

**2020 TYR Pro Swim Series  
Des Moines, IA  
Thursday, March 5, 2020  
Preliminaries Time Line**

		<u>No. of Heats</u>	
Event # 3	Women's 100 Free	6	9:30 AM
Event # 4	Men's 100 Free	7	9:38 AM
	<b><i>Break - 5 minutes</i></b>		9:48 AM
Event # 5	Women's 100 Breast	4	9:54 AM
Event # 6	Men's 100 Breast	4	10:01 AM
	<b><i>Break - 5 minutes</i></b>		10:07 AM
Event # 7	Women's 200 Fly	3	10:13 AM
Event # 8	Men's 200 Fly	3	10:22 AM
	<b><i>Break - 5 minutes</i></b>		10:30 AM
Event # 9	Women's 400 Free	3	10:35 AM
Event #10	Men's 400 Free	4	10:50 AM
	<b>End of Session</b>		<b>11:09 AM</b>

**\*\* Time Trial Signup deadline is 10:00AM \*\***



## 2019-20 -TYR Pro Swim Series #3 Des Moines - 3/4/2020 to 3/7/2020

## Meet Program - Thursday Prelims

## Event 3 Women 100 LC Meter Freestyle

<b>World:</b>	<b>51.71</b>	<b>7/23/2017</b>	<b>Sarah Sjostrom</b>
<b>American:</b>	<b>52.04</b>	<b>7/26/2019</b>	<b>Simone Manuel</b>
<b>U.S. Open:</b>	<b>52.54</b>	<b>7/25/2018</b>	<b>Simone Manuel</b>
<b>Jr World:</b>	<b>52.70</b>	<b>8/11/2016</b>	<b>Penny Oleksiak</b>
<b>Pro Swim:</b>	<b>53.12</b>	<b>2016</b>	<b>Sarah Sjostrom</b>
<b>Trial Cut:</b>	<b>56.29</b>		

Lane	Name	Age	Team	Seed Time
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## Heat 1 of 6 Prelims

2	Abigail Kapeller	16	Riptide	49.94 Y B
3	Jasmine Rumley	18	Greater Des Moin	49.03 Y
4	*Athena Meneses Kovacs	15	Desert Dragons	57.46
5	*Ana Herceg	16	Nitro Swimming	57.52
6	Emily Lenihan	17	Lakeside Swim Te	57.87 L B
7	Krista Wheeler	17	Cardinal Aquatic	50.54 Y B

## Heat 2 of 6 Prelims

1	Madison Hall	17	Great Wolf Swim	57.29
2	*Kin Lok Chan	25	Una PRVT/HK	57.01
3	Katie Morris	16	NWDupage YMCA /	56.96
4	*Fanny Teijonsalo	24	Sun Devil Swimmi	56.60
5	Gabi Albiero	18	Cardinal Aquatic	56.70
6	Annabel Crush	17	Lakeside Swim Te	56.97
7	Pyper Doo	17	North Suburban A	57.17
8	Marly Lough	16	Brea Aquatics	57.31

## Heat 3 of 6 Prelims

1	Ella Welch	16	Cardinal Aquatic	56.36
2	*Remedy Rule	23	Longhorn Aquatic	56.06
3	Regan Smith	18	Riptide	55.73
4	Meaghan Raab	23	Nashville Aquati/Georgia	55.61
5	*Bella Hindley	23	Tennessee Aquati	55.69
6	Kathleen Baker	23	Team Elite/NYAC	55.84
7	Janelle Rudolph	17	King Aquatic Clu	56.09
8	Zoe Skirboll	15	Racer X Aquatics	56.58

## Heat 4 of 6 Prelims

1	Kendyl Stewart	25	Team Elite	55.36
2	Aly Tetzloff	22	Unattached	54.61
3	Olivia Smoliga	25	Athens Bulldog S/Georgia	54.15
4	*Siobhan Haughey	22	Club Wolverine/HK	53.32
5	Lia Neal	25	Team Elite	53.95
6	Natalie Hinds	26	Athens Bulldog S	54.34
7	*Farida Osman	25	Pinnacle Racing	54.93
8	Geena Freriks	23	Kentucky Aquatic	55.56

