

2019 Phillips 66 National Championships

Wednesday, July 31 - Sunday, August 4

Avery Aquatic Center, Stanford, CA

Sunday Finals

| Event | Start |
|------------------------------------|--|
| Competition Pool Clears | 4:45 PM |
| National Anthem | 4:50 PM |
| 18 & Under Awards | |
| 27 Women 1500 Freestyle | Fastest Heat 5:00 PM 1500 Freestyle Awards 5:22 PM |
| 28 Women 200 Individual Medley | B Final 5:24 PM A Final 5:29 PM |
| 29 Men 200 Individual Medley | B Final 5:37 PM A Final 5:41 PM 200 Individual Medley Awards 5:49 PM |
| 30 Men 800 Freestyle | Fastest Heat 5:55 PM 800 Freestyle Awards 6:09 PM |
| 31 Women 50 Freestyle | B Final 6:12 PM A Final 6:14 PM |
| 32 Men 50 Freestyle | B Final 6:20 PM A Final 6:23 PM 50 Freestyle Awards 6:29 PM |
| 18 & Under Awards | 6:35 PM |
| Individual High Point Awards | |
| Phillips 66 Performance Award | |
| Relay Break | 6:38 PM |
| 33 Women 4x100 Medley Relay | Second Fastest Heat 6:48 PM Fastest Heat 6:53 PM |
| 34 Men 4x100 Medley Relay | Second Fastest Heat 6:58 PM Fastest Heat 7:03 PM |
| 33/34 Women/Men 4x100 Medley Relay | Three Remaining Heats 7:08 PM 4x100 Medley Relay Awards 7:23 PM |
| 28 Women 200 Individual Medley | C Final 7:29 PM D Final 7:32 PM |
| 29 Men 200 Individual Medley | C Final 7:34 PM D Final 7:37 PM |
| 31 Women 50 Freestyle | C Final 7:40 PM D Final 7:41 PM |
| 32 Men 50 Freestyle | C Final 7:42 PM D Final 7:43 PM |
| Team Awards | 7:48 PM |
| End of Session | 7:58 PM |

* Tonight's Relay Cards are due by 5:30 PM *

** Thanks for coming! Have a safe journey home! **



MARRIOTT
BONVOY



Neptune-Benson
DIVOQUA



TYR xfinity

2019 Phillips 66 National Champs - 7/31/2019 to 8/4/2019

Meet Program - Sunday Finals

Event 27 Women 1500 LC Meter Freestyle

World:15:20.48 5/17/2018 Katie Ledecy
 American:15:20.48 5/17/2018 Katie Ledecy
 U.S. Open:15:20.48 5/17/2018 Katie Ledecy
 Jr World:15:28.36 8/24/2014 Katie Ledecy
 LC Nationals:15:47.15 6/29/2013 Katie Ledecy
 Trial Cut:16:49.19

| Lane Name | Age | Team | Seed Time |
|-----------|-----|------|-----------|
|-----------|-----|------|-----------|

Heat 4 of 4 Finals

| | | | | |
|---|-----------------|----|-------------------------|----------|
| 1 | Cassy Jernberg | 21 | Schroeder YMCA S | 16:29.68 |
| 2 | Chase Travis | 17 | Nation's Capital | 16:21.66 |
| 3 | Sierra Schmidt | 21 | Univ. Of Michiga | 16:31.85 |
| 4 | Ally McHugh | 22 | Wisconsin Aquati | 16:02.56 |
| 5 | Hannah Moore | 22 | Wolfpack Elite/NC State | 16:11.42 |
| 6 | Molly Kowal | 21 | Ohio State Unive | 16:20.94 |
| 7 | Amanda Nunan | 20 | Tennessee Aquati | 16:29.50 |
| 8 | Kensley McMahon | 19 | Univ Alabama Swi | 16:31.39 |

Event 28 Women 200 LC Meter IM

World: 2:06.12 8/3/2015 Katinka Hosszu
 American: 2:06.15 7/27/2009 Ariana Kukors
 U.S. Open: 2:08.32 7/29/2018 Kathleen Baker
 Jr World: 2:09.98 1/29/2017 Rikako Ikee
 LC Nationals: 2:08.32 7/29/2018 Kathleen Baker
 Trial Cut: 2:17.39

| Lane Name | Age | Team | Prelims |
|-----------|-----|------|---------|
|-----------|-----|------|---------|

