INDIAN RIVER WINS 21ST STRAIGHT NJCAA WOMEN’S SWIMMING/DIVING CROWN

2003 NJCAA Women’s Swimming & Diving Championship • March 5-8, 2003 Buffalo, NY

2003 WOMEN’S TEAM SCORES

1. Indian River Community College, Fort Pierce, FL.................. 626
2. Lincoln College, Lincoln, IL........................................ 317
3. Monroe Community College, Rochester, NY....................... 267
4. Mercyhurst North East, North East, PA.............................. 229
5. Genesee Community College, Batavia, NY......................... 190
6. Palo Alto College, San Antonio, TX................................. 170
7. College of DuPage, Glen Ellyn, IL................................. 142
8. Dowan County College, Tooms River, NJ.......................... 70
9. Triton College, River Grove, IL................................... 59
10. SUNY Cobleskill, Cobleskill, NY.................................. 26
11. Alfred State College, Alfred, NY.................................. 22
12. Erie Community College, Buffalo, NY.............................. 12
13. Vincennes University, Vincennes, IN............................... 10
14. Darton College, Albany, GA........................................ 9

200 YARD FREESTYLE RELAY
1. Indian River CC, Ft. Pierce, FL..................................... 1:36.55
2. Mercyhurst North East, North East, PA............................. 1:34.15
3. Monroe CC, Rochester, NY.......................................... 1:33.96
4. Lincoln College, Lincoln, IL........................................ 1:35.77
5. Triton College, River Grove, IL.................................... 1:37.92
6. Palo Alto College, San Antonio, TX............................... 1:37.98

500 YARD FREESTYLE
1. Ursula Russe Monro CC, Rochester, NY.............................. 5:00.21
5. Leslie Sousa Lincoln College, Lincoln, IL........................ 5:25.40
6. Leigh Anne Dubois Monroe CC, Rochester, NY..................... 5:27.21

200 YARD INDIVIDUAL MEDLEY
1. Nicole Pulkowski Indian River CC, Ft. Pierce, FL................ 2:06.59
4. Katie Robison Lincoln College, Lincoln, IL........................ 2:17.45
5. Briandita Carpenter Lincoln College, Lincoln, IL.............. 2:20.58

50 YARD FREESTYLE
2. Frey Seals Indian River CC, Ft. Pierce, FL....................... 28.07
3. Cassandra Brooks Indian River CC, Ft. Pierce, FL............... 28.15
5. Stephanie Brown Indian River CC, Ft. Pierce, FL............... 28.50
6. Debra Brenna Monroe CC, Rochester, NY.......................... 28.79

400 YARD MEDLEY RELAY
1. Indian River CC, Ft. Pierce, FL................................. 3:56.19
2. Lincoln College, Lincoln, IL................................. 4:12.72
3. Mercyhurst North East, North East, PA.......................... 4:18.60
5. College of DuPage, Glen Ellyn, IL............................... 4:27.00
6. Genesee CC, Batavia, NY.......................................... 4:33.87

100 METER DIVING
1. Casey Porter Palo Alto College, San Antonio, TX.................. 1:04.10
2. Wendy Shoemaker Indian River CC, Ft. Pierce, FL................ 1:08.38
3. Kristin Rice Genesee CC, Batavia, NY............................. 1:08.90
5. Brittany Stor Genesee CC, Batavia, NY............................ 1:15.80

200 YARD MEDLEY RELAY
1. Indian River Community College, Fort Pierce, FL................. 1:45.71
2. Lincoln College, Lincoln, IL....................................... 1:56.59
3. Mercyhurst North East, North East, PA........................... 1:56.59
4. Monroe Community College, Bronx, NY............................ 2:02.73
5. Palo Alto College, San Antonio, TX............................... 2:04.40
6. College of DuPage, Glen Ellyn, IL............................... 2:06.04

800 YARD FREESTYLE RELAY
1. Indian River Community College, Fort Pierce, FL................. 7:57.13
2. College of DuPage, Glen Ellyn, IL............................... 8:14.54
3. Monroe Community College, Rochester, NY........................ 8:14.54
4. Penn State Community College, Batavia, NY........................ 9:04.01
5. Mercyhurst North East, North East, PA........................... 9:15.38
6. Clark County College, York, NE................................. 9:32.22

3 METER DIVING
1. Casey Porter Palo Alto College, San Antonio, TX.................. 333.30
2. Wendy Shoemaker Indian River CC, Ft. Pierce, FL................ 302.55