## Heat 5 of 6 Prelims

1	Melanie Margalis	28	Saint Petersburg/Georgia	55.18
2	Amanda Kendall	29	Mission Viejo Na	54.52
3	Katie McLaughlin	22	California Aquat	54.14
4	Mallory Comerford	22	Cardinal Aquatic/Univ Loui	52.94
5	Beryl Gastaldello	25	Unattached	53.84
6	Catie DeLoof	23	Team Elite/NYAC	54.28
7	Linnea Mack	24	Una OAQ	54.78
8	Ali DeLoof	25	Team Elite/NYAC	55.55

## Heat 6 of 6 Prelims

1	*Camille Cheng	26	Pinnacle Racing/HK	54.98
2	Gabby DeLoof	23	Team Elite/NYAC	54.41
3	Kelsi Dahlia	25	Cardinal Aquatic/Univ Loui	54.09
4	Simone Manuel	23	Alto Swim Club	52.04
5	Margo Geer	27	Mission Viejo Na	53.44
6	Allison Schmitt	29	Sun Devil Swimmi	54.24
7	*Andi Murez	28	Team Elite	54.67
8	*Katarzyna Wasick	27	Una TRA	55.46

## Event 4 Men 100 LC Meter Freestyle

<b>World:</b>	<b>46.91</b>	<b>7/30/2009</b>	<b>Cesar Cielo Filho</b>
<b>American:</b>	<b>46.96</b>	<b>7/25/2019</b>	<b>Caeleb Dressel</b>
<b>U.S. Open:</b>	<b>47.39</b>	<b>7/31/2019</b>	<b>Ryan Held</b>
<b>Jr World:</b>	<b>47.58</b>	<b>8/10/2016</b>	<b>Kyle Chalmers</b>
<b>Pro Swim:</b>	<b>48.00</b>	<b>2016</b>	<b>Nathan Adrian</b>
<b>Trial Cut:</b>	<b>50.49</b>		

Lane	Name	Age	Team	Seed Time
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## Heat 1 of 7 Prelims

3	*Luis Campos Alpizar	25	ANV	52.50 L B
4	Charlie Bunn	18	Lane Four Aquati	52.36 L B
5	John Hayes	16	Cardinal Aquatic	52.41 L B
6	Nick Zito	25	FMC Aquatic	44.93 Y B

## Heat 2 of 7 Prelims

1	Trent Frandson	17	Central Iowa Aqu	43.93 Y
2	*Brian Palaschuk	22	Regina Optimist	51.54
3	Jack Saunderson	22	Towson Universit	51.23
4	*Lorenzo Loria Elias	24	Desert Dragons	51.01
5	Mitch D'Arrigo	24	Gator Swim Club	51.01
6	*Vince Regent	27	Una QU	51.31
7	William Cole	18	Lakeside Swim Te	51.71
8	*Julien Goyetche	27	Cardinal Aquatic	52.18 L B

## Heat 3 of 7 Prelims

1	*Matias Koski	25	Athens Bulldog S/Georgia	50.79
2	*Grigory Tarasevich	24	Cardinal Aquatic/Univ Loui	50.72
3	Abraham DeVine	23	Team Elite	50.63
4	Joey Reilman	22	Tennessee Aquati	50.55
5	Ryan Lochte	35	Gator Swim Club	50.56
6	*Bradley Tandy	28	Sun Devil Swimmi	50.71
7	*Luis Martinez	24	Guatemala	50.79
8	*Enzo Martinez Scarpe	25	Gator Swim Club	50.99



## 2019-20 -TYR Pro Swim Series #3 Des Moines - 3/4/2020 to 3/7/2020

## Meet Program - Thursday Prelims

**Heat 4 Prelims (#4 Men 100 LC Meter Freestyle)**

1	Giles Smith	28	Sun Devil Swimmi	50.47
2	Tom Shields	28	California Aquat	50.38
3	Nathan Lile	25	Gamecock Aquatic	50.23
4	Grant House	21	Sun Devil Swimmi	49.84
5	*Ryan Coetzee	24	Tennessee Aquati	49.88
6	*Aaron Greenberg	25	Team Elite	50.27
7	*Mark Nikolaev	22	Grand Canyon Aqu	50.41
8	Brett Pinfold	24	Aggie Swim Club	50.53

