



## 2022 Speedo Winter Junior Championships East

Wednesday, December 7, 2022

### Session Time Line

<b>National Anthem</b>		5:57 PM
Event # 1 Women's 200 Y Medley Relay	Heat 1	6:00 PM
	Heat 2	6:02 PM
Event # 2 Men's 200 Y Medley Relay	Heat 1	6:04 PM
	Heat 2	6:07 PM
Event # 1 Women's 200 Y Medley Relay	Heat 3	6:09 PM
Event # 2 Men's 200 Y Medley Relay	Heat 3	6:11 PM
	Heat 4	6:13 PM
<b>Awards</b> - Event # 1 Women's 200 Y Medley Relay		6:15 PM
<b>Awards</b> - Event # 2 Men's 200 Y Medley Relay		6:18 PM
<b>BREAK (10 min)</b>		6:21 PM
Event # 3 Women's 800 Y Freestyle Relay	Heat 1	6:31 PM
	Heat 2	6:39 PM
Event # 4 Men's 800 Y Freestyle Relay	Heat 1	6:48 PM
	Heat 2	6:55 PM
Event # 3 Women's 800 Y Freestyle Relay	Heat 3	7:02 PM
Event # 4 Men's 800 Y Freestyle Relay	Heat 3	7:10 PM
	Heat 4	7:18 PM
<b>End of Session</b>		7:25 PM

Scratch box and relay check ins for Thursday's events close at 6:30.

*800 Y Freestyle Relays will be awarded before Thursday Finals.*

## 2022 East Speedo Winter Junior Championships - 12/7/2022 to 12/10/2022

## Meet Program - Wednesday Relays - Pool 1

#1 / 2 Women / Men 4x50 Medley Relay				Heat 5 (Heat 3 Women 4x50 Medley Relay)				Heat 3 (Heat 1 Men 4x200 Free Relay)			
<b>W SC Junrios: 1:37.60 2021 Carmel Swim Club</b>				1	BD-FL	A	3:47.50	1	WAVE-NC	A	6:45.70
<b>B Berglund, D Kitchel, A Shackell, M Christman</b>				2	SA-GA	A	3:46.95	2	JW-MA	A	6:45.52
<b>W Pool Record: 1:32.93 2021 University of Virginia</b>				3	GOLD-GA	A	3:46.66	3	LAK-KY	A	6:44.71
<b>C Gmelich, A Wenger, A Cuomo, K Douglass</b>				4	FAST-IN	A	3:45.91	4	RAYS-OH	A	6:43.75
<b>M SC Junrios: 1:26.52 2018 Mason Manta Rays</b>				5	PSA-FL	A	3:46.31	5	GCY-NC	A	6:43.91
<b>C Foster, J Foster, J McDonald, A Chaney</b>				6	LIFE-NC	A	3:46.95	6	MAC-NC	B	6:44.77
<b>M Pool Record: 1:22.11 2021 Louisville</b>				7	BSS-FL	A	3:46.97	7	SYS-FL	A	6:45.60
<b>M Whyte, E Somov, N Albiero, H Sameh</b>				8	BSS-FL	B	3:47.03	8	NAAC-MD	A	6:46.07
Lane	Team	Relay	Seed Time	Heat 6 (Heat 3 Men 4x50 Medley Relay)				Heat 4 (Heat 2 Men 4x200 Free Relay)			
<b>Heat 1 (Heat 1 Women 4x50 Medley Relay)</b>				1	GA-GA	A	3:22.96	1	BSS-FL	B	6:42.89
1	CSC-IN	B	3:45.64	2	EST-MD	A	3:22.67	2	MACH-PV	A	6:41.01
2	MAC-NC	B	3:45.27	3	CSC-IN	A	3:22.26	3	SA-GA	A	6:37.46
3	MLA-MI	A	3:44.21	4	MOR-NC	A	3:22.05	4	MAC-NC	A	6:33.74
4	FSPY-NJ	A	3:43.73	5	HSA-SE	A	3:22.14	5	BSS-FL	A	6:34.28
5	NOVA-VA	A	3:43.88	6	ATOM-NC	A	3:22.67	6	CA-YVA	A	6:38.59
6	UMLY-MA	A	3:45.16	7	ODAC-VA	A	3:22.72	7	NOVA-VA	A	6:42.27
7	SOLO-NE	A	3:45.46	8	BGSC-NE	B	3:23.20	8	NAAC-OH	A	6:43.17
8	NAAC-OH	A	3:45.79	<b>Heat 7 (Heat 4 Men 4x50 Medley Relay)</b>				<b>Heat 5 (Heat 3 Women 4x200 Free Relay)</b>			
<b>Heat 2 (Heat 2 Women 4x50 Medley Relay)</b>				3	MAC-NC	B	3:23.33	3	LIFE-NC	A	7:32.04
1	TAC-NC	B	3:42.76	4	PSA-FL	A	3:23.21	4	MAC-NC	B	7:30.97
2	ASA-PV	A	3:42.05	5	YOTA-NC	A	3:23.24	5	MSA-NC	A	7:31.32
3	MAC-NC	A	3:40.01	6	CSC-IN	B	3:23.39	<b>Heat 6 (Heat 3 Men 4x200 Free Relay)</b>			
4	CSC-IN	A	3:34.74	<b>#3 / 4 Women / Men 4x200 Free Relay</b>				2	PAA-NJ	A	6:47.86
5	TAC-NC	A	3:38.85	<b>W SC Junrios: 7:05.85 2017 Nashville Aquatic Club</b>				3	CSC-IN	B	6:47.39
6	SYS-FL	A	3:41.71	<b>A Raab, G Walsh, E Nelson, A Walsh</b>				4	MOR-NC	A	6:46.15
7	DYNA-GA	A	3:42.07	<b>W Pool Record: 6:50.99 2015 California</b>				5	CSC-IN	A	6:46.52
8	CW-MI	A	3:43.31	<b>C Rung, C Cheng, E Pelton, M Franklin</b>				6	DYNA-GA	A	6:47.54
<b>Heat 3 (Heat 1 Men 4x50 Medley Relay)</b>				<b>M SC Junrios: 6:23.21 2019 Carmel Swim Club</b>				7	MSA-NC	A	6:48.14
1	DYNA-GA	A	3:21.35	<b>W Davis, A Rothrock, G Hadley, J Mitchell</b>				<b>Heat 7 (Heat 4 Men 4x200 Free Relay)</b>			
2	MACH-PV	A	3:20.70	<b>M Pool Record: 6:07.25 2021 University of Texas</b>				3	YOTA-NC	A	6:49.54
3	SYS-FL	A	3:20.29	<b>D Kibler, A Katz, C Foster, J Sannem</b>				4	BGSC-NE	A	6:48.89
4	SA-GA	A	3:19.77	<b>Lane</b>	<b>Team</b>	<b>Relay</b>	<b>Seed Time</b>	5	HEAT-LE	A	6:49.32
5	JFAC-NJ	A	3:20.13	<b>Heat 1 (Heat 1 Women 4x200 Free Relay)</b>							
6	AAC-PV	A	3:20.47	2	BD-FL	A	7:26.32				
7	HEAT-LE	A	3:21.27	3	FAST-IN	A	7:25.22				
8	BGSC-NE	A	3:21.60	4	ASA-PV	A	7:24.46				
<b>Heat 4 (Heat 2 Men 4x50 Medley Relay)</b>				5	SA-GA	A	7:25.19				
1	RAYS-OH	A	3:17.98	6	GOLD-GA	A	7:25.67				
2	NAAC-OH	A	3:16.98	7	SYS-FL	B	7:29.54				
3	TAC-NC	A	3:15.69	<b>Heat 2 (Heat 2 Women 4x200 Free Relay)</b>							
4	BSS-FL	A	3:13.46	1	CSC-IN	B	7:23.09				
5	LAK-KY	A	3:14.75	2	MAC-NC	A	7:21.14				
6	MAC-NC	A	3:16.42	3	TAC-NC	A	7:12.72				
7	BSS-FL	B	3:17.06	4	SYS-FL	A	7:10.53				
8	CA-YVA	A	3:18.07	5	CSC-IN	A	7:11.47				
				6	DYNA-GA	A	7:14.52				
				7	NAAC-OH	A	7:22.77				
				8	UMLY-MA	A	7:24.22				