Heat 1 B - Final

| | | | | |
|---|---------------------|----|--------------------------|---------|
| 1 | Danielle Dellatorre | 20 | Athens Bulldog S/Georgia | 2:15.78 |
| 2 | Asia Seidt | 21 | Kentucky Aquatic | 2:15.75 |
| 3 | Grace Sheble | 16 | NOVA of Virginia | 2:15.49 |
| 4 | Kelly Pash | 18 | Carmel Swim Club | 2:15.12 |
| 5 | Beata Nelson | 20 | Wisconsin Aquati | 2:15.41 |
| 6 | Megan Kingsley | 23 | Athens Bulldog S/Georgia | 2:15.56 |
| 7 | Kelly Fertel | 21 | Gator Swim Club/FLORIDA | 2:15.76 |
| 8 | Callie Dickinson | 19 | Athens Bulldog S/Georgia | 2:15.78 |

Heat 2 A - Final

| | | | | |
|---|-------------------|----|-----------------------------|---------|
| 1 | Justina Koza | 15 | Brea Aquatics | 2:14.90 |
| 2 | Vanessa Pearl | 19 | Metroplex Aquati | 2:14.44 |
| 3 | *Calypso Sheridan | 19 | NASA Wildcat Aqu | 2:14.00 |
| 4 | Madisyn Cox | 24 | Longhorn Aquatic | 2:11.37 |
| 5 | Julia Poole | 20 | Marlins of Raleigh/NC State | 2:13.02 |
| 6 | *Hannah Miley | 29 | Scotland | 2:14.04 |
| 7 | Emma Barksdale | 21 | Gamecock Aquatic | 2:14.65 |
| 8 | Evie Pfeifer | 20 | Longhorn Aquatic/Texas | 2:15.04 |

Event 29 Men 200 LC Meter IM

World: 1:54.00 7/28/2011 Ryan Lochte
 American: 1:54.00 7/28/2011 Ryan Lochte
 U.S. Open: 1:54.56 7/10/2009 Ryan Lochte
 Jr World: 1:57.06 7/27/2017 Qin Haiyang
 LC Nationals: 1:54.56 7/10/2009 Ryan Lochte
 Trial Cut: 2:04.09

| Lane Name | Age | Team | Prelims |
|-----------|-----|------|---------|
|-----------|-----|------|---------|

Heat 1 B - Final

| | | | | |
|---|------------------|----|-----------------------------|---------|
| 1 | Raunak Khosla | 19 | Dynamo Swim Club | 2:02.23 |
| 2 | Braden Vines | 19 | Texas/COM | 2:01.96 |
| 3 | *Samy Helmbacher | 20 | France | 2:01.61 |
| 4 | Carson Foster | 17 | Mason Manta Rays | 2:00.98 |
| 5 | *Mark Szaranek | 23 | U. of Stirling | 2:01.49 |
| 6 | Rob Zofchak | 21 | Univ. Of Michiga/Club World | 2:01.69 |
| 7 | Danny Kovac | 19 | U. of Missouri | 2:02.14 |
| 8 | Daniel Gloude | 22 | Ohio State Unive | 2:02.45 |

Heat 2 A - Final

| | | | | |
|---|------------------|----|---------------------------|---------|
| 1 | Tommy Cope | 21 | Univ. Of Michiga/DR | 2:00.69 |
| 2 | Shaine Casas | 19 | Aggie Swim Club/Texas A&M | 2:00.40 |
| 3 | Jake Foster | 18 | Mason Manta Rays | 2:00.30 |
| 4 | Ryan Lochte | 34 | Gator Swim Club | 1:58.77 |
| 5 | John Shebat | 22 | New York Athleti | 1:59.97 |
| 6 | Grant Sanders | 21 | Saint Petersburg | 2:00.31 |
| 7 | Kieran Smith | 19 | Ridgefield Aquat | 2:00.68 |
| 8 | Matt Willenbring | 19 | Longhorn Aquatic/Texas | 2:00.88 |