**Heat 5 of 7 Prelims**

1	*Brent Hayden	36	HPC Vancouver	49.51
2	Ryan Murphy	24	California Aquat	48.98
3	Robert Howard	23	Mission Viejo Na	48.37
4	Zach Apple	22	Mission Viejo Na	47.69
5	Dean Farris	22	Harvard Swimming/TXLA	48.07
6	*Marius Kusch	26	Team Elite	48.70
7	*Artyom Machekin	29	Team Elite	49.36
8	Jacob Pebley	26	Team Elite	49.70

**Heat 6 of 7 Prelims**

1	Michael Andrew	20	Race Pace Club	49.46
2	Bowe Becker	22	Sandpipers Of Ne	48.85
3	Townley Haas	23	NOVA of Virginia	48.30
4	Ryan Held	24	New York Athleti	47.39
5	Tate Jackson	23	Longhorn Aquatic	47.88
6	Jack Conger	25	Cavalier Aquatic	48.47
7	*Ali Khalafalla	23	Mission Viejo Na	49.10
8	Kyle Decoursey	23	Tennessee Aquati	49.61

**Heat 7 of 7 Prelims**

1	Jeff Newkirk	23	Longhorn Aquatic	49.46
2	Andrew Seliskar	23	California Aquat	48.80
3	Nathan Adrian	31	California Aquat	48.17
4	Caeleb Dressel	23	Gator Swim Club	46.96
5	Blake Pieroni	24	Sandpipers Of Ne	47.87
6	Michael Chadwick	24	Team Elite	48.44
7	Mikel Schreuders	21	Unattached	49.08
8	John Shebat	23	New York Athleti	49.59

**Event 5 Women 100 LC Meter Breaststroke**

<b>World:</b>	<b>1:04.13</b>	7/25/2017	<b>Lilly King</b>
<b>American:</b>	<b>1:04.13</b>	7/25/2017	<b>Lilly King</b>
<b>U.S. Open:</b>	<b>1:04.45</b>	8/7/2009	<b>Jessica Hardy</b>
<b>Jr World:</b>	<b>1:05.39</b>	8/20/2014	<b>Ruta Meilutyte</b>
<b>Pro Swim:</b>	<b>1:05.57</b>	2011	<b>Rebecca Soni</b>
<b>Trial Cut:</b>	<b>1:10.99</b>		

<u>Lane</u>	<u>Name</u>	<u>Age</u>	<u>Team</u>	<u>Seed Time</u>
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**Heat 1 of 4 Prelims**

2	*Monika Gonzalez-Hermosi	24	Aggie Swim Club	1:13.54 L B
3	*Emma Spence	17	Regina Optimist	1:12.70
4	*Bailey Andison	22	Mission Viejo Na	1:12.22
5	Mary Martin	17	Greater Des Moin	1:12.24
6	*Rebecca Kamau	20	Unattached	1:13.53 L B
7	Madison Hall	17	Great Wolf Swim	1:03.38 Y B

**Heat 2 of 4 Prelims**

1	Olivia Masterson	18	Iowa Flyers Swim	1:11.90
2	Esther Gonzalez Medina	24	Una AGS	1:10.04
3	Madisyn Cox	24	Longhorn Aquatic	1:07.51
4	Annie Lazor	25	Mission Viejo Na	1:06.03
5	Breeja Larson	27	New York Athleti	1:06.78
6	Kathleen Baker	23	Team Elite/NYAC	1:08.50
7	*Laura Morley	23	Bahamas	1:10.44
8	Jojo Randby	17	Greater Omaha Aq	1:12.13

**Heat 3 of 4 Prelims**

1	Liz Roberts	31	Gamecock Aquatic	1:10.61
2	Olivia Anderson	22	Longhorn Aquatic	1:09.38
3	*Byanca Rodriguez	25	Desert Dragons	1:07.32
4	Molly Hannis	27	Tennessee Aquati	1:05.78
5	*Kierra Smith	26	Scarborough	1:06.54
6	*Jamie Yeung	22	Club Wolverine/HK	1:07.86
7	Claire Donan	18	Lakeside Swim Te	1:10.25
8	Maggie Papanicholas	14	Glenbrook Swim C	1:12.00

