

**2020 TYR Pro Swim Series  
Des Moines, IA  
Saturday, March 7, 2020  
Preliminaries Time Line**

|           |                                  | <u>No. of Heats</u> |                 |
|-----------|----------------------------------|---------------------|-----------------|
| Event #21 | Women's 100 Back                 | 5                   | 9:30 AM         |
| Event #22 | Men's 100 Back                   | 3                   | 9:39 AM         |
|           | <b><i>Break - 5 minutes</i></b>  |                     | 9:44 AM         |
| Event #23 | Women's 200 Breast               | 3                   | 9:50 AM         |
| Event #24 | Men's 200 Breast                 | 3                   | 10:00 AM        |
|           | <b><i>Break - 15 minutes</i></b> |                     | 10:09 AM        |
| Event #25 | Women's 200 IM                   | 3                   | 10:25 AM        |
| Event #26 | Men's 200 IM                     | 4                   | 10:34 AM        |
|           | <b><i>Break - 5 minutes</i></b>  |                     | 10:45 AM        |
| Event #27 | Women's 50 Free                  | 6                   | 10:51 AM        |
| Event #28 | Men's 50 Free                    | 6                   | 10:57 AM        |
| Event #19 | Women's 800 Free                 | 1                   | 11:01 AM        |
| Event #20 | Men's 800 Free                   | 2                   | 11:10 AM        |
|           | <b>End of Session</b>            |                     | <b>11:28 AM</b> |

**\*\*\* 800 Free swims fastest to slowest, alternating Women and Men\*\*\***

**\*\*\* The Fastest heat of each gender will swim in the finals session\*\*\***

**\*\* Time Trial Signup deadline is 10:30 AM \*\***



## 2019-20 -TYR Pro Swim Series #3 Des Moines - 3/4/2020 to 3/7/2020

## Meet Program - Saturday Prelims

**Event 21 Women 100 LC Meter Backstroke**

|                   |         |           |                |
|-------------------|---------|-----------|----------------|
| <b>World:</b>     | 57.57   | 7/28/2019 | Regan Smith    |
| <b>American:</b>  | 57.57   | 7/28/2019 | Regan Smith    |
| <b>U.S. Open:</b> | 58.00   | 7/28/2018 | Kathleen Baker |
| <b>Jr World:</b>  | 57.57   | 7/28/2019 | Regan Smith    |
| <b>Pro Swim:</b>  | 58.26   | 1/18/2020 | Regan Smith    |
| <b>Trial Cut:</b> | 1:02.69 |           |                |

| Lane | Name | Age | Team | Seed Time |
|------|------|-----|------|-----------|
|------|------|-----|------|-----------|

**Heat 1 of 5 Prelims**

|   |                   |    |                  |             |
|---|-------------------|----|------------------|-------------|
| 3 | Berit Quass       | 17 | Greater Des Moin | 55.37 Y B   |
| 4 | Mackenzie Lanning | 15 | Lakeside Swim Te | 1:04.47 L B |
| 5 | Michelle Kaner    | 15 | Glenbrook Swim C | 1:04.58 L B |

**Heat 2 of 5 Prelims**

|   |                   |    |                          |         |
|---|-------------------|----|--------------------------|---------|
| 1 | Pyper Doo         | 17 | North Suburban A         | 1:04.35 |
| 2 | Annie Galvin      | 16 | Ames Cyclone Aqu         | 1:04.29 |
| 3 | Olivia Huffman    | 21 | Kentucky Aquatic         | 1:04.10 |
| 4 | Madeline Meredith | 15 | Lakeside Swim Te         | 1:03.94 |
| 5 | Megan Kingsley    | 23 | Athens Bulldog S/Georgia | 1:04.01 |
| 6 | Grace Frericks    | 16 | Black Hawk Area          | 1:04.21 |
| 7 | *Andi Murez       | 28 | Team Elite               | 1:04.34 |
| 8 | Sydney Davids     | 16 | Riptide                  | 54.19 Y |

**Heat 3 of 5 Prelims**

|   |                        |    |                          |         |
|---|------------------------|----|--------------------------|---------|
| 1 | Malia Francis          | 16 | Mid Wisconsin Wa         | 1:03.22 |
| 2 | Aly Tetzloff           | 22 | Unattached               | 1:02.54 |
| 3 | Kendyl Stewart         | 25 | Team Elite               | 1:01.19 |
| 4 | Olivia Smoliga         | 25 | Athens Bulldog S/Georgia | 58.73   |
| 5 | Beryl Gastaldello      | 25 | Unattached               | 1:00.07 |
| 6 | Abigail Kapeller       | 16 | Riptide                  | 1:01.68 |
| 7 | *Athena Meneses Kovacs | 15 | Desert Dragons           | 1:03.05 |
| 8 | Krista Wheeler         | 17 | Cardinal Aquatic         | 1:03.86 |

**Heat 4 of 5 Prelims**

|   |                    |    |                  |         |
|---|--------------------|----|------------------|---------|
| 1 | *Yulduz Kuchkarova | 26 | Clovis Swim Club | 1:03.21 |
| 2 | Linnea Mack        | 24 | Una OAQ          | 1:02.06 |
| 3 | Annabel Crush      | 17 | Lakeside Swim Te | 1:00.74 |
| 4 | Kathleen Baker     | 23 | Team Elite/NYAC  | 58.00   |
| 5 | Ali DeLoof         | 25 | Team Elite/NYAC  | 59.79   |
| 6 | *Krystal Lara      | 21 | Unattached       | 1:01.39 |
| 7 | Emily Lenihan      | 17 | Lakeside Swim Te | 1:02.71 |
| 8 | Makayla Poloni     | 17 | Brea Aquatics    | 1:03.82 |

