



Results

Event Number 50

	Record	Splits		Name	Nation Code	Location	Date	
WR	3:56.40	57.13	1:56.99	2:57.37	TITMUS Ariarne	AUS	Adelaide (AUS)	22 MAY 2022
GR	4:00.93	57.75	1:58.86	3:00.28	TITMUS Ariarne	AUS	Gold Coast (AUS)	10 APR 2018

Rank	Lane	Name	CGA Code	R.T.	Time	Time Behind		
1	3	TITMUS Ariarne	AUS	0.74	3:58.06	GR		
		100m (1) 57.66 29.74	150m (1) 1:27.96 30.30	200m (1) 1:58.33 30.37	250m (1) 2:28.29 29.96	300m (1) 2:58.42 30.13	350m (1) 3:28.42 30.00	29.64
2	5	McINTOSH Summer	CAN	0.77	3:59.32	1.26		
		100m (3) 58.22 30.14	150m (3) 1:28.64 30.42	200m (2) 1:59.16 30.52	250m (2) 2:29.45 30.29	300m (2) 2:59.75 30.30	350m (2) 3:29.84 30.09	29.48
3	7	MELVERTON Kiah	AUS	0.74	4:03.12	5.06		
		100m (2) 58.20 30.05	150m (2) 1:28.62 30.42	200m (3) 1:59.28 30.66	250m (3) 2:30.30 31.02	300m (3) 3:01.25 30.95	350m (3) 3:32.43 31.18	30.69
4	4	FAIRWEATHER Erika	NZL	0.70	4:03.84	5.78		
		100m (5) 58.44 30.22	150m (5) 1:29.09 30.65	200m (4) 1:59.86 30.77	250m (4) 2:30.93 31.07	300m (5) 3:02.46 31.53	350m (4) 3:33.84 31.38	30.00
5	6	PALLISTER Lani	AUS	0.67	4:04.43	6.37		
		100m (4) 58.39 30.30	150m (4) 1:29.06 30.67	200m (5) 1:59.95 30.89	250m (5) 2:31.16 31.21	300m (4) 3:02.43 31.27	350m (5) 3:33.98 31.55	30.45
6	1	THOMAS Eve	NZL	0.71	4:09.73	11.67		
		100m (7) 59.78 30.83	150m (7) 1:30.90 31.12	200m (7) 2:02.59 31.69	250m (7) 2:34.47 31.88	300m (7) 3:06.53 32.06	350m (6) 3:38.52 31.99	31.21
7	2	JANSEN Ella	CAN	0.71	4:10.69	12.63		
		100m (6) 59.34 30.93	150m (6) 1:30.49 31.15	200m (6) 2:02.26 31.77	250m (6) 2:34.13 31.87	300m (6) 3:06.30 32.17	350m (7) 3:38.64 32.34	32.05
8	8	COETZEE Dune	RSA	0.75	4:15.53	17.47		
		100m (8) 1:00.08 30.93	150m (8) 1:31.78 31.70	200m (8) 2:04.04 32.26	250m (8) 2:36.75 32.71	300m (8) 3:09.75 33.00	350m (8) 3:42.98 33.23	32.55

Legend:

GR Commonwealth Games Record R.T. Reaction Time WR World Record