**Heat 4 of 4 Prelims**

1	Zoe Skirboll	15	Racer X Aquatics	1:10.46
2	*Hannah Brunzell	18	Unattached	1:09.20
3	Melanie Margalis	28	Saint Petersburg/Georgia	1:07.20
4	Lilly King	23	Indiana Swim Clu	1:04.93
5	Bethany Galat	24	Aggie Swim Club	1:06.41
6	Rachel Bernhardt	24	Gamecock Aquatic	1:07.59
7	Emma Barksdale	22	Gamecock Aquatic	1:10.15
8	Reese Dehen	17	Great Wolf Swim	1:11.94



## 2019-20 -TYR Pro Swim Series #3 Des Moines - 3/4/2020 to 3/7/2020

## Meet Program - Thursday Prelims

## Event 6 Men 100 LC Meter Breaststroke

<b>World:</b>	<b>56.88</b>	<b>7/21/2019</b>	<b>Adam Peaty</b>
<b>American:</b>	<b>58.64</b>	<b>7/23/2017</b>	<b>Kevin Cordes</b>
<b>U.S. Open:</b>	<b>58.74</b>	<b>6/30/2017</b>	<b>Kevin Cordes/Jaoa Gomes</b>
<b>Jr World:</b>	<b>59.01</b>	<b>8/23/2017</b>	<b>Nicolo Martinenghi</b>
<b>Pro Swim:</b>	<b>58.86</b>	<b>2017</b>	<b>Adam Peaty</b>
<b>Trial Cut:</b>	<b>1:03.29</b>		

Lane	Name	Age	Team	Seed Time
<b>Heat 1 of 4 Prelims</b>				
2	Conner Kang	18	Lakeside Swim Te	1:06.09
3	Ben Wiegand	17	Sun Prairie Stor	1:04.86
4	*Jarod Arroyo	19	Pitchfork Aquati	1:04.25
5	Alex Brehm	17	Lakeside Swim Te	1:04.29
6	Carlson Temple	20	Unattached	1:05.61
7	James Doromal	17	NWDupage YMCA /	1:06.53L B
<b>Heat 2 of 4 Prelims</b>				
1	*Jonathan Rutter	23	Una PRVT	1:02.85
2	Justin Winnett	24	Indiana Swim Clu	1:01.79
3	*Carlos Claverie	23	Cardinal Aquatic/VEN/UofL	1:00.79
4	Michael Andrew	20	Race Pace Club	59.38
5	Brandon Fischer	31	Livermore Aqua C	59.86
6	Conner McHugh	24	Unattached	1:01.21
7	Nick Zito	25	FMC Aquatic	1:02.08
8	Scooter Iida	17	Glenbrook Swim C	1:04.09
<b>Heat 3 of 4 Prelims</b>				
1	Forrest Frazier	18	Eastern Iowa Swi	1:02.63
2	*Edgar Crespo	30	SwimAtlanta	1:01.60
3	*Mauro Castillo Luna	24	Aggie Swim Club	1:00.77
4	Cody Miller	28	Sandpipers Of Ne	59.24
5	Nic Fink	26	Athens Bulldog S/Georgia	59.86
6	*Nils Wich-Glasen	25	Una GAME	1:01.03
7	*Miguel Chavez	25	Team Elite	1:02.06
8	*Enzo Martinez Scarpe	25	Gator Swim Club	1:03.78
<b>Heat 4 of 4 Prelims</b>				
1	*Said Revelez	27	Desert Dragons	1:02.44
2	*Youssef Elkamash	24	Egypt	1:01.24
3	Jonathan Tybur	23	Aggie Swim Club	1:00.76
4	Andrew Wilson	26	Athens Bulldog S	58.93
5	Kevin Cordes	26	Athens Bulldog S	59.72
6	Ben Cono	23	Gamecock Aquatic	1:00.95
7	Matthew Dunphy	22	Tennessee Aquati	1:02.06
8	Luke Barr	16	Sarpy County Swi	1:03.44

## Event 7 Women 200 LC Meter Butterfly

<b>World:</b>	<b>2:01.81</b>	<b>10/21/2009</b>	<b>Zige Liu</b>
<b>American:</b>	<b>2:04.14</b>	<b>7/30/2009</b>	<b>Mary Descenza</b>
<b>U.S. Open:</b>	<b>2:05.87</b>	<b>7/25/2018</b>	<b>Hali Flickinger</b>
<b>Jr World:</b>	<b>2:06.29</b>	<b>4/15/2017</b>	<b>Suzuka Hasegawa</b>
<b>Pro Swim:</b>	<b>2:06.76</b>	<b>2012</b>	<b>Cammile Adams</b>
<b>Trial Cut:</b>	<b>2:14.59</b>		