**Heat 5 of 5 Prelims**

|   |                   |    |                  |         |
|---|-------------------|----|------------------|---------|
| 1 | *Bella Hindley    | 23 | Tennessee Aquati | 1:03.06 |
| 2 | *Klaudia Nazieblo | 26 | Una PRVT         | 1:01.87 |
| 3 | Catie DeLoof      | 23 | Team Elite/NYAC  | 1:00.70 |
| 4 | Regan Smith       | 18 | Riptide          | 57.57   |
| 5 | Lisa Bratton      | 23 | Aggie Swim Club  | 59.76   |
| 6 | Janelle Rudolph   | 17 | King Aquatic Clu | 1:01.34 |
| 7 | Parker Herren     | 20 | Kentucky Aquatic | 1:02.69 |
| 8 | Mari Kraus        | 20 | Una GAME         | 1:03.43 |

**Event 22 Men 100 LC Meter Backstroke**

|                   |       |           |                    |
|-------------------|-------|-----------|--------------------|
| <b>World:</b>     | 51.85 | 8/13/2016 | Ryan Murphy        |
| <b>American:</b>  | 51.85 | 8/13/2016 | Ryan Murphy        |
| <b>U.S. Open:</b> | 51.94 | 7/8/2009  | Aaron Peirsol      |
| <b>Jr World:</b>  | 52.51 | 8/6/2018  | Kliment Kolesnikov |
| <b>Pro Swim:</b>  | 52.40 | 2016      | David Plummer      |
| <b>Trial Cut:</b> | 56.59 |           |                    |

| Lane | Name | Age | Team | Seed Time |
|------|------|-----|------|-----------|
|------|------|-----|------|-----------|

**Heat 1 of 3 Prelims**

|   |                     |    |                            |       |
|---|---------------------|----|----------------------------|-------|
| 1 | Holden Smith        | 16 | Race Pace Club -           | 58.78 |
| 2 | William Cole        | 18 | Lakeside Swim Te           | 57.01 |
| 3 | Bryce Bohman        | 29 | Pulling Water, L           | 55.06 |
| 4 | *Grigory Tarasevich | 24 | Cardinal Aquatic/Univ Loui | 53.22 |
| 5 | Dean Farris         | 22 | Harvard Swimming/TXLA      | 53.93 |
| 6 | Tom Shields         | 28 | California Aquat           | 56.54 |
| 7 | Mateo Miceli        | 17 | Sarpy County Swi           | 57.62 |

**Heat 2 of 3 Prelims**

|   |                   |    |                  |           |
|---|-------------------|----|------------------|-----------|
| 1 | Caeleb Dressel    | 23 | Gator Swim Club  | 58.71     |
| 2 | Allen Dempster    | 18 | Unattached       | 56.89     |
| 3 | Ryan Lochte       | 35 | Gator Swim Club  | 54.75     |
| 4 | Matt Grevers      | 34 | Tucson Ford Deal | 52.55     |
| 5 | *Christopher Reid | 24 | Wolfpack Elite   | 53.92     |
| 6 | Luke Barr         | 16 | Sarpy County Swi | 56.53     |
| 7 | Abraham DeVine    | 23 | Team Elite       | 57.39     |
| 8 | Samuel Bork       | 16 | Mid Wisconsin Wa | 50.73 Y B |

**Heat 3 of 3 Prelims**

|   |                |    |                  |           |
|---|----------------|----|------------------|-----------|
| 1 | Ryan Patterson | 20 | Unattached       | 58.09     |
| 2 | Brett Pinfold  | 24 | Aggie Swim Club  | 56.79     |
| 3 | Joey Reilman   | 22 | Tennessee Aquati | 54.68     |
| 4 | Ryan Murphy    | 24 | California Aquat | 51.94     |
| 5 | Jacob Pebley   | 26 | Team Elite       | 53.40     |
| 6 | *Keanan Dols   | 21 | Gator Swim Club  | 55.78     |
| 7 | Jeff Newkirk   | 23 | Longhorn Aquatic | 57.22     |
| 8 | Will Hayon     | 15 | Mid Wisconsin Wa | 50.51 Y B |

**Event 23 Women 200 LC Meter Breaststroke**

|                   |         |           |                        |
|-------------------|---------|-----------|------------------------|
| <b>World:</b>     | 2:19.11 | 8/1/2013  | Rikke Moeller Pedersen |
| <b>American:</b>  | 2:19.59 | 8/2/2012  | Rebecca Soni           |
| <b>U.S. Open:</b> | 2:20.38 | 7/7/2009  | Rebecca Soni           |
| <b>Jr World:</b>  | 2:19.64 | 8/30/2015 | Viktoria Gunes         |
| <b>Pro Swim:</b>  | 2:20.77 | 5/19/2019 | Annie Lazor            |
| <b>Trial Cut:</b> | 2:33.29 |           |                        |

| Lane | Name | Age | Team | Seed Time |
|------|------|-----|------|-----------|
|------|------|-----|------|-----------|

**Heat 1 of 3 Prelims**

|   |                     |    |                  |             |
|---|---------------------|----|------------------|-------------|
| 2 | Maggie Papanicholas | 14 | Glenbrook Swim C | 2:36.48     |
| 3 | Emma Barksdale      | 22 | Gamecock Aquatic | 2:28.36     |
| 4 | Bethany Galat       | 24 | Aggie Swim Club  | 2:21.84     |
| 5 | Molly Hannis        | 27 | Tennessee Aquati | 2:26.21     |
| 6 | Claire Donan        | 18 | Lakeside Swim Te | 2:30.67     |
| 7 | Liz Roberts         | 31 | Gamecock Aquatic | 2:38.51 L B |