Event 30 Men 800 LC Meter Freestyle

World: 7:32.12 7/29/2009 Lin Zhang
 American: 7:43.60 7/31/2013 Michael McBroom
 U.S. Open: 7:44.57 7/29/2018 Zane Grothe
 Jr World: 7:45.67 8/28/2013 Mack Horton
 LC Nationals: 7:44.57 7/29/2018 Zane Grothe
 Trial Cut: 8:12.99

| Lane Name | Age | Team | Seed Time |
|-----------|-----|------|-----------|
|-----------|-----|------|-----------|

Heat 6 of 6 Finals

| | | | | |
|---|--------------------|----|------------------|---------|
| 1 | Michael Brinegar | 19 | Mission Viejo Na | 7:58.79 |
| 2 | Zach Yeadon | 20 | Irish Aquatics | 7:56.32 |
| 3 | *Joris Bouchaut | 24 | France | 7:54.19 |
| 4 | Zane Grothe | 27 | Boulder City Hen | 7:43.74 |
| 5 | Bobby Finke | 19 | Saint Petersburg | 7:51.45 |
| 6 | *Elijah Winnington | 19 | Australia | 7:55.75 |
| 7 | *Johannes Calloni | 19 | Alto Swim Club | 7:56.50 |
| 8 | Ross Dant | 18 | Hickory Foundati | 8:00.51 |



2019 Phillips 66 National Champs - 7/31/2019 to 8/4/2019

Meet Program - Sunday Finals

Event 31 Women 50 LC Meter Freestyle

| | | | |
|----------------------|-------|-----------|----------------|
| World: | 23.67 | 7/29/2017 | Sarah Sjostrom |
| American: | 23.97 | 7/30/2017 | Simone Manuel |
| U.S. Open: | 24.08 | 6/1/2019 | Pernille Blume |
| Jr World: | 24.33 | 9/16/2017 | Rikako Ikee |
| LC Nationals: | 24.10 | 7/29/2018 | Simone Manuel |
| Trial Cut: | 25.99 | | |

Lane Name Age Team Prelims

Heat 1 B - Final

| | | | | |
|---|----------------|----|-------------------------|-------|
| 1 | Lauren Pitzer | 20 | Alto Swim Club | 25.65 |
| 2 | Torri Huske | 16 | Arlington Aquati | 25.62 |
| 3 | Alyssa Marsh | 21 | Una TE/Duke | 25.61 |
| 4 | Amanda Kendall | 28 | Mission Viejo Na | 25.56 |
| 5 | Anelise Diener | 21 | Longhorn Aquatic/Texas | 25.60 |
| 6 | *Julia Hawkins | 19 | Vic-NSW | 25.61 |
| 7 | Allie Surrency | 21 | Univ Alabama Swi | 25.65 |
| 8 | Kylee Alons | 19 | Wolfpack Elite/NC State | 25.65 |

Heat 2 A - Final

| | | | | |
|---|-----------------|----|-------------------|-------|
| 1 | Maxine Parker | 17 | Chelsea Piers Aq | 25.39 |
| 2 | Catie DeLoof | 22 | Una TE/Team Elite | 25.29 |
| 3 | Natalie Hinds | 25 | Athens Bulldog S | 25.15 |
| 4 | *Anna Santamans | 26 | France | 24.88 |
| 5 | Erika Brown | 20 | Tennessee Aquati | 25.10 |
| 6 | Gretchen Walsh | 16 | Nashville Aquati | 25.17 |
| 7 | Grace Cooper | 17 | Delta Aquatics | 25.33 |
| 8 | Aly Tetzloff | 22 | War Eagle Swimmi | 25.49 |

Event 32 Men 50 LC Meter Freestyle

| | | | |
|----------------------|-------|------------|--------------------------------|
| World: | 20.91 | 12/18/2009 | Cesar Cielo Filho |
| American: | 21.04 | 7/27/2019 | Caeleb Dressel |
| U.S. Open: | 21.14 | 7/9/2009 | Cesar Cielo |
| Jr World: | 21.75 | 8/25/2017 | Michael Andrew |
| LC Nationals: | 21.47 | 6/29/2013 | Nathan Adrian/Garret WeberGale |
| Trial Cut: | 23.19 | | |

