

The University of Texas at Austin
And
LONGHORN AQUATICS



Longhorn Aquatics Elite Invite & Time Trials
Held under the sanction of USA Swimming

Important Meet Facts

Meet Date: May 20-23, 2021

Meet Notes: This is a closed meet for attached, unattached, post grads and pro swimmers of the teams invited

Entries Open: Monday, May 3, 2021

Entries Close: Thursday, May 13, 2021

Deck Entries: No deck entries will be taken

Facility: The Lee and Joe Jamail Texas Swimming Center has an indoor 8 lane 50 meter competition pool. The pool is considered one of the fastest pools in the world due to its depth, gutter system, high filtration rate and lane width. The meet competition course *has* been certified in accordance with 104.2.2C(4).

The Swim Center is located on the University of Texas Campus, 1900 Red River Street, one block west of I-35 on the northwest corner of the intersection of Martin Luther King Boulevard and Red River Street.

Water Depths: The minimum water depth, measured in accordance with Article 103.2.3, is 9 feet at the start end and the turn end is 9 feet measured for a distance of 1.0 meter to 5.0 meters from both end walls.

Liability: In granting this sanction it is understood and agreed that USA Swimming, Inc., South Texas Swimming, Inc. (STSI), The University of Texas, the Lee and Joe Jamail Swimming Center, Longhorn Aquatics, and all meet staff and officials shall be free from any liabilities or claims for damages arising by reason of injuries to anyone during the conduct of the event. Damage to the facility, when proved, will cause the offending swimmer, if unattached, or the offending swimmer's club, if attached, to be held accountable for repairs.

COVID-19: An inherent risk of exposure to COVID-19 exists in any public place where people are present. COVID-19 is an extremely contagious disease that can lead to severe illness and death. According to the Centers for Disease Control and Prevention, senior citizens and individuals with underlying medical conditions are especially vulnerable.

USA Swimming, Inc., cannot prevent you (or your child(ren)) from becoming exposed to, contracting, or spreading COVID-19 while participating in USA Swimming sanctioned events. It is not possible to prevent against the presence of the disease. Therefore, if you choose to participate in a USA Swimming sanctioned event, you may be exposing yourself to and/or increasing your risk of contracting or spreading COVID-19.

BY ATTENDING OR PARTICIPATING IN THIS COMPETITION, YOU VOLUNTARILY ASSUME ALL RISKS ASSOCIATED WITH EXPOSURE TO COVID-19 AND FOREVER RELEASE AND HOLD HARMLESS FROM: USA SWIMMING, SOUTH TEXAS SWIMMING, THE UNIVERSITY OF TEXAS, LONGHORN AQUATICS AND

SUBSIDIARIES AND EACH OF THEIR OFFICERS, PARTNERS, DIRECTORS, AGENTS, EMPLOYEES OR OTHER REPRESENTATIVES FROM ANY LIABILITY OR CLAIMS INCLUDING FOR PERSONAL INJURIES, DEATH, DISEASE OR PROPERTY LOSSES, OR ANY OTHER LOSS, INCLUDING BUT NOT LIMITED TO CLAIMS OF NEGLIGENCE AND GIVE UP ANY CLAIMS YOU MAY HAVE TO SEEK DAMAGES, WHETHER KNOWN OR UNKNOWN, FORESEEN OR UNFORESEEN, IN CONNECTION WITH EXPOSURE, INFECTION, AND/OR SPREAD OF COVID-19 RELATED TO PARTICIPATION IN THIS COMPETITION.

TSC Rules: As guests of The University of Texas, all must adhere to the Texas Swim Center (TSC) rules. Coaches must supervise their swimmers. Chewing gum and glass containers are not permitted in the building. Locks may not be left on lockers overnight. Wet swimmers cannot leave pool deck. Children must be supervised at all times.

Swimmer Photographs and Videos: There may be one or more photographers and/or videographers on deck at this meet. In the event such personnel are present, parents or guardians of swimmers under the age of 18 who do not wish to have photos or videos of their athletes made, are required to contact the Meet Director prior to the beginning of warm-ups. Photographers and videographers are strongly encouraged to stay out of the area immediately behind the starting blocks, but if present are specifically prohibited from making shots during the start phase of any race.

