

# 2014-2015

## USA SWIMMING

### DEVELOPMENTAL TEAMS & CAMPS



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## ELITE ATHLETE PROGRAMMING OVERVIEW

USA Swimming offers a spectrum of teams and camps to serve elite developmental athletes. There are many variables that characterize the various constituent groups that comprise elite developmental athletes in our sport such as age, time, event, and experience. USA Swimming seeks to maximize the effectiveness of the programming for these athlete groups while being inclusive to as many athletes meeting a standard of performance as possible. Specific services are constantly evolving to suit the needs of athletes and coaches, but the over-arching concept of these programs is to nurture and develop the USA Swimming National Team culture of sportsmanship and excellence.

Elite athletes develop and mature unpredictably at different stages of their careers. USA Swimming's elite athlete programming attempts to seamlessly serve swimmers who qualify for a team or camp for the first time while also providing a progression of services for athletes that qualify for one level after another. At USA Swimming, our strength is our diversity in coaching and training styles as well as our breadth of opportunities for competition and participation and our programming is designed to maximize the effectiveness of those strengths.

# DEVELOPMENTAL TEAMS AND CAMPS OVERVIEW

For the athletes who qualify for these camps and teams, all expenses are paid by USA Swimming. Please find below a brief summary of each developmental team or camp that is offered by USA Swimming in 2014. All selection criteria are subject to change.

## **ZONE SELECT CAMPS**

These regional camps serve as introductory level programming for elite athletes between the ages of 12-14. Athletes are selected and grouped according to Zone and participate in a short swimming camp in their Zone that touches on all aspects of competitive swimming including technique, training and nutrition. Head coaches for the camp are selected by camp coordinators and are asked to administer camps in a different Zone than their club resides. All other coaches are selected through an application process and assist in camps within their own Zone.

## **NATIONAL SELECT CAMP**

This annual camp affords elite athletes between the ages of 14-16 an opportunity to travel to the Olympic Training Center in Colorado Springs for several days to benefit from the resources and expertise there. The programming for this camp builds on that of the Zone Select Camp, introducing such topics as strength and conditioning and goal setting. Personal Coaches are invited to accompany the athletes and have a separate educational track of their own.

## **NATIONAL JUNIOR TEAM**

The National Junior Team roster is comprised of the top six 18-and-under girls and the top six 18-and-under boys in the country in each Olympic event. These athletes are invited to a camp in April at the Olympic Training Center in Colorado Springs which is programmed to compliment the National Select Camp, while still covering fundamental concepts for athletes just breaking onto the national scene. The purpose of the camp is to identify elite 18-and-unders and to expose them to the National Team culture of sportsmanship and excellence. The coaching staff for the camp is chosen from the personal coaches of the National Junior Team athletes.

## **PAN PACIFIC CHAMPIONSHIP TEAM / FINA WORLD JUNIOR CHAMPIONSHIP TEAM**

Each year an 18-and-under all-star team is selected to represent the USA; in odd years of the quadrennial this team competes at the FINA World Junior Championships and in even years the meet is the Junior Pan Pacific Championships. Team selection criteria varies each year but typically includes 20-26 women and 20-26 men. The purpose of this team is to provide international competition experience for elite developmental athletes and to nurture the National Team culture in a championship meet setting. The coaching staff for these teams is made up of the personal coaches of the athletes.

## **FINA 18-AND-UNDER WORLD CUP TEAM**

This exclusive team is comprised of 18-and-under athletes who have a top 50 World Ranking (women) or top 75 World Ranking (men). 10 women and 10 men are selected to the team. Athletes with the highest world ranking qualify first. The team competes in two FINA World Cup meets. The purpose of this team is to expose elite athletes to rigorous travel demands, to provide athletes with experience in a highly competitive international competition, and to develop relationships between the athletes, their coaches and the National Team staff. Coaches for this team are selected from the personal coaches of the athletes competing.

## **DIVERSITY SELECT CAMP**

This camp was created to provide advanced performance services to under-represented populations of USA Swimming. Athletes are between the ages of 14-16 and participate in a camp at the Olympic Training Center that delves into topics as technique, training, strength and conditioning, goal setting and leadership skills. Coaches for this camp are also chosen from under-represented populations in our sport.

## **OPEN WATER SELECT CAMP**

This camp is provided in order to promote open water swimming. Athletes are selected based on their performance at various open water competitions. The location of the Open Water Select Camp varies from year to year. Programming includes technical racing skills, training, nutritional topics specific to open water, and general open water training subjects.

