

**2022 Bell Canadian Swimming Trials**  
**Saanich Commonwealth Place**  
**Session Report**

Session: 1 Tuesday Preliminaries/mardi préliminaires

Day of Meet: 1 Starts at 09:30 AM Heat Interval: 45 Seconds / Back +30 Seconds

<b>Round</b>	<b>Event</b>	<b>Entries</b>	<b>Heats</b>	<b>Starts at</b>	
Prelims	301 Women 50 Breaststroke Multi-Class PARA	1	1	09:30 AM	_____
Prelims	302 Men 50 Breaststroke Multi-Class PARA	1	1	09:33 AM	_____
Prelims	303 Women 100 Breaststroke Multi-Class PARA	12	2	09:36 AM	_____
Prelims	304 Men 100 Breaststroke Multi-Class PARA	8	1	09:42 AM	_____
Prelims	5 Women 200 IM	49	7	09:44 AM	_____
Prelims	6 Men 200 IM	31	4	10:06 AM	_____
Prelims	7 Women 100 Backstroke	49	7	10:18 AM	_____
Prelims	8 Men 100 Backstroke	42	6	10:34 AM	_____
Prelims	9 Women 400 Freestyle	42	6	10:48 AM	_____
Prelims	10 Men 400 Freestyle	41	6	11:19 AM	_____
	Swimmers Counts for Warm-ups: 239	=====	=====		
	Entry / Heat Totals:	276	41		
	Finish Time			11:48 AM	_____

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Saanich Commonwealth Place

Meet Program - Tuesday Preliminaries/mardi préliminaires

**Event 301 Women 50 LC Meter Breaststroke Multi-Class PAI**

Lane Name	Yr	Team	Seed Time
<b>Heat 1 of 1 Prelims</b>			
1			
2			
3			
4	%Ens_S3SB2SM3, Niki	88 LASER/A,12	1:45.52
5			
6			
7			
8			

**Event 302 Men 50 LC Meter Breaststroke Multi-Class PARA**

Lane Name	Yr	Team	Seed Time
<b>Heat 1 of 1 Prelims</b>			
1			
2			
3			
4	%Brayshaw_S2SB2SM2	02 KISU/A,12	2:01.25
5			
6			
7			
8			

**Event 303 Women 100 LC Meter Breaststroke Multi-Class PAI**

Lane Name	Yr	Team	Seed Time
<b>Heat 1 of 2 Prelims</b>			
1			
2			
3	%Cloetta_S7SB7SM7, C	05 PCSC/3,5,12,+	1:56.66
4	%Kisser_S6SB6SM6, De	96 UL/3,5,12,+	1:49.04
5	%Newkirk_S6SB5SM6,	96 LASER/A,3,4,12,+	1:55.10
6	%Tinney_S5SB4SM5, Je	00 KYPS-ON/A,1,3,4,12	2:39.14
7			
8			
<b>Heat 2 of 2 Prelims</b>			
1	%Bérubé_s7sb6sm7, C	95 NG/A,12,+	1:42.80
2	%Routliffe_S7SB7SM7,	98 UL/12,+	1:41.48
3	%Van Dyk_S14SB14SM	02 GHAC/0	1:29.46
4	%Roxon_S9SB8SM9, Ka	93 AASC/1,3,5	1:21.96
5	%Morrier_S14SB14SM:	97 RIS/0	1:24.95
6	%Tripp_S8SB7SM8, Abi	01 CNQ/A,3,5,12,+	1:33.99
7	%Tan_S7SB6SM7, Yang	02 GMAC/H,A,3,5,12,+	1:42.16
8	%Nault_S8SB7SM8, Tat	05 CNBF/A,3,5,12,+	1:46.46

**Event 304 Men 100 LC Meter Breaststroke Multi-Class PARA**

Lane Name	Yr	Team	Seed Time
<b>Heat 1 of 1 Prelims</b>			
1	%Cowan_S8SB8SM8, Fe	02 SAMAK/A,3,5,12,+	1:29.88
2	%Martel_S11SB11SM1:	01 BBF/T,B	1:25.01
3	%Gill_S10SB9SM10, Jag	04 UCRO/12,+	1:15.37
4	%Bennett_S14SB14SM:	03 RAC/0	1:06.94
5	%Leroux_SB9, James SF	98 UL/8	1:11.49
6	%Arndt_S13SB13SM13	02 NEW/0	1:20.93
7	%Vachon_S8SB8SM8, P	95 MEGO/A,3,5,12,+	1:25.10
8	%Cabreja_S11SB11SM1	02 COBRA/T,B	1:34.67

