

# INDIAN RIVER WINS 21<sup>ST</sup> STRAIGHT NJCAA WOMEN'S SWIMMING/DIVING CROWN

# SWIMMING

2003 NJCAA WOMEN'S SWIMMING & DIVING CHAMPIONSHIP • MARCH 5-8, 2003 BUFFALO, NY

## 2003 WOMEN'S TEAM SCORES

1. Indian River Community College, Fort Pierce, FL.....	626	8. Ocean County College, Toms River, NJ.....	70
2. Lincoln College, Lincoln, IL.....	317	9. Triton College, River Grove, IL.....	59
3. Monroe Community College, Rochester, NY.....	267	10. SUNY Cobleskill, Cobleskill, NY.....	26
4. Mercyhurst North East, North East, PA.....	229	11. Alfred State College, Alfred, NY.....	22
5. Genesee Community College, Batavia, NY.....	190	12. Erie Community College, Buffalo, NY.....	12
6. Palo Alto College, San Antonio, TX.....	170	13. Vincennes University, Vincennes, IN.....	10
7. College of DuPage, Glen Ellyn, IL.....	142	14. Darton College, Albany, GA.....	9

### 200 YARD FREESTYLE RELAY

1. Indian River CC, Ft. Pierce, FL.....	1:36.55
2. Mercyhurst North East, North East, PA.....	1:43.15
3. Monroe CC, Rochester, NY.....	1:43.96
4. Lincoln College, Lincoln, IL.....	1:45.37
5. Triton College, River Grove, IL.....	1:47.92
6. Palo Alto College, San Antonio, TX.....	1:47.98

### 500 YARD FREESTYLE

1. Urska Ros Monroe CC, Rochester, NY.....	5:00.21
2. Myriam Sansregret Indian River CC, Ft. Pierce, FL.....	5:13.27
3. Liz Day Indian River CC, Ft. Pierce, FL.....	5:13.50
4. Rachel Willenborg Lincoln College, Lincoln, IL.....	5:21.93
5. Leslie Seago Lincoln College, Lincoln, IL.....	5:25.40
6. Leigh Anne Dubois Monroe CC, Rochester, NY.....	5:37.21

### 200 YARD INDIVIDUAL MEDLEY

1. Natalie Cohee Indian River CC, Ft. Pierce, FL.....	2:06.99
2. Noelle Pulomena Indian River CC, Ft. Pierce, FL.....	2:08.04
3. Christina Germano Indian River CC, Ft. Pierce, FL.....	2:16.30
4. Katie Robison Lincoln College, Lincoln, IL.....	2:17.45
5. Brandi Carpenter Indian River CC, Ft. Pierce, FL.....	2:19.38
6. Jill Dossie Lincoln College, Lincoln, IL.....	2:24.55

### 50 YARD FREESTYLE

1. Kristen Kram Indian River CC, Ft. Pierce, FL.....	24.67
2. Fran Searles Indian River CC, Ft. Pierce, FL.....	25.15
3. Cassandra Roose Mercyhurst NE, North East, PA.....	25.27
4. Joyce Fuhrman Indian River CC, Ft. Pierce, FL.....	25.35
5. Stephanie Brown Indian River CC, Ft. Pierce, FL.....	25.38
6. Denise Britton Monroe CC, Rochester, NY.....	26.29

### 400 YARD MEDLEY RELAY

1. Indian River CC, Ft. Pierce, FL.....	3:56.19
2. Lincoln College, Lincoln, IL.....	4:12.72
3. Mercyhurst North East, North East, PA.....	4:18.40
4. Monroe CC, Rochester, NY.....	4:20.37
5. College of DuPage, Glen Ellyn, IL.....	4:32.81
6. Genesee CC, Batavia, NY.....	4:33.87

### 1 METER DIVING

1. Casilie Porter Palo Alto College, San Antonio, TX.....	764.10
2. Wendy Shoemaker Indian River CC, Ft. Pierce, FL.....	718.30
3. Krista Bardner Genesee CC, Batavia, NY.....	617.00
4. Michael-Anne Gunsten Indian River CC, Ft. Pierce, FL.....	569.05
5. Brianna Sak Genesee CC, Batavia, NY.....	553.80
6. Brandi Ferris Genesee CC, Batavia, NY.....	512.60