Cell phone restrictions: The presence or use of cell phones, smart phones or any other devices capable of producing audio recordings, photographic or video images in locker rooms, restrooms or changing areas is strictly and specifically prohibited at all times. There are no exceptions to this policy. Violators are subject to disqualification from the meet, disbarment from the facility and arrest.

Sanction: Held under the sanction of USA Swimming; this meet has been sanctioned by South Texas Swimming and current USA Swimming rules, including minor athlete abuse prevention policy ("MAAPP") and any relevant sections of the South Texas Policies & Procedures Manual will apply. All swimmers must be registered as athletes for 2021 with USA Swimming by the meet start date. Athletes who register with USA Swimming after the meet entry deadline may deck enter the meet only if they can present their 2021 USA Swimming registration card or proof of membership using the USA Swimming Deck Pass app (or a coach may present the club's official, watermarked roster from the USA Swimming club portal). South Texas Swimming does not allow on-deck USA Swimming registrations. Conduct of the sanctioned event shall conform in every respect to all technical and administrative rules of USA Swimming.

USA Swimming Registration: All swimmers, coaches, and officials participating in this competition must be currently (2021) registered with USA Swimming. All should also be prepared to present their USA Swimming ID Card as proof of their Registration to the Meet Director or designee at any time. Swimmers who 1) late enter when possible; 2) need to be late-entered because of clerical errors by the entering team or the Meet Host; or 3) are not entered in this meet and choose to deck enter, if offered, will be required to present their USA Swimming ID card or proof of membership using the USA Swimming Deck Pass app 3) or a coach may present the club's official, watermarked roster from the USA Swimming club portal). Current national and LSC regulations do not allow for exceptions to these policies. South Texas Swimming does not allow on-deck USA Swimming registrations.

Meet Format: This meet serves as a prelims/finals meet. Sessions will swim in one long course meters pool. The Meet Director and Meet Referee reserve the right to modify the operations of the meet.

Meet/Pool Schedule:

Wednesday	Pre-Meet Warm Up:	TBA		
Thursday-Saturday	Prelims Warm Up:	8:30-9:50 AM	Start:	10:00 AM
Thursday-Saturday	Finals Warm Up:	4:00-5:20 PM	Start:	5:30 PM
Sunday	Time Trials Warm Up:	8:30-9:50 AM	Start:	10:00 AM

Elite Invite: Order of Events

All events will be swam in LCM

Thursday, May 20, 2021

Women Event #	Event	Men Event #
1	100 Freestyle	2
3	400 IM	4
5	400 Freestyle	6
7	100 Butterfly	8

Friday, May 21, 2021

Women Event #	Event	Men Event #
9	200 Freestyle	10
11	200 Backstroke	12
13	200 Breaststroke	14
15	50 Freestyle	16
17	800 Free (Timers will stay in place; Teammate will count)	18

Saturday, May 22, 2021

Women Event #	Event	Men Event #
19	200 Butterfly	20
21	100 Breaststroke	22
23	1500 Freestyle (Timers will stay in place; Teammate will count)	24
25	100 Backstroke	26
27	200 IM	28

Coaches Meeting: If it is necessary to have a coaches meeting an announcement will be made during warm-ups.

Qualifying Times: There are no qualifying times for this meet.

Entry Information: Swimmers may enter a maximum of 2 individual events per day, and 7 maximum events for the meet. The age of the swimmer will be his/her age on May 20, 2021. Enter all events with previous best times achieved in long course meters. All teams meet must submit their entries using the latest version of Hy-Tek Team Manager or Team Unify software.

Email entries to Bridgette Laitala at bridgette.rhoades@austin.utexas.edu. When you email the entries, also attach a report of the [entries by swimmer](#). If you don't receive an email confirmation, your entries were not received.

Entry Dates: Entries will open on Monday, May 3, 2021. Entries will close Thursday, May 13, 2021.

Entry Fees: \$20.00 per individual event. A \$10.00 per swimmer facility surcharge will be charged. This includes the South Texas Swimming splash fee of \$1.25 per splash. Refunds will not be given for any reason

Make checks payable to: The University of Texas at Austin
Mail to: Longhorn Aquatics
Elite Invite
The University of Texas at Austin
1900 Red River Street, D4050
Austin, TX 78712-036

Entry fees must be received by Thursday, May 20, 2021.

