Time	Prelim Time	
Preliminaries					
1 Battaglini, Lucca	JR	Durham School of the Arts	48.39	47.74	AA-A
2 Ranier, Harrison	SR	Northwest Cabarrus	51.26	50.26	
3 Clendenning, Zachary	X	East Lincoln	52.84	52.12	
4 Lin, Owen	X	JH Rose	51.97	52.37	
5 Shook, Nicholas	SR	Cape Fear	53.43	53.31	
6 Padgett, Paul	X	Croatan	53.93	53.34	
7 Wesson, Luke	SR	Crest	54.47	53.70	
8 Sikes, William	SR	Northwood	54.20	54.64	
9 Gonzales, Luke	JR	Pisgah	54.86	54.79	
10 Mogray, Joseph	JR	Hickory	55.46	56.24	
11 Sawyer, Owen	SR	Eastern Alamance	56.94	56.32	
12 Demetro, Mason	X	Kings Mountain	56.41	56.70	
13 Scott, Channing	SO	Lake Norman Charter	58.32	56.99	
14 Messenger, Dalton	X	Kings Mountain	55.92	57.13	
15 Sevast, Evan	FR	South Brunswick	59.43	57.69	
16 Lunsik, Dylan	SR	Tuscola	57.74	57.83	
17 Ritchie, Cameron	X	East Rowan	57.88	58.27	
18 Danelson, Connor	SR	Atkins	1:00.60	58.73	
19 Park, Daniel	SR	Union Pines	59.76	58.92	
20 Lam, Jacky	JR	Fred T Foard	59.67	59.16	
21 Thiessen, Logan	SR	First Flight	59.74	59.99	
22 Leder, Bennett	SR	Concord	59.23	1:00.09	
23 Hucal, Trevor	FR	Swansboro	59.15	1:01.04	
24 Cooke, Lane	SR	North Davidson	1:00.95	1:01.50	

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Event 13 Women 100 Yard Freestyle

3A State Rec: 50.02 # 2013 Lauren Rhodes (Char. Catholic)

State Record: 49.25 @ 2021 Teresa Ivan (Ardrey Kell)

50.19 AA-A

51.05 AA-C

All American

Name	Yr	School	Prelim Time	Finals Time	Points
Championship Final					
1 Sikes, Katie Belle	JR	Orange	51.01	49.45 # AA-A	20
2 Becker, Megan	X	Asheboro	54.41	53.57	17
3 Parmenter, Katelyn	X	St Stephens	53.64	53.78	16
4 Koh, Jenna	X	Ledford	54.46	54.33	15
5 Johns, Lyla	SO	Central Cabarrus	54.93	55.38	14
6 Krzyzaniak, Alexis	JR	Durham School of the Arts	56.09	56.31	13
7 Grubb, Cassidy	SR	Oak Grove	56.08	56.67	12
8 Vine, Bellum	JR	Central Cabarrus	56.47	58.52	11
Consolation Final					
9 Fields, Colby	SR	Hickory	57.43	56.78	9
10 White, Piper	FR	Orange	56.78	57.09	7
11 Robinson, Abi	JR	Walter M Williams	57.67	57.52	6
12 Hendershot, Madelyn	JR	Tuscola	57.75	57.77	5
13 Hermans, Lily	FR	Concord	57.90	57.81	4
14 Little, Aubrey	SO	Parkwood	58.47	57.93	3
15 Rooney, Kristina	JR	Lake Norman Charter	57.60	58.05	2
16 Hawkins, Peyton	FR	Lake Norman Charter	57.94	58.52	1

Event 13 Women 100 Yard Freestyle

Name	Yr	School	Seed Time	Prelim Time	
Preliminaries					
1 Sikes, Katie Belle	JR	Orange	50.99	51.01	AA-C
2 Parmenter, Katelyn	X	St Stephens	53.81	53.64	
3 Becker, Megan	X	Asheboro	53.87	54.41	
4 Koh, Jenna	X	Ledford	54.28	54.46	
5 Johns, Lyla	SO	Central Cabarrus	54.07	54.93	
6 Grubb, Cassidy	SR	Oak Grove	55.25	56.08	
7 Krzyzaniak, Alexis	JR	Durham School of the Arts	56.08	56.09	
8 Vine, Bellum	JR	Central Cabarrus	57.30	56.47	
9 White, Piper	FR	Orange	58.18	56.78	
10 Fields, Colby	SR	Hickory	57.00	57.43	
11 Rooney, Kristina	JR	Lake Norman Charter	57.97	57.60	
12 Robinson, Abi	JR	Walter M Williams	58.48	57.67	
13 Hendershot, Madelyn	JR	Tuscola	59.11	57.75	
14 Hermans, Lily	FR	Concord	57.52	57.90	
15 Hawkins, Peyton	FR	Lake Norman Charter	58.40	57.94	
16 Little, Aubrey	SO	Parkwood	58.51	58.47	
17 McCabe, Falon	SO	Croatan	58.63	58.85	
18 Trivette, Maura	X	First Flight	58.65	58.92	
19 Johnson, Lanie	X	Hunt	59.96	59.26	
20 Moro, Sofia	SO	Northwest Cabarrus	58.79	59.34	
21 Edwards, Lucia	SR	North Buncombe	58.45	59.77	
22 Kulas, Saline	X	JH Rose	59.05	59.96	
23 Williams, Ava	FR	West Brunswick	1:01.09	1:02.00	
24 Morace, Lauren	X	JH Rose	1:01.05	1:02.12	

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Event 14 Men 100 Yard Freestyle

3A State Rec: 43.10 # 2020 Sam Hoover (Chapel Hill)

State Record: 43.10 @ 2020 Sam Hoover (Chapel Hill)

44.95 AA-A 45.73 AA-C All American

Name	Yr	School	Prelim Time	Finals Time	Points
Championship Final					
1 Thompson, Will	SR	Carrboro	45.96	44.94	AA-A 20
2 Gray, William	JR	Durham School of the Arts	47.18	46.76	17
3 Cayer, Connor	SR	Central Davidson	48.22	46.84	16
4 Simcic, Ryan	X	Croatan	47.56	47.02	15
5 Agans, Nikhil	JR	Cedar Ridge	49.94	49.16	14
6 Tabor, Beckett	X	Forestview	49.57	49.36	13
7 Buckler, Devin	SR	Lake Norman Charter	49.22	49.58	12
8 Tart, Ethan	SR	South Central	49.70	50.01	11
Consolation Final					
9 Zapler, Ezra	X	JH Rose	49.94	49.49	9
10 Johnson, Sam	X	West Carteret	50.22	49.54	7
11 Kimmel, Ben	X	Hunter Huss	50.21	49.90	6
12 Mason, Chance	SR	South Brunswick	52.25	50.60	5
13 Burroughs, James	JR	Lake Norman Charter	50.34	51.15	4
14 Major, Austin	SO	Stuart Cramer	51.33	51.81	3
15 Williams, Carter	SO	Central Academy of Technology	51.80	52.01	2
16 Kazel, Max	SR	Jacksonville	52.07	52.11	1

Event 14 Men 100 Yard Freestyle

Name	Yr	School	Seed Time	Prelim Time
Preliminaries				
1 Thompson, Will	SR	Carrboro	46.44	45.96
2 Gray, William	JR	Durham School of the Arts	47.30	47.18
3 Simcic, Ryan	X	Croatan	47.25	47.56
4 Cayer, Connor	SR	Central Davidson	48.47	48.22
5 Buckler, Devin	SR	Lake Norman Charter	48.84	49.22
6 Tabor, Beckett	X	Forestview	49.15	49.57
7 Tart, Ethan	SR	South Central	49.76	49.70
8 Agans, Nikhil	JR	Cedar Ridge	49.92	49.94
9 Zapler, Ezra	X	JH Rose	49.38	49.94
10 Powers, Graham	SR	Northwest Cabarrus	51.62	50.11
11 Kimmel, Ben	X	Hunter Huss	49.60	50.21
12 Johnson, Sam	X	West Carteret	49.56	50.22
13 Burroughs, James	JR	Lake Norman Charter	50.14	50.34
14 Major, Austin	SO	Stuart Cramer	51.62	51.33
15 Williams, Carter	SO	Central Academy of Technology	50.99	51.80
16 Kazel, Max	SR	Jacksonville	52.01	52.07
17 Mason, Chance	SR	South Brunswick	52.60	52.25
18 McCallion, Sam	SR	Carrboro	52.46	52.47
19 Seymour, Alex	SO	Lake Norman Charter	52.74	52.80
20 Wilson, Wyatt	JR	Rockingham County	50.68	52.85
21 McMichael, Lawson	SR	Rockingham County	50.52	52.88
22 Priechenfried, Nathan	SR	Swansboro	53.31	53.49
23 Mogray, Joseph	JR	Hickory	51.68	54.22
--- Normand, Oliver	JR	Carrboro	52.51	DQ

Event 14S Men 100 Yard Freestyle Swim-off

Name	Yr	School	Seed Time	Finals Time
- Swim-off				
1 Agans, Nikhil	JR	Cedar Ridge	49.94	48.86
2 Zapler, Ezra	X	JH Rose	49.94	50.28

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Event 15 Women 500 Yard Freestyle

3A State Rec: 4:48.78 # 2022 Emma Hastings (JH Rose)
State Record: 4:40.98 @ 2014 Hannah Moore (Green Hope)
4:52.18 AA-A 4:56.85 AA-C All American