Lane Name Age Team Prelims

Heat 1 B - Final

| | | | | |
|---|---------------------|----|--|-------|
| 1 | Colin Wright | 21 | Tribe Aquatics | 22.63 |
| 2 | *Lewis Burras | 19 | Gamecock Aquatic | 22.59 |
| 3 | Dean Farris | 21 | Harvard Swimming | 22.57 |
| 4 | Adam Chaney | 17 | Mason Manta Rays | 22.57 |
| 5 | Tate Jackson | 22 | Una TXLA/Texas | 22.57 |
| 6 | William Roberson | 19 | Penn State Unive/KATY - 22.58 | 22.58 |
| 7 | Nathan Lile | 25 | Gamecock Aquatic | 22.62 |
| 8 | Mihalis Deliyiannis | 20 | Univ Louisville/Ace | 22.66 |

Heat 2 A - Final

| | | | | |
|---|-----------------|----|---------------------------|-------|
| 1 | Erik Risolvato | 25 | Athletes In Acti | 22.42 |
| 2 | *Jack Thorpe | 25 | Scotland | 22.37 |
| 3 | Robert Howard | 23 | Una MVN | 22.25 |
| 4 | Ryan Held | 24 | New York Athleti | 21.88 |
| 5 | Payton Sorenson | 25 | Brigham Young Un/BYUV | 22.23 |
| 6 | Bowe Becker | 22 | War Eagle Swimmi | 22.36 |
| 7 | David Curtiss | 17 | Hamilton Y Aquat | 22.37 |
| 8 | *Gus Borges | 20 | Univ. Of Michiga/Pinheiro | 22.44 |

Event 33 / 34 Women / Men 4x100 Medley Relay

W World: 3:50.40 7/28/2019 USA World Championship Team

R Smith, L King, K Dahlia, S Manuel

W American: 3:50.40 7/28/2019 USA World Championship Team

K Baker, L King, K Dahlie (Worrell), S Manuel

W U.S. Open: 3:55.23 8/22/2010 USA Pan Pacific Team

N Coughlin, R Soni, D Vollmer, J Hardy

W Jr World: 3:58.38 8/28/2017 Canada

J Hannah, F Knelson, P Oleksiak, T Ruck

W LC Nationals: 4:03.32 8/5/2006 California Aquatics

N Coughlin, J Hardy, E Reilly, E Silver

M World: 3:27.28 8/2/2009 USA Wold Championship Team

A Peirsol, E Shanteau, M Phelps, D Walters

M American: 3:27.28 8/2/2009 USA Wolrd Championship Team

A Peirsol, E Shanteau, M Phelps, D Walters

M U.S. Open: 3:32.48 8/18/2010 USA Pan Pacific Team

A Peirsol, M Gangloff, M Phelps, N Adrian

M Jr World: 3:35.17 10/10/2018 Russia

K Kolesnikov, V Gerasimenko, A Minakov, D Markov

M LC Nationals: 3:33.70 8/8/2011 SwimMac Carolina

N Thoman, K Swander, T Phillips, D Tarwater

Lane Team Relay Seed Time

Heat 1 (Heat 1 Women 4x100 Medley Relay)

| | | | |
|---|------------------|---|---------|
| 1 | Palo Alto Stanfo | A | 4:13.15 |
| 2 | Gator Swim Club | A | 4:12.04 |
| 3 | Vic-NSW | B | 4:10.50 |
| 4 | Aggie Swim Club | A | 4:09.09 |
| 5 | Wisconsin Aquati | A | 4:09.24 |
| 6 | Penn State Unive | A | 4:11.44 |
| 7 | Clovis Swim Club | A | 4:12.88 |
| 8 | Metroplex Aquati | A | 4:13.85 |

Heat 2 (Heat 2 Women 4x100 Medley Relay)

| | | | |
|---|------------------|---|---------|
| 1 | NASA Wildcat Aqu | A | 4:08.12 |
| 2 | California Aquat | A | 4:07.19 |



2019 Phillips 66 National Champs - 7/31/2019 to 8/4/2019

Meet Program - Sunday Finals

| | | |
|---------------------|---|---------|
| 3 Kentucky Aquatic | A | 4:06.04 |
| 4 Tennessee Aquatic | A | 4:05.54 |
| 5 Alto Swim Club | A | 4:05.54 |
| 6 Indiana Universi | A | 4:06.29 |
| 7 Vic-NSW | A | 4:08.09 |
| 8 Univ Louisville | A | 4:08.27 |