# 2014 ZONE SELECT CAMPS

## DATES & LOCATION

- Eastern Zone: TBA
- Central Zone: TBA
- Southern Zone: TBA
- Western Zone: TBA

## SELECTION CRITERIA

- 28 male and 28 female athletes are selected in each of the four Zones.
- The first 15 male and 15 female athletes are selected based on 2013 LCM IMX point scores:
  - 8 girls age 12 and 7 girls age 13
  - 8 boys age 13 and 7 boys age 14
- The fastest swimmer in each LCM Olympic event (excluding the 50 free, including the 800 and 1500 for both genders) is invited for a total of 13 male and 13 female additional athletes. If an athlete was already selected based upon their IMX score, the next fastest swimmer is selected in that event.

## ELIGIBILITY

- Qualifying period: September 1, 2012 through August 31, 2013. Only LCM times will be considered.
- Age: Girls must be 12-13 years old at the time of competition that they qualified. Boys must be 13-14 years old at the time of competition that they qualified.
- The athlete must be a US citizen.
- The athlete may not have represented another country in international competition.
- **Note:** An athlete may only attend one Zone Select Camp. If an athlete turns down the opportunity, that athlete would still be eligible the following year if the athlete meets the eligibility requirements. Athletes are not eligible for Zone Select Camps if:
  - ❖ They accepted the invitation to the Zone Select Camp in a previous year, but did not attend (and no alternate was able to replace him/her),
  - ❖ They qualify for, or are selected to, National Select Camp, National Junior Team, or any USA Swimming National Team.
  - ❖ They have ever attended a National Select Camp or been a member of any USA Swimming National Team or will be attending the upcoming Diversity Select Camp.

All selection criteria and dates are subject to change. Please contact Bill Krumm ([bkrumm@usaswimming.org](mailto:bkrumm@usaswimming.org)) with any questions or concerns.



# 2014 NATIONAL SELECT CAMP



**DATE:** October 23-26, 2014

**LOCATION:** U.S. Olympic Training Center, CO



## SELECTION CRITERIA

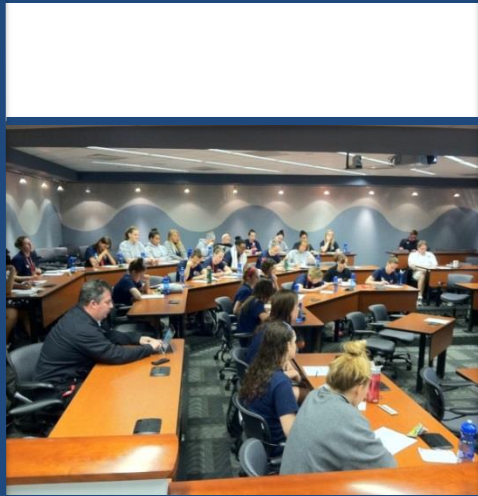
- A total of 32 male and 32 female athletes are selected for each NSC.
  - The first 28 male and 28 female athletes will be selected based upon the SWIMS database, following the Junior National Long Course Championships. The fastest 2 athletes in each event will be invited.
  - In addition, the 4 highest scoring 14-15 year old female athletes and 15-16 year old male athletes will be invited based on their LCM IMX point scores.

## ELIGIBILITY

- Qualifying period: September 1, 2013 through August 31, 2014. Only LCM times will be considered.
- Women must be 14 to 16 years old and men must be under 16 years old during the qualifying period.
- Athlete must be a US citizen and a member of USA Swimming. The athlete may not have represented another country in international competition.
- **Note:** Athletes who have previously attended a NSC, been a member of a National Team or USA Swimming international trips are not eligible.

All selection criteria and dates are subject to change. Please contact Peter Clark ([pclark@usaswimming.org](mailto:pclark@usaswimming.org)) with any questions or concerns.

# 2014-2015 NATIONAL JUNIOR TEAM



## DATES & LOCATION

- The 2014-2015 National Junior Team will be announced September 8, 2014. A camp will be held for this group in April, 2015.

## SELECTION CRITERIA

- The top six athletes in Olympic Events from the combined results of all USA Swimming or FINA sanctioned meets.
- Long course times will be considered from January 1, 2014 to September 1, 2014
- Times from designated championship-level "approved" meets (ex: YMCA Long Course Nationals) will be considered at the discretion of the National Team Director.
- The National Junior Team roster will be selected according to the USA Swimming times database as of September 2, 2014 at 8am MST.
- Relay lead-offs, time trials, swim-offs and intermediate splits will not be considered.

## ELIGIBILITY

- Athletes must be 18 and Under on September 1, 2014; All 2014 Junior Pan Pacific Championship Team Members will be included on the team, if the athlete meets the age requirements.
- Athletes who are on the 2014-2015 National Team are not eligible, unless they competed at the 2014 Junior Pan Pacific Championships.
- Athletes must not have represented another country in international competition.
- Relay lead-offs, time trials, swim-offs and intermediate splits will not be considered.
- Athletes will be considered regardless of year in high school, college or University as long as all other requirements are met.