Name	Yr	School	Seed Time	Finals Time	Points
1	Cinson, Kathryn	X Fred T Foard	5:06.43	5:05.29	20
2	Bowen, Madison	SO Croatan	5:09.76	5:09.42	17
3	Shuping, Avery	SO Carrboro	5:19.13	5:10.57	16
4	DiGiovanni, Francesca	X Smithfield-Selma	5:14.79	5:16.05	15
5	Rinker, Caroline	SR Northwest Cabarrus	5:20.41	5:20.02	14
6	Stinnett, Sophia	SO Cedar Ridge	5:26.76	5:25.01	13
7	Carter, Braylee	SR Eastern Alamance	5:20.49	5:26.04	12
8	Buskirk, Emmalyn	X Fred T Foard	5:28.12	5:26.41	11
9	Perez, Bianca	SR Northwood	5:27.87	5:28.11	9
10	Thesing, Holly	SO Northwood	5:48.42	5:34.16	7
11	Columbia, Maci	SO Asheboro	5:39.87	5:36.60	6
12	Jackson, AJ	FR South Brunswick	5:39.00	5:40.64	5
13	Peterson, Maya	SR Carrboro	5:44.45	5:41.68	4
14	Fields, Colby	SR Hickory	5:40.23	5:43.28	3
15	Lee, Jovie	X St Stephens	5:45.13	5:45.08	2
16	Gasaway, Kensley	FR Western Alamance	5:52.83	5:50.59	1
17	Sipper, Maya	JR Northwood	5:53.34	5:51.30	
18	Pridmore, Stella	X East Lincoln	5:53.31	5:56.48	
19	Sechriest, Addyson	X East Rowan	5:53.00	5:56.67	
20	Johnson, Taylor	X Scotland	5:49.80	5:59.95	
21	Todd, Kelly	SO Central Academy of Technology	5:53.88	6:01.65	
22	Jarvis, Kaylee	FR West Brunswick	5:56.65	6:02.20	
23	Cassiano, Bergan	FR Swansboro	6:07.17	6:05.31	
24	Li, Cheryl	SR Terry Sanford	6:06.98	6:09.09	

Event 16 Men 500 Yard Freestyle

3A State Rec: 4:27.29 # 2020 Preston Forst (N Guilford)
State Record: 4:18.70 @ 2019 Ross Dant (Newton-Conover)
4:28.38 AA-A 4:33.10 AA-C All American

Name	Yr	School	Seed Time	Finals Time	Points
1	Commins, Andrew	JR Carrboro	4:41.69	4:31.06	AA-C 20
2	Strada, Matt	JR Carrboro	4:56.02	4:47.70	17
3	Andre, Alexander	SO Orange	5:05.20	4:49.31	16
4	Gould, Justin	SO Northwest Cabarrus	4:51.94	4:50.73	15
5	Johnson, Cameron	X West Carteret	4:56.09	4:52.41	14
6	Kain, Keller	SR West Henderson	4:54.96	4:52.88	13
7	Roman, Luke	SO Orange	4:52.23	4:52.97	12
8	Willis, Grant	SO Central Cabarrus	4:56.57	4:57.56	11
9	Deluca, Aiden	FR North Lincoln	5:08.34	4:59.34	9
10	Needham, Cade	JR South Brunswick	4:57.78	5:02.44	7
11	DeWalt, Grey	FR Carrboro	5:10.36	5:07.64	6
12	Hall, Carter	SO Lake Norman Charter	5:15.38	5:09.89	5
13	Delgadillo, Alex	FR Carrboro	5:14.85	5:11.92	4
14	Schmitz, Samuel	FR Union Pines	5:23.16	5:15.41	3
15	Rodgers, Jack	SO Lake Norman Charter	5:21.48	5:15.95	2
16	Broos, Jackson	X St Stephens	5:17.43	5:16.03	1
17	Scott, Channing	SO Lake Norman Charter	5:26.37	5:18.07	
18	Pesko, Aiden	JR Croatan	5:19.49	5:23.04	
19	Kennemore, Logan	SO Currituck County	5:23.24	5:26.90	
20	Pridmore, Owen	X East Lincoln	5:18.16	5:28.99	
21	Brown, Jack	SR First Flight	5:31.06	5:30.29	
22	Hedrick, Noah	X St Stephens	5:26.07	5:31.40	
23	Taylor, Andrew	X Forestview	5:20.02	5:32.13	

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Event 17 Women 200 Yard Freestyle Relay

3A State Rec: 1:34.30 # 2020 Charlotte Catholic
State Record: 1:33.22 @ 2014 Charlotte Catholic
1:35.36 AA-A 1:36.94 AA-C All American

Team	Relay	Prelim Time	Finals Time	Points
Championship Final				
1 Orange		1:41.88	1:41.04	40
1) White, Riley JR	2) White, Piper FR	3) Rasinske, Ainsley FR	4) Sikes, Katie Belle JR	
24.90	50.90 (26.00) 1:18.39 (27.49)	1:41.04 (22.65)		
2 Northwest Cabarrus		1:43.24	1:42.42	34
1) Burroughs, Hayden JR	2) Moro, Kylie SO	3) Thompson, Isabella SR	4) Rinker, Caroline SR	
25.21	51.79 (26.58) 1:17.62 (25.83)	1:42.42 (24.80)		
3 Carrboro		1:43.52	1:42.76	32
1) Lambert, Maya JR	2) Shuping, Avery SO	3) Conner, Kyla FR	4) Hill, Ellie FR	
25.19	50.37 (25.18) 1:17.17 (26.80)	1:42.76 (25.59)		
4 JH Rose		1:45.67	1:45.31	30
1) Blackmon, Bryn	2) Klue, Izzy	3) Carson, Carys	4) Smith, Clara Pierce	
27.81	53.73 (25.92) 1:20.74 (27.01)	1:45.31 (24.57)		
5 Franklin		1:45.93	1:46.07	28
1) Walker, Zoi SO	2) Roper, Callie SR	3) Cassada, Ashlynn JR	4) Ballard, Natalie JR	
26.96	55.25 (28.29) 1:20.88 (25.63)	1:46.07 (25.19)		
6 Durham School of the Arts		1:46.01	1:46.12	26
1) Marley, Jordan SR	2) Yuan, Peyton SO	3) Healey, Megan SR	4) Krzyzaniak, Alexis JR	
26.08	53.72 (27.64) 1:21.01 (27.29)	1:46.12 (25.11)		
7 Croatan		1:47.53	1:46.78	24
1) Sampson, Mackenzie SO	2) McCabe, Falon SO	3) Monica, Sophia JR	4) Bowen, Madison SO	
28.09	55.08 (26.99) 1:22.21 (27.13)	1:46.78 (24.57)		
8 Hickory		1:47.21	1:48.54	22
1) Fields, Colby SR	2) Hitchcock, Ella Brett SO	3) Olguin-Abreu, Denise JR	4) Pitts, Emma JR	
26.95	53.24 (26.29) 1:22.15 (28.91)	1:48.54 (26.39)		
Consolation Final				
9 Lake Norman Charter		1:48.02	1:47.38	18
1) Yampolsky, Lily JR	2) Lasarsky, Addison SO	3) Freeman, Sara JR	4) Horton, Presley JR	
27.12	54.09 (26.97) 1:20.95 (26.86)	1:47.38 (26.43)		
10 Asheboro		1:49.34	1:48.56	14
1) Burnette, Madison SR	2) Wolfe-Roberts, Fiona	3) Columbia, Maci SO	4) Becker, Megan	
28.27	56.31 (28.04) 1:23.63 (27.32)	1:48.56 (24.93)		
11 South Brunswick		1:50.12	1:48.96	12
1) Jackson, AJ FR	2) Gordon, Kennedy FR	3) Stegman, Keira SO	4) Ulevich, Meghan SR	
26.21	54.64 (28.43) 1:22.11 (27.47)	1:48.96 (26.85)		
12 Concord		1:50.19	1:49.35	10
1) Neri, Isabella SR	2) Irvin, Blakely SO	3) Keasler, Laurel SR	4) Hermans, Lily FR	
26.07	56.62 (30.55) 1:23.89 (27.27)	1:49.35 (25.46)		
13 Ledford		1:51.25	1:50.56	8
1) Koh, Jenna	2) Stevens, Ally	3) Peele, Lily	4) White, Brea	
25.20	55.40 (30.20) 1:23.95 (28.55)	1:50.56 (26.61)		
14 West Brunswick		1:52.27	1:51.07	6
1) Williams, Ava FR	2) Sneed, Jalynn SR	3) Holmes, Brooke SR	4) Davis, Mary JR	
27.92	56.75 (28.83) 1:24.64 (27.89)	1:51.07 (26.43)		
15 South Rowan		1:50.29	1:51.26	4
1) Hughes, Sydney	2) Blume, Ava	3) Rockstad, Audrey	4) Thompson, Aubree	
27.48	55.35 (27.87) 1:24.19 (28.84)	1:51.26 (27.07)		
16 First Flight		1:52.26	1:52.88	2
1) Curry, Langley SO	2) Hall, Hayden	3) Wienert, Chloe	4) Trivette, Maura	
28.77	57.88 (29.11) 1:26.30 (28.42)	1:52.88 (26.58)		

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Event 17 Women 200 Yard Freestyle Relay