## 2019-20 -TYR Pro Swim Series #3 Des Moines - 3/4/2020 to 3/7/2020

## Meet Program - Saturday Prelims

**Heat 2 Prelims (#23 Women 200 LC Meter Breaststroke)**

|   |                    |    |                   |             |
|---|--------------------|----|-------------------|-------------|
| 1 | Ella Welch         | 16 | Cardinal Aquatic  | 2:17.27 Y B |
| 2 | *Emma Spence       | 17 | Regina Optimist   | 2:31.80     |
| 3 | Rachel Bernhardt   | 24 | Gamecock Aquatic  | 2:27.99     |
| 4 | Lilly King         | 23 | Indiana Swim Clu  | 2:21.39     |
| 5 | *Melissa Rodriguez | 25 | Desert Dragons    | 2:25.54     |
| 6 | *Jamie Yeung       | 22 | Club Wolverine/HK | 2:29.81     |
| 7 | *Rebecca Kamau     | 20 | Unattached        | 2:14.61 Y   |

**Heat 3 of 3 Prelims**

|   |                        |    |                  |             |
|---|------------------------|----|------------------|-------------|
| 1 | Mary Martin            | 17 | Greater Des Moin | 2:16.34 Y B |
| 2 | *Hannah Brunzell       | 18 | Unattached       | 2:30.68     |
| 3 | *Laura Morley          | 23 | Bahamas          | 2:27.83     |
| 4 | Annie Lazar            | 25 | Mission Viejo Na | 2:20.77     |
| 5 | *Kierra Smith          | 26 | Scarborough      | 2:23.62     |
| 6 | Esther Gonzalez Medina | 24 | Una AGS          | 2:28.89     |
| 7 | Reese Dehen            | 17 | Great Wolf Swim  | 2:36.70     |

**Event 24 Men 200 LC Meter Breaststroke**

|                   |                |                  |                      |
|-------------------|----------------|------------------|----------------------|
| <b>World:</b>     | <b>2:06.12</b> | <b>7/26/2019</b> | <b>Anton Chupkov</b> |
| <b>American:</b>  | <b>2:07.17</b> | <b>6/30/2016</b> | <b>Josh Prenot</b>   |
| <b>U.S. Open:</b> | <b>2:07.17</b> | <b>6/30/2016</b> | <b>Josh Prenot</b>   |
| <b>Jr World:</b>  | <b>2:07.35</b> | <b>9/1/2017</b>  | <b>Qin Haiyang</b>   |
| <b>Pro Swim:</b>  | <b>2:08.95</b> | <b>2018</b>      | <b>Andrew Wilson</b> |
| <b>Trial Cut:</b> | <b>2:17.89</b> |                  |                      |

| Lane | Name | Age | Team | Seed Time |
|------|------|-----|------|-----------|
|------|------|-----|------|-----------|

**Heat 1 of 3 Prelims**

|   |                      |    |                  |         |
|---|----------------------|----|------------------|---------|
| 1 | Alex Brehm           | 17 | Lakeside Swim Te | 2:18.85 |
| 2 | *Tyler Christianson  | 18 | Naval Academy Aq | 2:15.79 |
| 3 | *Mauro Castillo Luna | 24 | Aggie Swim Club  | 2:12.13 |
| 4 | Cody Miller          | 28 | Sandpipers Of Ne | 2:08.98 |
| 5 | Jonathan Tybur       | 23 | Aggie Swim Club  | 2:10.55 |
| 6 | Conner McHugh        | 24 | Unattached       | 2:13.81 |
| 7 | Scooter Iida         | 17 | Glenbrook Swim C | 2:17.96 |

**Heat 2 of 3 Prelims**

|   |                   |    |                          |         |
|---|-------------------|----|--------------------------|---------|
| 1 | Justin Winnett    | 24 | Indiana Swim Clu         | 2:18.69 |
| 2 | *Youssef Elkamash | 24 | Egypt                    | 2:14.83 |
| 3 | Brandon Fischer   | 31 | Livermore Aqua C         | 2:11.91 |
| 4 | Nic Fink          | 26 | Athens Bulldog S/Georgia | 2:08.16 |
| 5 | Chase Kalisz      | 25 | Athens Bulldog S/Georgia | 2:09.90 |
| 6 | *Miguel Chavez    | 25 | Team Elite               | 2:13.76 |
| 7 | Ben Cono          | 23 | Gamecock Aquatic         | 2:17.93 |
| 8 | James Doromal     | 17 | NWDupage YMCA /          | 2:22.33 |

**Heat 3 of 3 Prelims**

|   |                   |    |                           |         |
|---|-------------------|----|---------------------------|---------|
| 1 | Kyle Barker       | 19 | Kentucky Aquatic          | 2:18.33 |
| 2 | *Jonathan Rutter  | 23 | Una PRVT                  | 2:14.35 |
| 3 | *Carlos Claverie  | 23 | Cardinal Aquatic/VEN/UofL | 2:11.71 |
| 4 | Andrew Wilson     | 26 | Athens Bulldog S          | 2:07.77 |
| 5 | Kevin Cordes      | 26 | Athens Bulldog S          | 2:09.58 |
| 6 | Nick Zito         | 25 | FMC Aquatic               | 2:13.17 |
| 7 | *Nils Wich-Glasen | 25 | Una GAME                  | 2:15.87 |
| 8 | Grant House       | 21 | Sun Devil Swimmi          | 2:21.87 |