### 200 YARD MEDLEY RELAY

1. Indian River Community College, Fort Pierce, FL.....	1:45.71
2. Lincoln College, Lincoln, IL.....	1:56.59
3. Mercyhurst North East, North East, PA.....	1:56.59
4. Monroe Community College, Bronx, NY.....	2:02.73
5. Palo Alto College, San Antonio, TX.....	2:04.40
6. College of DuPage, Glen Ellyn, IL.....	2:06.04

### 400 YARD INDIVIDUAL MEDLEY

1. Noelle Pulomena Indian River CC, Fort Pierce, FL.....	4:34.95
2. Leslie Seago Lincoln College, Lincoln, IL.....	4:54.60
3. Allison Bruneau Mercyhurst NE, North East, PA.....	4:55.85
4. Angela Couch Lincoln College, Lincoln, IL.....	4:56.61
5. Jessica Janis Genesee CC, Batavia, NY.....	4:58.43
6. Christine Tilton College of DuPage, Glen Ellyn, IL.....	4:59.62

### 100 YARD BUTTERFLY

1. Urska Ros Monroe CC, Bronx, NY.....	55.41*
2. Natalie Cohee Indian River CC, Fort Pierce, FL.....	56.32
3. Liz Day Indian River CC, Fort Pierce, FL.....	58.00
4. Rachel Willenborg Lincoln College, Lincoln, IL.....	1:02.09
5. Heather Frees SUNY/Cobleskill, NY.....	1:04.91

### 200 YARD FREESTYLE

1. Kristen Kram Indian River CC, Fort Pierce, FL.....	1:58.04
2. Myriam Sansregret Indian River CC, Fort Pierce, FL.....	1:58.17
3. Jessica Janis Genesee CC, Batavia, NY.....	2:02.80
4. Joyce Fuhrman Indian River CC, Fort Pierce, FL.....	2:03.21
5. Leigh Anne Dubois Monroe CC, Bronx, NY.....	2:05.60
6. Lauren Pohanka Triton College, River Grove, IL.....	2:05.99

### 100 YARD BREASTSTROKE

1. Fran Searles Indian River CC, Fort Pierce, FL.....	1:07.87
2. Christina Germano Indian River CC, Fort Pierce, FL.....	1:10.61
3. Aubrey Talaska Palo Alto College, San Antonio, TX.....	1:11.42
4. Allison Bruneau Mercyhurst NE, North East, PA.....	1:11.49
5. Denise Britton Monroe CC, Bronx, NY.....	1:13.83
6. Jill Dossie Lincoln College, Lincoln, IL.....	1:14.42

### 100 YARD BACKSTROKE

1. Carolina Sierra Indian River CC, Fort Pierce, FL.....	57.97
2. Stephanie Brown Indian River CC, Fort Pierce, FL.....	1:00.62
3. Katie Robison Lincoln College, Lincoln, IL.....	1:01.88
4. Brandi Carpenter Indian River CC, Fort Pierce, FL.....	1:04.73
5. Breanna Pence College of DuPage, Glen Ellyn, IL.....	1:08.57
6. Erin Nelson Lincoln College, Lincoln, IL.....	1:08.70

### 800 YARD FREESTYLE RELAY

1. Indian River Community College, Fort Pierce, FL.....	7:57.13
2. Lincoln College, Lincoln, IL.....	8:14.54
3. Monroe Community College, Rochester, NY.....	8:14.54
4. Genesee Community College, Batavia, NY.....	9:04.01
5. Mercyhurst North East, North East, PA.....	9:15.83
6. Ocean County College, Toms River, NJ.....	9:32.22
7. Palo Alto College, San Antonio, TX.....	10:14.45

### 3 METER DIVING

1. Casilie Porter Palo Alto College, San Antonio, TX.....	833.30
2. Wendy Shoemaker Indian River CC, Fort Pierce, FL.....	802.55

