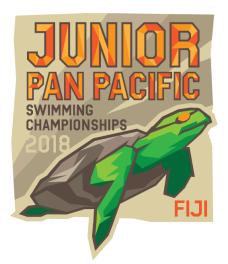


Pool Competition 23-26 August Damodar Aquatic Centre

Suva, FIJI

Co-hosted by Fiji Swimming and USA Swimming

NOTE: Due to the FINA World Junior Open Water Championships, there will be no open water competition at the 2018 Junior Pan Pacific Championships



On behalf of the Pan Pacific Charter Nations of Australia, Canada, Japan, and the United States, we would like to welcome you to the beautiful island of Fiji and the 2018 Junior Pan Pacific Swimming Championships! Fiji Swimming and USA Swimming are proud to serve as this year's co-hosts, and we look forward to welcoming many of the world's greatest young swimmers.

Fiji was the site of the 11th Oceania Championships in 2016, and we trust you will enjoy the venues, the community, and the wonderful island scenery. The Organizing committee has worked hard with the citizens of Fiji and members of the local swimming community to ensure both fast swimming and an enjoyable experience.

If you should have any questions regarding the competition, accommodations, or the local area, please do not hesitate to contact Patila Thompson, Fiji Swimming at *fijiswimssec@gmail.com* or Dean Ekeren, USA Swimming at *dekeren@usaswimming.org*.





Important Information About the Competition

- Athletes must be 13-18 years of age as of the 31st of December (i.e. athletes must have been born in 2000, 2001, 2002, 2003, 2004, or 2005), and must be members of a non-LEN (non-European) federation.
- For the charter nations (Australia, Canada, Japan, and the United States), any athlete that competed in the Olympic Games, Long Course World Championships and/or Pan Pacific Championships (either individually or on a relay) is NOT permitted to swim at the Junior Pan Pacific Championships in that same calendar year.
- All swimmers from non-charter nations are eligible to compete at the Junior Pan Pacific Championships, except for those that have swum in the Olympic Games, Long Course World Championships, Commonwealth Games, or Pan Pacific Championships *and* placed in the top 16 in an individual event at one of these competitions.
- This event will be subject to World Anti-Doping control procedures.
- All swimmers and team leaders must be members in good standing of their respective FINA member federation. For additional information on eligibility, please contact Dean Ekeren, National Events Director, USA Swimming at *dekeren@usaswimming.org*.
- The headquarters hotel for participants will be at the Novotel Suva Lami Bay, a fourstar waterfront hotel, located approximately 15 minutes from the pool. The Organizing Committee will make accommodation arrangements for athletes and coaches wishing to stay at the headquarters hotel. All breakfasts and lunches will be served at the headquarters hotel, and all dinners will be served at the Damodar Aquatic Centre. Costs include breakfast, lunch, and dinner. Check-in time is 14:00 and check-out time is 11:00. *Please contact Patila Thompson at fijiswimssec@gmail.com to arrange for accommodations. A 50% deposit for accommodations must be made no later than 31 March 2018.*
- Each delegation staying at the Novotel Suva Lami Bay Hotel will be met at the Fiji Nadi International Airport and transferred to the hotel. Transfers from the hotel to the pool will also be provided each day.

Timeline

2018 JUNIOR PAN PACIFIC SWIMMING CHAMPIONSHIPS 23-26 AUGUST, FIJI

Sat 31 March	50% deposit due for accommodations
Mon 13 July	Preliminary Team List, Accommodations Forms, Travel Information Forms, and Payments due
Tue 14 August	Entries Due
Thu 16 August	Draft Psych Sheet available
Sun 19 August	Team accommodations and practice available
Tue 21 August	Entry corrections due
Wed 22 August	Team Leader Meeting and Welcome Reception
Thur-Sun 23-26 Aug	Pool Competition
Mon 27 August	Teams Depart



All swimmers must be members in good standing of their respective FINA member federation. Delegations may be required to obtain travel visas to Fiji. If your delegation requires assistance in obtaining travel visas, please contact Patila Thompson at *fijiswimssec@gmail.com* as soon as possible.