Team	Relay	Seed Time	Prelim Time
Preliminaries			
1 Orange		1:44.50	1:41.88
1) White, Riley JR	2) White, Piper FR	3) Rasinske, Ainsley FR	4) Sikes, Katie Belle JR
25.11	51.43 (26.32) 1:19.32 (27.89)	1:41.88 (22.56)	
2 Northwest Cabarrus		1:43.52	1:43.24
1) Burroughs, Hayden JR	2) Moro, Kylie SO	3) Thompson, Isabella SR	4) Rinker, Caroline SR
25.42	52.26 (26.84) 1:18.69 (26.43)	1:43.24 (24.55)	
3 Carrboro		1:46.98	1:43.52
1) Hill, Ellie FR	2) Shuping, Avery SO	3) Conner, Kyla FR	4) Lambert, Maya JR
26.05	51.43 (25.38) 1:18.55 (27.12)	1:43.52 (24.97)	
4 JH Rose		1:46.24	1:45.67
1) Blackmon, Bryn	2) Klue, Izzy	3) Carson, Carys	4) Smith, Clara Pierce
28.04	54.31 (26.27) 1:21.11 (26.80)	1:45.67 (24.56)	
5 Franklin		1:47.64	1:45.93
1) Walker, Zoi SO	2) Roper, Callie SR	3) Cassada, Ashlynn JR	4) Ballard, Natalie JR
27.30	55.54 (28.24) 1:21.04 (25.50)	1:45.93 (24.89)	
6 Durham School of the Arts		1:46.83	1:46.01
1) Marley, Jordan SR	2) Yuan, Peyton SO	3) Healey, Megan SR	4) Krzyzaniak, Alexis JR
25.90	53.78 (27.88) 1:20.84 (27.06)	1:46.01 (25.17)	
7 Hickory		1:48.42	1:47.21
1) Fields, Colby SR	2) Hitchcock, Ella Brett SO	3) Olguin-Abreu, Denise JR	4) Pitts, Emma JR
26.59	52.72 (26.13) 1:20.80 (28.08)	1:47.21 (26.41)	
8 Croatan		1:52.10	1:47.53
1) Sampson, Mackenzie SO	2) McCabe, Falon SO	3) Monica, Sophia JR	4) Bowen, Madison SO
27.99	55.63 (27.64) 1:22.67 (27.04)	1:47.53 (24.86)	
9 Lake Norman Charter		1:47.72	1:48.02
1) Yampolsky, Lily JR	2) Lasarsky, Addison SO	3) Freeman, Sara JR	4) Horton, Presley JR
27.20	54.46 (27.26) 1:21.22 (26.76)	1:48.02 (26.80)	
10 Asheboro		1:48.99	1:49.34
1) Burnette, Madison SR	2) Wolfe-Roberts, Fiona	3) Columbia, Maci SO	4) Becker, Megan
28.16	57.02 (28.86) 1:24.06 (27.04)	1:49.34 (25.28)	
11 South Brunswick		1:50.77	1:50.12
1) Jackson, AJ FR	2) Gordon, Kennedy FR	3) Stegman, Keira SO	4) Ulevich, Meghan SR
26.56	55.34 (28.78) 1:23.20 (27.86)	1:50.12 (26.92)	
12 Concord		1:49.98	1:50.19
1) Neri, Isabella SR	2) Irvin, Blakely SO	3) Hermans, Lily FR	4) Keasler, Laurel SR
26.50	57.11 (30.61) 1:23.05 (25.94)	1:50.19 (27.14)	
13 South Rowan		1:52.87	1:50.29
1) Hughes, Sydney	2) Blume, Ava	3) Rockstad, Audrey	4) Thompson, Aubree
26.87	54.91 (28.04) 1:23.51 (28.60)	1:50.29 (26.78)	
14 Ledford		1:52.62	1:51.25
1) Koh, Jenna	2) Stevens, Ally	3) Peele, Lily	4) White, Brea
25.17	56.28 (31.11) 1:24.78 (28.50)	1:51.25 (26.47)	
15 First Flight		1:52.57	1:52.26
1) Curry, Langley SO	2) Hall, Hayden	3) Wienert, Chloe	4) Trivette, Maura
28.69	57.29 (28.60) 1:25.67 (28.38)	1:52.26 (26.59)	
16 West Brunswick		1:48.02	1:52.27
1) Williams, Ava FR	2) Sneed, Jalyynn SR	3) Holmes, Brooke SR	4) Davis, Mary JR
28.01	57.13 (29.12) 1:25.89 (28.76)	1:52.27 (26.38)	

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Event 17 Women 200 Yard Freestyle Relay

Team	Relay	Seed Time	Prelim Time
17 West Henderson		1:52.00	1:53.94
1) Dotti, Maggie SR	2) Sikorski, Harper SO	3) Alvarez, Andrea SR	4) Hogan, Emory SR
27.25	58.11 (30.86) 1:26.46 (28.35)	1:53.94 (27.48)	
18 Oak Grove		1:53.91	1:54.17
1) Wilson, Madelyn	2) Richard, Maggie	3) Eanes, Gracie	4) Grubb, Cassidy SR
28.26	58.74 (30.48) 1:28.46 (29.72)	1:54.17 (25.71)	
19 South Central		1:53.71	1:54.61
1) Miller, Lorelai SO	2) Emery, Madison FR	3) Lingle, Kaylee FR	4) Mitchell, Sophie JR
29.85	58.29 (28.44) 1:28.99 (30.70)	1:54.61 (25.62)	
20 Southern Nash		1:56.17	1:54.79
1) Bolten, Nina JR	2) Beckham, Carlee SO	3) Terry, Emily SR	4) Bissette, Avery JR
28.52	56.80 (28.28) 1:27.33 (30.53)	1:54.79 (27.46)	
21 Forestview		1:55.69	1:54.86
1) Peyton, Alex	2) Townsend, Addison	3) Taylor, Emma	4) Riley, Lilly
28.85	57.15 (28.30) 1:26.19 (29.04)	1:54.86 (28.67)	
22 Rockingham County		1:55.72	1:55.23
1) Tate, Kenzie SR	2) Pryor, Madison SR	3) Page, Carole-Ann SR	4) Parker, Brooke JR
30.14	59.23 (29.09) 1:26.78 (27.55)	1:55.23 (28.45)	
--- Smithfield-Selma		1:51.72	DQ
1) Farrell, Teagan	2) DuBois, Brielle	3) Stuckey, Emily	4) DiGiovanni, Francesca
28.46	57.26 (28.80) 1:27.09 (29.83)	DQ (25.61)	
--- West Carteret		1:54.20	DQ
1) Avon, Chloe	2) Starling, Hadley	3) Pennington, Sophia	4) Lewis, Ashlyn
27.27	58.16 (30.89) 1:27.80 (29.64)	DQ (26.52)	

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Event 18 Men 200 Yard Freestyle Relay

3A State Rec: 1:24.89 # 2021 Chapel Hill

State Record: 1:23.66 @ 2014 Rose, J. H.

1:24.80 AA-A 1:25.86 AA-C All American

Team	Relay	Prelim Time	Finals Time	Points
Championship Final				
1 Croatan		1:29.91	1:27.76	40
1) Roth, Matej	2) Michalowicz, Nathan SO	3) Padgett, Paul	4) Simcic, Ryan	
23.06	44.90 (21.84) 1:06.62 (21.72)	1:27.76 (21.14)		
2 Carrboro		1:29.12	1:28.26	34
1) Thompson, Will SR	2) Normand, Oliver JR	3) Becker, Ryan JR	4) Commins, Andrew JR	
20.86	43.75 (22.89) 1:07.35 (23.60)	1:28.26 (20.91)		
3 Durham School of the Arts		1:30.20	1:29.74	32
1) Gray, William JR	2) Ginsberg, Dreizin SR	3) Euler, Vinton SR	4) Battaglini, Lucca JR	
21.57	46.13 (24.56) 1:10.35 (24.22)	1:29.74 (19.39)		
4 Rockingham County		1:32.25	1:30.41	30
1) Wilson, Wyatt JR	2) McMichael, Lawson SR	3) Blankenship, Lane SR	4) Everitt, Jeremy SR	
22.79	46.09 (23.30) 1:08.85 (22.76)	1:30.41 (21.56)		
5 Lake Norman Charter		1:30.34	1:30.50	28
1) Hawkins, Kyle SR	2) Hill, Ethan SR	3) Burroughs, James JR	4) Buckler, Devin SR	
23.04	45.70 (22.66) 1:08.25 (22.55)	1:30.50 (22.25)		
6 West Carteret		1:32.02	1:31.60	26
1) Johnson, Cameron	2) Ellis, Colton SR	3) Law, Cooper SR	4) Johnson, Sam	
23.19	46.24 (23.05) 1:09.30 (23.06)	1:31.60 (22.30)		
7 Central Cabarrus		1:35.29	1:34.13	24
1) Williams, Benjamin SO	2) Dunn, Tyler SR	3) Willis, Grant SO	4) McIntire, Raeder SR	
24.16	47.02 (22.86) 1:10.87 (23.85)	1:34.13 (23.26)		
8 South Brunswick		1:36.32	1:35.16	22
1) Jenkins, Walker SR	2) Sevast, Evan FR	3) Needham, Cade JR	4) Mason, Chance SR	
24.90	48.99 (24.09) 1:12.01 (23.02)	1:35.16 (23.15)		
Consolation Final				
9 East Rowan		1:37.65	1:36.74	18
1) Gardner, Josh	2) Cawley, Isaac	3) Ritchie, Carson	4) Ritchie, Cameron	
25.13	49.48 (24.35) 1:13.70 (24.22)	1:36.74 (23.04)		
10 First Flight		1:37.94	1:37.01	14
1) Thiessen, Logan SR	2) Robinson, Will SR	3) Hallac, Dylan	4) Shumaker, Merrick	
23.79	48.85 (25.06) 1:13.64 (24.79)	1:37.01 (23.37)		
11 Concord		1:37.91	1:37.32	12
1) Bell, Barron FR	2) Leder, Bennett SR	3) Stephens, Parker JR	4) DeCubellis, Jonah SO	
25.22	49.12 (23.90) 1:13.61 (24.49)	1:37.32 (23.71)		
12 East Lincoln		1:36.45	1:37.50	10
1) Warner, Rider	2) Miller, Ayden	3) Pridmore, Owen	4) Clendenning, Zachary	
23.46	49.09 (25.63) 1:14.37 (25.28)	1:37.50 (23.13)		
13 South Central		1:39.55	1:38.79	8
1) George, Noah JR	2) Mitchell, Carter FR	3) Goldie, Gavin SO	4) Tart, Ethan SR	
25.04	50.55 (25.51) 1:16.12 (25.57)	1:38.79 (22.67)		
14 Freedom		1:39.62	1:39.09	6
1) Carswell, Nathaniel	2) Ellis, Asher SR	3) Houpe, Caelan SO	4) Miller, Emerson JR	
25.52	50.27 (24.75) 1:15.95 (25.68)	1:39.09 (23.14)		
15 South Point		1:36.91	1:40.18	4
1) Hunnicutt, Grant SO	2) Wagner, Caden SR	3) Eisenhuth, Henry SR	4) Ferguson, Miles SO	
25.08	50.89 (25.81) 1:16.57 (25.68)	1:40.18 (23.61)		
16 Oak Grove		1:40.01	1:40.47	2
1) Messer, Evan	2) Lee, Connor	3) Fleming, Aiden	4) Vogl, Joshua	
25.00	51.15 (26.15) 1:16.57 (25.42)	1:40.47 (23.90)		

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Event 18 Men 200 Yard Freestyle Relay