Lane	Name	Age	Team	Seed Time
<b>Heat 1 of 3 Prelims</b>				
1	Scarlet Martin	15	Eastern Iowa Swi	2:17.55L B
2	Jasmine Hellmer	20	Unattached	2:16.06
3	*Remedy Rules	23	Longhorn Aquatic	2:11.02
4	Megan Kingsley	23	Athens Bulldog S/Georgia	2:08.26
5	Ella Eastin	22	Alto Swim Club	2:09.82
6	Gabi Albiero	18	Cardinal Aquatic	2:14.61
7	*Klaudia Nazieblo	26	Una PRVT	1:54.69Y
8	Emily Lenihan	17	Lakeside Swim Te	2:01.94Y B
<b>Heat 2 of 3 Prelims</b>				
1	Asia Kozan	14	Brea Aquatics	2:17.47L B
2	Ally McHugh	22	Wisconsin Aquati	2:15.76
3	Leah Smith	24	Tucson Ford Deal	2:10.92
4	Regan Smith	18	Riptide	2:07.26
5	Justina Kozan	16	Brea Aquatics	2:09.68
6	*Roza Erdemli	19	Unattached	2:13.55
7	Danielle Nowaski	19	Unattached	2:16.25
8	Isabella Paoletti	17	Delaware Swim Te	2:18.64L B
<b>Heat 3 of 3 Prelims</b>				
1	Berit Quass	17	Greater Des Moin	1:58.94Y
2	Emma Barksdale	22	Gamecock Aquatic	2:14.62
3	Leah Gingrich	30	Columbus Aquatic	2:09.84
4	Hali Flickinger	25	Sun Devil Swimmi	2:05.87
5	Katie McLaughlin	22	California Aquat	2:09.52
6	*Maria Jose Mata Cocco	25	Club Libanes	2:11.90
7	Emma Gleason	18	Una GSC	2:16.24
8	Mackenzie Lanning	15	Lakeside Swim Te	2:18.58L B



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## 2019-20 -TYR Pro Swim Series #3 Des Moines - 3/4/2020 to 3/7/2020

## Meet Program - Thursday Prelims

**Event 8 Men 200 LC Meter Butterfly**

<b>World:</b>	<b>1:50.73</b>	<b>7/24/2019</b>	<b>Kristof Milak</b>
<b>American:</b>	<b>1:51.51</b>	<b>7/29/2009</b>	<b>Michael Phelps</b>
<b>U.S. Open:</b>	<b>1:52.20</b>	<b>7/2/2008</b>	<b>Michael Phelps</b>
<b>Jr World:</b>	<b>1:52.71</b>	<b>3/28/2018</b>	<b>Kristof Milak</b>
<b>Pro Swim:</b>	<b>1:53.84</b>	<b>6/14/2019</b>	<b>Gianluca Urlando</b>
<b>Trial Cut:</b>	<b>2:01.19</b>		

Lane	Name	Age	Team	Seed Time
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**Heat 1 of 3 Prelims**

1	*Daniil Antipov	22	Grand Canyon Aqu	2:04.95
2	Vincent Cheng	17	Brea Aquatics	2:02.88
3	Jay Litherland	24	Dynamo Swim Club	1:57.99
4	Chase Kalisz	25	Athens Bulldog S/Georgia	1:55.42
5	Jack Saunderson	22	Towson Universit	1:56.74
6	*Keanan Dols	21	Gator Swim Club	2:01.32
7	*Brendan Vanherk	20	Regina Optimist	2:04.40
8	Holden Smith	16	Race Pace Club -	2:06.67 L B

**Heat 2 of 3 Prelims**

1	Alex Brehm	17	Lakeside Swim Te	2:04.60
2	Tavis Siebert	17	Pitchfork Aquati	2:02.81
3	*Alex Kunert	24	Una QU	1:57.36
4	Jack Conger	25	Cavalier Aquatic	1:55.18
5	Andrew Seliskar	23	California Aquat	1:56.73
6	*Jarod Arroyo	19	Pitchfork Aquati	2:00.11
7	Bryce Bohman	29	Pulling Water, L	2:03.92
8	*Yassin Tolba	17	Egypt	2:05.22 L B