Event Schedule

2018 JUNIOR PAN PACIFIC SWIMMING CHAMPIONSHIPS 23-26 AUGUST, FIJI

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HEATS 09:00		
W	Day 1 – Thursday, 23 August	М
2	200 Meter Freestyle	3
4	100 Meter Backstroke	5
6	200 Meter Butterfly	7
8	800 Freestyle (Slow Heats)	-
-	1500 Meter Freestyle (Slow Heats)	9
	Day 2 – Friday, 24 August	
10	100 Meter Freestyle	11
12	100 Meter Breaststroke	13
14	400 Meter Individual Medley	15
	Day 3 – Saturday, 25 August	
18	400 Meter Freestyle	19
20	100 Meter Butterfly	21
22	200 Meter Backstroke	23
Day 4 – Sunday, 26 August		
26	200 Meter Individual Medley	27
28	50 Meter Freestyle	29
30	200 Meter Breaststroke	31
32	1500 Meter Freestyle (Slow Heats)	-
-	800 Meter Freestyle (Slow Heats)	33

FINALS 17:00		
W	Day 1 – Thursday, 23 August	М
1	400 Mixed Medley Relay	1
2	200 Meter Freestyle	3
4	100 Meter Backstroke	5
6	200 Meter Butterfly	7
8	800 Freestyle (Fast Heat)	-
-	1500 Freestyle (Fast Heat)	9
Day 2 – Friday, 24 August		
10	100 Meter Freestyle	11
12	100 Meter Breaststroke	13
14	400 Meter Individual Medley	15
16	800 Meter Freestyle Relay	17
Day 3 – Saturday, 25 August		
18	400 Meter Freestyle	19
20	100 Meter Butterfly	21
22	200 Meter Backstroke	23
24	400 Meter Freestyle Relay	25
Day 4 – Sunday, 26 August		
26	200 Meter Individual Medley	27
28	50 Meter Freestyle	29
30	200 Meter Breaststroke	31
32	1500 Meter Freestyle (Fast Heat)	-
-	800 Freestyle (Fast Heat)	33
34	400 Medley Relay	35
All 800 free, 1500 free and relays will be swum as timed finals, with the fastest seeded heat swum during the finals session.		

ADMINISTRATIVE INFORMATION

The championships will be governed by the 2018 FINA technical rules.

FACILITY

Damodar Aquatic Centre, Suva, Fiji

HEADQUARTERS HOTEL

Novotel Suva Lami Bay Queens Road Lami Bay 0 SUVA - FIJI Tel (+679)3362450 Fax (+679)3362455

EVENT REFEREE TBD

EVENT COORDINATORS Ben P.Q. Rova, Fiji Swimming +679 990 6235 benpgrova@gmail.com

Mike Unger Chief Operating Officer, USA Swimming +1 719 338 5679 munger@usaswimming.org

Dean Ekeren, USA Swimming +1 719 331 5005 dekeren@usaswimming.org

ACCOMMODATIONS

Patila Thompson fijiswimssec@gmail.com

POOL HOURS

Sun, 19 August
Mon, 20 August
Tue, 21 August
Wed, 22 August
Thu, 23 Aug-
Sun, 26 Aug
e

Mon, 27 August

07:00 - 20:00 07:00 - 20:00 07:00 - 20:00 07:00 - 20:00 07:00 - one hour after completion of the Finals session 07:00 - 12:00

MEETING SCHEDULE

Wednesday, 22 August, 16:00 Team Leader and Officials Meeting, Novotel Suva Lami Bay

Wednesday, 23 August, 07:30 Officials' Briefing, Damodar Aquatic Centre (Similar Official's meetings will be held one hour prior to each session. All Officials are

required to attend)
TICKET INFORMATION

Spectator admission to the event will be free.

PUBLICITY

Each federation must complete a biographical information form for each swimmer. A biographical information form is located with the entry forms. Please make copies of the form as necessary and return the completed forms with the Team Entries.

ACCREDITATION HOURS

Accreditation may be obtained upon arrival at the headquarters hotel.

MEDICAL ASSISTANCE

Facility Lifeguards will be on site throughout the competition, and a Physician will be on call.