Team	Relay	Seed Time	Prelim Time
Preliminaries			
1 Carrboro		1:30.32	1:29.12
1) Thompson, Will SR 21.48	2) Normand, Oliver JR 44.34 (22.86)	3) Becker, Ryan JR 1:29.12 (21.12)	4) Commins, Andrew JR
2 Croatan		1:33.55	1:29.91
1) Roth, Matej 23.44	2) Michalowicz, Nathan SO 46.02 (22.58)	3) Padgett, Paul 1:29.91 (22.23)	4) Simcic, Ryan
3 Durham School of the Arts		1:29.79	1:30.20
1) Gray, William JR 21.60	2) Ginsberg, Dreizin SR 46.52 (24.92)	3) Euler, Vinton SR 1:30.20 (19.96)	4) Battaglini, Lucca JR
4 Lake Norman Charter		1:31.28	1:30.34
1) Hawkins, Kyle SR 23.36	2) Hill, Ethan SR 45.50 (22.14)	3) Burroughs, James JR 1:30.34 (22.16)	4) Buckler, Devin SR
5 West Carteret		1:36.99	1:32.02
1) Johnson, Cameron 23.13	2) Law, Cooper SR 46.57 (23.44)	3) Ellis, Colton SR 1:32.02 (22.44)	4) Johnson, Sam
6 Rockingham County		1:31.25	1:32.25
1) Wilson, Wyatt JR 23.91	2) McMichael, Lawson SR 46.88 (22.97)	3) Blankenship, Lane SR 1:32.25 (22.61)	4) Everitt, Jeremy SR
7 Central Cabarrus		1:34.51	1:35.29
1) Williams, Benjamin SO 24.23	2) Dunn, Tyler SR 47.47 (23.24)	3) Willis, Grant SO 1:35.29 (23.64)	4) McIntire, Raeder SR
8 South Brunswick		1:36.10	1:36.32
1) Jenkins, Walker SR 25.08	2) Sevast, Evan FR 49.59 (24.51)	3) Needham, Cade JR 1:36.32 (23.31)	4) Mason, Chance SR
9 East Lincoln		1:36.53	1:36.45
1) Warner, Rider 23.47	2) Miller, Ayden 48.61 (25.14)	3) Pridmore, Owen 1:36.45 (23.06)	4) Clendenning, Zachary
10 South Point		1:35.50	1:36.91
1) Ferguson, Miles SO 23.71	2) Wagner, Caden SR 49.81 (26.10)	3) Hunnicutt, Grant SO 1:36.91 (22.41)	4) Adcock, Davis SR
11 East Rowan		1:37.66	1:37.65
1) Cawley, Isaac 24.75	2) Ritchie, Carson 49.40 (24.65)	3) Gardner, Josh 1:37.65 (24.14)	4) Ritchie, Cameron
12 Concord		1:38.15	1:37.91
1) Bell, Barron FR 25.61	2) Leder, Bennett SR 49.39 (23.78)	3) Stephens, Parker JR 1:37.91 (23.96)	4) DeCubellis, Jonah SO
13 First Flight		1:40.51	1:37.94
1) Robinson, Will SR 25.82	2) Shumaker, Merrick 49.29 (23.47)	3) Hallac, Dylan 1:37.94 (23.91)	4) Thiessen, Logan SR
14 South Central		1:40.18	1:39.55
1) Goldie, Gavin SO 25.56	2) Mitchell, Carter FR 51.04 (25.48)	3) George, Noah JR 1:39.55 (22.99)	4) Tart, Ethan SR
15 Freedom		1:38.85	1:39.62
1) Carswell, Nathaniel 25.89	2) Ellis, Asher SR 50.76 (24.87)	3) Houpe, Caelan SO 1:39.62 (22.77)	4) Miller, Emerson JR
16 Oak Grove		1:39.26	1:40.01
1) Messer, Evan 24.56	2) Lee, Connor 51.17 (26.61)	3) Fleming, Aiden 1:40.01 (23.63)	4) Vogl, Joshua

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Event 18 Men 200 Yard Freestyle Relay

	Team	Relay	Seed Time	Prelim Time
17	Northwest Cabarrus		1:40.85	1:40.08
	1) White, Cameron FR	2) Strickland, Robert SR	3) Fowler, Matthew SR	4) Rinker, Jacob SR
	26.32	51.59 (25.27)	1:16.43 (24.84)	1:40.08 (23.65)
18	JH Rose		1:39.60	1:40.25
	1) Zapler, Ezra	2) Clyde, Tyler	3) Chen, Jack	4) Lin, Owen
	22.92	51.40 (28.48)	1:18.48 (27.08)	1:40.25 (21.77)
19	North Davidson		1:41.55	1:40.52
	1) Norman, Matthew JR	2) James, Kyle SR	3) James, Landon SO	4) Meuser, Jacob
	25.63	51.23 (25.60)	1:17.04 (25.81)	1:40.52 (23.48)
20	Franklin		1:40.59	1:41.15
	1) Gomez, Jose JR	2) Brant, Jonah 9	3) Rinker, Gavin SO	4) Guynn, Clayton SR
	24.26	52.14 (27.88)	1:18.03 (25.89)	1:41.15 (23.12)
21	Crest		1:42.29	1:43.31
	1) Wesson, Luke SR	2) Ramsey, Logan SR	3) Kennon, Jacob SR	4) Sanchez, Nic SO
	23.13	48.18 (25.05)	1:16.11 (27.93)	1:43.31 (27.20)
22	Ledford		1:42.03	1:43.63
	1) Conte, Adan	2) Queen, Tucker	3) Sheffield, Chase	4) Thoma, Logan
	26.88	52.70 (25.82)	1:18.19 (25.49)	1:43.63 (25.44)
23	Stuart Cramer		1:42.78	1:43.64
	1) Major, Austin SO	2) Fargher, Joseph SO	3) Nixon, Aldridge SO	4) Major, Zachary SR
	24.53	52.02 (27.49)	1:19.00 (26.98)	1:43.64 (24.64)
24	Kings Mountain		1:43.14	1:43.69
	1) Bachman, Nash	2) Brown, Turner	3) Demetro, Mason	4) Messenger, Dalton
	29.10	55.28 (26.18)	1:19.39 (24.11)	1:43.69 (24.30)

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Event 19 Women 100 Yard Backstroke

3A State Rec: 53.70 # 2018 Julia Menkhaus (Char Catholic)

State Record: 49.61 @ 2022 Claire Curzan (Cardinal Gibb)

54.80 AA-A 55.92 AA-C All American

Name	Yr	School	Prelim Time	Finals Time	Points
Championship Final					
1 Cronin, Abbey	SO	Central Cabarrus	58.81	58.28	20
2 Coburn, Zoe	X	St Stephens	1:00.19	59.66	17
3 Eggers, Kaylee	JR	Rocky Mount	1:00.55	59.76	16
4 Marley, Jordan	SR	Durham School of the Arts	1:01.83	1:00.57	15
5 Krzyzaniak, Alexis	JR	Durham School of the Arts	1:01.82	1:00.95	14
6 Smith, Clara Pierce	X	JH Rose	1:01.13	1:01.36	13
7 White, Riley	JR	Orange	59.89	1:01.57	12
8 Davis, Mary	JR	West Brunswick	1:04.36	1:04.40	11
Consolation Final					
9 Neri, Isabella	SR	Concord	1:05.18	1:03.83	9
10 Wolff, Audrey	SO	Central Cabarrus	1:06.47	1:03.92	7
11 George, Ruby	SR	Triton	1:05.33	1:04.83	6
12 Miller, Catherine	X	High Point Central	1:04.51	1:05.09	5
13 Florian, Violet	JR	Clyda A Erwin	1:04.52	1:06.62	4
14 Thompson, Isabella	SR	Northwest Cabarrus	1:07.38	1:07.17	3
15 Wesley, Anna	FR	Carrboro	1:06.58	1:07.98	2

Event 19 Women 100 Yard Backstroke

Name	Yr	School	Seed Time	Prelim Time
Preliminaries				
1 Cronin, Abbey	SO	Central Cabarrus	58.63	58.81
2 White, Riley	JR	Orange	1:01.65	59.89
3 Coburn, Zoe	X	St Stephens	59.46	1:00.19
4 Eggers, Kaylee	JR	Rocky Mount	1:00.03	1:00.55
5 Smith, Clara Pierce	X	JH Rose	1:02.19	1:01.13
6 Krzyzaniak, Alexis	JR	Durham School of the Arts	1:01.40	1:01.82
7 Marley, Jordan	SR	Durham School of the Arts	1:00.29	1:01.83
8 Davis, Mary	JR	West Brunswick	1:03.83	1:04.36
9 Miller, Catherine	X	High Point Central	1:05.22	1:04.51
10 Florian, Violet	JR	Clyda A Erwin	1:06.17	1:04.52
11 Neri, Isabella	SR	Concord	1:03.44	1:05.18
12 George, Ruby	SR	Triton	1:05.26	1:05.33
13 Wolff, Audrey	SO	Central Cabarrus	1:04.59	1:06.47
14 Wesley, Anna	FR	Carrboro	1:07.86	1:06.58
15 Hendershot, Madelyn	JR	Tuscola	1:08.56	1:07.29
16 Thompson, Isabella	SR	Northwest Cabarrus	1:07.17	1:07.38
17 Lavelle, Maddy	JR	Tuscola	1:08.31	1:07.84
18 Parker, Brooke	JR	Rockingham County	1:06.75	1:08.03
19 Gasaway, Kensley	FR	Western Alamance	1:08.29	1:08.20
20 Gruber, Ava	X	St Stephens	1:07.85	1:08.57
21 Caron, Tess	FR	West Brunswick	1:10.40	1:08.93
22 Healey, Megan	SR	Durham School of the Arts	1:07.75	1:10.16

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Event 20 Men 100 Yard Backstroke

3A State Rec: 48.58 # 2018 Noah Henderson (W. Alamance)

State Record: 47.82 @ 2019 Thomas Hamlet (Bishop McGuin)

49.38 AA-A 50.37 AA-C All American

Name	Yr	School	Prelim Time	Finals Time	Points
Championship Final					
1	Thompson, Will	SR Carrboro	49.76	48.22 # AA-A	20
2	Adcock, Davis	SR South Point	52.70	51.53	17
3	Peyton, Tristan	X Forestview	54.95	54.94	16
4	Shook, Nicholas	SR Cape Fear	56.00	55.26	15
5	Warner, Rider	X East Lincoln	56.64	58.14	14
6	Williams, Carter	SO Central Academy of Technology	58.03	58.23	13
7	Kines, Graham	X Forestview	57.86	58.24	12
8	Michalowicz, Nathan	SO Croatan	58.33	58.76	11
Consolation Final					
9	Hawkins, Kyle	SR Lake Norman Charter	58.53	56.77	9
10	Bria, Joseph	FR Central Academy of Technology	59.06	58.55	7
11	Burckhardt, Ayden	X Harnett Central	59.23	58.93	6
12	Everitt, Jeremy	SR Rockingham County	58.75	59.32	5
13	Enohmbi, Junior	SO Central Academy of Technology	58.48	59.70	4
14	Williams, Benjamin	SO Central Cabarrus	59.90	59.83	3
15	DeWalt, Grey	FR Carrboro	59.68	1:00.03	2
16	Feimster, Rylan	SO Croatan	58.73	1:01.10	1