**Heat 3 of 3 Prelims**

1	*Akaram Mahmoud	23	Wolfpack Elite	2:04.43
2	Giovanni Gutierrez	21	Unattached	2:01.40
3	*Vini Lanza	22	Mission Viejo Na	1:57.04
4	Zach Harting	22	Cardinal Aquatic/HSA/UofL	1:55.05
5	Gunnar Bentz	24	Dynamo Swim Club	1:56.59
6	*Jose Martinez	22	Mexico	1:59.23
7	Jared Graham	20	Penguin Aquatics	2:02.96
8	*Mokhtar Al-Yamani	22	Una CW	2:05.06

**Event 9 Women 400 LC Meter Freestyle**

<b>World:</b>	<b>3:56.46</b>	<b>8/7/2016</b>	<b>Katie Ledecky</b>
<b>American:</b>	<b>3:56.46</b>	<b>8/7/2016</b>	<b>Katie Ledecky</b>
<b>U.S. Open:</b>	<b>3:57.94</b>	<b>5/17/2018</b>	<b>Katie Ledecky</b>
<b>Jr World:</b>	<b>3:58.37</b>	<b>8/23/2014</b>	<b>Katie Ledecky</b>
<b>Pro Swim:</b>	<b>3:57.94</b>	<b>5/17/2018</b>	<b>Katie Ledecky</b>
<b>Trial Cut:</b>	<b>4:16.89</b>		

Lane	Name	Age	Team	Seed Time
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**Heat 1 of 3 Prelims**

2	Berit Quass	17	Greater Des Moin	4:48.88 Y B
3	Elise Bauer	17	Central Florida	4:20.37
4	*Maria Alvarez	30	Tennessee Aquati	4:18.48
5	Katia Soudakova	17	Riptide	4:19.64
6	Aurora Roghair	16	Iowa Flyers Swim	4:20.46

**Heat 2 of 3 Prelims**

1	Gabby DeLoof	23	Team Elite/NYAC	4:14.52
2	Madysin Cox	24	Longhorn Aquatic	4:10.21
3	Ally McHugh	22	Wisconsin Aquati	4:07.08
4	Leah Smith	24	Tucson Ford Deal	4:01.29
5	Melanie Margalis	28	Saint Petersburg/Georgia	4:06.35
6	*Joanna Evans	22	Longhorn Aquatic	4:08.82
7	Ella Eastin	22	Alto Swim Club	4:13.57
8	*Ilektra Lebl	21	Unattached	4:17.51

**Heat 3 of 3 Prelims**

1	Meaghan Raab	23	Nashville Aquati/Georgia	4:14.28
2	Geena Freriks	23	Kentucky Aquatic	4:08.91
3	Hali Flickinger	25	Sun Devil Swimmi	4:06.72
4	Katie Ledecky	22	Nation's Capital	3:57.94
5	Kaersten Meitz	24	Boilermaker Aqua	4:05.80
6	Allison Schmitt	29	Sun Devil Swimmi	4:08.46
7	Mariah Denigan	16	Lakeside Swim Te	4:12.23
8	*Siobhan Haughey	22	Club Wolverine/HK	4:15.57

**Event 10 Men 400 LC Meter Freestyle**

<b>World:</b>	<b>3:40.07</b>	<b>7/26/2009</b>	<b>Paul Biederman</b>
<b>American:</b>	<b>3:42.78</b>	<b>8/10/2008</b>	<b>Larsen Jensen</b>
<b>U.S. Open:</b>	<b>3:43.53</b>	<b>6/29/2008</b>	<b>Larsen Jensen</b>
<b>Jr World:</b>	<b>3:44.60</b>	<b>4/1/2014</b>	<b>Mack Horton</b>
<b>Pro Swim:</b>	<b>3:43.55</b>	<b>2016</b>	<b>Sun Yang</b>
<b>Trial Cut:</b>	<b>3:57.29</b>		

Lane	Name	Age	Team	Seed Time
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**Heat 1 of 4 Prelims**