**Event 25 Women 200 LC Meter IM**

|                   |                |                  |                       |
|-------------------|----------------|------------------|-----------------------|
| <b>World:</b>     | <b>2:06.12</b> | <b>8/3/2015</b>  | <b>Katinka Hosszu</b> |
| <b>American:</b>  | <b>2:06.15</b> | <b>7/27/2009</b> | <b>Ariana Kukors</b>  |
| <b>U.S. Open:</b> | <b>2:08.32</b> | <b>7/29/2018</b> | <b>Kathleen Baker</b> |
| <b>Jr World:</b>  | <b>2:09.94</b> | <b>6/9/2019</b>  | <b>Kaylee McKeown</b> |
| <b>Pro Swim:</b>  | <b>2:08.66</b> | <b>2015</b>      | <b>Katinka Hosszu</b> |
| <b>Trial Cut:</b> | <b>2:17.39</b> |                  |                       |

| Lane | Name | Age | Team | Seed Time |
|------|------|-----|------|-----------|
|------|------|-----|------|-----------|

**Heat 1 of 3 Prelims**

|   |                          |    |                 |             |
|---|--------------------------|----|-----------------|-------------|
| 1 | Regan Smith              | 18 | Riptide         | 2:20.18     |
| 2 | *Ilektra Lebl            | 21 | Unattached      | 2:17.41     |
| 3 | *Monika Gonzalez-Hermosi | 24 | Aggie Swim Club | 2:14.16     |
| 4 | Justina Kozan            | 16 | Brea Aquatics   | 2:11.55     |
| 5 | Bethany Galat            | 24 | Aggie Swim Club | 2:12.64     |
| 6 | *Mckenna Debever         | 23 | Aggie Swim Club | 2:15.48     |
| 7 | *Laura Morley            | 23 | Bahamas         | 2:18.54     |
| 8 | Reese Dehen              | 17 | Great Wolf Swim | 2:21.87 L B |

**Heat 2 of 3 Prelims**

|   |                 |    |                  |             |
|---|-----------------|----|------------------|-------------|
| 1 | Annabel Crush   | 17 | Lakeside Swim Te | 2:20.16     |
| 2 | Ally McHugh     | 22 | Wisconsin Aquati | 2:16.59     |
| 3 | Lisa Bratton    | 23 | Aggie Swim Club  | 2:14.07     |
| 4 | Madisyn Cox     | 24 | Longhorn Aquatic | 2:09.88     |
| 5 | Hali Flickinger | 25 | Sun Devil Swimmi | 2:12.62     |
| 6 | Leah Smith      | 24 | Tucson Ford Deal | 2:14.34     |
| 7 | Claire Donan    | 18 | Lakeside Swim Te | 2:17.92     |
| 8 | Megan Hutchins  | 14 | Riptide          | 2:21.50 L B |

**Heat 3 of 3 Prelims**

|   |                  |    |                          |             |
|---|------------------|----|--------------------------|-------------|
| 1 | Emily Lenihan    | 17 | Lakeside Swim Te         | 2:18.97     |
| 2 | Katie McLaughlin | 22 | California Aquat         | 2:15.57     |
| 3 | Meaghan Raab     | 23 | Nashville Aquati/Georgia | 2:13.33     |
| 4 | Melanie Margalis | 28 | Saint Petersburg/Georgia | 2:08.84     |
| 5 | Emma Barksdale   | 22 | Gamecock Aquatic         | 2:11.97     |
| 6 | Megan Kingsley   | 23 | Athens Bulldog S/Georgia | 2:14.31     |
| 7 | *Jamie Yeung     | 22 | Club Wolverine/HK        | 2:17.48     |
| 8 | Mariah Denigan   | 16 | Lakeside Swim Te         | 2:19.88 L B |



## 2019-20 -TYR Pro Swim Series #3 Des Moines - 3/4/2020 to 3/7/2020

## Meet Program - Saturday Prelims

## Event 26 Men 200 LC Meter IM

|                   |         |           |                |
|-------------------|---------|-----------|----------------|
| <b>World:</b>     | 1:54.00 | 7/28/2011 | Ryan Lochte    |
| <b>American:</b>  | 1:54.00 | 7/28/2011 | Ryan Lochte    |
| <b>U.S. Open:</b> | 1:54.56 | 7/10/2009 | Ryan Lochte    |
| <b>Jr World:</b>  | 1:57.06 | 7/27/2017 | Qin Haiyang    |
| <b>Pro Swim:</b>  | 1:56.32 | 2012      | Michael Phelps |
| <b>Trial Cut:</b> | 2:04.09 |           |                |