Heat 3 (Heat 1 Men 4x100 Medley Relay)

| | | |
|--------------------|---|---------|
| 1 Univ of Denver H | A | 3:44.56 |
| 2 Irish Aquatics | A | 3:43.93 |
| 3 Tennessee Aquati | A | 3:43.31 |
| 4 Alto Swim Club | A | 3:42.03 |
| 5 Indiana Universi | A | 3:42.18 |
| 6 Wisconsin Aquati | A | 3:43.41 |
| 7 Aggie Swim Club | B | 3:43.94 |
| 8 Tucson Ford Deal | A | 3:44.70 |

Heat 4 (Heat 2 Men 4x100 Medley Relay)

| | | |
|--------------------|---|---------|
| 1 Vic-NSW | A | 3:41.48 |
| 2 U. of Stirling | A | 3:41.31 |
| 3 Aggie Swim Club | A | 3:40.64 |
| 4 Australia | A | 3:33.42 |
| 5 California Aquat | A | 3:37.10 |
| 6 Ohio State Unive | A | 3:41.18 |
| 7 Vic-NSW | B | 3:41.33 |
| 8 Michigan Lakesho | A | 3:41.60 |

Heat 5 (Heat 3 Women 4x100 Medley Relay)

| | | |
|--------------------|---|---------|
| 2 Bluefish Swim Cl | A | 4:16.36 |
| 3 Tucson Ford Deal | A | 4:14.40 |
| 4 Tiger Aquatics | A | 4:14.07 |
| 5 Chelsea Piers Aq | A | 4:14.11 |
| 6 Firestone Akron | A | 4:15.45 |

Heat 6 (Heat 3 Men 4x100 Medley Relay) (#33 / 34)

| | | |
|--------------------|---|---------|
| 1 Univ Louisville | A | 3:47.66 |
| 2 Ravenswood | A | 3:47.48 |
| 3 Kentucky Aquatic | A | 3:46.02 |
| 4 Boilermaker Aqua | A | 3:44.77 |
| 5 Alto Swim Club | B | 3:45.63 |
| 6 Irish Aquatics | B | 3:46.78 |
| 7 SwimAtlanta | A | 3:47.56 |
| 8 Orinda Aquatics | A | 3:48.91 |

Heat 7 (Heat 4 Men 4x100 Medley Relay)

| | | |
|--------------------|---|---------|
| 3 Penn State Unive | A | 3:50.01 |
| 4 NASA Wildcat Aqu | A | 3:49.20 |
| 5 Michigan State U | A | 3:49.81 |

Event 28 Women 200 LC Meter IM

World: 2:06.12 8/3/2015 Katinka Hosszu
 American: 2:06.15 7/27/2009 Ariana Kukors

U.S. Open: 2:08.32 7/29/2018 Kathleen Baker
 Jr World: 2:09.98 1/29/2017 Rikako Ikee
 LC Nationals: 2:08.32 7/29/2018 Kathleen Baker
 Trial Cut: 2:17.39

Lane Name Age Team Prelims**Heat 3 C - Final (#28 Women 200 LC Meter IM)**

| | | | |
|-------------------|----|--------------------|---------|
| 1 Bailey Bonnett | 20 | Kentucky Aquatic | 2:16.60 |
| 2 Olivia Carter | 19 | Enfinity Aquatic | 2:16.42 |
| 3 Bailey Nero | 22 | War Eagle Swimmi | 2:16.27 |
| 4 Zoie Hartman | 18 | Crow Canyon Coun | 2:16.08 |
| 5 Kenisha Liu | 20 | Brea Aquatics/UCLA | 2:16.27 |
| 6 Claire Tuggle | 15 | Clovis Swim Club | 2:16.35 |
| 7 Mackenzie Looze | 19 | Indiana Universi | 2:16.47 |
| 8 Nicole Rozier | 21 | Tiger Aquatics/LSU | 2:16.65 |

Alternates

| | | | |
|------------------|----|------------------|---------|
| 1 Alexis Yager | 20 | Tennessee Aquati | 2:16.69 |
| 2 Miranda Tucker | 22 | Univ. Of Michiga | 2:16.81 |