### 1650 YARD FREESTYLE

1. Myriam Sansregret Indian River CC, Fort Pierce, FL.....	18:04.74
2. Leslie Seago Lincoln College, Lincoln, IL.....	18:41.44
3. Angela Couch Lincoln College, Lincoln, IL.....	19:13.76
4. Leigh Anne Dubois Monroe CC, Rochester, NY.....	19:19.33
5. Christine Tilton College of DuPage, Glen Ellyn, IL.....	19:24.21
6. Lauren Pohanka Triton College, River Grove, IL.....	19:50.50

### 200 YARD BACKSTROKE

1. Carolina Sierra Indian River CC, Ft. Pierce, FL.....	2:07.73
2. Kristen Kram Indian River CC, Ft. Pierce, FL.....	2:13.80
3. Katie Robison Lincoln College, Lincoln, IL.....	2:16.62
4. Christine Tilton College of DuPage, Glen Ellyn, IL.....	2:21.53
5. Breanna Pence College of DuPage, Glen Ellyn, IL.....	2:28.01
6. Jenna Fasano Genesee CC, Batavia, NY.....	2:30.53

### 100 YARD FREESTYLE

1. Liz Day Indian River CC, Fort Pierce, FL.....	52.91
2. Stephanie Brown Indian River CC, Fort Pierce, FL.....	54.01
3. Cassandra Roose Mercyhurst NE, North East, PA.....	54.99
4. Joyce Fuhrman Indian River CC, Fort Pierce, FL.....	55.33
5. Angela Couch Lincoln College, Lincoln, IL.....	55.76
6. Jessica Janis Genesee CC, Batavia, NY.....	56.82

### 200 YARD BUTTERFLY

1. Urska Ros Monroe CC, Rochester, NY.....	2:02.88
2. Natalie Cohee Indian River CC, Fort Pierce, FL.....	2:07.44
3. Rachel Willenborg Lincoln College, Lincoln, IL.....	2:16.01
4. Heather Frees SUNY/Cobleskill, NY.....	2:27.42
5. Lara Buongiorno Monroe CC, Rochester, NY.....	2:28.65

### 200 YARD BREASTSTROKE

1. Noelle Pulomena Indian River CC, Fort Pierce, FL.....	2:23.93
2. Fran Searles Indian River CC, Fort Pierce, FL.....	2:29.12
3. Christina Germano Indian River CC, Fort Pierce, FL.....	2:33.01
4. Allison Bruneau Mercyhurst NE, North East, PA.....	2:35.82
5. Aubrey Talaska Palo Alto College, San Antonio, TX.....	2:38.48
6. Denise Britton Monroe CC, Rochester, NY.....	2:41.14

### 400 YARD FREESTYLE RELAY

1. Indian River Community College, Fort Pierce, FL.....	3:35.13
2. Monroe Community College, Rochester, NY.....	3:45.60
3. Lincoln College, Lincoln, IL.....	3:46.62
4. Mercyhurst North East, North East, PA.....	3:51.50
5. Palo Alto College, San Antonio, TX.....	4:00.98
6. College of DuPage, Glen Ellyn, IL.....	4:01.19