| Lane                       | Name                | Age | Team                      | Seed Time   |
|----------------------------|---------------------|-----|---------------------------|-------------|
| <b>Heat 1 of 4 Prelims</b> |                     |     |                           |             |
| 2                          | Allen Dempster      | 18  | Unattached                | 1:51.57 Y B |
| 3                          | Zach Harting        | 22  | Cardinal Aquatic/HSA/UofL | 2:08.33 L B |
| 4                          | Jack Saunderson     | 22  | Towson Universit          | 1:44.97 Y   |
| 5                          | Vincent Cheng       | 17  | Brea Aquatics             | 1:48.54 Y   |
| 6                          | James Doromal       | 17  | NWDupage YMCA /           | 2:08.80 L B |
| 7                          | Samuel Bork         | 16  | Mid Wisconsin Wa          | 1:51.63 Y B |
| <b>Heat 2 of 4 Prelims</b> |                     |     |                           |             |
| 1                          | Holden Smith        | 16  | Race Pace Club -          | 2:07.57     |
| 2                          | *Tyler Christianson | 18  | Naval Academy Aq          | 2:03.16     |
| 3                          | John Shebat         | 23  | New York Athleti          | 1:59.24     |
| 4                          | Michael Andrew      | 20  | Race Pace Club            | 1:57.49     |
| 5                          | Andrew Seliskar     | 23  | California Aquat          | 1:58.23     |
| 6                          | Jacob Pebley        | 26  | Team Elite                | 2:00.14     |
| 7                          | *Emils Pone         | 22  | Unattached                | 2:05.34     |
| 8                          | Jack Anderson       | 16  | Lakeside Swim Te          | 2:08.05     |
| <b>Heat 3 of 4 Prelims</b> |                     |     |                           |             |
| 1                          | Scotter Iida        | 17  | Glenbrook Swim C          | 2:07.43     |
| 2                          | *Hsing-Hao Wang     | 20  | Team Elite                | 2:02.33     |
| 3                          | Jay Litherland      | 24  | Dynamo Swim Club          | 1:58.97     |
| 4                          | Abraham DeVine      | 23  | Team Elite                | 1:57.41     |
| 5                          | *Vini Lanza         | 22  | Mission Viejo Na          | 1:58.10     |
| 6                          | Grant House         | 21  | Sun Devil Swimmi          | 2:00.05     |
| 7                          | *Brian Palaschuk    | 22  | Regina Optimist           | 2:03.80     |
| 8                          | Nick Zito           | 25  | FMC Aquatic               | 2:07.97     |
| <b>Heat 4 of 4 Prelims</b> |                     |     |                           |             |
| 1                          | Kyle Barker         | 19  | Kentucky Aquatic          | 2:06.07     |
| 2                          | *Jacob Heidtmann    | 25  | Team Elite                | 2:01.39     |
| 3                          | Gunnar Bentz        | 24  | Dynamo Swim Club          | 1:58.23     |
| 4                          | Chase Kalisz        | 25  | Athens Bulldog S/Georgia  | 1:55.40     |
| 5                          | Ryan Lochte         | 35  | Gator Swim Club           | 1:57.76     |
| 6                          | Caeleb Dressel      | 23  | Gator Swim Club           | 1:59.97     |
| 7                          | *Keanan Dols        | 21  | Gator Swim Club           | 2:03.66     |
| 8                          | Conner Kang         | 18  | Lakeside Swim Te          | 2:07.83     |

## Event 27 Women 50 LC Meter Freestyle

|                   |       |           |                |
|-------------------|-------|-----------|----------------|
| <b>World:</b>     | 23.67 | 7/29/2017 | Sarah Sjostrom |
| <b>American:</b>  | 23.97 | 7/30/2017 | Simone Manuel  |
| <b>U.S. Open:</b> | 24.08 | 6/1/2019  | Pernille Blume |
| <b>Jr World:</b>  | 24.21 | 4/3/2018  | Rikako Ikee    |
| <b>Pro Swim:</b>  | 24.17 | 2016      | Sarah Sjostrom |
| <b>Trial Cut:</b> | 25.99 |           |                |

| Lane                       | Name                   | Age | Team                       | Seed Time |
|----------------------------|------------------------|-----|----------------------------|-----------|
| <b>Heat 1 of 6 Prelims</b> |                        |     |                            |           |
| 2                          | Jasmine Hellmer        | 20  | Unattached                 | 23.27 Y B |
| 3                          | Rachel Bernhardt       | 24  | Gamecock Aquatic           | 26.97 L B |
| 4                          | *Athena Meneses Kovacs | 15  | Desert Dragons             | 26.61 L B |
| 5                          | Grace Frericks         | 16  | Black Hawk Area            | 26.80 L B |
| 6                          | Krista Wheeler         | 17  | Cardinal Aquatic           | 23.23 Y B |
| <b>Heat 2 of 6 Prelims</b> |                        |     |                            |           |
| 1                          | *Lauren Hew            | 20  | Cayman Islands             | 26.59     |
| 2                          | Marly Lough            | 16  | Brea Aquatics              | 26.55     |
| 3                          | Ella Welch             | 16  | Cardinal Aquatic           | 26.15     |
| 4                          | Katie Morris           | 16  | NWDupage YMCA /            | 26.10     |
| 5                          | *Fanny Teijonsalo      | 24  | Sun Devil Swimmi           | 26.13     |
| 6                          | Annabel Crush          | 17  | Lakeside Swim Te           | 26.25     |
| 7                          | Abigail Kapeller       | 16  | Riptide                    | 26.59     |
| 8                          | Justina Kozan          | 16  | Brea Aquatics              | 26.20 L B |
| <b>Heat 3 of 6 Prelims</b> |                        |     |                            |           |
| 1                          | Pyper Doo              | 17  | North Suburban A           | 26.02     |
| 2                          | Allison Schmitt        | 29  | Sun Devil Swimmi           | 25.96     |
| 3                          | Gabi Albiero           | 18  | Cardinal Aquatic           | 25.91     |
| 4                          | Gabby DeLoof           | 23  | Team Elite/NYAC            | 25.84     |
| 5                          | *Remedy Rule           | 23  | Longhorn Aquatic           | 25.89     |
| 6                          | Madison Hall           | 17  | Great Wolf Swim            | 25.93     |
| 7                          | Madeline Banic         | 22  | Tennessee Aquati           | 26.01     |
| 8                          | *Camille Cheng         | 26  | Pinnacle Racing/HK         | 26.02     |
| <b>Heat 4 of 6 Prelims</b> |                        |     |                            |           |
| 1                          | *Bella Hindley         | 23  | Tennessee Aquati           | 25.39     |
| 2                          | Katie McLaughlin       | 22  | California Aquat           | 25.19     |
| 3                          | Beryl Gastaldello      | 25  | Unattached                 | 24.91     |
| 4                          | *Katarzyna Wasick      | 27  | Una TRA                    | 24.73     |
| 5                          | Olivia Smoliga         | 25  | Athens Bulldog S/Georgia   | 24.83     |
| 6                          | Catie DeLoof           | 23  | Team Elite/NYAC            | 24.99     |
| 7                          | Linnea Mack            | 24  | Una OAQ                    | 25.35     |
| 8                          | Jasmine Rumley         | 18  | Greater Des Moin           | 25.73     |
| <b>Heat 5 of 6 Prelims</b> |                        |     |                            |           |
| 1                          | Cherelle Thompson      | 27  | Eagles Aquatics            | 25.39     |
| 2                          | Natalie Hinds          | 26  | Athens Bulldog S           | 25.02     |
| 3                          | Madison Kennedy        | 32  | SwimMAC Carolina           | 24.87     |
| 4                          | Margo Geer             | 27  | Mission Viejo Na           | 24.72     |
| 5                          | *Farida Osman          | 25  | Pinnacle Racing            | 24.83     |
| 6                          | Kelsi Dahlia           | 25  | Cardinal Aquatic/Univ Loui | 24.99     |
| 7                          | Kendyl Stewart         | 25  | Team Elite                 | 25.33     |
| 8                          | Janelle Rudolph        | 17  | King Aquatic Clu           | 25.72     |