Event 20 Men 100 Yard Backstroke

Name	Yr	School	Seed Time	Prelim Time	
Preliminaries					
1	Thompson, Will	SR Carrboro	50.23	49.76	AA-C
2	Adcock, Davis	SR South Point	52.56	52.70	
3	Peyton, Tristan	X Forestview	54.67	54.95	
4	Shook, Nicholas	SR Cape Fear	56.55	56.00	
5	Gray, William	JR Durham School of the Arts	56.18	56.61	
6	Warner, Rider	X East Lincoln	57.73	56.64	
7	Kines, Graham	X Forestview	56.74	57.86	
8	Williams, Carter	SO Central Academy of Technology	58.47	58.03	
9	Powers, Graham	SR Northwest Cabarrus	59.35	58.18	
10	Michalowicz, Nathan	SO Croatan	57.15	58.33	
11	Enohmbi, Junior	SO Central Academy of Technology	58.26	58.48	
12	Hawkins, Kyle	SR Lake Norman Charter	58.66	58.53	
13	Feimster, Rylan	SO Croatan	1:00.86	58.73	
14	Everitt, Jeremy	SR Rockingham County	59.35	58.75	
15	Bria, Joseph	FR Central Academy of Technology	59.92	59.06	
16	Burckhardt, Ayden	X Harnett Central	59.12	59.23	
17	DeWalt, Grey	FR Carrboro	1:00.96	59.68	
18	Williams, Benjamin	SO Central Cabarrus	1:00.73	59.90	
19	Hart, Neil	FR Lake Norman Charter	1:00.81	1:00.84	
20	Weeks, Andrew	SR Orange	1:00.29	1:01.05	
21	Sawyer, Owen	SR Eastern Alamance	1:00.47	1:01.17	
22	Sheffield, Chase	X Ledford	1:00.65	1:02.28	
23	Radom, Nick	X Franklinton	1:05.25	1:04.67	
24	Morris, Braxton	X West Carteret	1:04.14	1:07.04	

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Event 21 Women 100 Yard Breaststroke

3A State Rec: 1:00.35 # 2021 Kaylee Hamblin (Parkwood)

State Record: 1:00.12 @ 2023 Grace Rainey (Hough)

1:02.58 AA-A 1:03.80 AA-C All American

Name	Yr	School	Prelim Time	Finals Time	Points
Championship Final					
1 Koh, Jenna	X	Ledford	1:09.36	1:07.25	20
2 Horton, Presley	JR	Lake Norman Charter	1:09.74	1:07.37	17
3 Williams, Aley	SO	West Brunswick	1:09.44	1:08.87	16
4 Keasler, Laurel	SR	Concord	1:09.78	1:09.79	15
5 Pitts, Emma	JR	Hickory	1:10.39	1:10.62	14
6 Emrich, Lauren	SR	Northwood	1:11.43	1:11.01	13
7 Kulas, Hadleigh	X	JH Rose	1:14.35	1:13.37	12
8 Kohler, Madison	FR	Central Academy of Technology	1:14.02	1:14.84	11
Consolation Final					
9 Vine, Bellum	JR	Central Cabarrus	1:14.83	1:14.00	9
10 Doyle, Eva	X	High Point Central	1:15.01	1:14.57	7
11 Hawkins, Peyton	FR	Lake Norman Charter	1:15.38	1:14.76	6
12 Heathcote, Lyndsey	SR	Western Alamance	1:15.45	1:15.23	5
13 Weld, Claire	SO	Union Pines	1:15.16	1:15.32	4
14 Klue, Izzy	X	JH Rose	1:16.30	1:15.96	3
15 Guaman, Sofia	SO	Carrboro	1:16.21	1:16.35	2
16 Columbia, Maci	SO	Asheboro	1:15.31	1:17.80	1

Event 21 Women 100 Yard Breaststroke

Name	Yr	School	Seed Time	Prelim Time
Preliminaries				
1 Koh, Jenna	X	Ledford	1:07.51	1:09.36
2 Williams, Aley	SO	West Brunswick	1:11.06	1:09.44
3 Horton, Presley	JR	Lake Norman Charter	1:08.81	1:09.74
4 Keasler, Laurel	SR	Concord	1:09.66	1:09.78
5 Pitts, Emma	JR	Hickory	1:11.61	1:10.39
6 Emrich, Lauren	SR	Northwood	1:13.69	1:11.43
7 Kohler, Madison	FR	Central Academy of Technology	1:12.82	1:14.02
8 Kulas, Hadleigh	X	JH Rose	1:15.38	1:14.35
9 Vine, Bellum	JR	Central Cabarrus	1:13.73	1:14.83
10 Doyle, Eva	X	High Point Central	1:14.19	1:15.01
11 Weld, Claire	SO	Union Pines	1:14.73	1:15.16
12 Columbia, Maci	SO	Asheboro	1:16.83	1:15.31
13 Hawkins, Peyton	FR	Lake Norman Charter	1:15.29	1:15.38
14 Heathcote, Lyndsey	SR	Western Alamance	1:14.95	1:15.45
15 Guaman, Sofia	SO	Carrboro	1:17.95	1:16.21
16 Klue, Izzy	X	JH Rose	1:15.41	1:16.30
17 Quinn, Chelsea	SR	Western Alamance	1:17.27	1:16.50
18 Dotti, Maggie	SR	West Henderson	1:16.18	1:16.76
19 Leventhal, Sydney	SR	Eastern Alamance	1:15.96	1:16.87
20 Gordon, Kennedy	FR	South Brunswick	1:17.17	1:16.89
21 Caudle, Riley	X	St Stephens	1:16.81	1:17.22
22 Ramsey, Claire	SR	Durham School of the Arts	1:17.86	1:17.67
23 Norris, Maggie	X	JH Rose	1:18.49	1:18.57
24 Monica, Sophia	JR	Croatan	1:19.25	1:20.48

2023 3A State NCHSAA Championships - 2/10/2023 to 2/11/2023

Swimming & Diving

Host: Cumberland County Schools

Results

Event 22 Men 100 Yard Breaststroke

3A State Rec: 54.59 # 2021 Matthew Lucky (Concord)
State Record: 53.65 @ 2020 Tim Connery (Christ the King)
55.84 AA-A 56.98 AA-C All American

Name	Yr	School	Prelim Time	Finals Time	Points
Championship Final					
1	SR	Northwest Cabarrus	58.66	59.02	20
2	SR	Atkins	1:00.34	1:01.16	17
3	SR	Lake Norman Charter	1:00.85	1:01.32	16
4	X	High Point Central	1:02.19	1:01.56	15
5	X	Harnett Central	1:02.29	1:01.90	14
6	SR	Orange	1:01.73	1:02.07	13
7	X	East Lincoln	1:02.38	1:02.32	12
8	SR	Lake Norman Charter	1:01.28	1:02.44	11
Consolation Final					
9	SR	Swansboro	1:03.69	1:02.97	9
10	SO	Lake Norman Charter	1:04.83	1:03.72	7
11	SR	West Carteret	1:04.37	1:04.75	6
12	X	Croatan	1:07.17	1:05.34	5
13	X	Forestview	1:05.63	1:05.49	4
14	X	West Carteret	1:04.37	1:05.66	3
15	X	Smithfield-Selma	1:06.32	1:06.08	2
16	JR	Hickory	1:06.34	1:06.88	1

Event 22 Men 100 Yard Breaststroke

Name	Yr	School	Seed Time	Prelim Time
Preliminaries				
1	SR	Northwest Cabarrus	59.36	58.66
2	SR	Atkins	1:02.37	1:00.34
3	SR	Lake Norman Charter	1:04.69	1:00.85
4	SR	Lake Norman Charter	1:02.42	1:01.28
5	SR	Orange	1:03.40	1:01.73
6	X	High Point Central	1:00.93	1:02.19
7	X	Harnett Central	1:02.56	1:02.29
8	X	East Lincoln	1:01.47	1:02.38
9	SR	Swansboro	1:02.78	1:03.69
*10	SR	West Carteret	1:04.85	1:04.37
*10	X	West Carteret	1:06.28	1:04.37
12	SO	Lake Norman Charter	1:05.53	1:04.83
13	X	Forestview	1:06.55	1:05.63
14	X	Smithfield-Selma	1:07.22	1:06.32
15	JR	Hickory	1:05.15	1:06.34
16	X	Croatan	1:07.34	1:07.17
17	SR	Rockingham County	1:09.03	1:07.34
18	SO	Concord	1:07.28	1:07.81
19	X	St Stephens	1:07.24	1:07.90
20	SO	Northwood	1:08.27	1:08.16
21	X	Oak Grove	1:08.03	1:08.29
22	SO	Cape Fear	1:09.00	1:09.49
23	SO	Rockingham County	1:09.14	1:10.01
24	X	Kings Mountain	1:08.98	1:10.85

2023 3A State NCHSAA Championships - 2/10/2023 to 2/11/2023

Swimming & Diving

Host: Cumberland County Schools

Results

Event 23 Women 400 Yard Freestyle Relay

3A State Rec: 3:24.61 # 2013 Charlotte Catholic
State Record: 3:22.15 @ 2014 Charlotte Catholic
3:27.65 AA-A 3:31.02 AA-C All American