\* National Record

## 2003 NJCAA WOMEN'S SWIMMING & DIVING MEET AWARDS

### WOMEN'S COACH OF THE YEAR:

Daniel Dubois, Monroe CC, Rochester, NY

### WOMEN'S SWIMMER OF THE YEAR (MVP):

Urska Ros, Monroe CC, Rochester, NY

### NON-SCHOLARSHIP WOMEN'S TEAM CHAMP:

Genesee CC, Batavia, NY

### JACK CISTRIANO SERVICE AWARD:

Sarah Takas

### DIVING COACH OF THE MEET:

Mike Tober, Indian River CC, Ft. Pierce, FL

# INDIAN RIVER WINS 28<sup>TH</sup> STRAIGHT NJCAA MEN'S SWIMMING/DIVING CROWN

## SWIMMING

2003 NJCAA MEN'S SWIMMING & DIVING CHAMPIONSHIP • MARCH 5-8, 2003 BUFFALO, NY

### 2003 MEN'S TEAM SCORES

1. Indian River CC, Fort Pierce, FL .....	688	6. Palo Alto College, San Antonio, TX.....	150.50
2. Vincennes University, Vincennes, IN .....	349	7. Ocean County College, Toms River, NJ .....	64
3. Lincoln College, Lincoln, IL .....	345	8. College of DuPage, Glen Ellyn, IL .....	56
4. Monroe CC, Rochester, NY .....	248	9. SUNY Cobleskill, Cobleskill, NY .....	41
5. Mercyhurst North East, North East, PA .....	200	10. Genesee CC, Batavia, NY .....	32

#### 200 YARD FREESTYLE RELAY

1. Indian River CC, Ft. Pierce, FL .....	1:18.84*
2. Scott Sampson	1:26.63
3. Vincennes University, Vincennes, IN .....	1:27.26
4. Mercyhurst North East, North East, PA .....	1:28.23
5. Lincoln College, Lincoln, IL .....	1:30.95
6. Palo Alto College, San Antonio, TX .....	1:34.61

#### 500 YARD FREESTYLE

1. Alejandro Gomez	Indian River CC, Ft. Pierce, FL .....	4:34.53
2. Scott Sampson	Lincoln College, Lincoln, IL .....	4:38.94
3. Graham Bailey	Indian River CC, Ft. Pierce, FL .....	4:40.95
4. Luke Wilkens	Indian River CC, Ft. Pierce, FL .....	4:42.63
5. Adam Bidlack	Indian River CC, Ft. Pierce, FL .....	4:52.57
6. Ryan Pass	Lincoln College, Lincoln, IL .....	4:56.99

#### 200 YARD INDIVIDUAL MEDLEY

1. Michal Bogacki	Monroe CC, Rochester, NY .....	1:55.45
2. Taylor Arboleda	Indian River CC, Ft. Pierce, FL .....	1:56.68
3. Sergio Gomez	Vincennes University, Vincennes, IN .....	1:59.44
4. John Bishop	Indian River CC, Ft. Pierce, FL .....	1:59.70
5. Yulong Lin	Monroe CC, Rochester, NY .....	2:01.46
6. Michael Mayhew	Vincennes University, Vincennes, IN .....	2:05.39

#### 50 YARD FREESTYLE

1. Camilo Becerra	Indian River CC, Ft. Pierce, FL .....	19.69*
2. Samad Turner	Indian River CC, Ft. Pierce, FL .....	20.18
3. Tim Patrick	Indian River CC, Ft. Pierce, FL .....	20.32
4. Nick Markey	Indian River CC, Ft. Pierce, FL .....	21.02
5. Nicholas Prima	Monroe CC, Rochester, NY .....	21.60
6. Nick Mitiello	Mercyhurst NE, North East, PA .....	22.06

#### 400 YARD MEDLEY RELAY

Indian River CC, Ft. Pierce, FL .....	3:21.01*
Lincoln College, Lincoln, IL .....	3:33.43
Monroe CC, Rochester, NY .....	3:36.41
Vincennes University, Vincennes, IN .....	3:37.99
Mercyhurst North East, North East, PA .....	3:41.68
Palo Alto College, San Antonio, TX .....	3:59.61

#### METER DIVING

Josh Cooper	Indian River CC, Ft. Pierce, FL .....	936.20
Aaron Randels	Palo Alto College, San Antonio, TX .....	841.05
Dustin Taylor	Indian River CC, Ft. Pierce, FL .....	818.55
Emmanuel Johnson	Mercyhurst NE, North East, PA .....	800.40
TJ Rietveld	Lincoln College, Lincoln, IL .....	694.65
Geoff Hunt	Genesee CC, Batavia, NY .....	615.70
Rob Burley	Genesee CC, Batavia, NY .....	603.30