## 2019-20 -TYR Pro Swim Series #3 Des Moines - 3/4/2020 to 3/7/2020

## Meet Program - Saturday Prelims

**Heat 6 Prelims (#27 Women 50 LC Meter Freestyle)**

|   |                   |    |                            |       |
|---|-------------------|----|----------------------------|-------|
| 1 | *Andi Murez       | 28 | Team Elite                 | 25.36 |
| 2 | Lia Neal          | 25 | Team Elite                 | 25.00 |
| 3 | *Siobhan Haughey  | 22 | Club Wolverine/HK          | 24.85 |
| 4 | Simone Manuel     | 23 | Alto Swim Club             | 24.05 |
| 5 | Mallory Comerford | 22 | Cardinal Aquatic/Univ Loui | 24.80 |
| 6 | Aly Tetzloff      | 22 | Unattached                 | 24.97 |
| 7 | Amanda Kendall    | 29 | Mission Viejo Na           | 25.30 |
| 8 | Ali DeLoof        | 25 | Team Elite/NYAC            | 25.60 |

**Event 28 Men 50 LC Meter Freestyle**

|                   |              |                   |                           |
|-------------------|--------------|-------------------|---------------------------|
| <b>World:</b>     | <b>20.91</b> | <b>12/18/2009</b> | <b>Cesar Cielo Filho</b>  |
| <b>American:</b>  | <b>21.04</b> | <b>7/27/2019</b>  | <b>Caeleb Dressel</b>     |
| <b>U.S. Open:</b> | <b>21.14</b> | <b>7/9/2009</b>   | <b>Cesar Cielo</b>        |
| <b>Jr World:</b>  | <b>21.24</b> | <b>12/31/2017</b> | <b>Kliment Kolesnikov</b> |
| <b>Pro Swim:</b>  | <b>21.56</b> | <b>2015</b>       | <b>Nathan Adrian</b>      |
| <b>Trial Cut:</b> | <b>23.19</b> |                   |                           |

**Lane Name Age Team Seed Time****Heat 1 of 6 Prelims**

|   |                 |    |                  |           |
|---|-----------------|----|------------------|-----------|
| 1 | John Hayes      | 16 | Cardinal Aquatic | 24.35 L B |
| 2 | Will Hayon      | 15 | Mid Wisconsin Wa | 24.18 L B |
| 3 | Sean Kao        | 25 | FAST Swim Team   | 20.28 Y   |
| 4 | *Vince Regent   | 27 | Una QU           | 23.92     |
| 5 | Jack Saunderson | 22 | Towson Universit | 23.93     |
| 6 | Samuel Bork     | 16 | Mid Wisconsin Wa | 20.43 Y   |
| 7 | Trent Frandson  | 17 | Central Iowa Aqu | 24.25 L B |

**Heat 2 of 6 Prelims**

|   |                  |    |                  |       |
|---|------------------|----|------------------|-------|
| 1 | Giles Smith      | 28 | Sun Devil Swimmi | 23.80 |
| 2 | Ben Wiegand      | 17 | Sun Prairie Stor | 23.58 |
| 3 | Luke Barr        | 16 | Sarpy County Swi | 23.45 |
| 4 | *Julien Goyetche | 27 | Cardinal Aquatic | 23.36 |
| 5 | *Daniil Antipov  | 22 | Grand Canyon Aqu | 23.42 |
| 6 | William Cole     | 18 | Lakeside Swim Te | 23.52 |
| 7 | *Said Revelez    | 27 | Desert Dragons   | 23.74 |
| 8 | Charlie Bunn     | 18 | Lane Four Aquati | 23.90 |

**Heat 3 of 6 Prelims**

|   |                      |    |                          |       |
|---|----------------------|----|--------------------------|-------|
| 1 | Nick Zito            | 25 | FMC Aquatic              | 23.33 |
| 2 | *Matias Koski        | 25 | Athens Bulldog S/Georgia | 23.06 |
| 3 | Matt Grevers         | 34 | Tucson Ford Deal         | 22.99 |
| 4 | Jeff Newkirk         | 23 | Longhorn Aquatic         | 22.82 |
| 5 | Mikel Schreuders     | 21 | Unattached               | 22.84 |
| 6 | Patrick Park         | 24 | FAST Swim Team           | 23.02 |
| 7 | *Marius Kusch        | 26 | Team Elite               | 23.12 |
| 8 | *Lorenzo Loria Elias | 24 | Desert Dragons           | 23.34 |