**Event 5 Women 200 LC Meter IM**

19&O CAN: 2:08.61 2019-06-01 Sydney Pickrem			
19&O FINA: 2:12.98			
19&O WORLD: 2:06.12 2015-08-03 Katinka Hosszu			
Lane Name	Yr	Team	Seed Time
<b>Heat 1 of 7 Prelims</b>			
1			
2			
3	Stewart, Sydney	06 UCSC	2:20.25S
4	Harri, Isabel R	04 TBT	2:19.99S
5	Zhang, Lily	06 VPSC	2:20.12S
6			
7			
8			
<b>Heat 2 of 7 Prelims</b>			
1			
2	Dreyer, Kassua H	04 KAJ	2:19.34S
3	Godon, Sara	00 UBCT	2:17.62S
4	Loewen, Kennedy	00 SFA	2:17.42S
5	Cannings, Kamryn	05 UCSC	2:17.44S
6	Mastromatteo, Emilia	04 KSS	2:19.00S
7	Boyd, Trinity	05 ESWIM	2:19.92S
8			
<b>Heat 3 of 7 Prelims</b>			
1	Allen, Eloise	04 CHIN	2:15.33S
2	Tremblay, Raphaelle	04 LMRL	2:24.71
3	Berrigan, Meghan	04 EKSC	2:24.28
4	Epp, Erin	04 KAJ	2:24.07
5	Rooney, Sophie	04 HTAC	2:24.17
6	Raymond, Victoria	05 ESWIM	2:24.36
7	Dumont-Belanger, Ann	01 UBCT	2:15.32S
8	Stannard, Camryn	04 NRST	2:16.97S
<b>Heat 4 of 7 Prelims</b>			
1	Qi, Kelly Y	08 WDSC	2:23.83
2	Burnett, Devon	04 MAC	2:23.17
3	Thomas, Erika	04 BTSC	2:22.45
4	Sava, Helen Anne	05 RAMAC	2:22.40
5	Fack, Leila R	06 LOSC	2:22.44
6	Lo, Jade	04 MAC	2:22.62
7	Oravsky, Laila M	07 BTSC	2:23.32
8	Bégin-Tremblay, Lily-R	05 RL	2:24.00
<b>Heat 5 of 7 Prelims</b>			
1	Lepage, Alexanne	05 VKSC	2:21.61
2	Bennett, Hannah	02 UCSC	2:20.30
3	Janvier, Aela	99 PCSC	2:17.46
4	Harvey, Mary-Sophie	99 CAMO	2:11.93
5	Herbert, Bailey	02 LOSC	2:15.27
6	Brousseau, Julie	06 NKB	2:18.43
7	Gormley, Breckin	04 NKB	2:20.72
8	Cara, Axelle	97 UL	2:21.96

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Meet Program - Tuesday Preliminaries/mardi préliminaires

Heat 6 Prelims (#5 Women 200 LC Meter IM)

1	Moulson, Sara	03	MAC	2:21.52
2	West, Halle	08	MANTA	2:19.94
3	Hazle, Kathryn M	04	UNCAN/NCA-SI	2:17.38
4	Andison, Bailey S	97	CPWD	2:09.99
5	Cieplucha, Tessa	98	MAC	2:12.96
6	Wheeler, Megan	03	NKB	2:18.30
7	Foster, Payton A	06	UNCAN/CPAC-CT	2:20.63
8	Barbeau, Simonne	04	CAMO	2:21.94

Heat 7 of 7 Prelims

1	Zavaros, Rosie	00	MAC	2:21.46
2	Kucheran, Nina	00	SLSC	2:18.65
3	Wiseman, Avery	02	OSC	2:17.20
4	Pickrem, Sydney	97	TSC	2:08.61
5	McMillan, Ashley	04	GO	2:12.52
6	West, Mia N	06	MANTA	2:17.54
7	Greber, Jordan	06	GPP	2:20.41
8	Angove, Sienna	06	KCS	2:21.66