Team	Relay	Prelim Time	Finals Time	Points
Championship Final				
1 Central Cabarrus		3:45.41	3:41.90	40
1) Cronin, Abbey SO	2) Wolff, Audrey SO	3) Vine, Bellum JR	4) Johns, Lyla SO	
26.16	54.97 (54.97)	1:21.98 (27.01)	1:51.17 (56.20)	
2:17.74 (26.57)	2:47.10 (55.93)	3:12.91 (25.81)	3:41.90 (54.80)	
2 Carrboro		3:45.35	3:44.71	34
1) Hill, Ellie FR	2) Shuping, Avery SO	3) Peterson, Maya SR	4) Lambert, Maya JR	
27.31	56.74 (56.74)	1:22.93 (26.19)	1:51.84 (55.10)	
2:20.05 (28.21)	2:51.33 (59.49)	3:16.51 (25.18)	3:44.71 (53.38)	
3 Northwood		3:48.08	3:46.57	32
1) Perez, Bianca SR	2) Thesing, Holly SO	3) Emrich, Lauren SR	4) Emrich, Abigail SO	
27.42	57.18 (57.18)	1:23.80 (26.62)	1:53.84 (56.66)	
2:22.38 (28.54)	2:53.51 (59.67)	3:19.03 (25.52)	3:46.57 (53.06)	
4 Hickory		3:57.38	3:54.08	30
1) Hitchcock, Ella Brett SO	2) Fields, Colby SR	3) Olguin-Abreu, Denise JR	4) Pitts, Emma JR	
27.39	56.96 (56.96)	1:24.29 (27.33)	1:54.09 (57.13)	
2:23.93 (29.84)	2:57.34 (1:03.25)	3:24.68 (27.34)	3:54.08 (56.74)	
5 Lake Norman Charter		3:56.25	3:54.31	28
1) Rooney, Kristina JR	2) Freeman, Sara JR	3) Yampolsky, Lily JR	4) Hawkins, Peyton FR	
27.45	57.69 (57.69)	1:25.46 (27.77)	1:57.08 (59.39)	
2:25.18 (28.10)	2:56.36 (59.28)	3:23.74 (27.38)	3:54.31 (57.95)	
6 St Stephens		3:57.67	3:55.38	26
1) Coburn, Zoe	2) Gruber, Ava	3) Caudle, Riley	4) Parmenter, Katelyn	
28.30	59.02 (59.02)	1:27.69 (28.67)	1:58.77 (59.75)	
2:29.21 (30.44)	3:02.03 (1:03.26)	3:27.65 (25.62)	3:55.38 (53.35)	
7 Franklin		4:00.31	4:01.53	24
1) Walker, Zoi SO	2) Guynn, Logan JR	3) Cassada, Ashlynn JR	4) Ballard, Natalie JR	
29.07	1:00.42 (1:00.42)	1:30.32 (29.90)	2:03.57 (1:03.15)	
2:31.55 (27.98)	3:04.29 (1:00.72)	3:30.88 (26.59)	4:01.53 (57.24)	
8 Croatan		3:58.67	4:27.47	22
1) Klaumann, Josie SO	2) Kimzey, Emma SO	3) Futral, Karly SO	4) Sampson, Mackenzie SO	
32.07	1:07.66 (1:07.66)	1:39.08 (31.42)	2:16.82 (1:09.16)	
2:48.41 (31.59)	3:25.84 (1:09.02)	3:54.31 (28.47)	4:27.47 (1:01.63)	
Consolation Final				
9 Asheboro		4:06.31	4:01.35	18
1) Burnette, Madison SR	2) Wolfe-Roberts, Fiona	3) Columbia, Maci SO	4) Becker, Megan	
29.74	1:05.01 (1:05.01)	1:34.86 (29.85)	2:08.44 (1:03.43)	
2:36.56 (28.12)	3:07.26 (58.82)	3:33.15 (25.89)	4:01.35 (54.09)	
10 JH Rose		4:08.48	4:04.79	14
1) Kulas, Saline	2) Perry, Elizabeth	3) Carson, Carys	4) Anderson, Maddie	
27.72	58.88 (58.88)	1:28.51 (29.63)	2:01.12 (1:02.24)	
2:29.24 (28.12)	3:02.80 (1:01.68)	3:32.14 (29.34)	4:04.79 (1:01.99)	
11 Western Alamance		4:10.07	4:06.80	12
1) Gasaway, Kensley FR	2) Merlette, Elizabeth FR	3) Quinn, Chelsea SR	4) Heathcote, Lyndsey SR	
28.49	1:00.71 (1:00.71)	1:30.54 (29.83)	2:02.86 (1:02.15)	
2:32.90 (30.04)	3:05.46 (1:02.60)	3:34.68 (29.22)	4:06.80 (1:01.34)	
12 First Flight		4:09.65	4:07.71	10
1) Walters, Lana	2) Dexter, Laney SR	3) Walters, Kira	4) Trivette, Maura	
29.99	1:03.21 (1:03.21)	1:33.35 (30.14)	2:05.24 (1:02.03)	
2:35.25 (30.01)	3:08.65 (1:03.41)	3:36.61 (27.96)	4:07.71 (59.06)	
13 North Buncombe		4:11.47	4:10.23	8
1) Hannah, Kate JR	2) Sinclair, Ava FR	3) Sprague, Danielle SR	4) Edwards, Lucia SR	
27.90	59.84 (59.84)	1:30.54 (30.70)	2:04.22 (1:04.38)	
2:36.06 (31.84)	3:11.27 (1:07.05)	3:38.79 (27.52)	4:10.23 (58.96)	

2023 3A State NCHSAA Championships - 2/10/2023 to 2/11/2023

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Results

14	Cedar Ridge			4:10.02	4:11.90	6
	1) McCrimmon, Quinn SO	2) Godfrey, Sierra SO	3) Pearce, Abbygale SR	4) Stinnett, Sophia SO		
	28.35	59.48 (59.48)	1:31.13 (31.65)	2:07.25 (1:07.77)		
	2:38.64 (31.39)	3:13.30 (1:06.05)	3:40.83 (27.53)	4:11.90 (58.60)		
15	Hibriten			4:11.18	4:15.41	4
	1) Keen, Darby	2) McPeak, Laci	3) Norris, Anslie	4) Dalcerci, Elettra		
	32.39	1:08.24 (1:08.24)	1:39.09 (30.85)	2:14.43 (1:06.19)		
	2:44.84 (30.41)	3:21.26 (1:06.83)	3:47.14 (25.88)	4:15.41 (54.15)		
16	East Rowan			4:11.93	4:15.79	2
	1) James, Tatum	2) Sechriest, Makenzie	3) Lineberger, Gracie	4) Sechriest, Addyson		
	30.83	1:08.94 (1:08.94)	1:39.39 (30.45)	2:14.11 (1:05.17)		
	2:42.18 (28.07)	3:14.32 (1:00.21)	3:44.57 (30.25)	4:15.79 (1:01.47)		

Event 23 Women 400 Yard Freestyle Relay

Team	Relay	Seed Time	Prelim Time
Preliminaries			
1	Carrboro	3:55.51	3:45.35
	1) Hill, Ellie FR	2) Shuping, Avery SO	3) Peterson, Maya SR
	27.35	56.83 (56.83)	1:23.17 (26.34)
	2:20.23 (28.44)	2:51.40 (59.61)	3:17.04 (25.64)
			3:45.35 (53.95)
2	Central Cabarrus	3:43.50	3:45.41
	1) Cronin, Abbey SO	2) Wolff, Audrey SO	3) Vine, Bellum JR
	25.95	54.62 (54.62)	1:22.01 (27.39)
	2:20.07 (26.85)	2:49.93 (56.71)	3:16.40 (26.47)
			3:45.41 (55.48)
3	Northwood	3:53.12	3:48.08
	1) Perez, Bianca SR	2) Thesing, Holly SO	3) Emrich, Lauren SR
	27.22	56.73 (56.73)	1:23.52 (26.79)
	2:22.13 (28.79)	2:53.50 (1:00.16)	3:19.70 (26.20)
			3:48.08 (54.58)
4	Lake Norman Charter	3:55.25	3:56.25
	1) Rooney, Kristina JR	2) Freeman, Sara JR	3) Yampolsky, Lily JR
	27.41	57.90 (57.90)	1:26.11 (28.21)
	2:25.84 (27.82)	2:57.25 (59.23)	3:25.05 (27.80)
			3:56.25 (59.00)
5	Hickory	3:55.46	3:57.38
	1) Hitchcock, Ella Brett SO	2) Fields, Colby SR	3) Olguin-Abreu, Denise JR
	27.98	58.48 (58.48)	1:26.29 (27.81)
	2:27.65 (31.15)	3:00.99 (1:04.49)	3:27.98 (26.99)
			3:57.38 (56.39)
6	St Stephens	3:56.03	3:57.67
	1) Coburn, Zoe	2) Gruber, Ava	3) Caudle, Riley
	28.42	59.05 (59.05)	1:28.54 (29.49)
	2:30.69 (30.70)	3:03.98 (1:03.99)	3:29.87 (25.89)
			3:57.67 (53.69)
7	Croatan	4:21.14	3:58.67
	1) Sampson, Mackenzie SO	2) McCabe, Falon SO	3) Monica, Sophia JR
	29.08	1:02.48 (1:02.48)	1:31.18 (28.70)
	2:31.83 (29.01)	3:04.48 (1:01.66)	3:30.29 (25.81)
			3:58.67 (54.19)
8	Franklin	4:00.93	4:00.31
	1) Walker, Zoi SO	2) Guynn, Logan JR	3) Cassada, Ashlynn JR
	29.29	1:01.03 (1:01.03)	1:30.46 (29.43)
	2:31.37 (27.51)	3:02.87 (59.01)	3:29.90 (27.03)
			4:00.31 (57.44)
9	Asheboro	4:03.35	4:06.31
	1) Wolfe-Roberts, Fiona	2) Burnette, Madison SR	3) Columbia, Maci SO
	31.05	1:04.69 (1:04.69)	1:35.98 (31.29)
	2:39.56 (28.19)	3:10.71 (59.34)	3:37.62 (26.91)
			4:06.31 (55.60)
10	JH Rose	4:07.30	4:08.48
	1) Kulas, Saline	2) Anderson, Maddie	3) Carson, Carys
	27.99	59.39 (59.39)	1:28.49 (29.10)
	2:30.57 (29.22)	3:05.20 (1:03.85)	3:36.66 (31.46)
			4:08.48 (1:03.28)