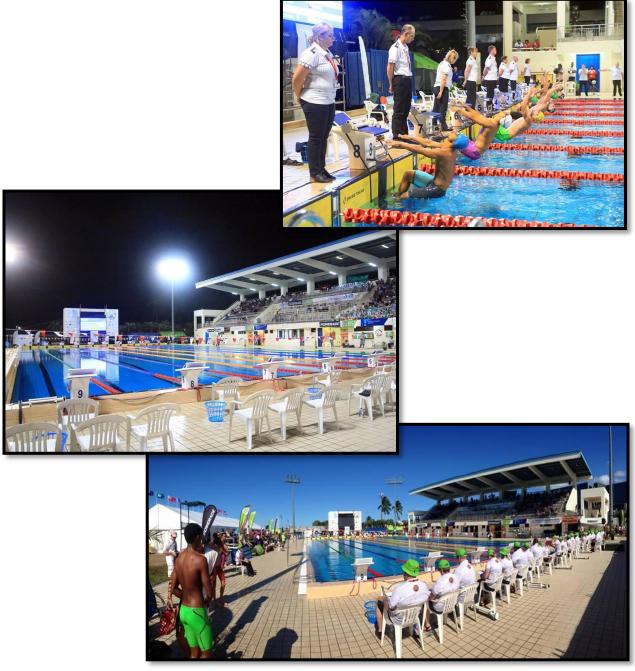
HOSPITALITY

Hospitality for federation staffs, officials, event volunteers and VIPs will be offered throughout the day at the pool.

Pool Competition Venue

DAMODAR AQUATIC CENTRE

The venue for the 2018 Pan Pacific Swimming Championships will be the Damodar Aquatic Centre in Sports City, Laucala Suva. The venue consists of a 50m FINA compliant 10 lane competition pool, and 25m x 10 lane warm pool. New Omega timing system, touch pads, starting blocks, and lane ropes were installed in 2016. Team seating areas and rotations will be detailed at the Technical Meeting.



HEADQUARTERS HOTEL

The headquarters hotel for participants will be at the Novotel Suva Lami Bay, a four-star waterfront hotel, located approximately 15 minutes from the pool. The Organizing Committee will make accommodation arrangements for athletes and coaches wishing to stay at the headquarters hotel. All breakfasts and lunches will be served at the headquarters hotel, and all dinners will be served at the Damodar Aquatic Centre. Costs include breakfast, lunch, and dinner. Check-in time is 14:00 and check-out time is 11:00. *Please contact Patila Thompson at fijiswimssec@gmail.com to arrange for accommodations. A 50% deposit for accommodations must be made no later than 31 March 2018.* Pre and Post competition training and accommodations can be arranged through Patila Thompson.

Single Occupancy	FJD\$3,500 or USD\$1,750 single occupancy for 5 nights (Check in 22/08 and Check out 27/08)
Double Occupancy	FJD\$2,500 or USD\$1,250 per person twin share for 5 days (Check in 22/08 and Check out 27/08

Costs for the Lodging and Meals at the Novotel Suva Lami Bay Hotel

Participants wishing to stay at other properties will be on their own for accommodations, meals, and ground transportation.



TRANSPORTATION

Participants will arrive to the Fiji Nadi International Airport. All delegations will be met at the airport's baggage claim area and transported to the Novotel Suva Lami Bay Hotel on airconditioned coaches or vans. Return trips after the competition will depart from Hotel to make flight connections in Nadi. Total driving time between the airport and headquarters hotels is approximately three hours.

MEETINGS

All competitors must be represented by their team leaders at the Team Leader Meeting. All Officials certified to officiate are required to attend the Official's briefings.

ENTRIES

A list of entries will be available to every Federation at the Technical Meeting or the Clerk of Course. Corrections, errors and withdrawals must be reported within one half hour following the conclusion of the Team Leaders' Meeting. Entry times for the 800m and 1500m freestyles must be from the preceding twelve month period.