Event 6 Men 200 LC Meter IM

19&O CAN: 1:58.07 2021-06-21 Finlay Knox

19&O FINA: 1:59.76

19&O WORLD: 1:54.00 2011-07-28 Ryan Lochte

Lane Name	Yr	Team	Seed Time
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Heat 1 of 4 Prelims

1	Li, Jack F	04	CREST	2:08.31S
2	Huang, Peter M	05	SKSC	2:07.76S
3	Haba, Hashim	04	MAC	2:06.92S
4	Erickson, Aidan	05	LOSC	2:06.76S
5	Kim, Laon	08	HYACK	2:06.81S
6	Malakhovets, Max	05	ESWIM	2:07.49S
7	Duncan, Nicholas	06	UCSC	2:08.05S
8				

Heat 2 of 4 Prelims

1	Strople, Alex	03	MAC	2:05.22S
2	Chernomorchenko, Serq	05	PSW	2:11.05
3	Jankovics, Tristan	04	WCW	2:08.17
4	Loewen, Benjamin J	04	CREST	2:05.06
5	Van Herk, Brendan	99	OTT	2:06.83
6	Caruso, Thomas M	05	SPART	2:10.51
7	Rambo, Jacob	02	UVPCS	2:04.52S
8	Johnston, Jady	04	WLBF	2:06.50S

Heat 3 of 4 Prelims

1	Dumas, Zachary	99	UVPCS	2:04.67S
2	Taivassalo, Brayden	04	MAC	2:10.98
3	Koueiki, Jeremy	03	CAMO	2:07.43
4	Gagne, Collyn	00	SFA	2:02.44
5	Wigginton, Lorne	05	UCSC	2:06.52
6	Mak, Marcus	04	ISC	2:09.72
7	Senc-Samardzic, Filip	05	TSC	2:12.04
8	Feddag, Hocine	04	CAMO	2:06.19S

Heat 4 of 4 Prelims

1	Levine, Michael	04	PCSC	2:04.63S
2	Cosgrove, Colin P	04	UNCAN/FORD-AZ	2:10.80
3	Skalenda, Charlie P	04	CREST	2:06.84
4	Knox, Finlay	01	SCAR	1:58.07
5	Migneault, Justice	02	UBCT	2:05.28
6	McKervill, Padric	00	UVPCS	2:08.87
7	Cameron, Ian	04	OSC	2:11.41
8	Gonzalez Barboza, Seba	05	CAMO	2:06.16S

Event 7 Women 100 LC Meter Backstroke

19&O CAN: 57.70 2021-06-19 Kylie Masse

19&O FINA: 1:00.59

19&O WORLD: 57.45 2021-06-13 Kaylee McKeown

Lane Name	Yr	Team	Seed Time
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Heat 1 of 7 Prelims

1				
2				
3	Rhodes, Maggie	04	CCSC	1:03.97S
4	Saunders, Sienna	06	RAPID	1:03.93S
5	Sorel, Martine	05	MUST	1:03.95S
6				
7				
8				

Heat 2 of 7 Prelims

1				
2	Shen, Allison	04	HYACK	1:03.85S
3	Day, Nathalie L	06	CDSC	1:03.70S
4	Rooney, Sophie	04	HTAC	1:03.45S
5	Lo, Jade	04	MAC	1:03.65S
6	Lehman, Delaney	04	RDCSC	1:03.81S
7	Mathieu, Marie	04	MUST	1:03.88S
8				

Heat 3 of 7 Prelims

1	Garcia, Alyanna	06	EKSC	1:03.36S
2	Morrison, Clarke	04	NEW	1:02.66S
3	Godon, Sara	00	UBCT	1:02.12S
4	Krisko, Zoe	03	CAMO	1:01.03S
5	Lasorsa, Giulia	04	UVPCS	1:01.55S
6	Mastromatteo, Emilia	04	KSS	1:02.45S
7	Ko, Ashley	06	SFA	1:03.11S
8	Burton, Bridget	05	ISC	1:03.43S