#### 200 YARD MEDLEY RELAY

Indian River CC, Fort Pierce, FL .....	1:30.46*
Lincoln College, Lincoln, IL .....	1:37.85
Monroe CC, Rochester, NY .....	1:38.85
Mercyhurst North East, North East, PA .....	1:38.90
Vincennes University, Vincennes, IN .....	1:39.00
Palo Alto College, San Antonio, TX .....	1:48.92

#### 100 YARD INDIVIDUAL MEDLEY

1. Taylor Arboleda	Indian River CC, Fort Pierce, FL .....	4:11.31
2. Will Ward	Vincennes University, Vincennes, IN .....	4:14.45
3. Jared Sexton	Lincoln College, Lincoln, IL .....	4:21.26

#### 4. Adam Bidlack

Indian River CC, Fort Pierce, FL .....	4:22.26	
5. Yulong Lin	Monroe CC, Rochester, NY .....	4:23.16
6. Daniel Diaz	Palo Alto College, San Antonio, TX .....	4:29.20

#### 100 YARD BUTTERFLY

1. Camilo Becerra	Indian River CC, Fort Pierce, FL .....	47.69*
2. Tim Patrick	Indian River CC, Fort Pierce, FL .....	49.30
3. Rian Glaser	Indian River CC, Fort Pierce, FL .....	49.88
4. Michal Bogacki	Monroe CC, Rochester, NY .....	51.10
5. Nick Mitiello	Mercyhurst NE, North East, PA .....	52.10
6. Bryan Barnes	Darton College, Albany, GA .....	53.45

#### 200 YARD FREESTYLE

1. Luke Wilkens	Indian River CC, Fort Pierce, FL .....	1:41.64
2. Graham Bailey	Indian River CC, Fort Pierce, FL .....	1:42.48
3. Alejandro Gomez	Indian River CC, Fort Pierce, FL .....	1:42.50
4. Scott Sampson	Lincoln College, Lincoln, IL .....	1:44.01
5. Chris DeFrance	Vincennes University, Vincennes, IN .....	1:47.65
6. Mike Unger	Vincennes University, Vincennes, IN .....	1:50.47

#### 100 YARD BREASTSTROKE

1. Richard Chapman	Indian River CC, Fort Pierce, FL .....	57.61
2. John Bishop	Indian River CC, Fort Pierce, FL .....	58.04
3. Nick Markey	Indian River CC, Fort Pierce, FL .....	58.38
4. Jared Sexton	Lincoln College, Lincoln, IL .....	1:00.69
5. Nicholas Prima	Monroe CC, Rochester, NY .....	1:00.95
6. Dave Ahlf	Vincennes University, Vincennes, IN .....	1:03.39

#### 100 YARD BACKSTROKE

1. Samad Turner	Indian River CC, Fort Pierce, FL .....	51.27
2. Rian Glaser	Indian River CC, Fort Pierce, FL .....	51.82
3. Kyle Tabul	Mercyhurst NE, North East, PA .....	53.83
4. Jason Hierman	Lincoln College, Lincoln, IL .....	53.87
5. Ryan Pass	Lincoln College, Lincoln, IL .....	54.20
6. Sergio Gomez	Vincennes University, Vincennes, IN .....	55.01

#### 800 YARD FREESTYLE RELAY

1. Indian River CC, Fort Pierce, FL .....	6:58.59
2. Vincennes University, Vincennes, IN .....	7:09.70
3. Lincoln College, Lincoln, IL .....	7:12.75
4. Monroe CC, Rochester, NY .....	7:52.74
5. Palo Alto College, San Antonio, TX .....	7:54.22
6. Mercyhurst North East, North East, PA .....	7:58.45

#### 1 METER DIVING

1. Josh Cooper	Indian River CC, Fort Pierce, FL .....	1010.25
2. Aaron Randels	Palo Alto College, San Antonio, TX .....	989.35
3. Emmanuel Johnson	Mercyhurst NE, North East, PA .....	880.00
4. Dustin Taylor	Indian River CC, Fort Pierce, FL .....	857.55
5. TJ Rietveld	Lincoln College, Lincoln, IL .....	845.70
6. Geoff Hunt	Genesee CC, Batavia, NY .....	713.90