Distance Events: All 800/1500 swimmers must provide a masked teammate as a lap counters. Timers will stay in place.

Deck Entries: No deck entries will be taken.

Meet Format: This is a prelim/final meet. The 800 and 1500 free are timed finals. The fastest heat of women and men swimming the 800/1500 will swim during finals. All other prelim/final events will have three (C, B, A) heats in finals, swimming slowest to fast. All preliminary events will be run slowest to fastest with the fastest three heats circle seeded. Both prelim and final sessions will utilize one start end (the Flag End of the pool), all of the women's heats will be swum first, followed by all of the men's heats.

The Meet Director and Meet Referee reserve the right to change the pool configuration for prelims and/or finals. Any changes will be discussed at the coaches meeting.

Check-in: All events will be pre-seeded. No positive check-in is required. Please submit scratches as a courtesy.

Scratch Rule: Prelims - Each prelim session will be seeded the evening before. For prelims there is a courtesy scratch. Please scratch events that you will not swim the next day by 5:30 PM. There is not a penalty for failing to scratch a prelim event; this is a courtesy to the other swimmers by eliminating empty lanes in prelims.

Finals – The top 24 swimmers in each event will swim finals. Swimmers qualifying for finals have 30 minutes after the announcement of preliminary results to either scratch or declare an intent to scratch with the administrative official. Swimmers that timely indicate an intent to scratch must declare their final intention within 30 minutes following their last individual preliminary event.

Any finalist who does not scratch and fails to compete in finals will be barred from their next individual event whether in finals or in prelims. Failure to compete in finals on Saturday will result in a \$50 fine. Fines are payable to the University of Texas at Austin.

Any scratches for *prelims* or *finals* should be done with Bridgette Laitala at the Administrative Officials at the Computer.

Time Trials: Time trials will be conducted on Sunday. Time trial events count toward the meet entry limit of 7 events. All time trials will be held in long course meters. Entries for time trials should be done with Bridgette Laitala at the Administrative Officials at the Computer.

The order of events will be the same as the meet order of events. The entry fee is \$20.00 per event.

All times achieved in time trials will appear in published meet results.

Scoring: There will be no scoring for this meet.

Awards: No awards will be given out.

Meet Referee:	Ron Zolno	rzolno@gmail.com
Admin:	Bridgette Laitala	bridgette.rhoades@austin.utexas.edu
Head Coach:	Mike Laitala	mike.laitala@austin.utexas.edu
Meet Director:	Bridgette Laitala	bridgette.rhoades@austin.utexas.edu

Officials: All deck officials must be registered with USA Swimming and their respective LSCs for 2021 and have a current Background Check acknowledged by USA Swimming. Please email the Meet Referee so he can plan accordingly. The uniform will be white polo shirts over black pants, skirts or shorts. The wearing of name tags is strongly encouraged.

Racing Start Proficiency: (Unaccompanied Swimmers) Any swimmer entered in the meet must be certified by a USA swimming member-coach as being proficient in performing a racing start or must start each race from within the water without the use of the backstroke ledge. When unaccompanied by a member-coach, it is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement.

Special Needs: A disability is defined as a PERMANENT physical or mental impairment that substantially limits one or more major life activities. Please notify the Texas Swimming Center at 512-471-7703 in advance of this event with the name and age of any member on your team who needs assistance to enter the building. The Texas Swimming Center Staff will make reasonable accommodations for swimmers coaches, or spectators who wish to enter and use our facility. In any meet sanctioned or approved by South Texas Swimming, Inc., which may include one or more swimmers with visual, hearing, mental, or physical disabilities; the judging of such competitors shall be in strict accordance with the current USA Swimming Rules and Regulations, i. e., Article 105. Coaches and / or athletes must notify the Meet Referee before the event begins if they are to be considered to be judged under Article 105.

Deck Access: Only currently registered coaches and officials will be allowed access beyond the front desk of the Texas Swimming Center. Coaches and officials will be required to show their current USA Swimming registration card at the front desk in order to be on deck. Volunteers will be given a pass to access the deck and help for that specific purpose.

Any non-registered individuals not respecting these rules will be removed from that area or from the facility at the discretion of the University of Texas Athletics staff, Meet Director or Texas Swimming Center staff.

