# **NATIONAL TEAM**

## 2013-2016 QUADRENNIAL PLAN (UPDATED 01/30/13)

### 2013\*

Feb 14-16 Apr 4 -7 Apr 11-13	Arena Grand Prix Series - Orlando, FL National Junior Team Camp - Colorado Springs, CO Arena Grand Prix Series - Mesa, AZ
Apr 15-17	National Team Coaches Seminar - Colorado Springs, CO
May 9-12 May 30-June 2	Arena Grand Prix Series - Charlotte, NC Arena Grand Prix Series - Santa Clara, CA
June 25-29	Phillips 66 National Championships - (World Championships Trials) - Indianapolis, IN
Jul 6-17	World University Games (swim dates Jul 10-16) - Kazan, RUS
Jul 16-Aug 5	FINA World Championships (swim dates Jul 28-Aug 4) - Barcelona, SPN
Jul 30-Aug 3	U.S. Open - Irvine, CA
Aug 5-9	Speedo Junior National Championships - Irvine, CA
Aug 26-31	FINA World Junior Championships (selected from World Championship Trials, U.S. Open and Junior National Championships) - Dubai, UAE
Nov 14-16	Arena Grand Prix Series - MN
Dec 5-7	AT&T Winter National Championships - Knoxville, TN
Dec 12-14	Speedo Winter Junior Nationals - Greensboro, NC

#### 2014\*

Jan 17-19 Feb 13-15 Apr 24-26 Apr 21-23 May 15-18 June 19-22 Jul 30- Aug 3 Aug 6-10	Arena Grand Prix Series - Austin, TX Arena Grand Prix Series - Orlando, FL Arena Grand Prix Series - Mesa, AZ National Team Coaches Seminar - Colorado Springs, CO Arena Grand Prix Series - Charlotte, NC Arena Grand Prix Series - Santa Clara, CA Speedo Junior National Championships - Irvine, CA Phillips 66 National Championships (World Championship/Pan
· ·	Pacific/World University/ Pan American Games Trials) - Irvine, CA
Aug 16-28	Summer Youth Olympic Games (competition Aug 17-22) - Nanjing, CHN
Aug 21-25	Pan Pacific Championships - Gold Coast, AUS
Aug 27-31	Junior Pan Pac Championships - Maui, HI
Nov TBD	Arena Grand Prix Series - MN
Dec 4-6	AT&T Winter National Championships - Greensboro, NC
Dec	12 <sup>th</sup> FINA World Swimming Short Course World Championships - Doha, Qatar
Dec 11-13	Speedo Winter Junior Nationals - TBD

Jan Arena Grand Prix Series - Austin, TX Feb Arena Grand Prix Series - Orlando, FL

Mar Arena Grand Prix Series - TBD

April National Team Coaches Seminar - Colorado Springs

May Arena Grand Prix Series - Mesa, AZ
June Arena Grand Prix Series - Charlotte, NC
Jul Arena Grand Prix Series - Santa Clara, CA
Jul 11-17 Pan American Games - Toronto, CAN

Jul 19-Aug 2 FINA Long Course World Champs (swim dates Jul 26-Aug 2) -

Kazan, RUS

Jul World University Games - Gwangju, KOR
Aug Phillips 66 National Championships - TBD
Aug Speedo Junior National Championships - TBD

Aug FINA World Youth Championships Nov Arena Grand Prix Series LC - MN

Dec AT&T Winter National Championships - TBD
Dec Speedo Winter Junior Nationals - TBD

Dec Duel in the Pool

#### 2016\*

Jan Arena Grand Prix Series - Austin, TX
Feb Arena Grand Prix Series - Orlando, FL
Mar Arena Grand Prix Series - TBD
Apr Arena Grand Prix Series - Mesa, AZ
May Arena Grand Prix Series - Charlotte, NC
June Arena Grand Prix Series - Santa Clara, CA
July U.S. Olympic Team Trials - Site to TBD

Aug 5 -21 Olympic Games, Rio de Janeiro, Brazil (swimming August 6-13)

Aug U.S. Open - TBD

Aug Speedo Junior National Championships - TBD Aug Junior Pan Pacific Championships - TBD

Nov Arena Grand Prix Series - TBD

Nov AT&T Winter National Championships - TBD Dec Speedo Winter Junior Nationals - TBD

Dec FINA Short Course World Championships - TBD

<sup>\*</sup>calendar tentative & subject to change