All selection criteria and dates are subject to change. Please contact George Heidinger ([gheidinger@usaswimming.org](mailto:gheidinger@usaswimming.org)) with any questions or concerns.

# 2014 JUNIOR PAN PACIFIC CHAMPIONSHIP TEAM



**DATE:** August 27-30, 2014

**LOCATION:** Maui, Hawaii

## SELECTION CRITERIA

- USA Swimming will select a team of up to 20 women and 20 men based on results from the 2014 USA Swimming Phillips 66 National Championships
- Only Olympic Events will be considered.
- Relay lead offs, time trials, swim-offs, and intermediate splits will not be considered.
- Full selection criteria will be posted to the USA Swimming website.

## ELIGIBILITY

- Both women and men must be age 18 or younger at the start date of the Championship (August 27, 2014).
- Athletes must have a valid US passport.
- The athlete must not have represented another country in international competition.

All selection criteria and dates are subject to change. Please contact George Heidinger ([gheidinger@usaswimming.org](mailto:gheidinger@usaswimming.org)) with any questions or concerns.

# 2014 FINA 18 & UNDER WORLD CUP TEAM

## DATES & LOCATION

- TBA

## SELECTION CRITERIA

- Athletes times must be equal to or faster than the top 50 World Ranked times (women) or the top 75 World Ranked times (men).
- Athletes with the highest FINA World Ranking will be added to the team.
- A maximum of 10 female athletes and 10 male athletes will be selected.
- If the maximum team size has been exceeded, then only those with the 10 highest World Rankings will remain on the team.
- Only Olympic Events will be considered.

## ELIGIBILITY

- Qualification period: January 1, 2014 through September 1, 2014.
- Athletes must be under 18 years old on September 1, 2014.
- Athletes must comply with all rules, regulations and requirements of FINA, WADA, USADA and USA Swimming.
- Athletes must have a valid US passport. The athlete must not have represented another country in international competition.

All selection criteria and dates are subject to change. Please contact George Heidinger ([gheidinger@usaswimming.org](mailto:gheidinger@usaswimming.org)) with any questions or concerns.

# 2014 NATIONAL OPEN WATER SELECT CAMP

## DATE & LOCATION

- TBA



## SELECTION CRITERIA

- 12 male and 12 female athletes comprised of:
  - 8 male and 8 female athletes are selected based upon the 1500m Freestyle (LCM times only) rankings from the previous year.
  - 4 male and 4 female athletes are selected based upon the 2013 5K National Open Water Championship results.

## ELIGIBILITY

- Qualification period: January 1, 2013 through December 31, 2013.
- Athletes must be a US citizen and a member of USA Swimming.
- **Note:** An athlete may only attend one National Open Water Select Camp. If an athlete turns down the opportunity, the athlete is still eligible for the following year as long as the athlete still meets the qualification requirements.

All selection criteria and dates are subject to change. Please contact Mariejo Truex ([mtruex@usaswimming.org](mailto:mtruex@usaswimming.org)) with any questions or concerns.



# 2014 DIVERSITY SELECT CAMP

**DATE:** May 1-4, 2014

**LOCATION:** U.S. Olympic Training Center, CO



## SELECTION CRITERIA

- 18 male athletes and 18 female athletes.
- The male and female athlete with the fastest time in each of the 13 Olympic events will automatically be selected, with priority given to LCM times.
- Two athletes of each gender will be selected based on their IMX point scores.
- Three athletes of each gender will be selected based on outstanding performance in one or more events.

## ELIGIBILITY

- Athletes must represent an ethnically underrepresented population that is less than 10% of the current USA Swimming membership. These populations include: African American, Hispanic, Asian or Pacific Islander, or Native American
- Age: Athletes must be 14-16 years of age as of May 1, 2014.
- Athletes must be a US citizen and a member of USA Swimming.
- The athlete may not have represented another country in international competition.
- The athlete must have at least one Diversity Select Camp time standard (2013 standards found on the USA Swimming website on the Member Resources/Swim Camps tab).
- Application deadline: on or before February 14th, 2014, exact date to be announced. Application must be submitted online. Swimmers must use their own account to complete the application. Applications will be available mid-January, 2014. Please check back via the website for updates and registration information closer to the date.

*All selection criteria and dates are subject to change. Please contact Mariejo Truex ([mtruex@usaswimming.org](mailto:mtruex@usaswimming.org)) with any questions or concerns.*