Heat 4 of 7 Prelims

1	Lepage, Alexanne	05	VKSC	1:05.97
2	Sheng, Jessica Z	06	MAC	1:05.91
3	Gormley, Breckin	04	NKB	1:05.77
4	McKenzie, Teagan	04	UCSC	1:05.52
5	Kovaluk, Eva	04	CAMO	1:05.65
6	Bernier, Ariane	05	PCSC	1:05.87
7	Raymond, Victoria	05	ESWIM	1:05.93
8	Allen, Eloise	04	CHIN	59.85S



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Heat 5 Prelims (#7 Women 100 LC Meter Backstroke)

1	Foster, Payton A	06	UNCAN/CPAC-CT	1:05.29
2	Borromeo, Natascha	06	WVOSC	1:04.06
3	Schroeder, Katie	05	LOSC	1:02.21
4	Wilm, Ingrid K	98	CASC	59.88
5	Rathwell, Regan	04	GO	1:00.16
6	Zavaros, Rosie	00	MAC	1:03.38
7	Wist, Sela A	04	KCS	1:04.81
8	Fitzgerald, Taylor	04	WLBFB	1:05.50

Heat 6 of 7 Prelims

1	Manning, Brooke	05	GGST	1:05.19
2	Greber, Jordan	06	GPP	1:03.83
3	Janvier, Aela	99	PCSC	1:01.94
4	Ruck, Taylor	00	SCAR	58.55
5	Harvey, Mary-Sophie	99	CAMO	1:00.16
6	Scholes, Dylan	04	MAC	1:02.84
7	Masselink, Thea	04	HST	1:04.78
8	McGrath, Rebecca	06	PCSC	1:05.37

Heat 7 of 7 Prelims

1	Dotzlaf, Dakota L	07	PPAC-AB	1:05.11
2	Wheeler, Megan	03	NKB	1:03.47
3	Hanus, Danielle	98	UBCT	1:00.34
4	Masse, Kylie	96	TSC	57.70
5	McMillan, Ashley	04	GO	1:00.00
6	Douthwright, Brooklyn	03	CNBO	1:02.75
7	Kelly, Payton	04	CASC	1:04.08
8	Laurin, Marissa	06	GPP	1:05.35

Event 8 Men 100 LC Meter Backstroke

19&O CAN: 53.35 2019-04-03 Markus Thormeyer

19&O FINA: 54.03

19&O WORLD: 51.85 2016-08-13 Ryan Murphy

Lane Name Yr Team Seed Time

Heat 1 of 6 Prelims

1				
2				
3	Slinn, Jeremy	06	WDSC	58.23S
4	Kaul, Piyush	05	LOSC	57.93S
5	Govier, Tristan	06	HST	58.09S
6				
7				
8				

Heat 2 of 6 Prelims

1	Murphy, Ryan M	04	VKSC	57.92S
2	Stewart-Beinder, Luke	04	SKSC	57.86S
3	Fast, Ethan	04	ISC	57.26S
4	Dongfang, Bill	05	ISC	56.94S
5	Levine, Michael	04	PCSC	57.17S
6	Savelev, Daniil	04	KAJ	57.41S
7	Lackovic, Alex	05	WAC	57.88S
8				

Heat 3 of 6 Prelims

1	Forrest, Gordon	00	OTT	56.79S
2	Carrier, Sébastien	03	MY	56.18S
3	Aguiar-Winter, Evan	03	OTT	55.87S
4	Lett, Steven T	04	GO	59.70
5	Caruso, Thomas M	05	SPART	59.83
6	Murack, Geoff A	04	NEW	56.06S
7	Nguyen, Minh	04	OSC	56.63S
8	Johnston, Jadyne	04	WLBFB	56.90S

Heat 4 of 6 Prelims

1	McKenzie, Mark	00	UCSC	58.87
2	Wu, Yu Tong (Adam)	04	SKSC	58.22
3	*Millet, Arthur	00	UL	56.78
4	Acevedo, Javier	98	MAC	54.65
5	Stokes, Richie	00	UCSC	55.74
6	Loewen, Benjamin J	04	CREST	57.39
7	Cole, Jayden	99	SFA	58.43
8	Orogo, Paul	06	HYACK	59.69