**Heat 4 of 6 Prelims**

|   |                  |    |                  |       |
|---|------------------|----|------------------|-------|
| 1 | Nathan Lile      | 25 | Gamecock Aquatic | 22.56 |
| 2 | *Chun Feng Wu    | 29 | Pinnacle Racing  | 22.21 |
| 3 | Robert Howard    | 23 | Mission Viejo Na | 22.00 |
| 4 | *Bradley Tandy   | 28 | Sun Devil Swimmi | 21.78 |
| 5 | Ryan Held        | 24 | New York Athleti | 21.87 |
| 6 | Tate Jackson     | 23 | Longhorn Aquatic | 22.09 |
| 7 | *Ryan Coetzee    | 24 | Tennessee Aquati | 22.39 |
| 8 | *Aaron Greenberg | 25 | Team Elite       | 22.61 |

**Heat 5 of 6 Prelims**

|   |                 |    |                  |       |
|---|-----------------|----|------------------|-------|
| 1 | Jack Conger     | 25 | Cavalier Aquatic | 22.41 |
| 2 | Kyle Decoursey  | 23 | Tennessee Aquati | 22.15 |
| 3 | *Ali Khalafalla | 23 | Mission Viejo Na | 21.97 |
| 4 | Michael Andrew  | 20 | Race Pace Club   | 21.46 |
| 5 | Nathan Adrian   | 31 | California Aquat | 21.85 |
| 6 | Blake Pieroni   | 24 | Sandpipers Of Ne | 22.03 |
| 7 | *Brent Hayden   | 36 | HPC Vancouver    | 22.34 |
| 8 | *Luis Martinez  | 24 | Guatemala        | 22.61 |

**Heat 6 of 6 Prelims**

|   |                       |    |                       |       |
|---|-----------------------|----|-----------------------|-------|
| 1 | *Artyom Machekin      | 29 | Team Elite            | 22.41 |
| 2 | Erik Risolvato        | 26 | Athletes In Acti      | 22.13 |
| 3 | Michael Chadwick      | 24 | Team Elite            | 21.95 |
| 4 | Caeleb Dressel        | 23 | Gator Swim Club       | 21.04 |
| 5 | Zach Apple            | 22 | Mission Viejo Na      | 21.81 |
| 6 | Bowe Becker           | 22 | Sandpipers Of Ne      | 22.00 |
| 7 | Dean Farris           | 22 | Harvard Swimming/TXLA | 22.32 |
| 8 | *Enzo Martinez Scarpe | 25 | Gator Swim Club       | 22.60 |

**Event 19 / 20 Women / Men 800 Free**

|                     |                |                  |                        |
|---------------------|----------------|------------------|------------------------|
| <b>W World:</b>     | <b>8:04.79</b> | <b>8/7/2016</b>  | <b>Katie Ledecky</b>   |
| <b>W American:</b>  | <b>8:04.79</b> | <b>8/7/2016</b>  | <b>Katie Ledecky</b>   |
| <b>W U.S. Open:</b> | <b>8:06.68</b> | <b>1/17/2016</b> | <b>Katie Ledecky</b>   |
| <b>W Jr World:</b>  | <b>8:11.00</b> | <b>6/22/2014</b> | <b>Katie Ledecky</b>   |
| <b>W Pro Swim:</b>  | <b>8:06.68</b> | <b>2016</b>      | <b>Katie Ledecky</b>   |
| <b>W Trial Cut:</b> | <b>8:48.09</b> |                  |                        |
| <b>M World:</b>     | <b>7:32.12</b> | <b>7/29/2009</b> | <b>Lin Zhang</b>       |
| <b>M American:</b>  | <b>7:43.60</b> | <b>7/31/2013</b> | <b>Michael McBroom</b> |
| <b>M U.S. Open:</b> | <b>7:44.57</b> | <b>7/29/2018</b> | <b>Zane Grothe</b>     |
| <b>M Jr World:</b>  | <b>7:45.67</b> | <b>8/28/2013</b> | <b>Mack Horton</b>     |

**Lane Name Age Team Seed Time****Heat 1 (Heat 1 Women 800 Free) Swimming with Finals**

|   |                        |    |                  |         |
|---|------------------------|----|------------------|---------|
| 1 | *Maria Jose Mata Cocco | 25 | Club Libanes     | 8:50.37 |
| 2 | *Kristel Kobrich       | 34 | Chile            | 8:34.13 |
| 3 | Hali Flickinger        | 25 | Sun Devil Swimmi | 8:29.96 |
| 4 | Leah Smith             | 24 | Tucson Ford Deal | 8:16.33 |
| 5 | Mariah Denigan         | 16 | Lakeside Swim Te | 8:28.15 |
| 6 | Kaersten Meitz         | 24 | Boilermaker Aqua | 8:31.52 |
| 7 | Allison Schmitt        | 29 | Sun Devil Swimmi | 8:46.78 |
| 8 | Elise Bauer            | 17 | Central Florida  | 8:51.38 |



## 2019-20 -TYR Pro Swim Series #3 Des Moines - 3/4/2020 to 3/7/2020

## Meet Program - Saturday Prelims

**Heat 2 (Heat 1 Men 800 Free) Swimming with Finals (#19 / 20)**

|   |                   |    |                  |         |
|---|-------------------|----|------------------|---------|
| 1 | Arik Katz         | 18 | Sarasota Tsunami | 7:57.23 |
| 2 | True Sweetser     | 22 | Gator Swim Club  | 7:56.08 |
| 3 | Nick Norman       | 22 | California Aquat | 7:54.47 |
| 4 | Zane Grothe       | 27 | Boulder City Hen | 7:43.74 |
| 5 | Jordan Wilimovsky | 25 | Team Santa Monic | 7:45.19 |
| 6 | *Marwan El Kamash | 26 | Indiana Swim Clu | 7:55.75 |
| 7 | *Akaram Mahmoud   | 23 | Wolfpack Elite   | 7:57.13 |
| 8 | Mitch D'Arrigo    | 24 | Gator Swim Club  | 7:59.61 |