3	*Jonathan Rutter	23	Una PRVT	4:04.09 L B
4	John Hayes	16	Cardinal Aquatic	4:02.54
5	Andrew Seliskar	23	California Aquat	4:13.02 Y
6	Giovanni Gutierrez	21	Unattached	4:28.53 Y B

**Heat 2 of 4 Prelims**

1	Sam Rice	23	Tennessee Aquati	4:00.78
2	*Jarod Arroyo	19	Pitchfork Aquati	3:58.83
3	Dylan Moffatt	17	Linn-Mar Swim Te	3:58.09
4	*Michal McGillivray	17	Regina Optimist	3:57.44
5	Kevin Jackson	25	King Aquatic Clu	3:57.64
6	Trent Frandson	17	Central Iowa Aqu	3:58.41
7	Ryan Lochte	35	Gator Swim Club	3:59.21
8	Jared Graham	20	Penguin Aquatics	4:01.88

**Heat 3 of 4 Prelims**

1	Gordon Mason	20	Team Santa Monic	3:54.78
2	Clark Smith	24	Longhorn Aquatic	3:53.03
3	*Marcelo Acosta	23	Cardinal Aquatic/Azura/Uof	3:50.61
4	*Marwan El Kamash	26	Indiana Swim Clu	3:47.51
5	Chris Wieser	24	DART Swimming	3:48.69
6	*Hsing-Hao Wang	20	Team Elite	3:51.57
7	Arik Katz	18	Sarasota Tsunami	3:53.78
8	*Matias Koski	25	Athens Bulldog S/Georgia	3:55.98

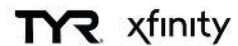


## 2019-20 -TYR Pro Swim Series #3 Des Moines - 3/4/2020 to 3/7/2020

## Meet Program - Thursday Prelims

## Heat 4 Prelims (#10 Men 400 LC Meter Freestyle)

1	*Akaram Mahmoud	23	Wolfpack Elite	3:53.94
2	Nick Norman	22	California Aquat	3:52.16
3	True Sweetser	22	Gator Swim Club	3:50.08
4	Zane Grothe	27	Boulder City Hen	3:45.32
5	Mitch D'Arrigo	24	Gator Swim Club	3:48.39
6	Jordan Wilimovsky	25	Team Santa Monic	3:50.63
7	Townley Haas	23	NOVA of Virginia	3:53.36
8	Grant House	21	Sun Devil Swimmi	3:54.87



**2020 TYR Pro Swim Series  
Des Moines, IA  
Thursday, March 5, 2020  
Finals Time Line**

<b><i>National Anthem</i></b>			6:23 PM
Event # 3 Women's 100 Free	Consolation		6:30 PM
	Championship		6:33 PM
Event # 4 Men's 100 Free	Consolation		6:37 PM
	Championship		6:40 PM
Event # 5 Women's 100 Breast	Consolation		6:44 PM
	Championship		6:53 PM
Event # 6 Men's 100 Breast	Consolation		6:57 PM
	Championship		7:01 PM
Event # 7 Women's 200 Fly	Consolation		7:05 PM
	Championship		7:10 PM
Event # 8 Men's 200 Fly	Consolation		7:15 PM
	Championship		7:22 PM
Event # 9 Women's 400 Free	Consolation		7:26 PM
	Championship		7:33 PM
Event #10 Men's 400 Free	Consolation		7:40 PM
	Championship		7:46 PM
<b><i>End of Consolations and Championships</i></b>			<b>7:53 PM</b>
Event # 3 Women's 100 Free	C Final		7:53 PM
	D Final		7:54 PM
Event # 4 Men's 100 Free	C Final		7:56 PM
	D Final		7:57 PM
Event # 5 Women's 100 Breast	C Final		7:58 PM
	D Final		8:00 PM
Event # 6 Men's 100 Breast	C Final		8:01 PM
	D Final		8:03 PM
Event # 7 Women's 200 Fly	C Final		8:04 PM
	D Final		8:07 PM
Event # 8 Men's 200 Fly	C Final		8:10 PM
	D Final		8:12 PM
Event # 9 Women's 400 Free	C Final		8:15 PM
	D Final		8:19 PM
Event #10 Men's 400 Free	C Final		8:24 PM
	D Final		8:29 PM
<b><i>End of Session</i></b>			<b>8:33 PM</b>

**\*\* Scratches for Friday Prelims are due by 7:00 PM \*\***