Heat 5 of 6 Prelims

1	Zhang, Jimmy	00	SFA	58.80
2	Norman, Aiden	06	UCSC	58.18
3	Jankovics, Tristan	04	WCW	56.54
4	*Makrygiannis, Evangel	00	UN-CA/GRC	54.06
5	De Pol, Tayden	02	UBCT	55.19
6	Alexander, Chris	00	UOFL	57.22
7	Lenoce, Parker R	05	UNCAN/CPAC-CT	58.39
8	Pack, Logan J	04	UNCAN/KATY-GU	59.26

Heat 6 of 6 Prelims

1	Calkins, Stephen	98	UCSC	58.80
2	Rambo, Jacob	02	UVPCS	57.81
3	McNeill, Hugh	03	UBCT	56.34
4	*Stokowski, Kacper A	99	NCS-NC	53.99
5	Tierney, Blake	02	GOLD/UBCT	54.92
6	Courville Fortin, Loic	04	CAMO	56.94
7	Mak, Marcus	04	ISC	58.36
8	Boutin, Alex E	04	UNCAN/MTRO-NT	59.22

Event 9 Women 400 LC Meter Freestyle

19&O CAN: 4:03.42 2021-07-26 Summer McIntosh

19&O FINA: 4:10.57

19&O WORLD: 3:56.46 2016-08-07 Katie Ledecky

Lane Name Yr Team Seed Time

Heat 1 of 6 Prelims

1				
2				
3	LeRoy, Brynne	05	TIDE	4:23.12S
4	Clark, Maxine	08	UCSC	4:21.15S
5	Tinmouth, Iris	04	COMOX	4:22.26S
6				
7				
8				



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Heat 2 Prelims (#9 Women 400 LC Meter Freestyle)

1	Lloyd, Delia	06	ESWIM	4:20.87S
2	Massey, Ashlyn	06	PCSC	4:19.14S
3	Yamashita-Ball, Adelle	98	OTT	4:15.14S
4	Bowie, Shayne	05	EKSC	4:31.54
5	Gordon, Lindsay	06	PCSC	4:31.61
6	Brousseau, Julie	06	NKB	4:15.45S
7	Besner, Kaitlyn	05	PCSC	4:20.33S
8				

Heat 3 of 6 Prelims

1	Zhang, Lily	06	VPSC	4:31.22
2	Majic, Zoe	04	ESWIM	4:29.71
3	Lambert, Avery R	04	UNCAN/BOLLES-FL	4:28.44
4	Saldana Riebeling, Mari	06	CDSC	4:27.66
5	Dunn, Gabrielle	04	EKSC	4:27.70
6	De Jager, Emily J	04	SPART	4:29.05
7	McKenzie, Teagan	04	UCSC	4:29.72
8	Gauvin, Rosalie	06	RL	4:31.26

Heat 4 of 6 Prelims

1	Cosgrove, Ella R	07	UNCAN/FORD-AZ	4:25.16
2	Davidson, Rosalie	00	NN/UBCT	4:24.30
3	Jeffrey, Chantel	01	UBCT	4:23.68
4	Kilger, Lydia	06	PCSC	4:22.86
5	Howard, Claire	00	OTTER	4:23.16
6	Strojnowska, Julia	06	CDSC	4:23.69
7	Slee, Naomi	04	EKSC	4:24.73
8	Angove, Sienna	06	KCS	4:26.74

Heat 5 of 6 Prelims

1	Willar, Megan	04	PCSC	4:20.78
2	Finlin, Emma	05	EKSC	4:18.40
3	Smallegange, Kenna	03	BAD	4:16.59
4	O'Croinin, Emma	03	UBCT	4:08.11
5	Zavaros, Mabel	00	MAC	4:14.63
6	Bezanson, Maya	07	ESWIM	4:17.60
7	Sava, Helen Anne	05	RAMAC	4:20.58
8	Marovino, Katie	04	ESWIM	4:22.77