1650 YARD FREESTYLE
1. Myriam Sousa-Neto Indian River CC, Ft. Pierce, FL................. 15:04.74
2. Leslie Sousa Lincoln College, Lincoln, IL........................ 16:41.44
3. Angela Couch Lincoln College, Lincoln, IL....................... 19:13.76
4. Leigh Anne Dubois College of DuPage, Glen Ellyn, IL............ 19:19.33
5. Michelle Pimentel College of DuPage, Glen Ellyn, IL............ 20:14.21
6. Lizzette Patelino Triton College, River Grove, IL................. 23:50.30

200 YARD BUTTERFLY
1. Ursula Russe Monroe CC, Bronx, NY............................... 1:55.51
2. Natalie Coelho Indian River CC, Ft. Pierce, FL.................. 1:55.62
3. Liz Day Indian River CC, Ft. Pierce, FL.......................... 1:58.00
4. Rachel Williamsburg Lincoln College, Lincoln, IL.............. 1:58.33
5. Heather Frizz SUNY/Cobleskill, Cobleskill, NY.................. 1:58.50

200 YARD FREESTYLE
3. Joyce Fahnman Genesee CC, Batavia, NY.......................... 2:02.00
4. Angela Couch Indian River CC, Ft. Pierce, FL.................... 2:02.21
5. Leigh Anne Dubois Monroe CC, Bronx, NY.......................... 2:03.40

100 YARD BREASTSTROKE
1. Erin Searles Indian River CC, Ft. Pierce, FL..................... 1:07.87
2. Christine Garmon Indian River CC, Ft. Pierce, FL................ 1:08.41
3. Audrey Todakalo Colgate University, Santa Ana, TX............. 1:11.49
4. Allison Brown Alfred University, Alfred, NY..................... 1:14.34
5. Denise Britton Triton College, River Grove, IL................... 1:14.42

100 YARD BACKSTROKE
1. Corinna Sisson Indian River CC, Ft. Pierce, FL.................. 57.57
2. Stephanie Brown Indian River CC, Ft. Pierce, FL................ 1:00.42
3. Katie Robison Lincoln College, Lincoln, IL........................ 1:01.88
4. Brianita Carpenter College of DuPage, Glen Ellyn, IL........... 1:04.73
5. Breanna Perez Lincoln College, Lincoln, IL....................... 1:05.57
6. Erin Whitaker College of DuPage, Glen Ellyn, IL................ 1:09.70

100 YARD FREESTYLE RELAY
1. Indian River Community College, Fort Pierce, FL................. 3:55.13
2. Monroe Community College, Rochester, NY........................ 3:45.60
3. Lincoln College, Lincoln, IL...................................... 3:46.62
4. Mercyhurst North East, North East, PA........................... 3:51.34
5. Palo Alto College, San Antonio, TX............................... 4:00.78
6. College of DuPage, Glen Ellyn, IL............................... 4:01.19

* National Record

2003 NJCAA WOMEN’S SWIMMING & DIVING MEET AWARD WINNERS

Women’s Coach of the Year: Daniel Dubois, Monroe CC, Rochester, NY

Women’s Swimmer of the Year (MVP): Ursula Russe, Monroe CC, Rochester, NY

Non-Scholarship Women’s Team Champs: Genesee CC, Batavia, NY

Jack Cistriano Service Award: Sarah Takas

Diving Coach of the Meet: Mike Tober, Indian River CC, Ft. Pierce, FL
2003 NJCAA Men's Swimming & Diving Championship • March 5-8, 2003 Buffalo, NY

<table>
<thead>
<tr>
<th>2003 Men's Team Scores</th>
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<tbody>
<tr>
<td>1. Indian River CC, Fort Pierce, FL</td>
<td>688</td>
<td>6. Poto Alto College, San Antonio, TX</td>
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<tr>
<td>2. Vincennes University, Vincennes, IN</td>
<td>349</td>
<td>7. Ocean County College, Toms River, NJ</td>
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<tr>
<td>3. Lincoln College, Lincoln, IL</td>
<td>345</td>
<td>8. College of DuPage, Glen Ellyn, IL</td>
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<tr>
<td>5. Maryhurst North East, North East, PA</td>
<td>200</td>
<td>10. Geneseo CC, Batavia, NY</td>
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200 Yard Freestyle Relay
1. Indian River CC, Ft. Pierce, FL | 1:18.84* |
3. Vincennes University, Vincennes, IN | 1:27.26 |
4. Maryhurst North East, North East, PA | 1:28.76 |
5. Lincoln College, Lincoln, IL | 1:28.88 |
6. Poto Alto College, San Antonio, TX | 1:34.61 |