Heat 4 D - Final

| | | | |
|-------------------|----|---------------------|---------|
| 1 Mia Abruzzo | 16 | Plymouth Whitema | 2:18.29 |
| 2 Zoe Dixon | 15 | NOVA of Virginia | 2:17.32 |
| 3 Emma Weyant | 17 | Sarasota Sharks | 2:17.21 |
| 4 Erin Gemmell | 14 | Nation's Capital | 2:17.10 |
| 5 Samantha Tadder | 16 | Tide Swimming | 2:17.21 |
| 6 Charlotte Hook | 15 | TAC Titans | 2:17.29 |
| 7 Janelle Rudolph | 17 | PRO Swimming | 2:17.47 |
| 8 Lauren Poole | 18 | North Baltimore/KYA | 2:18.30 |

Alternates

| | | | |
|--------------------|----|------------------|---------|
| 1 Kathryn Ackerman | 17 | Michigan Lakesho | 2:18.49 |
| 2 Abby Hay | 18 | Univ Louisville | 2:18.49 |

Event 29 Men 200 LC Meter IM

World: 1:54.00 7/28/2011 Ryan Lochte
 American: 1:54.00 7/28/2011 Ryan Lochte



2019 Phillips 66 National Champs - 7/31/2019 to 8/4/2019**Meet Program - Sunday Finals**

U.S. Open: 1:54.56 7/10/2009 **Ryan Lochte**
Jr World: 1:57.06 7/27/2017 **Qin Haiyang**
LC Nationals: 1:54.56 7/10/2009 **Ryan Lochte**
Trial Cut: 2:04.09

U.S. Open: 24.08 6/1/2019 **Pernille Blume**
Jr World: 24.33 9/16/2017 **Rikako Ikee**
LC Nationals: 24.10 7/29/2018 **Simone Manuel**
Trial Cut: 25.99

| Lane Name | Age | Team | Prelims |
|-------------------------|-----|---------------------------|---------|
| Heat 3 C - Final | | | |
| 1 Casey Storch | 20 | Cavalier Swimmin/Virginia | 2:03.40 |
| 2 Hayden Harlow | 20 | Penn State Unive/NWAA | 2:03.17 |
| 3 Jacob Steele | 20 | Indiana Universi | 2:03.03 |
| 4 Jarrett Jones | 21 | Univ Louisville/Cape Co | 2:02.99 |
| 5 Danny Comforti | 22 | Brentwood Seawol | 2:03.01 |
| 6 *Tomas Elliott | 24 | Ravenswood | 2:03.12 |
| 7 Colter Carman | 20 | Longhorn Aquatic/Texas | 2:03.31 |
| 8 Destin Lasco | 17 | Salvation Army K | 2:03.41 |

Alternates

| | | | |
|------------------|----|------------------|---------|
| 1 Griffin Eiber | 20 | Indiana Universi | 2:03.44 |
| 2 Andrew Koustik | 20 | Longhorn Aquatic | 2:03.48 |

Heat 4 D - Final

| | | | |
|-----------------|----|---------------------|---------|
| 1 Wyatt Davis | 17 | Carmel Swim Club | 2:05.41 |
| 2 Sean Faikish | 17 | North Penn Aquat | 2:05.13 |
| 3 Van Mathias | 18 | Indiana Universi | 2:04.51 |
| 4 Sean Conway | 18 | Nation's Capital | 2:03.75 |
| 5 Rick Mihm | 18 | Allegheny North | 2:03.92 |
| 6 Jason Louser | 18 | Long Island Aqua | 2:05.09 |
| 7 Will Grant | 18 | Heart of Texas A | 2:05.14 |
| 8 Dillon Hillis | 18 | Bolles School Sh/UF | 2:05.51 |

Alternates

| | | | |
|------------------|----|------------------|---------|
| 1 Josh Zuchowski | 15 | Flood Aquatics S | 2:05.58 |
| 2 River Wright | 18 | Bluefish Swim Cl | 2:06.26 |

| Lane Name | Age | Team | Prelims |
|-------------------------|-----|------------------|---------|
| Heat 3 C - Final | | | |
| 1 Kaitlyn Dobler | 17 | The Dolphins Por | 25.69 |
| 2 Bailey Grinter | 20 | Tennessee Aquati | 25.68 |
| 3 *Anouchka Martin | 26 | France | 25.67 |
| 4 Amy Tang | 16 | Unattached | 25.66 |
| 5 Amalie Fackenthal | 19 | Alto Swim Club | 25.67 |
| 6 Linnea Mack | 23 | Osprey Aquatics | 25.68 |
| 7 *Natasha Ramsden | 18 | Vic-NSW | 25.69 |
| 8 Megan Keil | 19 | U. of Missouri | 25.70 |