# Estimated Time Line for Prelim Sessions

## 2022 Speedo Winter Junior Championships East December 7-10, 2022



### \*\*PRE-SCRATCH PRELIMINARY SESSION TIMELINE\*\*

Event	Heats	Start Time
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WOMEN'S POOL

**Thursday, December 8, 2022**

5 W 500 Free	9	9:00 AM
7 W 200 IM	16	9:48 AM
9 W 50 Free	15	10:29 AM
<b>End of Session</b>		10:42 AM

MEN'S POOL

**Thursday, December 8, 2022**

6 M 500 Free	11	9:00 AM
8 M 200 IM	19	9:55 AM
10 M 50 Free	20	10:39 AM
<b>End of Session</b>		10:56 AM

### \*\*PRE-SCRATCH PRELIMINARY SESSION TIMELINE\*\*

Event	Heats	Start Time
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WOMEN'S POOL

**Friday, December 9, 2022**

13 W 400 IM	9	9:00 AM
15 W 100 Fly	12	9:43 AM
17 W 200 Free	11	10:00 AM
19 W 100 Breast	10	10:26 AM
21 W 100 Back	13	10:41 AM
<b>End of Session</b>		11:03 AM

MEN'S POOL

**Friday, December 9, 2022**

14 M 400 IM	11	9:00 AM
16 M 100 Fly	18	9:49 AM
18 M 200 Free	13	10:12 AM
20 M 100 Breast	13	10:40 AM
22 M 100 Back	16	10:59 AM
<b>End of Session</b>		11:24 AM

### \*\*PRE-SCRATCH PRELIMINARY SESSION TIMELINE\*\*

Event	Heats	Start Time
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WOMEN'S POOL

**Saturday, December 10, 2022**

27 W 200 Back	12	9:00 AM
29 W 100 Free	14	9:33 AM
31 W 200 Breast	9	9:51 AM
33 W 200 Fly	8	10:16 AM
<b>End of Session</b>		10:37 AM

MEN'S POOL

**Saturday, December 10, 2022**

28 M 200 Back	13	9:00 AM
30 M 100 Free	15	9:33 AM
32 M 200 Breast	12	9:51 AM
34 M 200 Fly	12	10:22 AM
<b>End of Session</b>		10:50 AM

### \*\*PRE-SCRATCH PRELIMINARY SESSION TIMELINE\*\*

Event	Heats	Start Time
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POOLS 1&2

**Saturday, December 10, 2022**

26/25 M 1650 Free/W 1650 Free	6	2:30 PM
	3	

Version: 12/07/22 - 8:00 AM