Heat 6 of 6 Prelims

1	Meklensek, Tori	02	DSC	4:20.60
2	Hazle, Kathryn M	04	UNCAN/NCA-SI	4:18.12
3	Jansen, Ella	05	ESWIM	4:14.99
4	McIntosh, Summer	06	ESWIM	4:02.42
5	Bellio, Katrina	04	ESWIM	4:12.15
6	*Hierath, Yara S	01	NCS-NC	4:16.92
7	Statkevicius, Sylvia	07	ESWIM	4:20.57
8	O'Regan, Bailey	06	ESWIM	4:21.83

*Handwritten initials*

Event 10 Men 400 LC Meter Freestyle

19&O CAN: 3:43.46 2014-07-24 Ryan Cochrane

19&O FINA: 3:48.15

19&O WORLD: 3:40.07 2009-07-26 Paul Biedermann

Lane Name Yr Team Seed Time

Heat 1 of 6 Prelims

1				
2				
3	Gonzalez Barboza, Seba	05	CAMO	4:02.11S
4	Zhang, Kevin	05	ESWIM	4:00.68S
5	Savelev, Daniil	04	KAJ	4:01.04S
6				
7				
8				

Heat 2 of 6 Prelims

1				
2	Dagenais, Victor	04	CAMO	3:56.88S
3	Stone, Kieran	03	WES	3:54.54S
4	Fuller, Mathew	98	ISC	3:53.83S
5	Clawson-Honeyman, Li	02	NG/UBCT	3:54.03S
6	McKenzie, Paul	00	UCSC	3:54.61S
7	Desjardins, Olivier	05	MUST	3:59.36S
8				

Heat 3 of 6 Prelims

1	Risk, William	03	ROCS	3:52.42S
2	Skalenda, Charlie P	04	CREST	4:09.45
3	Baldwin, Joshua	04	UOFA	4:09.35
4	Erickson, Aidan	05	LOSC	4:08.76
5	Lenoce, Parker R	05	UNCAN/CPAC-CT	4:08.88
6	Barbeau, Timothé	05	NN	4:09.38
7	Risk, Olivier	05	ROCS	4:09.91
8	Agostinelli Stull, Elijah	02	UVPCS	3:52.74S

Heat 4 of 6 Prelims

1	Dupre, Eric D	05	MANTA	4:07.25
2	Gishler, Thomas	05	WGB	4:06.85
3	Sauvé, Antoine	05	CDNDG	4:05.40
4	Pelletier, Jean-Félix	04	CAMO	4:03.33
5	Huang, Peter M	05	SKSC	4:03.98
6	Kwinter, Charlie	04	ESWIM	4:06.08
7	Li, Jack F	04	CREST	4:07.05
8	Matteis, Quinn	04	WAC	4:07.60

Heat 5 of 6 Prelims

1	Pimentel, Xavier	01	NG/UOFC	4:02.63
2	Ghufran, Hayden	03	TSC	3:58.80
3	Dommann, Raben	01	UBCT	3:57.65
4	Axon, Alex	03	MAC	3:53.66
5	Beaudin-Bolduc, Natha	99	UL	3:54.07
6	Murdock, Cale	97	WLBF	3:58.57
7	Volodin, Artiom	03	CAMO	4:00.96
8	Wigginton, Lorne	05	UCSC	4:03.20

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**Heat 6 Prelims (#10 Men 400 LC Meter Freestyle)**

1	Versluys, Nathan	01	UCSC	4:01.68
2	Friesen, Ian	03	UCSC	3:58.78
3	Paulins, Sebastian	98	BRANT	3:56.43
4	Bagshaw, Jeremy	92	ISC	3:50.96
5	Brown, Eric	02	PCSC	3:53.98
6	Wu, Yu Tong (Adam)	04	SKSC	3:58.56
7	Quirie, David	02	NKB	4:00.68
8	Paz, Diego	03	UOFA	4:02.80

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**2022 Canadian Swimming Trials  
DAY 1  
Finals Program**

<b>Opening Ceremonies</b>	<b>17:52</b>	<b>17:55</b>
<b>National Anthem</b>	<b>17:55</b>	<b>17:58</b>