- 1. Each country may enter an unlimited number of swimmers in the heats in each event.
- 2. In events that are timed finals, a maximum of two (2) swimmers per country are permitted to swim in the fastest heat of that event.
- 3. In events that are timed finals and have eight (8) swimmers or less entered in the entire event, a country will be permitted to have more than two swimmers in the fastest heat. These additional swimmers will be seeded behind all swimmers conforming to the two per country rule, in one of the outside lanes of the heat. These swimmers do not have to be designated prior to the race, but only the fastest two swimmers from any one country will be permitted to score in the top eight (8).
- 4. In events that have heats and finals, a maximum of two (2) swimmers per country are permitted to advance to the finals.
- 5. In events when A and B Finals are conducted, only two (2) swimmers per nation shall be allowed to qualify for the A Fi-

nals. When one nation has qualified more than two (2) swimmers for an A final event, only the fastest two (2) swimmers (after scratches) shall advance. If a country has two (2) athletes in the A Final, that country may also qualify two (2) additional athlete to the B Final. If the country has only one (1) athlete in the A Final, that country may have up to two (2) athletes in the B Final. If the country has zero (0) athletes in the A Final, that same country may qualify up to three (3) athletes in the B Final.

Example: In the 100 Backstroke, Country XYZ has athletes qualify 1st, 2nd, 4th, 7th and 8th in the morning heats. For the finals, the athletes who qualified 1st and 2nd will swim in the A Final. The athletes who qualified 4th and 7th will swim in the B Final, and the athlete who qualified 8th will not swim in either the A or B Finals.

OTHER ENTRY ISSUES

- 1. If B Finals are swum, and there are not eight (8) athletes in that heat (due to #5 above), that heat may be filled by the 5th, 6th, etc. athlete from a particular country, based on preliminary times.
- Example: There are 14 athletes entered in an event, which will mean that the B final will not be full. If Country XYZ has five athletes in that event, the 5th fastest from Country XYZ will be permitted to swim in an outside lane in the B final. These athletes may not count in the team score.
- 2. If a team has no swimmers qualifying in the A final, they are then eligible to have 3athletes participate in the B final.
- 3. Each country may enter up to one relay team in each relay event to swim in the

final heat and count toward the team score. Countries may also enter a "B" relay that will swim in a preceding heat. These "B" relays may not score points and are not eligible for medals. All relays will be swum with the finals session.

- 4. Semifinals will not be held in this meet.
- 5. The 50m Backstroke, 50m Breaststroke and 50m Butterfly will not be conducted.
- 6. The 400m Freestyle and 400m Individual Medley will have heats and finals.
- 7. Timed finals will be conducted for the 800m Freestyle and 1500m Freestyle and all relays.
- 8. Early heats of the 800m and 1500m Freestyle events will be swum at the end of the preliminary heats on that day, fastest to slowest, alternating women and then men. The fastest timed final heat will be swum with the finals.
- 9. The maximum team size will be 40, broken down as 20 men and 20 women (40 total) for the pool competition.

WARM-UPS

Warm-ups will be allowed at the main competition pool until fifteen (15) minutes before the beginning of each swimming session (heats or finals). Warm-ups may be continued at the warm-up pool.

The competition pool will be available for warm-ups prior to each final session to swimmers qualified for final events scheduled for that session only. Team Leaders allowed on the competition pool deck during these warmups are requested to instruct their competitors not participating in the final sessions to use the warm-up pool for their warm-ups.

DISTANCE EVENTS

The 800m freestyle and 1500m freestyle events will be swum as timed finals with the fastest seeded heat swum at night and all other heats swum during preliminaries.

RELAYS

The names of the swimmers for relay events, either in heats of final sessions, must be submitted to the Clerk of Course no later than one (1) hour before the start of the session in which the relay takes place. All relays will be swum as timed finals in the evening sessions.

Relay entry forms, available from the Clerk of Course, should be presented with the names of swimmers in the order that they are to participate. In case of medley relay events, names of swimmers should be reported in the styles they are to participate.

WITHDRAWALS

In order to properly seed heats, Team Leaders must present withdrawals to the Clerk of Course within one half hour following the conclusion of the Team Leader's Meeting at 16:00 on Wednesday, 22 August. Additional withdrawals from the heats must be made in writing at least one hour before the session. Withdrawals from finals must be communicated to the Meet Referee within thirty (30) minutes following the preliminary in which the qualification took place.