Alternates

| | | | |
|-------------------|----|------------------|-------|
| 1 Ashley Turak | 18 | Indiana Universi | 25.73 |
| 2 Daria Pyshnenko | 20 | Univ. Of Michiga | 25.79 |

Heat 4 D - Final

| | | | |
|-------------------|----|------------------|-------|
| 1 Katie Mack | 18 | Nation's Capital | 26.02 |
| 2 Claire Curzan | 15 | TAC Titans | 25.95 |
| 3 Emma Wheal | 17 | Western Hills At | 25.83 |
| 4 Ashley Turak | 18 | Indiana Universi | 25.73 |
| 5 Anya Goeders | 18 | Alto Swim Club | 25.80 |
| 6 Lillie Nordmann | 16 | Magnolia Aquatic | 25.86 |
| 7 Gabi Albiero | 17 | Cardinal Aquatic | 26.02 |
| 8 Kate Douglass | 17 | Chelsea Piers Aq | 26.03 |

Alternates

| | | | |
|------------------------|----|------------------|-------|
| 1 Alexandra Crisera | 18 | Beach Cities Swi | 26.05 |
| 2 Christiana Regenauer | 17 | Condors Swim Clu | 26.06 |

Event 31 Women 50 LC Meter Freestyle

World: 23.67 7/29/2017 **Sarah Sjostrom**
American: 23.97 7/30/2017 **Simone Manuel**

Event 32 Men 50 LC Meter Freestyle

World: 20.91 12/18/2009 **Cesar Cielo Filho**



2019 Phillips 66 National Champs - 7/31/2019 to 8/4/2019**Meet Program - Sunday Finals****American:** 21.04 7/27/2019 **Caeleb Dressel****U.S. Open:** 21.14 7/9/2009 **Cesar Cielo****Jr World:** 21.75 8/25/2017 **Michael Andrew****LC Nationals:** 21.47 6/29/2013 **Nathan Adrian/Garret****WeberGale****Trial Cut:** 23.19**Lane Name Age Team Prelims****Heat 3 C - Final (#32 Men 50 LC Meter Freestyle)**

| | | | |
|------------------------|----|-------------------------|-------|
| 1 *LOUIS TOWNSEND | 21 | Australia | 22.78 |
| 2 Blaise Vera | 20 | Univ Pittsburgh/MMST | 22.75 |
| 3 Cameron Auchinachie | 20 | Univ of Denver H | 22.71 |
| 4 Will Davis | 19 | Gator Swim Club/FLORIDA | 22.70 |
| 5 Kyle Decoursey | 22 | Tennessee Aquati | 22.70 |
| 6 Kyle Robrock | 25 | Univ of Denver H | 22.72 |
| 7 Kent Olsen-Stavrakas | 28 | Colorado Stars | 22.78 |
| 8 Wyatt Ubellacker | 28 | Unattached | 22.80 |

Alternates

| | | | |
|-----------------|----|------------------|-------|
| 1 Yusuke Legard | 22 | Pinnacle Racing | 22.81 |
| 2 Jack Franzman | 20 | Indiana Universi | 22.82 |

Heat 4 D - Final

| | | | |
|--------------------|----|-------------------------|-------|
| 1 Matt King | 17 | Bellevue Club Sw | 23.14 |
| 2 Noah Henderson | 18 | Star Aquatics | 23.12 |
| 3 Cam Peel | 18 | Michigan Lakesho/Rookie | 23.02 |
| 4 Hunter Armstrong | 18 | Canton City Scho | 22.91 |
| 5 Matt Brownstead | 17 | State College Ar | 22.93 |
| 6 Jack Alexy | 16 | Somerset Hills Y | 23.04 |
| 7 Jack Armstrong | 18 | Houston Bridge B | 23.12 |
| 8 Jack Dolan | 18 | Rockwood Swim Cl | 23.18 |

Alternates

| | | | |
|------------------|----|------------------|-------|
| 1 Destin Lasco | 17 | Salvation Army K | 23.25 |
| 2 Tophor Stensby | 18 | Patriot Aquatic | 23.27 |