Event	Event #			Start	Finish
50m Breaststroke - PARA		A Final	Women	18:00	18:02
50m Breaststroke - PARA		A Final	Men	18:04	18:05
100m Breaststroke - PARA		A Final	Women	18:09	18:10
<b>AWARDS - Women's 50m Breaststroke - PARA</b>				18:11	18:13
<b>AWARDS - Men's 50m Breaststroke - PARA</b>				18:14	18:16
100m Breaststroke - PARA		A Final	Men	18:18	18:20
200m Individual Medley		B Final	Women	18:21	18:23
<b>AWARDS - Women's 100m Breaststroke - PARA</b>				18:24	18:26
<b>AWARDS - Men's 100m Breaststroke - PARA</b>				18:27	18:29
200m Individual Medley		A Final	Women	18:31	18:36
200m Individual Medley		Junior	Women	18:38	18:40
200m Individual Medley		B Final	Men	18:41	18:43
<b>AWARDS - Women'S 200 m Individual Medley</b>				18:44	18:46
<b>AWARDS - Women'S 200 m Individual Medley Junior</b>				18:47	18:49
200m Individual Medley		A Final	Men	18:51	18:56
200m Individual Medley		Junior	Men	18:58	19:00
100 m Backstroke		B Final	Women	19:01	19:02
<b>AWARDS - Men'S 200 m Individual Medley</b>				19:03	19:05
<b>AWARDS - Men'S 200 m Individual Medley Junior</b>				19:06	19:08
100 m Backstroke		A Final	Women	19:10	19:13
100 m Backstroke		Junior	Women	19:15	19:16
100 m Backstroke		B Final	Men	19:17	19:18
<b>AWARDS - Women's 100 m Backstroke</b>				19:19	19:21
<b>AWARDS - Women's 100 m Backstroke Junior</b>				19:22	19:24
100 m Backstroke		A Final	Men	19:26	19:29
100 m Backstroke		Junior	Men	19:31	19:32
400 m Freestyle		B Final	Women	19:33	19:38
<b>AWARDS - Men's 100 m Backstroke</b>				19:39	19:41
<b>AWARDS - Men's 100 m Backstroke Junior</b>				19:42	19:44
400 m Freestyle		A Final	Women	19:46	19:53
400 m Freestyle		Junior	Women	19:55	19:59
400 m Freestyle		B Final	Men	20:00	20:04
<b>AWARDS - Women's 400 m Freestyle</b>				20:05	20:07
<b>AWARDS - Women's 400 m Freestyle Junior</b>				20:08	20:10
400 m Freestyle		A Final	Men	20:12	20:19
400 m Freestyle		Junior	Men	20:21	20:25
<b>AWARDS - Men's 400 m Freestyle</b>				20:26	20:28
<b>AWARDS - Men's 400 m Freestyle Junior</b>				20:29	20:31

**End of Session**

**20:32**



speedo 

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# Committed to carbon neutral operations by 2025.

At Bell, we're working to advance how Canadians connect with each other and the world. And while we're in the business of communications, we've got our sights set on much more. From our pledge of carbon neutrality to creating a diverse and family-friendly workplace to giving back to local communities, we're committed to making our world more prosperous, more sustainable, and more connected every day.

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# Nouveau site Speedo Canada a venir

Entièrement nouveau. Entièrement vous.  
Des maillots audacieux et éclatants qui ne se décoloreront pas et qui garderont leur forme.

#speedovibe

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# S'engager à devenir carboneutres pour nos activités d'ici 2025.

Chez Bell, nous travaillons à transformer la façon dont les Canadiens communiquent entre eux et avec le reste du monde. Et même si les communications, c'est notre affaire, tant d'autres enjeux nous tiennent aussi à cœur. Nous avons pris l'engagement de devenir carboneutres. Nous avons pour objectif de créer un milieu de travail diversifié et pro-famille. Nous lançons toujours plus de projets pour redonner aux communautés locales. Avec toutes ces initiatives et bien d'autres, nous cherchons à créer un monde prospère, durable et plus connecté chaque jour.

[bell.ca/mieuxpourtous](https://bell.ca/mieuxpourtous)

The Bell logo, consisting of the word "Bell" in a bold, blue, sans-serif font.





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