Cooperation is requested from all Team Leaders to permit proper seeding and replacement of withdrawn swimmers.

Championship Guidelines

2018 JUNIOR PAN PACIFIC SWIMMING CHAMPIONSHIPS 23-26 AUGUST, FIJI

AWARDS

A team trophy will be presented to the country that scores the most points based on the following scoring system:

- Individual Events: 9-7-6-5-4-3-2-1
- Relay Events: 18-14-12-10-8-6-4-2
- A medal count will also be kept.
- A medal presentation will take place for all events, with a gold, silver and bronze medal awarded to 1st, 2nd and 3rd place.

DOPING CONTROL

Doping control tests will be conducted at the Junior Pan Pacific Championships following FINA rules.

(as of August 30, 2016 - all times in long course meters)

EVENT	WOMEN	MEN
50 Free	Yolane Kukla, AUS 24.74 Maui – August 2010	Paul Powers, USA 22.20 Maui – August 2014
100 Free	Simone Manuel, USA 54.60 Honolulu – August 2012	Jack Cartwright, AUS 48.91 Maui – August 2016
200 Free	Dagny Knutson, USA 1:57.73 Guam – January 2009	Jack Cartwright, AUS 1:47.68 Maui – August 2016
400 Free	Leah Smith, USA 4:10.10 Honolulu – August 2012	Nicholas Caldwell, USA 3:50.51 Maui – August 2010
800 Free	Leah Smith, USA 8:28.01 Honolulu – August 2012	Robert Fink, USA 7:55.16 Maui – August 2016
1500 Free	Becca Mann 16:11.98 Honolulu – August 2012	Robert Finke, USA 15:05.29 Maui – August 2016
100 Back	Minna Atherton, AUS 1:00.45 Maui – August 2016	Jack Conger, USA 54.07 Honolulu – August 2012
200 Back	Lucie Nordmann—USA 2:09.59 Maui – August 2016	Jack Conger, USA 1:57.20 Honolulu – August 2012
100 Breast	Zoe Bartel—USA 1:07.82 Maui – August 2016	Akihiro Yamaguchi, JPN 59.85 Honolulu – August 2012
200 Breast	Zoe Bartel, USA 2:25.46 Maui – August 2016	Akihiro Yamaguchi, JPN 2:08.03 Honolulu – August 2012
100 Fly	Noemie Thomas, CAN 58.68 Honolulu – August 2012	Daniel Bell, NZL 52.37 Guam – January 2009
200 Fly	Cassidy Bayer, USA 2:08.48 Maui – January 2016	Andrew Seliskar, USA 1:55.92 Maui – August 2014

2018 JUNIOR PAN PACIFIC SWIMMING CHAMPIONSHIPS 23-26 AUGUST, FIJI

(Continued)

<u>EVENT</u>	WOMEN	MEN
200 IM	Dagny Knutson, USA 2:10.79 Guam – January 2009	Chase Kalisz, USA 1:59.51 Honolulu – August 2012
400 IM	Becca Mann, USA 4:39.76 Honolulu – August 2012	Chase Kalisz, USA 4:12.59 Honolulu – August 2012
400 Medley Relay	USA (L. Nordmann, Z. Bartel, E. Merrell, I. Ivey) 4:02.82 Maui – August 2016	Japan (T. Kawamoto, D. Seto A. Yamaguchi, K. Hirai) 3:37.67 Honolulu – August 2012
400 Free Relay	USA (L. Neal, J. Tosky M. Schaefer, C. Chenault) 3:40.97 Maui – August 2010	USA (R. Hoffer, D. Krueger C. Craig, D. Kibler) 3:17.67 Maui – August 2016
800 Free Relay	USA (A. Taylor, S. Tucker C. Breed, D. Knutson) 7:58.26 Guam – January 2009	Australia (D. Smith, T. D'Orsogna N. McKendry, R. Napoleon) 7:17.79 Guam – January 2009