50 Yard Freestyle
1. Alejandro Gomez | 23.96 |
2. Scott Sampson | 25.27 |
3. Graham Bailey | 25.68 |
4. Luke Williams | 26.07 |
5. Adam Heideck | 26.23 |
6. Ryan Pusen | 26.59 |

200 Yard Individually Medley
1. Michael Pogacnik | 2:06.46 |
2. Taylor Babcock | 2:07.01 |
3. Sergio Gomez | 2:08.04 |
4. John Bishop | 2:08.29 |
5. Michael Long | 2:08.51 |
6. Michael Healy | 2:13.01 |

50 Yard Medley Relay
1. Indian River CC, Ft. Pierce, FL | 1:31.81 |
2. Lincoln College, Lincoln, IL | 1:32.91 |
3. Monroe CC, Rochester, NY | 1:32.95 |
4. Vincennes University, Vincennes, IN | 1:33.61 |
5. Maryhurst North East, North East, PA | 1:34.58 |
6. Poto Alto College, San Antonio, TX | 1:35.04 |

Diving
1. Jack Cooper | 387.60 |
2. Aaron Randel | 383.05 |
3. Emmanuel Johnson | 385.90 |
4. Matt Taylor | 387.80 |
5. Joe Shead | 391.60 |
6. Kyle Stewart | 393.50 |

200 Yard Breaststroke
1. Richard Chapman | 2:15.47 |
2. John Bishop | 2:18.34 |
3. Nick Heane | 2:19.20 |
4. Nathan Prime | 2:19.69 |
5. Dave Aman | 2:20.96 |
6. Vincennes University, Vincennes, IN | 2:20.96 |

100 Yard Butterfly
1. John Williams | 53.07 |
2. Nick Heane | 53.90 |
3. Nathan Prime | 54.53 |
4. Dave Aman | 55.05 |
5. Vincennes University, Vincennes, IN | 55.05 |
6. Lincoln College, Lincoln, IL | 55.09 |

100 Yard Backstroke
1. Linda Williams | 1:01.95 |
2. Nick Heane | 1:01.95 |
3. Nathan Prime | 1:02.30 |
4. Dave Aman | 1:02.94 |
5. Vincennes University, Vincennes, IN | 1:02.94 |
6. Lincoln College, Lincoln, IL | 1:02.94 |

200 Yard Medley Relay
1. Indian River CC, Ft. Pierce, FL | 1:38.46 |
2. Lincoln College, Lincoln, IL | 1:37.85 |
3. Monroe CC, Rochester, NY | 1:39.95 |
4. Vincennes University, Vincennes, IN | 1:39.99 |
5. Poto Alto College, San Antonio, TX | 1:40.92 |
6. Maryhurst North East, North East, PA | 1:41.31 |

200 Yard Individual Medley
1. Michael Pogacnik | 2:06.46 |
2. Taylor Babcock | 2:07.01 |
3. Sergio Gomez | 2:08.04 |
4. John Bishop | 2:08.29 |
5. Michael Long | 2:08.51 |
6. Michael Healy | 2:13.01 |

200 Yard Medley Relay
1. Indian River CC, Ft. Pierce, FL | 1:39.95 |
2. Lincoln College, Lincoln, IL | 1:38.95 |
4. Vincennes University, Vincennes, IN | 1:39.99 |
5. Poto Alto College, San Antonio, TX | 1:40.92 |
6. Maryhurst North East, North East, PA | 1:41.31 |

1 Meter Diving
1. Scott Sampson | 160.10 |
2. Nick Heane | 159.35 |
3. Emmanuel Johnson | 158.00 |
4. Matt Taylor | 158.55 |
5. Joe Shead | 160.70 |
6. Kyle Stewart | 171.90 |

1650 Yard Freestyle Relay
1. Indian River CC, Ft. Pierce, FL | 15:50.75 |
2. Scott Sampson | 16:15.81 |
3. Nick Heane | 16:25.96 |
4. Nathan Prime | 16:44.76 |
5. Dave Aman | 17:03.48 |
6. Jonathan Good | 17:22.65 |

National Record
2003 NJCAA Swimming & Diving Meet Awards

Men's Coach of the Year: Scott Kimmelman, Indian River CC, Ft. Pierce, FL

Men's Swimmer of the Year (MVP): Camilo Becerra, Indian River CC, Ft. Pierce, FL

Diver of the Year: Josh Cooper, Indian River CC, Ft. Pierce, FL

Non-Scholarship Men's Team: Poto Alto College, San Antonio, TX

Diving Coach of the Meet: Mike Tober, Indian River CC, Ft. Pierce, FL

Jack Cistriano Service Award: Sarah Tokas