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Results

Event 23 Women 400 Yard Freestyle Relay

Team	Relay	Seed Time	Prelim Time
11 First Flight		4:09.12	4:09.65
1) Walters, Lana	2) Dexter, Laney SR	3) Walters, Kira	4) Trivette, Maura
30.85	1:03.87 (1:03.87)	1:34.49 (30.62)	2:06.94 (1:03.07)
2:37.19 (30.25)	3:11.19 (1:04.25)	3:39.13 (27.94)	4:09.65 (58.46)
12 Cedar Ridge		4:11.54	4:10.02
1) McCrimmon, Quinn SO	2) Godfrey, Sierra SO	3) Pearce, Abbygale SR	4) Stinnett, Sophia SO
28.95	1:00.55 (1:00.55)	1:31.40 (30.85)	2:07.87 (1:07.32)
2:38.12 (30.25)	3:12.19 (1:04.32)	3:39.34 (27.15)	4:10.02 (57.83)
13 Western Alamance		4:15.82	4:10.07
1) Gasaway, Kensley FR	2) Merlette, Elizabeth FR	3) Quinn, Chelsea SR	4) Heathcote, Lyndsey SR
28.79	1:01.18 (1:01.18)	1:30.89 (29.71)	2:03.51 (1:02.33)
2:33.85 (30.34)	3:07.07 (1:03.56)	3:37.38 (30.31)	4:10.07 (1:03.00)
14 Hibriten		4:09.32	4:11.18
1) Keen, Darby	2) McPeak, Laci	3) Norris, Anslie	4) Dalcerci, Elettra
30.17	1:05.58 (1:05.58)	1:36.09 (30.51)	2:10.95 (1:05.37)
2:40.95 (30.00)	3:17.11 (1:06.16)	3:42.79 (25.68)	4:11.18 (54.07)
15 North Buncombe		4:21.34	4:11.47
1) Hannah, Kate JR	2) Sinclair, Ava FR	3) Sprague, Danielle SR	4) Edwards, Lucia SR
28.35	1:00.05 (1:00.05)	1:30.12 (30.07)	2:03.39 (1:03.34)
2:36.33 (32.94)	3:11.62 (1:08.23)	3:40.34 (28.72)	4:11.47 (59.85)
16 East Rowan		4:17.64	4:11.93
1) Lineberger, Gracie	2) Sechriest, Makenzie	3) James, Tatum	4) Sechriest, Addyson
27.85	59.51 (59.51)	1:29.89 (30.38)	2:03.44 (1:03.93)
2:34.72 (31.28)	3:10.66 (1:07.22)	3:40.30 (29.64)	4:11.93 (1:01.27)
17 Central Academy of Technology		4:11.39	4:13.60
1) Mshar, Eden SR	2) Jenkins, Jocelyn SO	3) Todd, Kelly SO	4) Kohler, Madison FR
30.44	1:03.29 (1:03.29)	1:35.13 (31.84)	2:11.27 (1:07.98)
2:41.26 (29.99)	3:14.33 (1:03.06)	3:42.71 (28.38)	4:13.60 (59.27)
18 Oak Grove		4:14.86	4:15.21
1) Eanes, Gracie	2) Meador, Kinsey SR	3) Wilson, Madelyn	4) Grubb, Cassidy SR
32.24	1:06.98 (1:06.98)	1:38.79 (31.81)	2:14.15 (1:07.17)
2:44.21 (30.06)	3:16.96 (1:02.81)	3:43.64 (26.68)	4:15.21 (58.25)
19 Forestview		4:18.54	4:17.58
1) Peyton, Alex	2) Thomas, Phoebe	3) Taylor, Emma	4) Riley, Lilly
30.56	1:03.24 (1:03.24)	1:34.96 (31.72)	2:09.68 (1:06.44)
2:40.21 (30.53)	3:14.66 (1:04.98)	3:44.27 (29.61)	4:17.58 (1:02.92)
20 West Henderson		4:17.48	4:19.40
1) Sikorski, Harper SO	2) Alvarez, Andrea SR	3) Price, Livia JR	4) Hogan, Emory SR
30.06	1:05.00 (1:05.00)	1:37.50 (32.50)	2:13.57 (1:08.57)
2:44.72 (31.15)	3:19.33 (1:05.76)	3:47.77 (28.44)	4:19.40 (1:00.07)
21 South Central		4:20.29	4:19.63
1) Lingle, Kaylee FR	2) Mitchell, Sophie JR	3) Emery, Madison FR	4) Miller, Lorelai SO
32.08	1:08.12 (1:08.12)	1:38.44 (30.32)	2:12.97 (1:04.85)
2:46.90 (33.93)	3:24.21 (1:11.24)	3:50.79 (26.58)	4:19.63 (55.42)
22 Rocky Mount		4:19.95	4:19.74
1) Girouard, Maddie SO	2) Wilson, Abigail SR	3) Miller, Paige SO	4) Eggers, Kaylee JR
29.11	1:01.08 (1:01.08)	1:33.91 (32.83)	2:09.81 (1:08.73)
2:42.76 (32.95)	3:21.32 (1:11.51)	3:48.67 (27.35)	4:19.74 (58.42)
23 Swansboro		4:21.63	4:19.78
1) Carpenter, Mysl FR	2) Hirkala, Marielle SO	3) Priechenfried, Caitlin SO	4) Cassiano, Bergan FR
29.57	1:02.55 (1:02.55)	1:36.17 (33.62)	2:12.39 (1:09.84)
2:42.99 (30.60)	3:18.06 (1:05.67)	3:47.20 (29.14)	4:19.78 (1:01.72)
--- Northwest Cabarrus		3:42.73	DQ
1) Burroughs, Hayden JR	2) Moro, Sofia SO	3) Thompson, Isabella SR	4) Rinker, Caroline SR
26.73	55.72 (55.72)	1:23.59 (27.87)	1:55.62 (59.90)
2:22.77 (27.15)	2:52.82 (57.20)	3:18.22 (25.40)	DQ (53.35)

2023 3A State NCHSAA Championships - 2/10/2023 to 2/11/2023

Swimming & Diving

Host: Cumberland County Schools

Results

Event 24 Men 400 Yard Freestyle Relay

3A State Rec: 3:06.10 # 2021 Chapel Hill
State Record: 3:03.63 @ 2023 Broughton
3:06.28 AA-A 3:09.26 AA-C All American

Team	Relay	Prelim Time	Finals Time	Points
Championship Final				
1 Carrboro		3:15.71	3:13.96	40
1) Commins, Andrew JR	2) Strada, Matt JR	3) McCallion, Sam SR	4) Thompson, Will SR	
22.58	46.56 (46.56)	1:10.57 (24.01)		
2:00.84 (23.56)	2:28.92 (51.64)	2:50.16 (21.24)	3:13.96 (45.04)	
2 Croatan		3:17.48	3:15.24	34
1) Michalowicz, Nathan SO	2) Feimster, Rylan SO	3) Padgett, Paul	4) Simcic, Ryan	
23.45	49.06 (49.06)	1:12.85 (23.79)		
2:02.76 (22.82)	2:28.33 (48.39)	2:50.30 (21.97)	3:15.24 (46.91)	
3 Northwest Cabarrus		3:23.85	3:17.83	32
1) Bradshaw, Lane SR	2) Fowler, Matthew SR	3) Gould, Justin SO	4) Ranier, Harrison SR	
23.38	48.42 (48.42)	1:14.41 (25.99)		
2:06.69 (22.92)	2:32.49 (48.72)	2:53.72 (21.23)	3:17.83 (45.34)	
4 Rockingham County		3:24.49	3:19.43	30
1) Wilson, Wyatt JR	2) McMichael, Lawson SR	3) Blankenship, Lane SR	4) Everitt, Jeremy SR	
23.90	50.26 (50.26)	1:13.90 (23.64)		
2:04.48 (23.61)	2:31.58 (50.71)	2:54.26 (22.68)	3:19.43 (47.85)	
5 Lake Norman Charter		3:21.54	3:20.96	28
1) Hawkins, Kyle SR	2) Hill, Ethan SR	3) Burroughs, James JR	4) Buckler, Devin SR	
24.44	50.75 (50.75)	1:14.36 (23.61)		
2:05.18 (24.36)	2:31.53 (50.71)	2:54.86 (23.33)	3:20.96 (49.43)	
6 Forestview		3:26.20	3:25.24	26
1) Peyton, Tristan	2) Kines, Graham	3) Taylor, Andrew	4) Tabor, Beckett	
23.86	50.13 (50.13)	1:14.32 (24.19)		
2:06.44 (26.05)	2:35.45 (55.06)	2:59.24 (23.79)	3:25.24 (49.79)	
7 South Brunswick		3:34.95	3:33.17	24
1) Sevast, Evan FR	2) Boldt, Patrick JR	3) Needham, Cade JR	4) Mason, Chance SR	
25.74	52.82 (52.82)	1:19.50 (26.68)		
2:13.49 (24.64)	2:40.73 (51.88)	3:05.21 (24.48)	3:33.17 (52.44)	
8 Orange		3:26.48	3:33.40	22
1) Roman, Luke SO	2) Andre, Alexander SO	3) Baczara, Nicholas SO	4) Phillips, Evan SR	
24.85	51.96 (51.96)	1:17.08 (25.12)		
2:10.99 (25.96)	2:40.07 (55.04)	3:05.23 (25.16)	3:33.40 (53.33)	
Consolation Final				
9 Central Cabarrus		3:35.19	3:32.11	18
1) Williams, Benjamin SO	2) Dunn, Tyler SR	3) McIntire, Raeder SR	4) Willis, Grant SO	
25.09	54.50 (54.50)	1:20.26 (25.76)		
2:13.03 (25.29)	2:41.17 (53.43)	3:05.36 (24.19)	3:32.11 (50.94)	
10 St Stephens		3:37.21	3:32.90	14
1) Broos, Jackson	2) Castellanos-Morales, Sebastian	3) Smith, Gunner	4) Broos, Cameron	
25.04	52.38 (52.38)	1:18.27 (25.89)		
2:12.30 (25.88)	2:41.03 (54.61)	3:05.35 (24.32)	3:32.90 (51.87)	
11 Central Davidson		3:39.44	3:39.03	12
1) Jackson, Rance FR	2) Collins, Dalton JR	3) McCulloch, Myers SR	4) Cayer, Connor SR	
26.78	56.45 (56.45)	1:23.85 (27.40)		
2:21.76 (26.66)	2:52.57 (57.47)	3:14.49 (21.92)	3:39.03 (46.46)	
12 JH Rose		3:41.70	3:39.28	10
1) Zapler, Ezra	2) Clyde, Tyler	3) Chen, Jack	4) Lin, Owen	
23.39	50.12 (50.12)	1:18.74 (28.62)		
2:20.41 (27.98)	2:52.68 (1:00.25)	3:14.69 (22.01)	3:39.28 (46.60)	
13 West Henderson		3:41.57	3:40.60	8
1) Kain, Keller SR	2) Greene, Roscoe FR	3) Merrill, Sean FR	4) Dotti, John SO	
25.33	51.71 (51.71)	1:18.57 (26.86)		
2:16.39 (28.17)	2:47.85 (59.63)	3:12.94 (25.09)	3:40.60 (52.75)	