#### 1650 YARD FREESTYLE

1. Alejandro Gomez	Indian River CC, Fort Pierce, FL .....	15:50.75
2. Scott Sampson	Lincoln College, Lincoln, IL .....	16:15.81
3. Adam Bidlack	Indian River CC, Fort Pierce, FL .....	16:29.38
4. Will Ward	Vincennes University, Vincennes, IN .....	16:44.76
5. Jason Taggart	Vincennes University, Vincennes, IN .....	17:03.88
6. Jonathan Gentry	Lincoln College, Lincoln, IL .....	17:22.65

#### 200 YARD BACKSTROKE

1. Rian Glaser	Indian River CC, Fort Pierce, FL .....	1:54.53
2. Jason Hierman	Lincoln College, Lincoln, IL .....	1:54.72
3. Ryan Pass	Lincoln College, Lincoln, IL .....	1:58.02
4. Sergio Gomez	Vincennes University, Vincennes, IN .....	1:59.03
5. Will Ward	Vincennes University, Vincennes, IN .....	2:02.42
6. Jason Taggart	Vincennes University, Vincennes, IN .....	2:11.49

#### 100 YARD FREESTYLE

1. Camilo Becerra	Indian River CC, Fort Pierce, FL .....	43.91*
2. Tim Patrick	Indian River CC, Fort Pierce, FL .....	45.15
3. Samad Turner	Indian River CC, Fort Pierce, FL .....	46.51
4. Nick Markey	Indian River CC, Fort Pierce, FL .....	46.93
5. Nick Mitiello	Mercyhurst NE, North East, PA .....	47.38
6. Dave Ahlf	Vincennes University, Vincennes, IN .....	48.91

#### 200 YARD BREASTSTROKE

1. John Bishop	Indian River CC, Fort Pierce, FL .....	2:07.51
2. Richard Chapman	Indian River CC, Fort Pierce, FL .....	2:10.06
3. Jared Sexton	Lincoln College, Lincoln, IL .....	2:11.31
4. Nicholas Prima	Monroe CC, Rochester, NY .....	2:14.84
5. Chris DeFrance	Vincennes University, Vincennes, IN .....	2:15.76
6. Daniel Diaz	Palo Alto College, San Antonio, TX .....	2:18.06

#### 200 YARD BUTTERFLY

1. Luke Wilkens	Indian River CC, Fort Pierce, FL .....	1:50.03
2. Michal Bogacki	Monroe CC, Rochester, NY .....	1:53.08
3. Taylor Arboleda	Indian River CC, Fort Pierce, FL .....	1:53.55
4. Graham Bailey	Indian River CC, Fort Pierce, FL .....	1:57.67
5. Michael Mayhew	Vincennes University, Vincennes, IN .....	2:06.81
6. Chris Wiggins	Vincennes University, Vincennes, IN .....	2:10.94

#### 400 YARD FREESTYLE RELAY

1. Indian River CC, Fort Pierce, FL .....	2:57.84*
2. Vincennes University, Vincennes, IN .....	3:11.53
3. Monroe CC, Rochester, NY .....	3:13.05
4. Lincoln College, Lincoln, IL .....	3:14.57
5. Mercyhurst North East, North East, PA .....	3:17.67
6. Palo Alto College, San Antonio, TX .....	3:31.58

\* National Record

### 2003 NJCAA SWIMMING & DIVING MEET AWARDS

#### Men's Coach of the Year:

Scott Kimmelman, Indian River CC, Ft. Pierce, FL

#### Men's Swimmer of the Year (MVP):

Camilo Becerra, Indian River CC, Ft. Pierce, FL

#### Diver of the Year

Josh Cooper, Indian River CC, Ft. Pierce, FL

#### Non-Scholarship Men's Team Champ

Palo Alto College, San Antonio, TX

#### Diving Coach of the Meet

Mike Taber, Indian River CC, Ft. Pierce, FL

Jack Cistriano Service Award: Sarah Takas