**Heat 3 (Heat 2 Women 800 Free)**

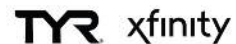
|   |                  |    |                  |         |
|---|------------------|----|------------------|---------|
| 3 | Aurora Roghair   | 16 | Iowa Flyers Swim | 8:58.42 |
| 4 | Geena Freriks    | 23 | Kentucky Aquatic | 8:46.43 |
| 5 | Danielle Nowaski | 19 | Unattached       | 8:56.90 |

**Heat 4 (Heat 2 Men 800 Free)**

|   |                 |    |                            |         |
|---|-----------------|----|----------------------------|---------|
| 2 | Dylan Moffatt   | 17 | Linn-Mar Swim Te           | 8:13.52 |
| 3 | Gordon Mason    | 20 | Team Santa Monic           | 8:09.31 |
| 4 | *Marcelo Acosta | 23 | Cardinal Aquatic/Azura/Uof | 7:59.17 |
| 5 | Chris Wieser    | 24 | DART Swimming              | 8:01.98 |
| 6 | Sam Rice        | 23 | Tennessee Aquati           | 8:11.81 |
| 7 | Kevin Jackson   | 25 | King Aquatic Clu           | 8:14.78 |

**Heat 5 (Heat 3 Men 800 Free)**

|   |               |    |                  |             |
|---|---------------|----|------------------|-------------|
| 3 | Matthew Chai  | 16 | FAST Swim Team   | 9:15.00 Y B |
| 4 | Chris Nagy    | 17 | Team Elite San D | 8:20.06     |
| 5 | Joshua Miller | 18 | FAST Swim Team   | 8:31.57 L B |

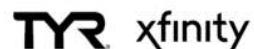


**2020 TYR Pro Swim Series  
Des Moines, IA  
Saturday, March 7, 2020  
Distance Time Line**

|                            |        |                 |
|----------------------------|--------|-----------------|
| Event #19 Women's 800 Free | Heat 2 | 11:01 AM        |
| Event #20 Men's 800 Free   | Heat 2 | 11:10 AM        |
| Event #20 Men's 800 Free   | Heat 3 | 11:18 AM        |
| <b>End of Session</b>      | Heat 3 | <b>11:27 AM</b> |

**\*\*\*800 Freestyles swim fastest to slowest, alternating Women and Men\*\*\***

**\*\*\*Fastest heat of Women and Men 800 Freestyles swims with Finals\*\*\***





**2020 TYR Pro Swim Series  
Des Moines, IA  
Saturday, March 7, 2020  
Finals Time Line**

|   |                    |              |                |
|---|--------------------|--------------|----------------|
| <b><i>National Anthem</i></b>                       |                    |              | 6:23 PM        |
| Event #19   | Women's 800 Free   | Heat 1       | 6:30 PM        |
| Event #20   | Men's 800 Free     | Heat 1       | 6:39 PM        |
| Event #21   | Women's 100 Back   | Consolation  | 6:47 PM        |
|   |                    | Championship | 6:51 PM        |
| Event #22   | Men's 100 Back     | Consolation  | 6:56 PM        |
|   |                    | Championship | 6:59 PM        |
| Event #23   | Women's 200 Breast | Consolation  | 7:04 PM        |
|   |                    | Championship | 7:09 PM        |
| Event #24   | Men's 200 Breast   | Consolation  | 7:15 PM        |
|   |                    | Championship | 7:20 PM        |
| Event #25   | Women's 200 IM     | Consolation  | 7:25 PM        |
|   |                    | Championship | 7:30 PM        |
| Event #26   | Men's 200 IM       | Consolation  | 7:35 PM        |
|   |                    | Championship | 7:40 PM        |
| Event #27   | Women's 50 Free    | Consolation  | 7:45 PM        |
|   |                    | Championship | 7:48 PM        |
| Event #28   | Men's 50 Free      | Consolation  | 7:52 PM        |
|   |                    | Championship | 7:55 PM        |
| <b><i>End of Consolations and Championships</i></b> |                    |              | <b>7:58 PM</b> |
| <b><i>BREAK (5 min)</i></b>                         |                    |              | 7:58 PM        |
| Event #21   | Women's 100 Back   | C Final      | 8:03 PM        |
|   |                    | D Final      | 8:05 PM        |
| Event #22   | Men's 100 Back     | C Final      | 8:07 PM        |
|   |                    | D Final      | 8:08 PM        |
| Event #23   | Women's 200 Breast | C Final      | 8:10 PM        |
|   |                    | D Final      | 8:13 PM        |
| Event #24   | Men's 200 Breast   | C Final      | 8:16 PM        |
|   |                    | D Final      | 8:19 PM        |
| Event #25   | Women's 200 IM     | C Final      | 8:22 PM        |
|   |                    | D Final      | 8:24 PM        |
| Event #26   | Men's 200 IM       | C Final      | 8:27 PM        |
|   |                    | D Final      | 8:30 PM        |
| Event #27   | Women's 50 Free    | C Final      | 8:32 PM        |
|   |                    | D Final      | 8:33 PM        |
| Event #28   | Men's 50 Free      | C Final      | 8:34 PM        |
|   |                    | D Final      | 8:35 PM        |
| <b><i>End of Session</i></b>                        |                    |              | <b>8:36 PM</b> |