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Swimming & Diving

Host: Cumberland County Schools

Results

14	First Flight			3:41.73	3:41.37	6
	1) Brown, Jack SR	2) Shumaker, Merrick	3) Hallac, Dylan	4) Thiessen, Logan SR		
	27.12	56.91 (56.91)	1:21.55 (24.64)	1:50.84 (53.93)		
	2:17.06 (26.22)	2:46.51 (55.67)	3:12.13 (25.62)	3:41.37 (54.86)		
15	Freedom			3:43.70	3:42.24	4
	1) Carswell, Nathaniel	2) Truitt, Timothy SO	3) Houpe, Caelan SO	4) Miller, Emerson JR		
	27.07	57.12 (57.12)	1:24.12 (27.00)	1:54.25 (57.13)		
	2:20.55 (26.30)	2:51.33 (57.08)	3:14.95 (23.62)	3:42.24 (50.91)		
16	Central Academy of Technology			3:43.17	3:44.97	2
	1) Bria, Joseph FR	2) Weslake, Sam JR	3) Bianchin, Trajan SO	4) Williams, Carter SO		
	25.49	53.20 (53.20)	1:22.73 (29.53)	1:55.43 (1:02.23)		
	2:23.27 (27.84)	2:52.39 (56.96)	3:17.29 (24.90)	3:44.97 (52.58)		

Event 24 Men 400 Yard Freestyle Relay

Team	Relay	Seed Time	Prelim Time
Preliminaries			
1	Carrboro	3:18.84	3:15.71
	1) Commins, Andrew JR	2) Strada, Matt JR	3) McCallion, Sam SR
	22.47	46.69 (46.69)	1:11.11 (24.42)
	2:01.73 (23.86)	2:29.29 (51.42)	2:51.43 (22.14)
			3:15.71 (46.42)
2	Croatan	3:20.48	3:17.48
	1) Michalowicz, Nathan SO	2) Feimster, Rylan SO	3) Padgett, Paul
	24.16	50.35 (50.35)	1:14.41 (24.06)
	2:03.80 (22.92)	2:29.04 (48.16)	2:52.12 (23.08)
			3:17.48 (48.44)
3	Lake Norman Charter	3:21.89	3:21.54
	1) Hawkins, Kyle SR	2) Hill, Ethan SR	3) Burroughs, James JR
	24.79	51.33 (51.33)	1:15.25 (23.92)
	2:05.64 (24.19)	2:31.63 (50.18)	2:55.39 (23.76)
			3:21.54 (49.91)
4	Northwest Cabarrus	3:18.82	3:23.85
	1) Bradshaw, Lane SR	2) Fowler, Matthew SR	3) Gould, Justin SO
	23.08	48.04 (48.04)	1:14.25 (26.21)
	2:08.71 (25.31)	2:37.58 (54.18)	2:59.11 (21.53)
			3:23.85 (46.27)
5	Rockingham County	3:25.54	3:24.49
	1) Wilson, Wyatt JR	2) McMichael, Lawson SR	3) Blankenship, Lane SR
	24.69	51.17 (51.17)	1:14.88 (23.71)
	2:06.92 (24.70)	2:35.32 (53.10)	2:58.56 (23.24)
			3:24.49 (49.17)
6	Forestview	3:25.25	3:26.20
	1) Peyton, Tristan	2) Kines, Graham	3) Taylor, Andrew
	23.53	49.82 (49.82)	1:14.37 (24.55)
	2:06.86 (26.32)	2:36.04 (55.50)	3:00.05 (24.01)
			3:26.20 (50.16)
7	Orange	3:28.23	3:26.48
	1) Roman, Luke SO	2) Andre, Alexander SO	3) Baczara, Nicholas SO
	24.01	50.24 (50.24)	1:14.52 (24.28)
	2:06.80 (25.46)	2:35.30 (53.96)	2:59.38 (24.08)
			3:26.48 (51.18)
8	South Brunswick	3:35.53	3:34.95
	1) Sevast, Evan FR	2) Boldt, Patrick JR	3) Needham, Cade JR
	26.63	54.27 (54.27)	1:50.47 (56.20)
	2:14.60 (24.13)	2:41.57 (51.10)	3:06.59 (25.02)
			3:34.95 (53.38)
9	Central Cabarrus	3:34.28	3:35.19
	1) Williams, Benjamin SO	2) Dunn, Tyler SR	3) McIntire, Raeder SR
	25.36	54.04 (54.04)	1:20.32 (26.28)
	2:14.87 (26.05)	2:43.63 (54.81)	3:08.64 (25.01)
			3:35.19 (51.56)
10	St Stephens	3:36.29	3:37.21
	1) Broos, Jackson	2) Castellanos-Morales, Sebastian	3) Smith, Gunner
	25.51	52.89 (52.89)	1:18.71 (25.82)
	2:13.18 (26.51)	2:42.81 (56.14)	3:08.24 (25.43)
			3:37.21 (54.40)
			4) Broos, Cameron

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Event 24 Men 400 Yard Freestyle Relay

Team	Relay	Seed Time	Prelim Time
11 Central Davidson		3:42.41	3:39.44
1) Jackson, Rance FR	2) Collins, Dalton JR	3) McCulloch, Myers SR	4) Cayer, Connor SR
27.11	56.59 (56.59)	1:23.91 (27.32)	1:54.94 (58.35)
2:21.43 (26.49)	2:51.91 (56.97)	3:14.68 (22.77)	3:39.44 (47.53)
12 West Henderson		3:43.43	3:41.57
1) Kain, Keller SR	2) Greene, Roscoe FR	3) Merrill, Sean FR	4) Dotti, John SO
25.04	51.42 (51.42)	1:18.79 (27.37)	1:49.54 (58.12)
2:17.62 (28.08)	2:48.52 (58.98)	3:14.07 (25.55)	3:41.57 (53.05)
13 JH Rose		3:41.17	3:41.70
1) Zapler, Ezra	2) Clyde, Tyler	3) Chen, Jack	4) Lin, Owen
24.20	51.64 (51.64)	1:21.11 (29.47)	1:54.96 (1:03.32)
2:22.49 (27.53)	2:54.15 (59.19)	3:16.92 (22.77)	3:41.70 (47.55)
14 First Flight		3:41.87	3:41.73
1) Brown, Jack SR	2) Shumaker, Merrick	3) Hallac, Dylan	4) Thiessen, Logan SR
27.20	56.43 (56.43)	1:21.32 (24.89)	1:50.42 (53.99)
2:16.35 (25.93)	2:46.36 (55.94)	3:12.74 (26.38)	3:41.73 (55.37)
15 Central Academy of Technology		3:48.99	3:43.17
1) Bria, Joseph FR	2) Weslake, Sam JR	3) Bianchin, Trajan SO	4) Williams, Carter SO
25.68	53.31 (53.31)	1:22.02 (28.71)	1:54.51 (1:01.20)
2:21.52 (27.01)	2:51.20 (56.69)	3:15.88 (24.68)	3:43.17 (51.97)
16 Freedom		3:45.25	3:43.70
1) Carswell, Nathaniel	2) Truitt, Timothy SO	3) Houpe, Caelan SO	4) Miller, Emerson JR
27.19	58.09 (58.09)	1:24.66 (26.57)	1:54.12 (56.03)
2:20.79 (26.67)	2:51.91 (57.79)	3:15.81 (23.90)	3:43.70 (51.79)
17 West Carteret		3:28.25	3:45.02
1) Suggs, Sam	2) Garner, David	3) Taylor, Kai	4) Law, Cooper SR
26.13	55.21 (55.21)	1:57.26 (1:02.05)	3:45.02 (51.77)
2:23.61 (26.35)	2:53.25 (55.99)	3:17.48 (24.23)	
18 North Davidson		3:48.23	3:47.10
1) Norman, Matthew JR	2) James, Landon SO	3) Berrier, Cooper SO	4) Cooke, Lane SR
27.80	58.64 (58.64)	1:26.15 (27.51)	1:57.75 (59.11)
2:23.39 (25.64)	2:52.70 (54.95)	3:18.60 (25.90)	3:47.10 (54.40)
19 Kings Mountain		3:43.38	3:47.21
1) Bachman, Nash	2) Brown, Turner	3) Demetro, Mason	4) Messenger, Dalton
30.17	1:04.64 (1:04.64)	1:31.48 (26.84)	2:02.55 (57.91)
2:26.92 (24.37)	2:54.62 (52.07)	3:19.44 (24.82)	3:47.21 (52.59)
20 Oak Grove		3:46.32	3:47.75
1) Messer, Evan	2) Lodle, Dylan	3) Fleming, Aiden	4) Vogl, Joshua
26.61	56.56 (56.56)	1:24.27 (27.71)	1:56.38 (59.82)
2:23.01 (26.63)	2:53.21 (56.83)	3:18.98 (25.77)	3:47.75 (54.54)
21 Franklin		3:48.82	3:48.69
1) Gomez, Jose JR	2) Brant, Jonah 9	3) Rinker, Gavin SO	4) Guynn, Clayton SR
25.63	55.28 (55.28)	1:24.49 (29.21)	1:57.26 (1:01.98)
2:24.38 (27.12)	2:55.50 (58.24)	3:20.44 (24.94)	3:48.69 (53.19)
22 Swansboro		3:44.65	3:50.90
1) Kinlan, Logan SR	2) Moore, Landon FR	3) Nolan, Aiden SO	4) Priechenfried, Nathan SR
26.96	56.53 (56.53)	1:26.03 (29.50)	1:59.72 (1:03.19)
2:26.41 (26.69)	2:56.37 (56.65)	3:22.08 (25.71)	3:50.90 (54.53)
--- Union Pines		3:44.07	DQ
1) Tranel, Tay FR	2) Cox, Cullen FR	3) Schmitz, Samuel FR	4) Tranel, Brody SR
27.11	56.88 (56.88)	1:25.20 (28.32)	1:55.11 (58.23)
2:21.63 (26.52)	2:49.75 (54.64)	3:15.49 (25.74)	DQ (54.69)
--- East Rowan		3:39.49	DQ
1) Cawley, Isaac	2) Ritchie, Carson	3) Gardner, Josh	4) Ritchie, Cameron
27.31	56.32 (56.32)	1:23.10 (26.78)	1:52.60 (56.28)
2:18.51 (25.91)	2:48.03 (55.43)	3:12.57 (24.54)	DQ (52.53)