Concealed Carry 30.06: Concealed Carry 30.06: (Campus Carry) Pursuant to Section 30.06, Penal Code (trespass by license holder with a concealed handgun), a person licensed under Subchapter H, Chapter 411, Government Code (handgun licensing law), may not enter this property with a concealed handgun. For more information visit <http://campuscarry.utexas.edu/>.

Pets/Service Animals: Trained service animals or service animals in training with identifiable vests will be allowed. Service animals must remain on leash or in a harness at all times.

Results: Results can be found on Meet Mobile or on the [Longhorn Aquatics Live Results link](#).

Deck Changing: Deck changes are prohibited.

Drones: Per USA Swimming Rule 103.13, the operation of a drone, or any other flying apparatus, is prohibited over the venue (pools, athlete/coach areas, spectator areas and open ceiling locker rooms) any time athletes, coaches, officials and/or spectators are present." Exceptions may be granted with prior written approval by the Events Programs Committee or designee.

SOUTH TEXAS SWIMMING, Inc.
Safety Guidelines and Warm-up Procedures

A. WARM-UP PROCEDURES

- I. Assigned Warm-up Procedures
 - a. Warm-up lanes and times will be assigned to competing teams based on number of entrants.
 - b. All warm-up activities will be coordinated by the coach(es) supervising that lane.
 - c. Dive sprints shall occur from only the designated end of the pool, swimmers must exit on the opposite end of the pool, and may be done only under the direct supervision of the coach.
- II. Open Warm-up Procedures

LANE USE

POOL	PUSH/PACE	DIVES/SPRINTS	GENERAL WARMUP
8 Lanes	1 and 8	2 and 7	3 through 6
6 Lanes	1 and 6	2 and 5	3 and 4

- a. The first half of the assigned warm-up time shall be general warm-up for all lanes.
 - b. Push/Pace lanes will push off one or two lengths from starting end.
 - c. Sprint lanes are for diving from blocks or for backstroke starts in specified lanes at designated times and from the designated end. Swimmers must exit the pool on the opposite end.
 - d. There will be no diving in the general warm-up lanes—circle swimming only.
 - e. No kickboards, pull buoys, or hand paddles may be used.
- III. Safety Guidelines
- a. Coaches are responsible for the following:
 1. Instructing swimmers regarding safety guidelines and warm-up procedures as they apply to conduct at meets and practices.
 2. Actively supervising their swimmers throughout the warm-up sessions, at meets, and all practices.
 3. Maintaining as much contact with their swimmers AS POSSIBLE, both verbal and visual, throughout the warm-up period.
 - b. The host team will be responsible for the following:
 1. A minimum of four marshals who report to and receive instructions from the Meet Referee and/or Director shall be on deck during the entire warm-up session(s).
 2. Marshals will have the authority to remove from the deck for the remainder of a warm-up session, any swimmer or coach found to be in violation of these procedures.
 3. The host team shall provide signs for each lane at both ends of the pool, indicating their designated use during warm-ups.
 4. Warm-up times and lane assignments will be published in the meet information and posted at several locations around the pool area and the following statement will appear in the meet information: "South Texas Swimming Safety Guidelines and Warm-up Procedures will be in effect at this meet."
 5. An announcer will be on duty for the entire warm-up session to announce lane and/or time changes and to assist with the conduct of the warm-up.
 6. Hazards in locker rooms, on deck, or in areas used by coaches, swimmers, or officials will be either removed or clearly marked.

B. MISCELLANEOUS NOTES

- I. Backstrokers will ensure that they are not starting at the same time as a swimmer on the blocks. Swimmers shall not step up on the blocks if there is a backstroker waiting to start.
- II. Swimmers shall not jump or dive into the pool to stop another swimmer on a recalled start.
- III. Swimmers are required to exit the pool on completion of their warm-up to allow other swimmers adequate warm-up time. The pool is not for visiting or playing during the warm-up session.
- IV. Warm-up procedures will be enforced for any breaks scheduled during the competition.
- V. No hand paddles, fins, or kickboards may be used at any time during general, specific, or between warm-ups unless approved by the Meet Referee.

NOTE: Host Clubs, with the consent of the Meet Referee, may modify the time schedule or recommended lane assignments depending on pool configuration, number of swimmers, or other considerations; so long as safety considerations are not compromised. Any such changes will be announced and/or prominently posted in the pool area.